# Ghe Link<br/>ouendon & RicklingYou can find The Link<br/>and much more at<br/>www.quendonandrickling.co.ukParish<br/>and ChurchNEEVS

# **March 2019**



# In this issue

Church Services	2
Vicar's Message	2
Church Contacts	3
Police Contacts	3
Buffy Playbus	3
HELP!	3
Parish Council	4
Community Café	4
Newport Teas	4
Council Chairman	5
Crime Prevention	6
Security Advice	6
Half-marathon	7
School News	8
100 Club	9
Village Hall AGM	9
Hundred Parishes	10
District Council	10
News from Westminster	11
Saffron Screen	12
Emergency Life-saving	13
What's On	13
Publication Details	14

Visits: If you would like the Vicar to visit you at home or in hospital, or know of anyone who would like him to visit them, please let the Vicar know.

**The Rev'd. Neil McLeod**, The Vicarage, 5, Meadowford, Newport, Saffron Walden, Essex, CB11 3QL **Telephone:** 01799 540339 **E-mail:** mcleod444@btinternet.com

### From the Vicarage Study Rev. Neil McLeod, Priest-in-Charge of Newport with Widdington, Quendon and Rickling.

As I write this article mid-February I have no idea whether or not the United Kingdom will be leaving the European Union on March 29th, or whether the date will be delayed to allow more time for any further negotiation that may (or may not) happen. We may even exit the European Union without a deal and then we will have to wait and see which of the leave or remain commentators will be proven to be right. What I do know is that everything will change! Whether you voted to leave the European Union or voted to remain as part of it, everything is going to change. Will there be a part of our lives that will be untouched by the decision?

We've already seen people talking about the impact on medicines, or on imported food goods. We've seen businesses talking about possible moves to other countries. We have no way of knowing what the situation will be with the Irish border. What will the impact be upon the health service or the hospitality industry? Will it be good for us or will be a struggle before things start to improve?

All of the above uncertainty can boil over into resentment – against politicians or against people who disagree with us. I sat in church this morning for prayer and read this verse, "My command is this: Love each other as I have loved you." (John 15:12). Given where we are now we could rewrite this verse, but instead of commanding us to love one another, we could say respect one another. Biblical love does not always mean agreeing with each other. I believe that God loves us even when we do things that he doesn't like, or things he doesn't agree with. I believe God loves us even when we go wrong. If he didn't love us, then effectively there is no hope. Yet God does love us, and in that love sent Jesus to die for us so we can be forgiven when we go wrong. Love often means living with a difference of opinion, or living with different values. Love means accepting those who are different or think differently.

So as we wait to what actually happens on March 29th, let us go forward together irrespective of where we started. Let us love one another as Jesus has commanded us to do.

Neil

	Church Services in the Benefice				
Sunday 3rd March			<u>Sunday 14th April – Palm Sunday</u>		
9.30am	Newport	Contemporary Communion	8.30am	Widdington	BCP Communion
11.00am	Widdington	Family Service	9.30am	Newport	Morning Worship
Wednesday 6th March – Ash Wednesday		11.00am	Quendon	BCP Communion	
11.15am	Newport	BCP Communion	<u> Thursday 18th April – Maundy Thursday</u>		
7.30pm	Quendon	BCP Communion	7.30pm	Quendon	BCP Communion
Sunday 10th March		<u>Friday 19th April – Good Friday</u>			
8.30am	Widdington	BCP Communion	10.30am	Newport	Messy Easter
9.30am	All Age Service		2.00pm	Widdington	Hour of the Cross
11.00am Quendon BCP Communion		Sunday 21st April – Easter Sunday			
Sunday 1	<u>7th March</u>		9.00am	Widdington	Family Communion
9.30am	Newport	Holy Communion	10.00am	Newport	Family Communion
11.00am	Widdington	Holy Communion	11.00am	Rickling	Holy Communion
3.30pm	Rickling	Evening Prayer			with Baptism
Sunday 24th March		Sunday 28th April			
8.00am	Newport	BCP communion	10.00am	Newport	Benefice Holy Communion
9.30am	Newport	Morning Worship			
11.00am	Rickling	Holy Communion	In a	addition to the	se services, prayer
3.30pm	Newport	Messy Church	mee	tings are held as	follow:
Sunday 31st March – Mothering Sunday		Quendon, Mondays 4 30 pm			
10.00am	Widdington				
Sunday 7th April		Widdington, Tuesday 9 00am			
9.30am	Newport	Contemporary Communion	New	port, Wednesday	4 30 pm.
11.00am	Widdington	Christingle Service			-

#### **HELP** REQUIRED URGENTLY

Quendon Church is in urgent need of volunteers to help dust/sweep or vacuum the church once or twice a year. **Do you have 2 hours to spare?** 

Currently our church is cleaned monthly by two people. Please come and help our dwindling numbers of volunteers.

