

THE LINK

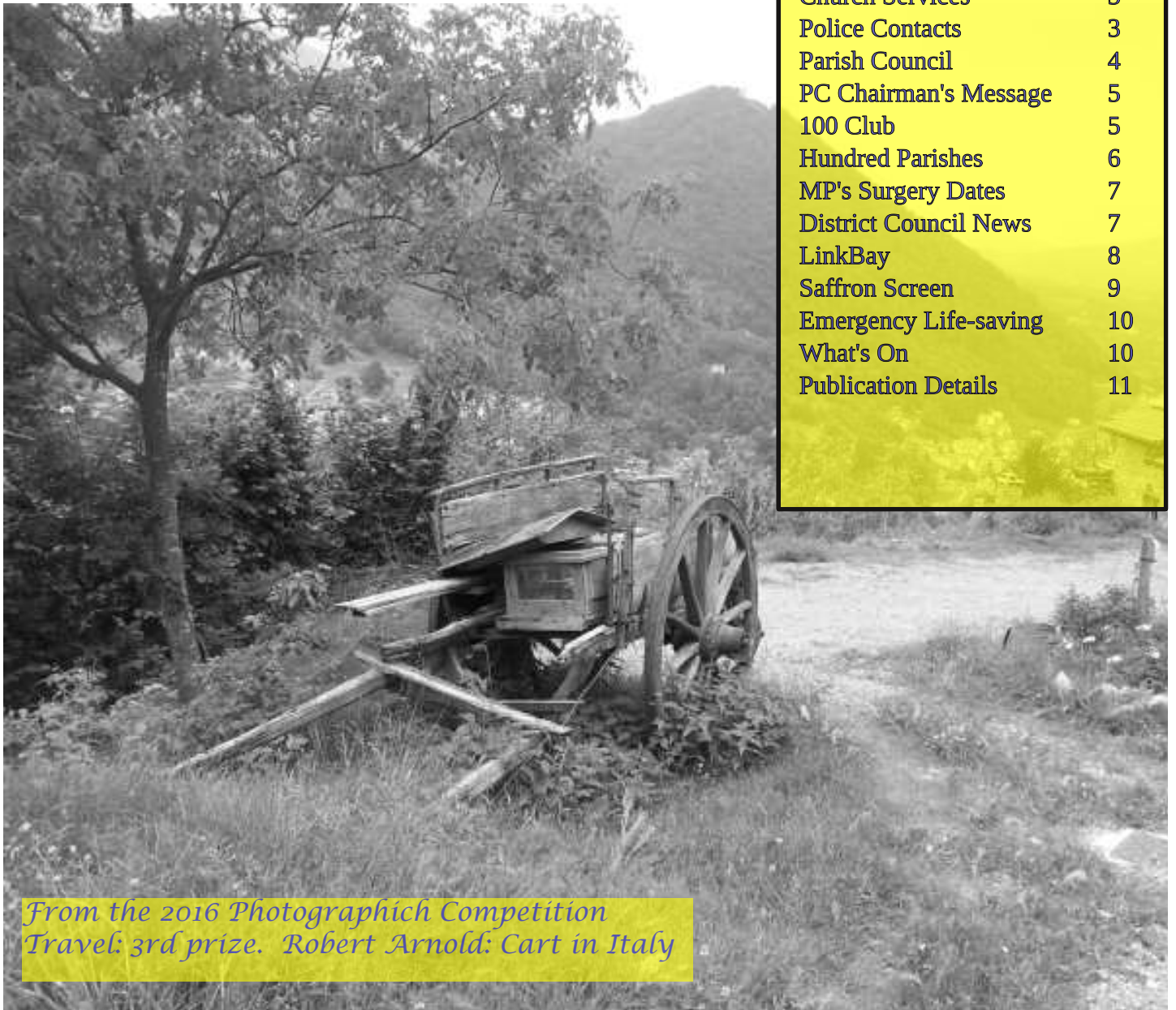
Quendon & Rickling
Parish
and Church
March 2017

You can find THE LINK
and much more at
www.quendonandrickling.co.uk

NEWS

In this issue

Church Contacts	2
Letter from the Vicar	2
Church Services	3
Police Contacts	3
Parish Council	4
PC Chairman's Message	5
100 Club	5
Hundred Parishes	6
MP's Surgery Dates	7
District Council News	7
LinkBay	8
Saffron Screen	9
Emergency Life-saving	10
What's On	10
Publication Details	11



*From the 2016 Photographich Competition
Travel: 3rd prize. Robert Arnold: Cart in Italy*

Visits: If you would like the Vicar to visit you at home or in hospital, or know of anyone who would like him to visit them, please let the Vicar know.

The Rev'd. Neil McLeod, The Vicarage, 5, Meadowford, Newport, Saffron Walden, Essex, CB11 3QL

Telephone: 01799 540339 **E-mail:** mcleod444@btinternet.com

From the Vicarage Study

Rev. Neil McLeod,

Priest-in-Charge of Newport with Widdington, Quendon and Rickling.

