

The Link

Quendon & Rickling
Parish
and Church

You can find *The Link*
and much more at
www.quendonandrickling.co.uk

NEWS

January 2019

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Robert Arnold
Fruits on a Hedgerow Euonymus

Visits: If you would like the Vicar to visit you at home or in hospital, or know of anyone who would like him to visit them, please let the Vicar know.

The Rev'd. Neil McLeod, The Vicarage, 5, Meadowford, Newport, Saffron Walden, Essex, CB11 3QL

Telephone: 01799 540339 **E-mail:** mcleod444@btinternet.com

From the Vicarage Study

Rev. Neil McLeod,

Priest-in-Charge of Newport with Widdington, Quendon and Rickling.



So the new year will soon be upon us. 2019 is on its way. It'll be out with the old and in with the new. I wonder how many of you actually go about setting yourselves any new year resolutions. Personally I think that they are a lost cause. You shouldn't have to wait until the new year to start exercising or eating more healthily, they can be introduced at any time of the year. It just, somehow, seems more appropriate to think about doing it at the start of the new year. Why?

I believe it is about the word 'new'. 'New' means something exciting. 'New' means something that may be different. 'New' means a break from the potentially hum drum life that we have been living during the year that has just gone. 'New' inspires a sense of hope that things will be better in the future. Isn't that the hope that each one of us holds out for? That somehow life will be get better in the coming year? You don't necessarily have to have had a bad year to have that hope, but some of us will have had a year that hasn't been good. Maybe you have suffered a bereavement, or had problems at work. Maybe the children have struggled in school, or maybe they have simply struggled. A family member or friend may have had a serious illness, accident or a long stay in hospital. Politics has struggled with the constant falling out over Brexit – I'm sure that is one area where 2019 should be better. At least I hope so.

Maybe 2019 is the time to start thinking about your relationship with God. Maybe it will be a new start to an old relationship, or a start to a completely new relationship. Even if you are in a relationship with God already, maybe you need to ask yourself do I need to be doing something new for Him – something that will reinvigorate your faith. I believe that the sense of hope that we may be looking for in the coming year can be found in our heavenly Father, and in the person of his Son Jesus Christ. In John's gospel Jesus says, 'I have come so that they may have life, and life in all its fullness.' Just imagine what next year could bring with that fullness of life. It's certainly worth thinking about it.

Happy New Year! *Neil*

Priest in Charge of Newport with Widdington and Quendon and Rickling.

The Rev'd. Neil McLeod, The Vicarage, 5, Meadowford, Newport, Saffron Walden, Essex, CB11 3QL

Telephone: 01799 540339 E-mail: mcleod444@btinternet.com

Churchwardens - Quendon: Mrs Christine Osbourn 01799 543367 and Mrs Maureen Hawkins

Rickling: Lisa Huxtable 01799 542995

Treasurer - Quendon and Rickling: Mrs Sandra Arnold 01799 543075

Samaritan Boxes

Thank you to everyone who contributed to or filled these boxes. A total of 17 were delivered.

Police contact information

For crimes and suspicious activity **NOW** phone

999

For non-urgent incidents and reporting a crime that has already happened

101

Alternatively you can report non-urgent incidents or suspicious activity and crimes on-line at <https://www.essex.police.uk/do-it-on-line/>

To give information **anonymously** phone CRIMESTOPPERS or report it on-line at www.crimestoppers-uk.org

0800 555 111

Church Services in the Benefice

Sunday 6th January

9.30am Newport Contemporary Communion
 11.00am Widdington Family Service

Sunday 13th January

8.30am Widdington BCP Communion
 9.30am Newport All Age Service
11.00am Quendon BCP Communion

Sunday 20th January

9.30am Newport Holy Communion
 11.00am Widdington Holy Communion
3.30pm Rickling Evening Prayer (Please note amended time)

Sunday 27th January

8.00am Newport BCP communion
 9.30am Newport Morning Worship
11.00am Rickling Holy Communion
 3.30pm Newport Messy Church

Sunday 3rd February

9.30am Newport Contemporary Communion
 11.00am Widdington Christingle Service

Sunday 10th February

8.30am Widdington BCP Communion
 9.30am Newport Morning Worship
11.00am Quendon BCP Communion

Sunday 17th February

9.30am Newport Holy Communion
 3.00pm Widdington Holy Communion
3.30pm Quendon BCP Said Communion

Sunday 24th February

8.00am Newport BCP Communion
 9.30am Newport Morning Worship
11.00am Rickling Holy Communion
 3.30pm Newport Messy Church

In addition to these services, prayer meetings are held as follow:

Quendon, Mondays 4 30 pm
 Rickling, Thursdays 9 00am
 Widdington, Tuesday 9 00am
 Newport, Wednesday 4 30 pm.