If you are able to help or would like more information please contact

Christine Osbourn 01799 543367

**Priest in Charge of Newport with Widdington and Quendon and Rickling.** The Rev'd. Neil McLeod, The Vicarage, 5, Meadowford, Newport, Saffron Walden, Essex, CB11 3QL

Telephone: 01799 540339 E-mail: mcleod444@btinternet.com Churchwardens - Quendon: Mrs Christine Osbourn 01799 543367 and Mrs Maureen Hawkins Rickling: Lisa Huxtable 01799 542995

Treasurer - Quendon and Rickling: Mrs Sandra Arnold 01799 543075

#### Police contact information

For crimes and suspicious activity NOW phone

For non-urgent incidents and reporting a crime that has already happened 101

Alternatively you can report non-urgent incidents or suspicious activity and crimes on-line at https://www.essex.police.uk/do-it-on-line/

To give information **anonymously** phone CRIMESTOPPERS or report it on-line at www.crimestoppers-uk.org 0800 555 111

999



#### Have you heard of Buffy Playbus?

#### We come to Rickling Green Road 9.15-10.30 on Fridays, Term-Time.

We are a fully equipped double decker bus that offers a range of activities for pre-school children and their parents and carers to come together in a fun and safe environment. Our activities include painting, craft making, dressing up, playing in our ball pond and even cooking on a

regular basis. The sessions are led by experienced playleaders so that you can have a chance to

"chill out" and make new friends whilst your children are enjoying themselves. We have toilet/baby changing facilities on board and our service is Ofsted registered.

Buffy operates five days per week and visits 15 different communities throughout Uttlesford. You don't need to book you can just turn up at any session. We ask for a suggested donation of £2.50 per child per visit but most importantly we want our service to be available to all, so please see our playleaders if you have difficulties with a donation.

We are delighted to announce that we have been awarded funds from the Big Lottery to buy a replacement bus, which

will be launched summer 2019. We are busy planning the interior of the bus so that our updated service will allow us to reach more families and carers with a wider range of requirements.

This year we will also be celebrating our 25th birthday with a big launch event over the Summer holidays, so please make 2019 the year that you visit Buffy, you will be very welcome.

Registered Charity number 1051491

For more information go to www.buffybus.co.uk

or contact **01799 522130** info@buffybus.co.uk





Please contact: Angie and Carole 01799 543807/218061 Quendon & Rickling Village Hall, Quendon, CB11 3XQ



Newport United Reformed Church 55 Wicken Road, Newport, Saffron Walden, Essex. CB11 3QF Tuesday 12th March 2019 2.00 pm – 4.00 pm



Contact : Carole or Angela on 01799 543807/218061 for more info. email : angiecallahan@aol.com

#### **Quendon & Rickling Parish Council News**

#### Sticky bins a success!

To the extent that by public demand we have obtained a further supply. Please contact Ele Stoneham if you would like a sticker for your wheely bin.

#### Mobile Phone reception

It seems that reception in parts of the village is not too great. This has implications for those on-line purchases and activities which require a code to be sent to your phone to enable the purchase or whatever to proceed. Seems that some residents have to high tail it up the village to get a signal, and therefore the code, and when they return. Yes, you guessed it, the website has timed out. I suppose we are victims of progress. Perhaps the only way is to hassle the mobile phone companies into improving their coverage.

#### In other news from the Parish Council meeting.....

Quite a full schedule in the February meeting. Our chairman Brandon Chapman has covered several issues in his report in this month's *The Link* but here are a couple of items for your information.

#### <u>Skip</u>

Will be in the village at Coney Acre on 30th March.

#### Litter Pick

Also on 30th March to coincide with the skip. All volunteers welcome.

#### Welcome Packs

The Parish Council provides a Welcome Pack of

information for new residents to the Village. If any newcomers to the village have not received a copy of the pack, do please let the Clerk know on the contact details below and a welcome pack will be dropped off to them.

#### **Next Parish Council Meeting**

Will be on 13th March 2019 at 7.30pm

#### Highway Problems

The Essex Highways website is available for anyone noticing a problem to report it: http://www.essexhighways.org/Report-a-problem.aspx

A tracking facility for all reported faults is available.

#### **Police/Crime**

The Essex Community Messaging Service provides useful information to the public about policing and safety issues. It is free to register and information is given relative to your postcode, thus providing accurate and upto-date community safety information and crime prevention advice. Users can choose to receive information via e-mail, text or voice-recording and can select what information to receive – based on where they live and work and on issues of interest. For further details and to sign up, visit www.essex.police.uk/ecm

#### **Contact the Parish Council**

The Clerk, Keith Williams can be contacted by e-mail quendonandrickling.clerk@hotmail.com or by telephone 01279 814473

#### From the Parish Council Chair

I guess it is not too good to start with an apology, but I am sorry to say that I did write something for  $\exists he \ Link$  last month, but unfortunately (and stupidly!) sent it to the old email address for our editor. I am hoping that all goes well this month.