Last month I wrote about two films that I had recently seen, and this month I am going to write about another. I wrote about how the two films which were 'Silence' and 'La La Land' made me feel as they came from different ends of the emotional spectrum from struggle to joy. I could write about this month's film in answer to the question what difference does faith make. That's because the film I saw recently is based upon true events that happened in the World War Two, specifically the campaign fought between the USA and Japan. As well as being a great film, albeit difficult to watch in parts, it included for me one of the greatest portrayals of the Christian faith that I have recently seen.

'Hacksaw Ridge' is the extraordinary true story of Desmond Doss who, in Okinawa during the bloodiest battle of WWII, saved 75 men without firing or carrying a gun. He was the only American soldier in WWII to fight on the front lines without a weapon, as due to his faith he believed that while the war was justified, killing was nevertheless wrong. As an army medic, he single-handedly evacuated the wounded from behind enemy lines, braved fire while tending to soldiers and was wounded by a grenade and hit by snipers. Doss was the first conscientious objector awarded the Congressional Medal of Honour.

When Desmond first signs up for the army he is abused and ridiculed for his faith and his decision not to carry a rifle. The officers state that he is a coward upon whom none of the other soldiers could depend. Despite the fact that he was physically able and passed all other tests, the fact he would not carry a rifle went against him. He is alone within the crowd. Yet what happens on the ridge itself with Desmond rescuing so many injured soldiers defies belief. Yet it is his belief that drives him on, and there is a recurring prayer that he makes to God which is 'Just one more'. Towards the end of the film there is such a turnaround from the commanding officers and fellow soldiers that leads to a specific scene in the film involving prayer – I'm not going to say what it is as I don't want to spoil it.

For me it underlines the message that faith does make a difference. It makes a difference to the person who has it, and it makes a difference to those around them. Matthew 5:16 states, "In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven." That's what those soldiers saw on Hacksaw Ridge, and they could not but help be changed by it. If you want to know more about the faith that makes a difference then please give me a call; I'd love to talk it through with you.

Neil

Quendon & Rickling Church - Future Village Events

Wednesday 22nd March

Quendon Village Hall – Lent soup lunch. 12.15pm A simple lunch of soup and bread with donations to a charity.

Mothering Sunday 26th March

Visit Rickling Church, with daffodils flowering in churchyard, decorated church, teas and cakes and bring your friends.

Harvest walk and supper. More details to follow.

By popular request we are again holding a **Winstanley Day** at Quendon Church on Sunday 3rd December. The day looks back to the Quendon of 1660 when William Winstanley lived in the village.

Some of our new residents have offered their support in arranging these events which has been very welcome. We need to fundraise to keep our 2 village churches open and in good repair. It's a great opportunity for us all to meet and hopefully get to know each other.

Priest in Charge of Newport with Widdington and Quendon and Rickling.

The Rev'd. Neil McLeod, The Vicarage, 5, Meadowford, Newport, Saffron Walden, Essex, CB11 3QL

Telephone: 01799 540339 E-mail: mcleod444@btinternet.com

Churchwardens - **Quendon:** Mrs Maureen Hawkins 01799 543201 and Mrs Christine Osbourn 01799 543367
Rickling: Lisa Huxtable 01799 542995

Treasurer - **Quendon and Rickling:** Mrs Sandra Arnold 01799 543075

Church Services in the Benefice

Wednesday 1st March

11.15am	Newport	Ash Wednesday Communion
8.00pm	Quendon	Ash Wednesday Communion

Sunday 5th March

9.30am	Widdington	Family Service
11.00am	Newport	Family Communion

Sunday 12th March

9.30am	Quendon	BCP Communion
11.00am	Newport	All-Age Service

Sunday 19th March

9.30am	Widdington	Holy Communion
11.00am	Newport	Holy Communion
3.30pm	<i>There is no evening service in Quendon or Rickling</i>	
6.00pm	Newport	Special Service with Guest Speaker Rev'd John Rogers speaking on Reconciliation and Love

Sunday 26th March – Mothering Sunday

8.00am	Newport	BCP Communion
9.30am	Rickling	Mothering Sunday Family Service
10.00am	Widdington	Mothering Sunday Family Service
11.00am	Newport	Mothering Sunday Family Service
3.30pm	Newport	Mothering Sunday Messy Church

In addition to these services, prayer meetings are held as follow:

Quendon, Mondays 4 30 pm
Rickling, Thursdays 9 00am
Widdington, Tuesday 9 00am
Newport, Wednesday 4 30 pm.

CAN YOU SPARE TIME TO HELP CARE FOR OUR CHURCHES?

The Churches in Quendon and Rickling need your help and care. These 13th Century buildings still exist because inhabitants of our villages have looked after them for generations.

It is now our turn and we are asking for new volunteers to help dust, sweep or vacuum once or twice a year.

If you would like to help preserve these churches for future generations please contact Jane Bienemann 01799 543297 or Maureen Hawkins 01799 543201 for further information.

In Loving Memory

Hazel Roberts 1926-2017

The funeral took place of Hazel Roberts at Quendon Church on 24th January. Our sympathy to Bill and the family.