Winstanley Day 2018



Quendon Church was packed at the beginning of December for the annual commemoration of former resident and poet William Winstanley - "The Man Who Saved Christmas". Highlights included carols sung by a local choral group, a presentation from the school recounting Mr Winstanley's cultural legacy, an interpretation of his sighting of a dragon at Henham and an appearance from the man himself!



The church was decked with

natural decorations and sideshows, staffed by seventeenth-century costumed maids, offered sweetmeats and refreshments of various kinds.

Though essentially a pre-Christmas festival, celebrating principles of an earlier epoch, the event also raised nearly £500 to help the Parochial Church Council's struggles to maintain our two historic churches.



Newport Community Café



Newport United Reformed Church
 55 Wicken Road, Newport,
 Saffron Walden, Essex. CB11 3QF



Tuesdays 15th and 29th of January
 2.00 pm – 4.00 pm

Contact : Carole or Angela on 01799 543807/218061 for more info.

email : angiecallahan@aol.com

Rickling/Quendon Community Café

Quiz and Fun Bingo

Wednesday 16th January
 10.00 am – 12.00 pm



Please contact: Angie and Carole
 01799 543807/218061
 Quendon & Rickling Village Hall,
 Quendon, CB11 3XQ

Quendon & Rickling Parish Council News

Minutes not hours

It is very gratifying to see several residents turning up for the monthly parish council meetings. Shows you care. Perhaps a word then about the minutes which the parish clerk produces after each meeting. One of the thoughts which is drummed into us clerks who sit for the Certificate of Local Council Administration (CiLCA) is brevity of minutes. Their mantra is “Minutes not Hours”. When an item is on the agenda for a decision, it does not matter how long the discussion goes on for, or who said what. The only entry the clerk is required to make is the actual decision. So if you have sat in at meeting in which, for example, there is a new policy document up for adoption, it does not matter that the discussion went on for 20 minutes. All that the clerk records is whether the policy was adopted or not. A simple “Policy was adopted” or “Policy was not adopted” is all that is required. It may seem that the minutes do not seem to reflect the different opinions but the minutes are there just to record decisions, not what leads up to them.

Public Participation at Parish Council meetings

Quendon and Rickling PC takes a relaxed view on public participation. Some councils limit the time allocated but Q&R takes the view that that if a resident has made the effort to show up at a monthly meeting then there should be no restriction on time allotted for any contribution they wish to make, or when they wish to contribute. There is however a rule says that unless the item raised is already on the agenda, it should not be discussed by the council and no decisions can be made. In reality a Q&R councillor may wish to make a, hopefully, helpful comment but that is about it. So if you raise a non-agenda issue at a meeting please do not be offended if the council does not take the matter further at that time. It can of course be added to an agenda for a future meeting if requested.

Broadband

So, it wasn't the Quendon moles who have been leaving the roadworks mess around the village. Apparently it was Gigaclear's contractors who managed to contract themselves out of business before finishing the work. However the contract has now been taken over and I believe remedial work is well in evidence.

In other news from the Parish Council meeting.....

There is interest being shown in the football pitch from potential users outside the village. Very soon therefore you may be seeing 22 men (or women) kicking around a bag of wind. Or is that Parliament?

The email list has been resurrected and your Parish Clerk has been tasked with sending to subscribers details of issues affecting the village which it is felt would be useful. This will understandably be a bit subjective but I will do my best to sort the wheat from the chaff.

About 10 villagers have so far expressed interest in the wheelie bin speed stickers, henceforth to be called “sticky bins”.

That's all folks except to say have a very Merry Christmas and a prosperous New Year.

Welcome Packs

The Parish Council provides a Welcome Pack of information for new residents to the Village. If any newcomers to the village have not received a copy of the pack, do please let the Clerk know on the contact details below and a welcome pack will be dropped off to them.

Next Parish Council Meeting

Will be on 9th January 2019 at 7.30pm

Highway Problems

The Essex Highways website is available for anyone noticing a problem to report it: <http://www.essexhighways.org/Report-a-problem.aspx>

A tracking facility for all reported faults is available.