There are a few things that I would like to mention and so have produced a list:

- To start with, a rather messy subject. Some very irresponsible dog owners are allowing their dogs to foul on and around the Village Green. I have to say that I find this unbelievable and totally showing a lack of regard for others who use our fabulous Green either for access to the school and pub or for recreational purposes. There are waste bins in the vicinity, which can be used to deposit the deposits. We will be keeping an eye out for any offenders!
- Whilst in the Green area, many will have noticed the state of the road from Green Lane to the school and pub. Over the years, we have been trying to establish the actual owner of this road, but without success. We are, therefore, attempting to gain some quotes for the repair work for the potholes and, once this has been achieved, we may be approaching users of this road to contribute to its repair. This would include the school, (Education Authority), the pub, householders on the Green and also the owner of the Green, to name but a few. More on this as we make progress.
- Ever since the new developments at Bluebell Drive and Ventnor Road were built, the Parish Council has been pressing for the speed limit of 30mph to be extended further south along the B1383, and also for a pavement to be provided from these new houses to the Village Hall area. I am delighted to say that we have been informed that both of these will now be actioned. I cannot quite say when this will happen, but it shouldn't be before too long!

- Once again, I would like to confirm that we are now the leaseholders for the Football Ground. It has taken a while to agree this with Strutt & Parker, but we are now actively pursuing the provision of new facilities so as to encourage teams to come and play. If anyone has any thoughts or ideas on this, do please let us know.
- Every year the Parish Council sets aside a certain amount of money to respond to requests from local organisations to assist them in whatever they do. This is an important role for the PC, but until now has been a little subjective. We have, therefore, adopted a Grant and Donation Policy. If any individual or group wishes to request funding, please refer to the village website for information or contact our Parish Clerk direct.
- Our Parish Clerk recently received part of a letter from someone who was bringing to our attention a breach in a recently approved planning approval. We do, of course, welcome input from the community, but it is important that anyone who contacts the PC provides their name. We are then able to respond appropriately and take any action that may be required.
- Finally, another reminder of the forthcoming local elections due in early May. Please feel free to contact our clerk or myself if you are considering standing for election or even just thinking about it. A Parish Councillor is non-political and the activities involved can be very rewarding by assisting and supporting the local community.

I think that is probably enough for this month, but look forward to seeing you at our next Parish Council meeting at 7.30pm on 13th March in the Village Hall.

My best wishes,

#### Brandon Chapman

#### Sources of Crime Prevention Advice on the Internet

We are quite often asked "where can I find crime prevention advice myself and how can I ensure that a trader is reliable".

For those of you wishing to source your own information and have access to the internet I have listed a few web links below for crime prevention advice, but of course there is still the **101** Police Non-Emergency number available:

https://www.essex.police.uk/advice/ - a wealth of advice on different subjects, we have recently updated the Home Security section.

https://www.essex.police.uk/do-it-online/ - you can report various incidents to the police online.

https://www.police.uk/ - Crime maps of your local area, advice and more.

https://thecrimepreventionwebsite.com/ - Very good nationwide independent webpage run by a retired "Met" Crime Prevention Officer. My monthly crime prevention articles are also published here under the "News" heading.

https://www.independentage.org/information/housing-options/home-security - One of many information sheets by this organisation....look carefully and you will find my quote.

https://www.ageuk.org.uk/information-advice/care/home-safety/crime-prevention/

There are also a number of organisations that provide security advice relating to that specific subject area such as <a href="https://www.rhs.org.uk/advice">https://www.rhs.org.uk/advice</a> and in the search box typing in "Garden Security".

#### Sources of Crime Prevention Advice on the Internet (cont.)

#### And a reliable trader?

Where possible have a word with family and friends to choose a trader by personal recommendation. Avoid contracting a door to door trader, you just don't know what you will get. Remember YOUR DOORSTEP YOUR CHOICE. Despite any sense of urgency from the trader or offer of a seemingly fabulous deal simply say "Leave me your details, I will speak to my family and get back to you if I want your services". If that special offer won't wait then it's not really a special offer!

https://www.buywithconfidence.gov.uk/ or 0345 4040506 - Traders checked out by Trading Standards.

http://www.securedbydesign.com/about-secured-by-design/ third party tested security products, the organisation is run by Police Crime Prevention Initiatives Ltd.

http://www.locksmiths.co.uk/ - Master Locksmith Association accredited locksmiths

http://www.soldsecure.com/ owned by the Master Locksmith Association a source of finding tested and approved locks etc. with the appropriate level of security for your requirements.

https://www.nsi.org.uk/ National Security Inspectorate and https://ssaib.org/ Security Systems and Alarms Inspectorate – Intruder alarm and CCTV accredited supplier and installers.