February Coffee Morning

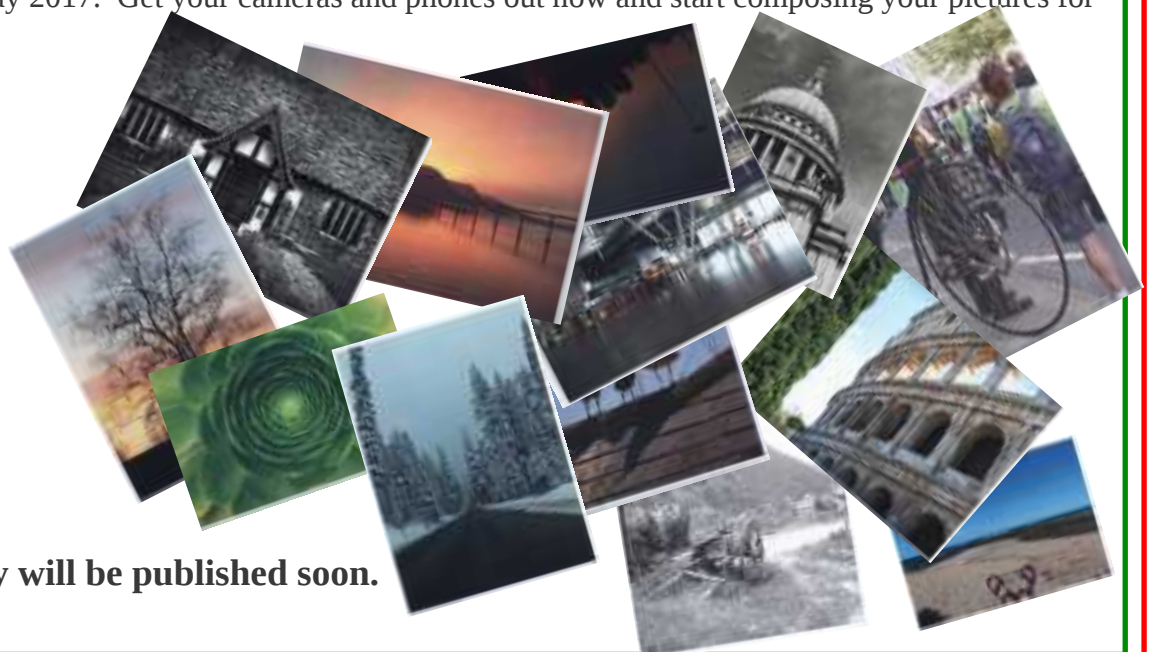
The organisers would like to thank everyone that came along at the February meeting; it was a lovely coffee morning and everyone had a nice time.

The Quendon & Rickling Photographic Competition 2017

The Quendon & Rickling 2017 Photographic Competition entries will be exhibited at the Village Hall on the 28th-29th of May 2017. Get your cameras and phones out now and start composing your pictures for the competition.

Classes:

- **Bridges**
- **Reflection**
- **Night**
- **Weather**
- **Wood**
- **Mystery**



Details for entry will be published soon.

Quendon & Rickling Parish Council News

Parish Council Meetings

February's meeting covered a range of topics, one being the Village Litter Pick which is taking place on Saturday March 4th. Everyone is welcome to come along even for a short time. We will meet at the Village Hall at 10am where bags and litter picking tools will be provided.

Following each meeting, the draft minutes are uploaded to the village website www.quendonandrickling.co.uk

The next meeting is 8th March at 7.30 pm and is held at the Village Hall, there will be an Agenda on the village website as well as being displayed on the notice boards. Everyone is welcome to attend.

Notice Boards

There are three notice boards around the village, one at Coney Acre, another at Thistley Crescent and one outside the Village Hall. These are updated on a regular basis and always worth looking at to find the latest events in the village and surrounding areas. If you have any events that would be of interest to residents, pass the details to the Parish Clerk who will be pleased to display them on the boards.

Household repairs

Should anyone have any minor repairs around the house and you are over 65 or disabled or at risk of falling due to illness or other factors, the Papworth Trust Handyperson service is available.

Tel 0300 333 6543 www.papworthtrust.org.uk/homes-and-repairs/handyperson-service

Welcome Packs

The Parish Council provides a Welcome Pack of information for new residents to the Village. The pack has now been updated and delivered to known new residents, if anyone knows of any newcomers to the village that have not received the pack, do please let the Clerk know on the contact details below and a welcome pack will be dropped off to them.

Allotments

Anyone interested in taking up an allotment should call Peter Warwick on **01799 543526**.

We understand that there are still some plots available and it may be possible that some existing ones may be divided

up.

Highway Problems

The Essex Highways website is available for anyone noticing a problem to report it:
<http://www.essexhighways.org/Report-a-problem.aspx>

A tracking facility for all reported faults is available.

Police/Crime

The Essex Community Messaging Service provides useful information to the public about policing and safety issues. It is free to register and information is given relative to your postcode, thus providing accurate and up-to-date community safety information and crime prevention advice. Users can choose to receive information via e-mail, text or voice-recording and can select what information to receive – based on where they live and work and on issues of interest. For further details and to sign up, visit www.essex.police.uk/ecm

Walking the Dog

Uttlesford District Council has a clear message on Dog fouling:

Please clean up after your dog – Bag it and Bin it.