Police/Crime

The Essex Community Messaging Service provides useful information to the public about policing and safety issues. It is free to register and information is given relative to your postcode, thus providing accurate and up-to-date community safety information and crime prevention advice. Users can choose to receive information via e-mail, text or voice-recording and can select what information to receive – based on where they live and work and on issues of interest. For further details and to sign up, visit www.essex.police.uk/ecm

Contact the Parish Council

The Clerk, Keith Williams can be contacted by e-mail quendonandrickling.clerk@hotmail.com or by telephone **01279 814473**



THE HUNDRED PARISHES SOCIETY

www.hundredparishes.org.uk

Today there is much we take for granted that our ancestors would not have done – for example the availability of fresh running water. In 1786 it was recorded that during an attempt to reposition a Dunmow water pump “the gentlemen of the Mob Classes were determined it should not be moved . . . a great mob got together and a great riot ensued.” The riot led to 12 people being imprisoned in Chelmsford Gaol.



Gt. Dunmow

Throughout the Hundred Parishes there are numerous surviving examples of water pumps that once served a small local community. Many are listed.



Westmill

In Ugley Green, beside a large puddingstone, stands a village pump that dates from around 1800 AD.

Westmill village in Hertfordshire has a pump, dating from about 1900. It stands on the village green and carries the inscription “Traverse the desert and then you can tell what treasure exists in the cool deep well.” This is an extract from a poem, Water, by Eliza Cook.

The communal village pump at Pump Green, High Easter has been sensitively renovated, having been in use until the 1930s. It stands in the shade of a lime tree planted to commemorate the coronation of King George V in 1910.

A 19th-century pump stands in the road in the centre of Hunsdon’s conservation area in front of 16th-century Pump House.

To commemorate Queen Victoria’s Jubilee in 1887 the village pump was erected in Little Dunmow. It is now listed and is a fine example of Victorian design.

Thaxted and Great Dunmow have similar, rather grand, 19th-century pumps in prominent positions.

I have mentioned just a few of the many and varied examples. There are plenty more to be ‘spotted’ around our beautiful area, some in obvious public locations and others in private gardens.

Ken McDonald, Secretary



Hatfield Broad Oak

High Easter



Angela Bunster

It is with sadness that we record the death of Angela Bunster.

Angela and Ivor came to Quendon in 1985 and soon involved themselves in village life. Angela was the Parish Clerk for many years and when Brian Smith was Chairman started The Village Forum; this parish magazine ran from 1991 to autumn 1997. She produced many of the articles and coerced the rest of us for ‘copy’. After four years Brian become district councillor and Angela become the editor. During this time we had some wonderful Fetes on the Green with Angela doing a very impressive tombola. She and Ivor started the village barbecue in the rectory gardens, which grew to large barbecue occasions in the school grounds, and was involved with the wonderful Art Shows and Auction of promises held at Rickling Hall.

As clerk she tackled many village issues, the speed limit, Fountain Appeal, low cost housing, fighting contentious developers and starting the neighbourhood watch scheme.

Angela is immortalised in our millennium wall hanging as she completed Yew Tree Cottage in 2000.

The last few years have been difficult for Angela since Ivor died and she moved to be near her younger son two years ago. She was a vibrant, social and colourful character and a great asset to our village.

Here is an example of her contributions to The Forum.

As you may remember my having mentioned before, collecting copy for Forum is a difficult task. I never know how much I am going to be able to glean, or when. This is why issues of Forum tend to be thin on the ground and my initial good intentions of producing 3 editions annually have gone to the wall.

It is likely to be late September early October before this edition is delivered, when the Summer will be at an end, and the record-breaking temperatures just a

memory. For many parents it will also mean that they will be returning their student sons/daughters to college. As a parent of a student son I now feel I could write a book on the art of student transportation. The collection of said son from university has provided his family with much retrospective hilarity - I say retrospective because nobody laughed at the time! I relate this tale in the hope that it may give a shred of comfort to others - you are not alone!

Angela Bunster *continued*

I never thought I would sink to bribing my son with money in order that he be in a state of readiness at the end of the semester. In spite of his penury we did not achieve this. We arrived - with the trailer - myself foolishly full of hope, my husband with an air of resignation (he is older and wiser than I and has been through this many, many times with his own four children!).

Most student accommodation is "basic", although it does start off relatively hygienic. Carpets tend to be elderly or very cheap as do the vacuum cleaners. This is not a good combination. It means that by the end of the year the vacuum cleaner sucks but gently and the carpet (which has been reduced to the consistency of a flannelette sheet, and has been impregnated with a variety of noxious substances) is highly resistant to being sucked, gently or otherwise.

Showers are for standing in and allowing warm water to trickle over your body until the hot-water tank is empty, they are most definitely not to be cleaned. Question to son: "*Why is the inside of the shower streaked grey and pink?*" Answer - patiently: "*When fungi dies that's the colour it goes for heaven's sake Mother*". My husband is heard to mutter that not even for money would he step inside the shower.