Paul Harris, Essex Police Staff No 42077939

Essex Watch Liaison Officer for Brentwood, Epping Forest, Harlow and Uttlesford districts

Tel: **07738 736687** (Please avoid leaving phone messages and email me (paul.harris@essex.pnn.police.uk) instead. Thanks)

You can also find me on TWITTER: Paul Harris EWLO@PaulEssexWatch

#### **CRIME PREVENTION**

#### **Car Key Burglaries**

In some circumstances burglars are purposely breaking into houses while the occupants are asleep with the sole intention of finding your car keys and stealing your car and any other small portable items they find on the way out.

Before you turn in for the night check that all doors, ground floor windows and easily accessible windows are closed and locked. PVCu doors - don't forget that the door is not fully locked until you have lifted the inside handle, turned the key or thumb-turn, and remember to remove the key and place out of sight but readily available in case of fire. When replacing a Europrofile lock cylinder ensure that you get a TS007 three star antisnap, anti-bump lock cylinder. If you have an intruder alarm and can do so, activate the downstairs zone when you go to bed. As a cost effective measure providing a very limited alert there are battery operated PIR sensor alarms that can be sited within the home perhaps near where keys are stored available from companies such as: www.redlinesecurity.co.uk and www.personalalarms.com.

To stop the burglar getting easy access to vulnerable windows and doors towards the rear or side of a property make sure that the boundaries are secure and that side and rear gates are closed and locked.

Ensure that you put your car keys somewhere safe and out of sight, when you return home. Put your car keys in a drawer (preferably one that is noisy to open) or some other secure place, but to avoid any confrontation don't take the car keys to the bedroom with you. With some car thefts involving key-less entry systems thieves will use an amplifiers to boast the signal from the keys within the house even through brick walls to reach the car; this can be prevented by use of a "Faraday bag" such as www.redlinesecurity.co.uk/defender-signalblocker-with-rpf-police-preferred-specification-vehiclefob-phone-protection-pouch/.

Use of steering wheel, handbrake and pedal locks are a good visual deterrent to car thieves. Ensure that the product has third party accreditation, such as those on the www.soldsecure.com website.

If you have cars of different values, park the higher value car in your garage. If you are unable to do this, consider parking the lower value car in front of the higher value car, as the thieves are more likely to target high value motor vehicles and will be deterred if they cannot easily drive such a car away from the property with ease.

With high value cars consider the fitting of a tracking system. A word of caution, you get what you pay for, so look for a system that uses RF frequency, 3 or 4G phone networks SIM as well as satellite connection GPS. There are even systems where you can "Geo-fence" the vehicle location so that if it moves beyond this the tracking system is activated.

For further information around Thatcham rated security products please see www.thatchamfitters.co.uk .

For further advice see: www.essex.police.uk/advice/ vehicle-security/

#### Darker nights turn on some lights

As the nights still draw in early the tell-tale signs of the

#### **CRIME PREVENTION** (Cont.)

empty house are more apparent.

FACT: Most burglars will prefer to target the empty house unseen and avoid any confrontation.

Even though the days are lengthening, if you work away

from home, or even pop out to get the children from school by the time you return home it may be dark. A house in darkness says no one is in especially if your neighbours' houses either side have lights on and show other signs of being



occupied. If you back onto open farmland or have parking areas or footpaths to side or rear this may be even more apparent.

Create the "Illusion of Occupancy"; when it's dark make your home look like you are in. Leave lights on or put them on timers or daylight sensors to come when it gets

dark. Remember though no one lives in the hall or on the landing so if you leave these lights on supplement these with lights on in rooms that you would normally occupy at that time of day i.e. lounge and kitchen. A carefully

> placed imitation TV or "Fake TV" can further add to that illusion of occupancy by making it look like the television is on. Some burglars may also listen at windows or letterboxes for sign of activity, so consider leaving a radio on within your home.

Don't forget the

outside of your property too, if burglars see that it is lit they are less likely to approach for fear of being seen.

Leave lights on, with energy efficient bulbs it costs very little now days and yet may save you lots!





7

#### School News

The threat of snow and ice last month led to early morning rock-salt shovelling by staff - thank you to our wonderful team, who on some days play the role of teacher, first-aider, site manager, food server... and the list goes on! I'm pleased to say that we have a happy, caring and committed team around us here at Rickling.