Failure to clean up after your dog could result in a £1000 fine!

To report incidents of dog fouling call the council's Customer Service Centre on **01799 510510**.

Alternatively, fill in an online form at www.uttlesford.gov.uk/animalfoulingreport

Children's Activities

Armadillos a Bumps, Babies, Toddlers and Parents group meets every **Tuesday** (term time) from **9am-11am at Rickling School Hall**

Buffy Bus

Is no longer visiting the Parish, the Wednesday service has been rescheduled to stop at

Cherry Garden Lane, Newport between 9.15am and 10.30am

Contact the Parish Council

The Clerk, Anne Webb can be contacted by e-mail quendonandrickling.clerk@hotmail.com or by telephone **01799 543988**.

Local Lady

seeking house work few hours a week reasonable rates.

Tel Carole 01799 540938.

Quendon & Rickling 100 Club

Congratulations to our lucky winners this month;

1st ball.....No 61..... Graham Willoughby (NOT fixed!!)

2nd ball..... No 93..... Christine Holt

3rd ball.....No 33..... Claire Clarke

If you would like to join please give me a shout. Clare.



100 Club

The 100 hundred club is one of the continuous ways of raising funds, half the profits going to the church and half to the village hall. April is the renewal time for this. At only £2 00 a month a worthy cause. Any enquires to Claire Willoughby 543637

NEWPORT, QUENDON & RICKLING NEIGHBOURHOOD PLAN

PUBLIC MEETING WEDNESDAY 15TH MARCH -
come anytime between 3 & 8pm

QUENDON VILLAGE HALL

As many of you will know we are, in association with Newport putting together a Neighbourhood Plan. This is a logical step from our Village Plan and when completed and accepted gives us much more of a say in the development of our villages.

To find out what this is all about and to have your say and input, PLEASE come along to the Village Hall on Wednesday 15th March, anytime between 3 and 8 pm. There will be no presentations, but information to enable you to see what is happening and how you can be involved from giving your views to being actively engaged. It could take as little as 10 minutes or as long as you like. We will be there to lead you through.

Look forward to seeing you,

Tracey Hepting & Brandon Chapman



Rickling/Quendon Coffee Morning Club

Pub Quiz and Bingo

Wednesday 15th March 2017

10.00 am – 12.00 pm

All proceeds to go to the Village Hall



Underpinning fund

Please contact : Phone Angela 01799 218061 or
Carole 01799 543807

Quendon & Rickling Village Hall, Quendon,
CB11 3XQ

THE HUNDRED PARISHES SOCIETY



Whilst the What's On page of the Society's website www.hundredparishes.org.uk has an extensive list of events, there is no forecast of nature's regular performances.

At this time of the year, twiggy platforms appear in the leafless canopy of tall trees. These bundles of sticks are the nests of rooks. Each pair will gather twigs from tree top branches to create a sturdy nest ready to receive the 3 -5 eggs which are laid in late February or early March. The young hatch about sixteen days later and will fledge in just under five weeks. Rooks forage for earthworms and other invertebrates in fields, but those living on the edges of settlements will scavenge in car parks for discarded takeaways.

The black feathers of rooks glint a bluish purple in the sunlight and they are distinguished from other members of the crow family by the grey-white skin round the base of their beaks and their baggy feather trousers or plus fours. On the ground their walk is somewhat sedate, but once airborne they enjoy freewheeling in the March winds, often gathering in large flocks alongside crows and jackdaws in an aerobatic display.

Ringling records have shown that they can live for at least 20 years and they have a strong affinity for family groups. Collectively called a clamour or a parliament, rooks are a gregarious species communicating with a variety of harsh calls.

There may be as many as 1.4 million pairs in the British Isles. The majority of colonies are found in rural areas although within the Hundred Parishes there are some still to be found in the outskirts of smaller towns. They seem to favour ash, beech, oak and sycamore trees or, more rarely, Scots pine.

Tricia Moxey, Trustee



Girlguiding Needs You!

West Uttlesford District desperately needs **more regular adult volunteers** to help at units in Clavering, Elsenham, Takeley, Stansted, Manuden, Newport and Widdington.

We need people to get involved with Rainbows (for girls 5-7yrs), Brownies (7-10yrs) and Guides (10yrs+), and even if you can't help all the time, you can still be a valuable team member.

Volunteering at our units is a good opportunity to give something back to the community and can be an incredibly rewarding experience as you help shape the futures of girls across the district. You don't need to have been involved as a child or know how to tie a dozen different knots! What we're looking for are team players ready to take on a challenging but rewarding commitment to work with us and maintain our village units into the future.

Whilst there is no monetary gain we can offer limitless opportunities for personal growth, friendships and fun for life!

If you feel you could give some of your time to help at an established group and would like to see not just what you can do for Girlguiding but what Girlguiding has to offer you, please get in touch via the contact details below.

Thank you

Jennifer Jarvis - District Commissioner

01279 814434/07900 123917 - pajemiki@tiscali.co.uk

Saffron Walden Initiative OUT-OF-DATE STREET NOTICES

The Initiative would like its members to make a difference this year by removing from lamp posts or highways poles out-of-date planning or highway notices or events posters as well as redundant plastic or string ties. So, next time you go out for a walk, please think about taking with you a pair of scissors.