The bedroom is in an "interesting" state - only slightly more chaotic than usual. Student necessities, like the wax lamp (I can remember those in the late sixties and they are once again high fashion), the television, the PC, the stereo system, posters of ladies wearing very little but wet(!) T-shirts, a tangle of wires - probably a fire hazard - clothing (most of his entire wardrobe), bedding, nuts and bolts, empty coke tins, rucksacks, oilskins, boots, a mountain bike, scuba diving equipment and an oxygen cylinder are dotted about.

We set to work. Question: "*Do you need to keep these 45 empty boxes of Benson & Hedges Gold dear?*" Answer (indignantly): "*They're not mine they belong to*

Rob". (Thinks - Why does Rob, who lives in the room next door, keep his empty cigarette boxes in my son's cupboard? Wisely I say nothing).

The icing on the cake as far as we are concerned is of course the transportation of the tropical fish tank. Needless to say it is full of water (about 12 gallons), various plants and several fish! A shark, some tiny, tiny uncatchable tetra, loach that hide under the gravel and some other rather frenetic fish that the shark chases constantly with evil intent! These all have to be fished out with the aid of a cup (what else?), put into polythene bags, the water removed with a (small) bucket and disposed of down the loo, and the gravel removed before we can lift the tank out to the car. This process takes us about three hours.

The usual last-minute boxes of cutlery, saucepans and food are presented to the husband who having received an affirmative to his question "*Is this it?*" has just closed the boot and tied the cover over the trailer.

Faced with a hot six-hour journey transporting traumatised fish in numerous little plastic bags, an emotionally drained wife and exhausted step-son the husband stays remarkably sane. At the first break for tea he does say however that it is like transporting a dormitory.

Arriving home our first priority was of course the fish. The whole process goes into reverse. Twelve gallons of water is this time fed up a hose pipe through the bedroom window, and gravel, plants and fish are installed. The shark resumes his never ending chase of the fish who had, until then, thought it was Christmas. Since then (and in spite of large doses of classical music played to calm it) I fear the shark has eaten some more of the fish, but not enough to make the return trip unnecessary! In spite of threats to the contrary, by the time you receive this newsletter we shall have gone through the entire process again and the son and what remain of the fish will be safely back in Plymouth.

Community Defibrillation Equipment

Our community Automated External Defibrillator or AED is located in a secure yellow box in the central porch of the village hall. This automated device, which is designed to be operated by any member of the public, will supply an electrical stimulant to someone who has suffered a cardiac arrest.

Should anyone suffer a cardiac arrest or show symptoms of an heart attack, e.g. pains in the chest, then the first action should always be to phone the ambulance service on 999. They are aware of the availability of our defibrillator and will inform the caller of the code to open the box to access the unit. The unit 'speaks' instructions to the operator, tells them where to place the pads and will diagnose whether the patient will benefit from the unit's electrical charge.

When a cardiac arrest occurs, time is of the essence and after 5 minutes following arrest the chances of survival are significantly reduced. However this period can be significantly extended by the application of chest compressions. Once the ambulance has been called stay with the patient to give compressions and call for help from either an AED operative or passer-by etc to get the AED.

The unit is designed for general public use; however Quendon and Rickling has a team of trained volunteer operatives

Community Defibrillation Equipment *continued*

ready to help either in the application of chest compressions or use of the AED. Their names and telephone numbers appear in *The Link* every month and a copy is retained in the defibrillator box. Should the patient be some distance from the unit then phone one of the helpers located at the southern end of Cambridge Road to collect the unit and bring it to the scene of an incident.

Remember that you are helping to save a life by taking action and doing nothing will not help anyone. By releasing the code, the ambulance service are authorising you to use the defibrillator and the unit's diagnosis tool takes the decision to apply the treatment.

Some of the Defibrillation Team attended a brief meeting on Sunday the 25th of November to refresh memories of how it is used (it really is very simple!) and to welcome five new members.

These are now included in the list mentioned above. Thank you to all who attended. If you are able to join the team please contact Andrew Thomson on **01799 543253**.

**Advertising in
The Link
reaches every household in Quendon and Rickling at
attractive rates.**

It could be promoting YOUR business.

Contact:

Advertising on telephone 01799 543297 or

The Editor, **preferably by e-mail with attachments as
necessary** at robert@arnold-q.uk;
otherwise telephone 01799 543075.

CRIME PREVENTION

Protect your new Christmas gifts

Over Christmas you may have been lucky enough to have received some rather nice gifts.

What did you do with the packaging? Left it by the roadside for the recycling collection? What better advert to the thief of where to find some new things to steal. Where possible fold the boxes inside out, or tear the box up, or package it in something else, or take it to the recycling centre yourself.