Beech class have been learning about the States of Matter - they are currently trying to move a table tennis ball from one side of the table to the other without touching it!

Maple have been continuing to write creatively around a range of different topics and welcomed Mr Salmon on Monday to help them with some of their arithmetic skills. Welcome to our team, Mr Salmon!

> Acorn are really enjoying their superhero project and have been mixing superhero potions and then writing about them.

Oak class are reading and writing classic fairy tales and as I type are enjoying a taster session from our Zumba teacher!

Thank you to all of you that completed our parent survey. Perhaps the most common word used was 'nurturing' and I think that describes our community really well. The survey is still open and the link to access it is: https://www.surveymonkey.co.uk/r/RRY7PXT

Thanks also to those parents that attended the Acorn maths session - we hope to open up these maths sessions to all year groups soon, to give parents a sense of how we teach maths

and the key learning that the children will complete throughout the year. Hannah Wheatcroft, Head Teacher

~Acorn~

Parents Maths Workshop.....



~ Beech ~

Melting points and ice cubes in different locations The children had a fun around the school (melting linked to temperature).





there was left!







and the dancing girls !!!!







Baking

#### School News (Cont.)

#### <u>~ Oak ~</u>

We have been trying to find out 'Who pushed Humpty?' We decided his clothing may





have played a factor, so we tested out some other materials for other eggs worried about falling.

We have also been identifying 3D shapes this week. Year 1 have been discovering 3D shapes around the school... they were everywhere!

Year 2 have been identifying their properties, and even sorting them based on this information... very clever!

Also, a big thank you for the superb homework. We have had many valuable discussions.

The children have loved learning about Castles.



Well done Oak!

#### Quendon & Rickling 100 Club

Congratulations to this months winners!

No 5	Carole Mandy	£35.00
No 33	Claire Clark	£25.00
No 55	Malcolm Bonfield	£15.00

Many congratulations to our 3 winners!

You can download an application form to join the 100 Club from http://www.quendonandrickling.co.uk (Village Hall and C of E Churches pages)

#### Here are a couple of examples of where the money is used:-

The village hall recently received £500 and this is going towards repairing our shed roof which is leaking. Quendon Church received £500 towards repairs needed to the churchyard flint walls. **So thank you everyone.** 



#### THE ANNUAL GENERAL MEETING

Of

The Quendon & Rickling Village Hall Committee

Will be held on

Wednesday 10th April 2019

at 3:00 p.m.

#### In

#### **The Village Hall**

Please come and give your support All residents are entitled to attend and vote Coffee and biscuits will be provided

9

#### THE HUNDRED PARISHES SOCIETY

#### www.hundredparishes.org.uk

he pond by the village green at Finchingfield is a much photographed and much

painted example of the idyllic view of the English countryside where ducks swim and white clouds are reflected in its calm waters. The area of the Hundred Parishes has a variety of similar Those alongside roads ponds. were often formed from ancient



Finchingfield

extraction pits for clay or gravel; others appeared where earth had been extracted for building work. Some are surviving medieval fish ponds or the remnants of moats



around isolated old farm Ponds on farms houses. provided water for livestock, but following the reduction in cattle and sheep-rearing many have been filled in.

Albury Patmore Heath Fortunately, number а of private gardens have ponds where aquatic plants provide a haven for a wide variety of creatures that depend on such water bodies for their survival. Dipping a net into a pond will reveal snails, the assorted larvae of dragonflies, water beetles and midges. Larger ponds may support fish.

Amphibians such as frogs, toads and newts need to lay their eggs within water but will spend much of their adult lives on land, eating a range of garden pests if there is some dense vegetation and a rockery nearby. These

creatures have become quite scarce in the wider countryside with the reduction in suitable habitats.

During March, the croaking of male frogs hoping to attract a mate is one of the sounds of spring. Local records of any



**Great Dunmow** 

adult amphibians and locations of spawn provide valuable information about their distribution and behaviour. If you are fortunate to see frogs, toads or



newts in your local ponds, then please do pass this information to either the Essex Field Club or the Habitats Freshwater Organisation. Details are on their websites:

Debden

www.essexfieldclub.org.uk and www.freshwaterhabitats.org.uk.

Tricia Moxey **Trustee** 

#### **Report from District Councillors Anthony Gerard and Neil Hargreaves**

#### **Speed limit extension**

Having looked at the minutes of the January Uttlesford Highways Panel, the status of this project is:

'The validation has recommended proceeding to the design and legal elements associated with a 40mph buffer with amended gateway signage'

This is not quite what Anthony and I discussed with the officer, which was a move out of the 30 plus a 40 mph buffer. It may just be that on a long set of reports the text is just a short version for presentation to the panel.