Regards

Peter Riding, 01799 502355

PS Please do make sure that the notices really are out-of-date!

THE ANNUAL GENERAL MEETING Of

The Quendon & Rickling Village Hall Committee

Will be held on

Wednesday 12th April 2017

at 8:00 p.m.

In

The Village Hall (Large Hall)

Please come and give your support

All residents are entitled to attend and vote
Coffee and biscuits will be provided



VINTAGE & RETRO
LUXURY FASHION & INTERIORS
PRELOVED POP-UP SALE

Be inspired by times past
and indulge in homemade tea and cakes

Saturday 4th March 2017
Quendon Village Hall, CB11 3XQ
12.00 onwards

Entry fee: £1

All entry fees go towards the Village Hall fund raising committee

Donations are still welcome for the community stall, collection can be arranged. Please contact Tracey Hepting on 077408 67252

Why Neighbourhood Watch?

Neighbourhood Watch programs are **proven to reduce crime rates**. What are we waiting for? Let's do it!

This week, on Monday 16 January 2017, a group of Quendon & Rickling residents met to kick off our own Neighbourhood Watch scheme - What can you, as a Quendon & Rickling resident, personally expect to gain from this? Well, at the very least you will hopefully see a reduction in crime in the area and, at the very most, maybe your own home will directly be saved from an incident.

But Neighbourhood Watch is not only about crime - it is about watching out for each other generally on a day to day basis. We might spot any of the following:

- Smoke/Fire
- Someone in trouble, eg: had a fall from a bike, slipped on the ice
- Lost or escaped animals and pets
- Dropped keys/wallets
- Dropped gloves/hats



Let's pull together to get a sign like this in our village!

As a community we all need to be involved in some way, however small, everything will help. Here are some suggested ways:

- 1.5 hours a month to attend a meeting or/
- 1 hour to attend a coffee morning in aid of the NhW scheme or/
- 5 minutes to spread the message of our new NhW scheme and inform friends and family in the village via social media or a telephone call.

What will YOU choose to do?

Come and see what's going on by [attending our next meeting](#) or [let us know that you would just like to be kept in touch](#):

[Ring: 01799 543807](#) [text: 07810444167](#) [email: Carolemandy@hotmail.co.uk](#) (Put: NhW Programme as the subject) giving your contact details.

Village Hall

The Committee continue with their quest to raise money for the underpinning of the small hall and are grateful for the various donations from fundraising within the village.

District Council News

Report from District Councillors Neil Hargreaves and Jo Parry

Updates on previous matters

Bridge strikes – Essex Highways have pencilled in the first week in April for the start of the project for new signage to stop any more trucks from smashing into the Newport railway bridge. It will take some weeks to install all along the two diversion routes and there will be a night time closure of the road at the bridge for them to install electric cabling so the signs can be lit

Planning refusal for 94 homes in Newport - On 16th November the planning committee refused an application for 94 houses and a commercial unit on London Rd beneath the primary school. The reasons considered included road safety as the access would have been right next to the Station Rd / Frambury Lane cross roads, with its car businesses and traffic to the station, school and existing houses. The B1383 through our villages carries about 90,000 vehicles a week. It would also have prevented expansion of the Primary School and there were issues about drainage as Newport is already subject to flooding

The applicant has now taken this to appeal. Further comments can be made till 20th March and the applicant has opted for a public enquiry rather than written submissions. This of course makes it tougher for objectors as you really need a professional to present your case as well as local speakers. However I suspect it is better than the Planning Committee where you say your piece and then the applicant can respond with whatever fudge they like and you then have no right to speak further to correct the picture.

The Local Plan process – Following the aborted announcement of ‘conclusions’ four months ago it has been accepted by UDC that much more work is needed. There is some good news that the consultation on preferred sites, dropped amid huge protest, has been reinstated. The Chief executive is now sending weekly updates to councillors and here is a recent one to give you a flavour:

‘Dear Councillors

The next meeting of note for the Local Plan will be the Planning Policy Working Group on Wednesday (22 February). All members are reminded that they are invited to this meeting; the agenda has been published and is available on the council website here. The items for discussion include an initial analysis of the Housing White Paper and a paper setting out the process leading up to the Regulation 18 consultation. (The reinstated consultation on sites) Other topics include the action plan from the Planning Advisory Service report, updates on the evidence base, Duty to Cooperate, the key project milestones and the PPWG forward plan.

Carver Barracks

A catch-up meeting was held with Defence Estates on Monday over the future of Carver Barracks; you will recall the MOD’s announcement in November of its intention to dispose of the site as part of its Better Defence Estate Strategy. As we understand it, the estimated date of disposal remains 2031; clearly there is nothing in the immediate future to suggest we should change our viewpoint i.e. it will not impact on the current local plan. Nevertheless, the two parties agreed to maintain ongoing good relations and dialogue to ensure everyone is kept up to date on the status of the site.’