How many of us have thought about recording the serial numbers or property marking it? Be it a cycle, electrical goods, garden equipment or mobile phone it may have a serial number. You can record your serial numbers free or charge at <https://www.immobilise.com> and there are a number of property marking products available like indelible pens, SelectaDNA, SmartWater, CRE mark by CRE products to name but a few.

With jewellery and antiques don't forget to take photographs of it, include an "Object ID card" or ruler in a photograph to give it a scale. Some of these property marking products may also be suitable and you can now upload photographs of your property to Immobilise too.

Mobile phone and personal music devices: Don't forget to make a note of the IME number of a mobile phone, to find it key in *#06#, with this if it's stolen you can block it. Many TV's, mobile phones, computers and other electronics come pre-loaded with security and/or tracking software, make sure that it is activated. If you are storing valuable college work or other on that nice new laptop don't forget to back up your work elsewhere just in case you lose the laptop. You can download an "App" on mobile phones to find your phone and more importantly wipe that data stored on it, check your "App store" or mobile phone provider.

When texting or talking on phones, or listening to music remain "in touch" with your surroundings, a number of road accidents, thefts and assaults occur when we fail to note what's going on around us, don't forget to pass this advice on to children.

Have a look at the webpage www.essex.police.uk/advice/ it contains a number fact sheets with tips on crime prevention subjects and access to more in depth crime prevention advice.

Another good source of crime prevention advice is: <https://thecrimepreventionwebsite.com/>

Oh dear, 16 pages to fill and only enough material for 15!

Doghouse Diaries to the rescue.

What I thought potty training would be like



What it's actually like

Poop.
Everywhere.

Emoticon Meanings

:)

Smiley: You're Happy, playful, or joking.

:(

Frown: You're sad or disappointed.

:|

You're unamused.

(:

Backwards smiley: You don't know what you're doing.

:))

Double-chin Smiley: You really don't know what you're doing.

;))

Winky: You need to be banned from all text-based communication.

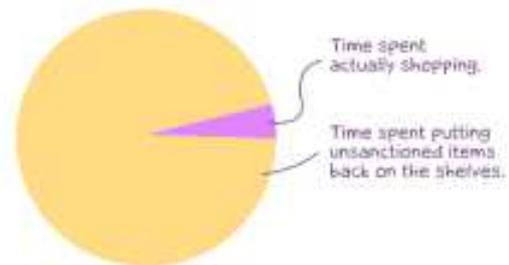
DOGHOUSEDIARIES

A FLOWCHART OF WHEN IT'S ACCEPTABLE TO TAKE A SELFIE



A PUBLIC SERVICE ANNOUNCEMENT FROM YOUR FRIENDS AT THE DOGHOUSEDIARIES

Shopping With a Toddler



DOGHOUSEDIARIES

Banana Lifehack That Will Change Your Life

Apes have this one very simple trick that makes peeling bananas far more efficient.



All you have to do is...



...keep an ape around the house to peel your bananas.

DOGHOUSEDIARIES

SIGN UP!

Yes!

No thanks. I don't want to make my life ten times better and finally worth living for the first time.

What they think I'll think?

"Oh wait, I'd better press 'yes'! Phew, that was a close one. Good thing the decline message made me feel like a total idiot, thereby really endearing me to their service and finally showing me the way."

What I actually think:

"You are a terrible terrible service and I hope you think about what you've done here today."

DOGHOUSEDIARIES



Vision Fitness would like to say a huge thank you to all its lovely members, friends and family for their support over the past year. We truly believe we have created something very special here and could not have done it without all of you. Vision Fitness is lucky in the fact that we have members who have big success stories and achievements. From extreme weight loss, improved health, to rehab support to a gentleman who suffered a severe stroke. The Gym was selected and took part in a Channel 5 programme called 'Get A Holiday Body – Lose A Stone In 4 Weeks'. It starred 'Blue' boy band singer Antony Costa. Antony is now a regular at the Gym even now the programme has finished. We have also had the pleasure of Eastenders Actor Danny Walters come down, Ben Maher - Olympic Gold medallist for showjumping, Charlie Colkett - Chelsea Footballer, Adam Ling - New Zealand World Rowing Gold Medalist, George Peasgood - Paralympian and Matt Travers GB Wheelchair Basketball. Considering the big transformation the barn has gone through, it is so nice to see people sharing our Vision for health and fitness. We strongly believe we have created a supportive friendly community in the Gym and look forward to what this next year will bring.

Thank you again and hope to see all of you in January to work off all the Christmas over indulgences!



H E N H A M

1 Month Free

Sign up in January and get 1 whole month free!