Anyway we will follow up at our next meeting with the officer

#### Planning Appeal

Sorry this is a very brief report but Anthony, myself and many others in Newport have been entirely consumed with a planning appeal against refusal of (yet more) houses. This time for 150. At the time of writing the hearings are in progress and we are all presenting tomorrow, February 19th. For the last week the parish council's team of barrister, planning consultant and traffic, landscape and air quality consultants have been doing a very effective job.

Here is an extract from the speech by parish Cllr. Judy Emanuel, who is also on the Neighbourhood Plan steering group:

'In the continued absence of an up to date local plan speculative development in Newport has exploded. In 2011 there were 974 houses in Newport. Since then a further 523 dwellings have been approved across 42 separate developments. That's a 54% increase.

Newport Parish Council has been making considerable effort to be pragmatic and positive about the changes to Over the past two years we have been our village. proactive in lobbying UDC and ECC to address the impact of the permitted developments and mitigate the risk to existing and new residents from poor infrastructure provision (particularly in relation to highways safety surrounding the schools) and flood risks.

*It appears that outside of individual applications and the* local plan there is no mechanism in place at either district or county council level to mitigate the impact of

#### **Report from District Councillors Anthony Gerard and Neil Hargreaves** (cont.)

poor decisions. We have organised countless meetings and secured vehement agreement from attendees that a) our views relating to the problems are justified and b) that something should be done but no-one is empowered or has the budget to effect change. We're under siege and at an impasse with those who ought be able to help.

In the absence of an up to date Local Plan the desperate over-riding requirement to deliver a 5 year housing land supply appears to conflict directly with the need to deliver the right housing in the right places and with the right infrastructure to support it.' This doesn't directly affect Quendon & Rickling, but overload of the doctor's surgery does. This extract is just a wee tiny bit of what we have been working on, but you get the idea

#### <u>Surgeries</u>

We are available every Thursday morning from 10.30 to 11.30 in Dorrington's in Newport and we take turns to attend the parish council meetings in the Village Hall. We are also active on the two main village Facebook groups.

Neil Hargreaves

#### **News from our Member of Parliament**

#### **Extra Police Officers for Essex**

Many of you will know about the concerns over policing and how I have been lobbying hard to make sure these are addressed. We all want to see more boots on the ground in our communities.

I have some good news: I am pleased to tell you that the Police, Fire and Crime Commissioner's budget has been approved and Essex Police are going to be getting a boost of 215 front-line officers. This is in addition to the 150 new officers that Essex Police recruited last year, who have already started to make a real impact to people's lives.

Policing continues to be my biggest priority and I will continue to represent you in Parliament, work with Essex MPs, our local police and the Commissioner to make sure we build on this positive news and make the most of these extra officers.

#### **Fighting Financial Scams**

I met with Susan Murray, who manages Lloyd's bank in Saffron Walden and Bishop Stortford along with Local Director Steve Arnold and David Thomas, Group Business Support Manager.

We discussed what the bank is doing to combat financial fraud and how they are protecting vulnerable customers across the country from financial scams.

As banking gets more sophisticated, security needs to match these changes. I was encouraged by the work that the Lloyd's team have been doing to keep constituents safe from crime. Especially for those who are dependent on the local branch network.

The Government is also tackling the issue of financial scams and has taken action: banning cold-calling relating to pensions. It will now be illegal to cold-call anyone to discuss their pensions. Those that do could receive a fine up to as much as £500,000.

This will go a long way to protecting people across the country from online thieves.

#### **Burns Night Celebrations!**

I visited residents at Croft House Care Home in Great

Dunmow and listened to their thoughts and concerns before they started their Burns Night celebrations. Many residents aren't able to attend my surgeries, so I wanted to make sure they had the opportunity to speak with me.

I also met with Andrew McGrath, Director of Public Sector for Bupa and Kim Eagleton, Regional Support Manager and discussed what challenges care homes are currently facing. A rapidly ageing population continues to be the fundamental issue. Care homes are having to support more people with increasingly complex needs. Budgets are being stretched, particularly if they have to hire additional carers.

I will be raising with the Government the possibility of cutting VAT on care homes which will help care homes up and down the country to meet some of the rising costs they are being confronted with. Currently they are unable to do this due to EU regulations.

#### **Supporting our libraries**

I visited Thaxted Library to discuss the services it offers to the community.

I have received many letters recently from constituents regarding Essex County Council's review and I wanted to visit Thaxted Library to see first hand the value it provides to the village and the school.

It is important that frequent reviews of council services take place. What is clear is that rural communities need these libraries and not the community hub.

I will be speaking with Essex County Council about their consultation and how to get the best library service for the 21st century.