New Homes Bonus

Our allocation has been finished for this financial year and includes Rickling School, the Armadillos and £1682 towards the Village Hall repair fund. Odd figure as UDC got VAT recovery from a new village map for Newport so that went back into our pot and Quendon and Rickling got the benefit. Next year the NHB is reduced to £2000 per councillor. As some councillors seem to have difficulty giving their allocation away (Yes, inexplicable!) I have previously suggested that the unspent amount be put back into the fund for those who can spend it. As it is being reduced I am going to **take the opportunity to raise this again**

Council Finances

Our UDC council tax will be increasing by 2%, which on a band D property means an increase of £2.80 a year. Most of our council tax bill however is charged by Essex and for Fire and Police (not that we now have any full spec police stations anywhere in Uttlesford’s 250 square miles). The council tax revenue for UDC is about £5m compared with a spend (net of charges such as car parking) of about £12m pa. The balance of £7m is New Homes Bonus, business rates, of which we retain a small percentage, and other government controlled funding streams. The government are running down the New Homes Bonus and are ending other central grants. Although we may retain more business rates, generally the £7m balance is at the whim of government, despite claims of wanting devolution and localism. Governments endlessly tinker with cuts and grand new scheme announcements. Remember the last Chancellor announcing at his party conference that councils could keep all of the business rates? That is certainly not happening here as the rates from Stansted Airport would make us very rich and Government will continue to take most of it. This

uncertainty makes planning council finances very difficult

Election

There are County Council elections in May. The county responsibilities include roads, school places and transport, social care and waste disposal (not bin collections). The prospective candidates so far are Conservative Ray Gooding, LibDem Melvin Caton and for Residents for Uttlesford, Anthony Gerard, who lives in Newport

Neil Hargreaves

March 2017 at...

Jackie (15)	Fri 3 8.00pm; Sat 4 8.00pm; Sun 5 5.00pm & 8.00pm
Sing (U)	Sat 4 2.00pm; Sun 5 2.00pm; Sat 11 2.00pm; Sun 12 2.00pm
La La Land (12A)	Sat 4 5.00pm
Big Film Quiz	Sat 4 7.30pm
Toni Erdmann (15)	Mon 6 7.30pm
Hedda Gabler – National Theatre	Thu 9 7.00pm
The Young Offenders (15)	Fri 10 8.00pm; Sat 11 5.00pm
Lion (PG)	Sat 11 8.00pm; Sun 12 5.00pm & 8.00pm;
Lion (PG)	Sun 19 11.00am (Screen babies); Sun 19 5.00pm
The Girl on the Train (15) Newport Pop-up	Sat 11 8.00pm
The Fits (12A)	Mon 13 8.00pm
T2 Trainspotting (18)	Fri 17 8.00pm; Sat 18 8.00pm
Kubo and the Two Strings (PG)	Sat 18 2.00pm; Sun 19 2.00pm
Denial (12A)	Sat 18 5.00pm; Sun 19 8.00pm
It's Only the End of the World (15)	Mon 20 8.00pm
The Artist's Garden: American Impressionism	Tue 21 7.30pm
Hacksaw Ridge (15)	Fri 24 8.00pm; Sat 25 8.00pm
The Lego Batman Movie (U)	Sat 25 2.00pm; Sun 26 2.00pm
Loving (12A)	Sat 25 5.00pm; Sun 26 5.00pm & 8.00pm
Certain Women (12A)	Mon 27 8.00pm
Madama Butterfly – Royal Opera House	Thu 30 7.15pm
Prevenge (15)	Fri 31 8.00pm



www.saffronscreen.com

Tickets: Eve: Full price £7.90, 65 & over £7.10; Other adult conc: £6.10, 18 & under: £5.70 (£4.30 on Mon)

Day: Full price £6.90, 65 & over £6.00; Other adult conc: £5.30, 18 & under: £4.50, Family ticket £20.00

For Special Event Tickets, please see website

Available from the Saffron Walden Tourist Information Centre, online at www.saffronscreen.com,

or at the cinema Box Office (opens 30 mins before screening) at

County High School, Audley End Road, Saffron Walden, CB11 4UH.

THE LINK is produced on behalf of Quendon & Rickling PCC, who do not necessarily share or endorse any opinions expressed by contributors or advertisers.

THE LINK is delivered free of charge by volunteers to every household in the villages of Quendon and Rickling. It is also available by post and online at: <http://www.quendonandrickling.co.uk>

All correspondence for THE LINK should be addressed to the editor,

Robert Arnold: **preferably by e-mail with attachments if necessary:** robert@arnold-q.uk, or at Talbots, Cambridge Road, Quendon, CB11 3XJ; otherwise telephone 01799 543075

THE LINK is assembled using Scribus software and is printed through the generosity of

ALTERNATIVE business solutions and services

<http://www.alternative.uk.com/> E-mail: info@alternative.uk.com

What's On

Where no organiser is shown for any event in Q&R Village Hall, contact the Hall Manager, Christine Osbourn on 01799 543367 for details