Terms & Conditions apply



Barley Barn
Parsonage Farm
Church End
Henham
CM22 6AN

W: www.visionfitnesshenham.co.uk

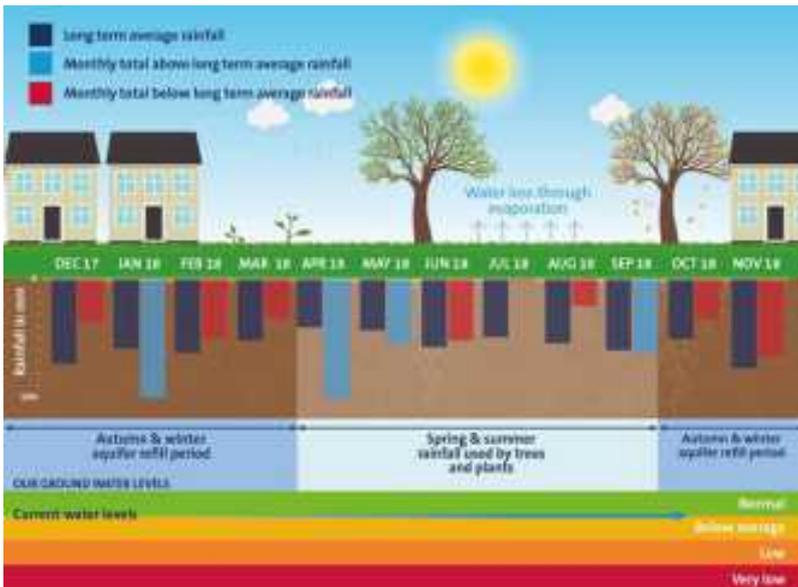
Tel: 01279 850809

E: Info@visionfitnesshenham.co.uk

Report from District Councillors Anthony Gerard and Neil Hargreaves

Water supplies

Here is an update from Affinity Water on the levels in the aquifer from which our water is extracted. It can be summarised as 'a wet winter would be good'!



Affinity say 'We are beginning to see a recharge of our aquifers following the rainfall in October and November. Our water resources remain below average, but at an improved position to this time last year.'

November rainfall was 94% of the long-term average and this has resulted in more moisture in the soil, which means more rainfall is beginning to soak through to the aquifers below.

The important recharge season, when we typically see recharge of our aquifers if there is sufficient winter rainfall, runs from October to March. We are dependent on significant winter rainfall to ensure that our water resources are in a good position for next year, and we are continuing to plan to ensure we are prepared for a range of different rainfall scenarios over this winter.'

Affinity may be continuing to plan, but residents of the new developments in Newport are unimpressed by their performance. Despite being a statutory consultee on permissions given 5 years ago they have failed to provide adequate supplies to the new houses. They will now be installing an emergency pipeline coming in from the north, and other residents in the area have had their water supplies cut for a day while work is carried out. This is an example of the consequences of building in unsuitable locations and burdening old infrastructure. I'm told the sewer pipe the developments are being connect to was put in by Italian prisoners of war, but I don't have any documentary proof of that. In 2013 Anglian Water said major pipeline work was needed but instead a tanked holding system has been installed. Although provision of adequate water, sewerage, healthcare and school places should be built into a Local Plan, at an individual application level they are not considered, and lack of them is not a valid reason for refusal as the statutory providers are required to provide. Even if they don't or can't. Encouraging new housing needed for the country would be easier if this issue, which the whole development world is fully aware of, was resolved.

Local Plan

In an email to councillors, the UDC chief executive says they have received from their consultant AECOM a draft Sustainability Appraisal (SA) report. 'The report has been received in chapters and officers are currently going through it for final checking but, in short, the AECOM work endorses the Local Plan in saying that we have the most appropriate strategy when compared against the reasonable alternatives. This is good news as it shows that we remain on course and can still submit the plan as scheduled before 24 January 2019; the new SA will be submitted (to the Planning Inspector) alongside the plan.'

This seems contrary to AECOM's recent assessment saying that more work is needed. The AECOM papers have not yet been published, but are going to be discussed by the Planning Policy Working Group on 10th January.

The significance of the 24th January is this is the cut-off date after which new housing number calculations may be imposed by the government. However, UDC's figures are already similar to the government's ones so this should not be a problem.

As the Local Plan moves through each stage towards adoption it acquires greater weight in determining planning applications. For Quendon & Rickling only one site, between Bluebell Drive and Hallfield is earmarked for development in the new Plan.

Councillors Surgeries

We are available every Thursday morning from 10.30 to 11.30 in Dorrington's in Newport and we take turns to attend the parish council meetings in the Village Hall. We are also active on the two main village Facebook groups.

Wishing everyone a Happy New Year from Anthony and myself!

Neil Hargreaves

Christmas gallery ...