#### **Immigration Bill: Ending Freedom of Movement**

This month in parliament we had the second reading of the Immigration Bill. This is at the crux of the Brexit debate as it ends Freedom of Movement.

Immigration is an issue that I care strongly about. It was the reason I supported the Prime Minister's Withdrawal Agreement, which protected the rights of both EU citizens in the UK and British citizens in the EU.

This Bill gives us a clear picture of our future

immigration regime. I spoke in the debate about why I support this new regime going forward and I will be part of the bill committee bringing this legislation onto the statute books.

You can read my full speech linked from my web-site, www.kemibadenoch.org.uk.

I want to thank you to all those that came to my recent surgeries in Saffron Walden and Thaxted surgeries.

# March 2018 at...

Surgeries are an opportunity for you to meet with me, your Member of Parliament, and seek advice or assistance on confidential issues. For all other enquiries please send an email (kemi.badenoch.mp@parliament.uk) as it's often possible to meet sooper or speak over the phone. Should you wish

to meet sooner or speak over the phone. Should you wish to attend a surgery, please contact me at the earliest opportunity. Street surgeries do not require an appointment.

Vice (15) Bumblebee (PG) The Mule (15) Stan & Ollie (PG) Burning (15) La Fille Du Régiment Opera from the Met Free Solo (12A) Green Book (12A) Bite-Sized Ballets: Tortoise & The Hare (U) Bohemian Rhapsody Sing-Along (12A) Amélie (15) Foxton Village Hall The Favourite (15) The Passenger (15) Young Picasso Can You Ever Forgive Me? (15) The Lego Movie 2 (U) All Is True (12A) If Beale Street Could Talk (15) A Star Is Born (15) Shoplifters (Manbiki kazoku) (15) Mary Queen Of Scots (15) The Kid Who Would Be King (PG) The Big Film Quiz United Reformed Church Mary Poppins Returns (U) The Great Escape (PG) Capernaum (15) A Private War (15) Die Walküre Opera from the Met Mamma Mia! Here We Go Again (PG) *Radwinter Church* 

Fri 1st & Sat 2nd 8pm Sat 2nd & Sun 3rd 2pm Sat 2nd 5pm, Sun 3rd 8pm www.saffronscreen.com Sun 3rd 5pm Mon 4th 7.30pm NOTE START TIME Tues 5th 7pm Thurs 7th 8pm Fri 8th, Sat 9th & Sun 10th 8pm, Sat 16th 4.30pm Sat 9th & Sun 10th 2pm Sat 9th 4.30pm, Thurs 14th 7.30pm, Fri 19th April 3pm Sat 9th 7.30pm Sun 10th 5pm, Thurs 28th 8pm, Tues 9th April 8pm Mon 11th 8pm Tue 12th 7.30pm Fri 15th & Sat 16th 8pm Sat 16th 1.30pm, Sun 17th 2pm, Sat 30th 1pm, Sun 31st 2pm Sun 17th 5pm, Fri 22nd 8pm, Sat 23rd 5pm & 8pm Sun 31st 5pm Sun 17th & Mon 18th 8pm Tues 19th 7.30pm Wed 20th 8pm Thurs 21st 8pm Sat 23rd & Sun 24th 2pm, Thurs 11th April 3pm Sat 23rd 7.30pm Tickets £14.50 to include a selection of Thai food. Sun 24th 11am Sun 24th 6pm Mon 25th 8pm Fri 29th & Sun 31st 8pm Sat 30th 4pm Sat 30th 7.30pm

DAYTIME Full £7.30; 65 & over £6.50; other adult concessions £5.40; 16-30 £5.00; under 16s £4.60; family tickets (2 adults + 2 children or 1 adult + 3 children) £20.50
 EVENINGS (films at or after 5pm) Full £8.40; 65 & over £7.80; other adults concessions £6.30; 16-30 £5.50; under 16s £5.20 (30 & under £4.50 Monday nights)
 CINEMA for TINIES Adults £4.00; children £3.00; under 2s free
 Tickets are available: online at www.saffronscreen.com (booking fee applies), in person from the Box office (opens 30 mins before each screening), in person from the Tourist Information Centre, Saffron Walden (booking fee applies)

Saffron Screen is at County High School, Audley End Road, Saffron Walden, CB11 4UH.

Telephone: 01799 524002, enquiries only.