Event	Date	Time	Place	Notes
EXTEND Exercises	<i>Mondays</i>	10.30	Q&R Village Hall	Pat Turner 01799 543314
Saffron Searchers	<i>1st Monday in month -</i>		Q&R Village Hall	-
Dog Training	<i>Mondays</i>	-	Q&R Village Hall	Pauline Everton
Rainbows	<i>Mondays</i>	16.00-17.00	Q&R Village Hall	(Pre-Brownies)
Prayer Meeting	<i>Mondays</i>	16.30	Quendon Church	
Pilates	<i>Tuesdays</i>	09.00-10.00	Q&R Village Hall	Jan Crawley 077421 82272
Dance Exercise	<i>Tuesdays</i>	Morning	Q&R Village Hall	Christine Alexander
Dance Exercise	<i>Tuesdays</i>	Afternoon	Q&R Village Hall	Christine Alexander
Armadillos	<i>Tuesdays (term-time)</i>	09.00	Rickling School	Stevie Green 01799 542734
Carpet Bowls	<i>Wednesdays</i>	19.00	Quendon Bowls Club	David Edwards 01799 540167
Coffee Group	<i>3rd Weds in month</i>	10.00-12.00	Q&R Village Hall	Angela 01799 218061/Carol 543807
U3A Choir	<i>Wednesdays</i>	10.30	Q&R Village Hall	
Wednesday Club	<i>Wednesdays</i>	-	Q&R Village Hall	Christine Osbourn 01799 543367
Prayer Meeting	<i>Thursdays</i>	09.00	Rickling Church	
Line Dancing	<i>Thursdays</i>	-	Q&R Village Hall	Dawn Bond 01787 460274
Rickling Runners	<i>Thursdays</i>	19.30	The Green	Stevie Green 01799 542734
DiddiDance (2-4yrs)	<i>Fridays</i>	10.00	Q&R Village Hall	
Communion	1st March	20.00	Quendon Church	
Litter pick	4th March	10.00	Meet at Q&R Village Hall	
Parish Council	8th March	19.30	Q&R Village Hall	
BCP Communion	12th March	09.30	Quendon Church	
Quiz & bingo	15th March	10.00-12.00	Q&R Village Hall	
Mothering Sunday	26th March	09.30	Rickling Church	
Golf Society	4th May	12.00 noon	John o'Gaunt G.C.	B Chapman pebbles4@btopenworld.com
Photographic Show	28th-29th May		Q&R Village Hall	

Emergency Life-saving

Should someone suffer a cardiac arrest or show symptoms of a heart attack e.g. pains in the chest, then your first action should always be to phone the ambulance service on 999. The service will refer you to our Automated External Defibrillator which is at the front entrance to Quendon & Rickling Village Hall. Anyone can save a life by using it until an ambulance arrives. In addition you can seek help from any of the volunteers listed below.

Name	Home Telephone	Locality
Alan Price	01799 542527	Northern end - Cambridge Road
Jane Price	01799 542527	Northern end - Cambridge Road
Robert Arnold	01799 543075	Northern end - Cambridge Road
Chris Phillips	01799 542351	Middle - Cambridge Road
Sue Phillips	01799 542351	Middle - Cambridge Road
Nigel Ackerman	01799 540678	Middle - Cambridge Road
Anne Howes	01799 543545	Southern end - Cambridge Road
Sandy Turner	01799 540557	Rickling Green
Pat Turner	01799 543314	Rickling Green
Janice Hart	01799 541196	Rickling Green/Brick Kiln Lane/Rickling
Clare Willoughby	01799 543637	Rickling Green/Brick Kiln Lane/Rickling



For further information see www.communityheartbeat.org.uk/

Remember: Using the defibrillator can't cause injury. Doing nothing can.

Contact details for local Police



Essex Police operate through Local Policing Hubs, and it is not possible to contact individual members of that team for day-to-day activities.

The recommended procedure is to contact the police using the 101 service (if 999 is not appropriate, i.e. for non-emergency situations). Calls to the 101 Centre will determine how to respond and, where appropriate, this will be passed to either Response Officers or members of the Local Policing Hub.



TONY WOOD

Qualified Registered Electrician

All electrical works undertaken

Re-wires, new circuits, extensions
Replacement Consumer Units
Electric showers, heating, additional sockets
Internal and external lighting

Free advice & estimates
References available
Competitive rates
Fully insured

Please ring Tony on
07714 300920
01279 455780

Or e-mail camwoodhome@outlook.com
Electrical Safety Register Approved Contractor



This space could be
promoting YOUR business!

For more information contact:

Advertising on telephone

01799 543297 or

The Editor

preferably by e-mail at

robert@arnold-q.uk,

otherwise telephone 01799
543075

Binwash

We
clean
your
Wheelie
bins!



Commercial & Domestic

FREE!
First Clean
to new
Customers

Monthly Cleaning from just £3.50!