GOODBYE
MR CHERRY



INTERNET
LEDGENDS



M DAY - A huge success, a massive thank you to everyone, and in particular, a huge thank you to Becky Martin and Nadia Marson for their help - We are all very grateful



GOODBYE
MRS
INGHAM



What a last day!

Oak went out for Wellie Wednesday. We bumped into 2 horses, one belonged to Indie and Ayrton's mummy. We stroked them before building our Stick snowmen. We finished it off with a race back to school. We had so much fun!!



VE DAY in
BEECH



Quendon & Rickling 100 Club

Many congratulations to this month's winners.

Number 87 Ron & Chris Naughton £35

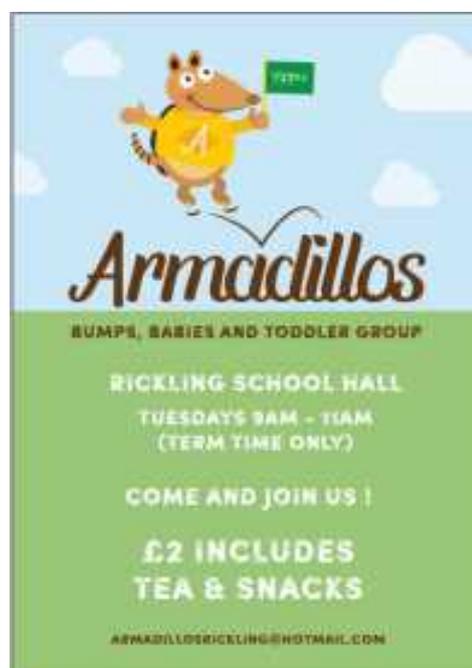
Number 19 Karen Crow £25

Number 18 Janet Everiste £15

May all of us here at 100 club wish all of you a very successful 2019!

If you would like to join our happy band in the new year, please give me a shout!

Clare. 01799 543637



January 2019 at...



Disobedience (15)	Fri 4th & Sun 6th 8pm	
Ralph Breaks the Internet (PG)	Sat 5th 3pm, Sun 6th 1pm & Sat 12th 2pm	
André Rieu's New Year's Concert from Sydney (U)	Sat 5th 7pm & Sun 13th 2pm	
The King & I – London Palladium	Sun 6th 4pm	
Shoplifters (15)	Mon 7th 8pm (with hosted discussion)	www.saffronscreen.com
Sorry to Bother You (15)	Fri 11th 8pm	
Some Like It Hot (U)	Sat 12th 5pm	
The Old Man and the Gun (12A)	Sat 12th 8pm, Sun 13th 5pm & 8pm	
Three Billboards Outside Ebbing, Missouri (15)		
– Pop-up Hadstock	Sat 12th 8pm	
Waru (15)	Mon 14th 8pm	
Adriana Lecouvreur – Met Opera	Weds 16th 7pm	
A Star Is Born (15)	Thurs 17th 8pm	
Mary Poppins Returns (U)	Fri 18th 8pm, Sat 19th 3pm & 8pm, Sun 20th 3pm,	
Mary Poppins Returns (U)	Sat 26th 1.45pm	
Smallfoot (U) – Cinema for tinies	Sun 20th 11am	
Three Identical Strangers (12A)	Sun 20th 8pm	
Return of the Hero (12A)	Mon 21st 8pm	
The Queen of Spades – Royal Opera House	Tues 22nd 6.45pm	
Evelyn (12A)	Weds 23rd 8pm (with Q&A)	
Tulip Fever (15)	Fri 25th & Sat 26th 8pm, Sun 27th 5pm	
Spider-Man: Into the Spider-Verse (PG)	Sat 26th 5pm & Sun 27th 2pm	
Bohemian Rhapsody (12A)	Sun 27th 8pm	
Mug (15)	Mon 28th 8pm	
La Traviata – Royal Opera House	Weds 30th 6.45pm	
I'm Not Running – NT Live	Thurs 31st 7pm	

Evenings: Full price £8.20, 65 & over £7.50, other adult conc: £6.10, 16-30: £5.50, under 16s: £5.70 (30 & under £4.50 on Mon)

Daytime: Full price £7.10, 65 & over £6.20, other adult conc: £5.30, 16-30: £5.00, under 16s: £4.50, family ticket: £20.00

Event Cinema and Pop-ups: See our website for prices

Available from the Saffron Walden Tourist Information Centre, online at www.saffronscreen.com,
or at the cinema Box Office (opens 30 mins before screening) at
County High School, Audley End Road, Saffron Walden, CB11 4UH.