- Professional equipment
- 4 weekly schedule or one-offs
- Same day as waste collection

www.binwash-uk.com

01799 529899

enquiries@binwash-uk.com

• CONNECTIONS CARS •

AIRPORT TRANSFERS • EXECUTIVE CHAUFFEUR • PRIVATE HIRE TAXI

OWNED AND OPERATED BY
JOHN CAUSTON

(FORMERLY CLAWERING CONNECTIONS)
SAME PRICES • SAME OWNERS • SAME CONTACT DETAILS
• RELIABLE SERVICE • LUXURY VEHICLES •
• FRIENDLY HELPFUL DRIVERS •

BOOK NOW FOR

- ASCOT, HENLEY & WIMBLEDON •
- STANSTED, GATWICK & HEATHROW •
- SPECIAL CELEBRATIONS •
- SHOPPING TRIPS & EVENINGS OUT •

PLEASE CALL US TO BOOK, OR FOR A QUOTE

07855 859710 | 01799 550880

WWW.CONNECTIONSCARS.CO.UK

**PEASGOOD
& SKEATES**
THE
FAMILY FUNERAL SERVICE



Arrangements can be made in the
comfort of your own home

Private Chapels of Rest

Pre-paid funeral planning

A personal caring service from a
Local business, day or night

Shire Hill, Saffron Walden

(01799) 523314

66b High St, Saffron Walden

(01799) 513513

46 Moorfield Rd, Duxford

(01223) 833463

www.peasgoodandskeates.co.uk

Please mention

THE LINK

when responding to
advertisements here.

CHIROPODIST

Mrs Julie Golden

HPC Registered/State Registered

Home Visiting Practice

Est.1994

01279 873492

Mobile 07916 075451

A professional service at a competitive price



EXPERIENCED
CHARTERED
ARCHITECTS

Planning, Building
Regulations
Residential Extensions
or New build houses
Listed building approvals
Free Initial Consultation
Full or Part service.

RIBA
Chartered Practice

We have specialist expertise
in a number of areas
including:

- interior design
- refurbishment
- extensions
- listed buildings
- landscape / garden design
- commercial office design
- cladding



Building Expertise Ltd
Rusdie Barn Studio
Church End
Roding
Saffron Walden
Essex CB11 3YL

Tel: +44 (0) 1799 540 450
Mobile: +44 (0) 7052 905460
simon@buildingexpertise.co.uk
www.buildingexpertise.co.uk

Accreditations



Cwena Spa
by Karen Dovaston-Harris



Complete relaxation and rejuvenation in our unique Cwena Spa experience

- Hydrotherapy exercise Pool & Jacuzzi
- Steam room, Sauna and Relaxation beds
- Full range of beauty treatments
- Full range of advanced aesthetic treatments

To book call: 01799 541888
visit: www.karendovastonharris.co.uk
or email: beauty@karendovastonharris.co.uk

CAMWOOD HOME IMPROVEMENTS

Bathrooms
Kitchens
Conversions

Fully Qualified Tradesmen
All other aspects of building
References available - Fully insured -
Free advice & estimates - Competitive rates

Office: 01279 493780 Mobile: 07714 300920
Email: camwoodhome@outlook.com
Website: www.camwoodhome.co.uk
Electrical Safety Register Approved Contractor

ina nelson electrical installer

Female Electrician
• Electrical Installation
• Fault Finding
• Inspection & Testing
• Certification
C&G 2330, 17th Edition, C&G
2391 Test and Inspection.
Part P Registered. NIC EIC
Approved Domestic Installer.

1, Bonnetting Lane, Berden,
Bishops Cleeve, Essex, CM23 1AG
Tel: 01279 777357
Mob: 07837 420647
inanelson@hotmail.com



Lower Street Clinic

36 LOWER STREET, STANSTED, ESSEX
ESTABLISHED 1989

Osteopathy,
Cranial Osteopathy
Aromatherapy,
Homeopathy
Flower Remedies
Chiropody/Podiatry
Infant Massage
Instruction
Pilates Instruction

We have a specialist clinic for pregnant mothers, infants and children

FOR FURTHER INFORMATION
OR TO MAKE AN APPOINTMENT,
PLEASE TELEPHONE

01279 815907



Electrician

All types of work carried out
Electrical contractor
C D Collins

Crofts View
Newport Road
Wicken Bonhunt
Saffron Walden
Essex, CB11 3UE
Tel/Fax 01799 540194
Mobile: 07831 131 754



- Boiler Servicing & Repairs
- Full Central Heating Systems
- Bathrooms
- Underfloor Heating
- Landlord's Safety Certificates

All work undertaken, fully insured & guaranteed



DD 01799 542920
M 07816 355483



Please mention

THE LINK

when responding to
advertisements here.

NICK SHUTES PAINTING AND DECORATING LTD

High quality interior and
exterior redecoration
Woodwork repairs and
replacement

Fascias, soffits and cladding

01799 542385 or

07885 778213

www.nickshutesdecorating.co.uk

Uttlesford Carers 'a caring hand in your community'

We offer help, support and advice to
all carers over the age of 18

If you would like to know more please
call 01371 875810 or e-mail
uttlesfordcarers@btconnect.com

Uttlesford Carers
The Old Police Station
45 Stortford Road
Great Dunmow
Essex CM6 1DQ
Charity Number - 1154735



saffron walden's
No.1 female
village
**chimney
sweep**

Office: 01799 540232
Mobile 07930 34753

villagechimneysweep.co.uk



More than just a service



Heating



Plumbing



Renewables



Bathrooms

All Domestic & Commercial
works undertaken

www.shelfordheating.co.uk

T: 01223 833426 E: sales@shelfordheating.co.uk