Emergency Life-saving

Should someone suffer a cardiac arrest or show symptoms of a heart attack e.g. pains in the chest, then your first action should always be to phone the ambulance service on 999. The service will refer you to our Automated External Defibrillator which is at the front entrance to Quendon & Rickling Village Hall. Anyone can save a life by using it until an ambulance arrives. In addition you can seek help from any of the volunteers listed below.

Name	Home Telephone	Locality
Alan Price	01799 542527	Northern end - Cambridge Road
Jane Price	01799 542527	Northern end - Cambridge Road
Robert Arnold	01799 543075	Northern end - Cambridge Road
Sandra Arnold	01799 543075	Northern end - Cambridge Road
Andrew Thomson	01799 543253	Northern end - Cambridge Road
Karen Thomson	01799 543253	Northern end - Cambridge Road
Thelma Wilson	01799 543313	Northern end - Cambridge Road
Chris Phillips	01799 542351	Middle - Cambridge Road
Sue Phillips	01799 542351	Middle - Cambridge Road
Nigel Ackerman	01799 540678	Middle - Cambridge Road
Wendy Stannard	01799 541896	Middle - Cambridge Road
Anne Howes	01799 543545	Southern end - Cambridge Road
Gemma C.	01799 540358	Southern end - Cambridge Road
Sandy Turner	01799 540557	Rickling Green
Pat Turner	01799 543314	Rickling Green
Joanne Hales	07903 596011	Rickling Green
Janice Hart	01799 541196	Rickling Green/Brick Kiln Lane/Rickling
Clare Willoughby	01799 543637	Rickling Green/Brick Kiln Lane/Rickling



For further information see www.communityheartbeat.org.uk/

Remember: Using the defibrillator can't cause injury. Doing nothing can.

What's On

Where no organiser is shown for any event in Q&R Village Hall, contact the Hall Manager, Christine Osbourn on 01799 543367 for details

Event	Date	Time	Place	Notes
EXTEND Exercises	<i>Mondays</i>	10.30	Q&R Village Hall	Pat Turner 01799 543314
Saffron Searchers	<i>1st Monday in month-</i>		Q&R Village Hall	-
Dog Training	<i>Mondays</i>	-	Q&R Village Hall	Pauline Everton
Rainbows	<i>Mondays</i>	16.00-17.00	Q&R Village Hall	(Pre-Brownies)
Prayer Meeting	<i>Mondays</i>	16.30	Quendon Church	
Pilates	<i>Tuesdays</i>	09.00-10.00	Q&R Village Hall	Jan Crawley 077421 82272
Dance Exercise	<i>Tuesdays</i>	Morning	Q&R Village Hall	Christine Alexander
Dance Exercise	<i>Tuesdays</i>	Afternoon	Q&R Village Hall	Christine Alexander
Armadillos	<i>Tuesdays (term-time)</i>	09.00	Rickling School	Stevie Green 01799 542734
Coffee Group	<i>3rd Weds in month</i>	10.00-12.00	Q&R Village Hall	Angela 01799 218061/Carol 543807
U3A Choir	<i>Wednesdays</i>	10.30	Q&R Village Hall	
Wednesday Club	<i>Wednesdays</i>	-	Q&R Village Hall	Christine Osbourn 01799 543367
Carpet Bowls	<i>Wednesdays</i>	19.00	Quendon Bowls Club	David Edwards 07804 954095
Prayer Meeting	<i>Thursdays</i>	09.00	Rickling Church	
Line Dancing	<i>Thursdays</i>	-	Q&R Village Hall	Dawn Bond 01787 460274
Rickling Runners	<i>Thursdays</i>	19.30	The Green	Stevie Green 01799 542734
Social Evening	<i>Fridays</i>	19.00	Quendon Bowls Club	David Edwards 07804 954095
Whist Drive	<i>1st & 3rd Sats</i>	19.30	Quendon Bowls Club	Tony Green 01799 218796
Parish Council	9th January	19.30	Q&R Village Hall	
BCP Communion	13th January	11.00	Quendon Church	
Community Café	15th January	14.00-16.00	Newport UR Church	
Community Café	16th January	10.00-12.00	Q&R Village Hall	
Evening Prayer	20th January	15.30	Rickling Church	
Community Café	15th January	14.00-16.00	Newport UR Church	
BCP Communion	10th February	11.00	Quendon Church	

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The Link is delivered free of charge by volunteers to every household in the villages of Quendon and Rickling. It is also available by post and online at: <http://www.quendonandrickling.co.uk>

All correspondence for *The Link* should be addressed to the editor,

Robert Arnold: preferably by e-mail with attachments if necessary: robert@arnold-q.uk, or at Talbots, Cambridge Road, Quendon, CB11 3XJ; otherwise telephone 01799 543075

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