#### What's On

Where no organiser is shown for any event in Q&R Village Hall, contact the Hall Manager, Christine Osbourn on 01799 543367 for details

			01/55	101 details	
	Event	Date	Time	Place	Notes
	EXTEND Exercises		10.30	Q&R Village Hall	Pat Turner 01799 543314
	Saffron Searchers	1st Monday in month	-	Q&R Village Hall	-
	Dog Training	Mondays	-	Q&R Village Hall	Pauline Everton
	Rainbows	Mondays	16.00-17.00	Q&R Village Hall	(Pre-Brownies)
	Prayer Meeting	Mondays	16.30	Quendon Church	
	Pilates	Tuesdays	09.00-10.00	Q&R Village Hall	Jan Crawley 077421 82272
	Dance Exercise	Tuesdays	Morning	Q&R Village Hall	Christine Alexander
	Dance Exercise	Tuesdays	Afternoon	Q&R Village Hall	Christine Alexander
	Armadillos	Tuesdays (term-time)		Rickling School	Stevie Green 01799 542734
	Community Café	3rd Weds in month	10.00-12.00	Q&R Village Hall	Angela 01799 218061/Carol 543807
	U3A Choir	Wednesdays	10.30	Q&R Village Hall	
	Wednesday Club	Wednesdays	-	Q&R Village Hall	Christine Osbourn 01799 543367
	Carpet Bowls	Wednesdays	19.00		David Edwards 07804 954095
	Prayer Meeting	Thursdays	09.00	Rickling Church	
	Line Dancing	Thursdays	-	C O	Dawn Bond 01787 460274
	Rickling Runners	Thursdays	19.30	The Green	Stevie Green 01799 542734
	Social Evening	Fridays	19.00	-	David Edwards 07804 954095
	Buffy Playbus	Fridays	09.15-10.30	Rickling Green	Term-time
	Whist Drive	1st & 3rd Sats	19.30		Tony Green 01799 218796
	BCP Communion	6th March	19.30	Quendon Church	Ash Wednesday
	BCP Communion	10th March	11.00	Quendon Church	
	Parish Council	13th March	19.30	Q&R Village Hall	
	Evening Prayer	17th March	15.30	Rickling Church	
	Holy Communion	24th March	11.00	Rickling Church	
	Litter Pick	30th March			
	Skip	30th March		Coney Acre	
Т					

#### **Emergency Life-saving**

Should someone suffer a cardiac arrest or show symptoms of a heart attack e.g. pains in the chest, then your first action should always be to phone the ambulance service on 999. The service will refer you to our Automated External Defibrillator which is at the front entrance to Quendon & Rickling Village Hall. Anyone can save a life by using it until an ambulance arrives. In addition you can seek help from any of the volunteers listed below.

Name	Home Telephone	Locality
Alan Price	01799 542527	Northern end - Cambridge Road
Jane Price	01799 542527	Northern end - Cambridge Road
Robert Arnold	01799 543075	Northern end - Cambridge Road
Sandra Arnold	01799 543075	Northern end - Cambridge Road
Andrew Thomson	01799 543253	Northern end - Cambridge Road
Karen Thomson	01799 543253	Northern end - Cambridge Road 📃
Thelma Wilson	01799 543313	Northern end - Cambridge Road
Chris Phillips	01799 542351	Middle - Cambridge Road
Sue Phillips	01799 542351	Middle - Cambridge Road
Nigel Ackerman	01799 540678	Middle - Cambridge Road
Wendy Stannard	01799 541869	Middle - Cambridge Road
Anne Howes	01799 543545	Southern end – Cambridge Road
Sandy Turner	01799 540557	Rickling Green
Pat Turner	01799 543314	Rickling Green
Joanne Hales	07903 596011	Rickling Green
Janice Hart	01799 541196	Rickling Green/Brick Kiln Lane/Rickling
Clare Willoughby	01799 543637	Rickling Green/Brick Kiln Lane/Rickling





For further information see www.communityheartbeat.org.uk/

#### **Remember: Using the defibrillator can't cause injury. Doing nothing can.**

The Link is produced on behalf of Quendon & Rickling PCC, who do not necessarily share or endorse any opinions expressed by contributors or advertisers.
The Link is delivered free of charge by volunteers to every household in the villages of Quendon and Rickling. It is also available by post and online at: http://www.quendonandrickling.co.uk All correspondence for The Link should be addressed to the editor, Robert Arnold: preferably by e-mail with attachments if necessary: robert@arnold-q.uk, or at Talbots, Cambridge Road, Quendon, CB11 3XJ; otherwise telephone 01799 543075
Copy for each month is normally required by the 19th of the preceding month to allow for assembly, printing and delivery. The Link is assembled using Scribus software and is printed through the generosity of ALTERNATIVE Managed Services
http://www.alternative.uk.com/ E-mail: info@alternative.uk.com



# PEASGOOD & SKEATES FAMILY FUNERAL SERVICE

Arrangements can be made in the comfort of your own home

**Private Chapels of Rest** 

Pre-paid funeral planning

A personal caring service from a Local business, day or night

Shire Hill, Saffron Walden (01799) 523314 66b High St, Saffron Walden (01799) 513513 46 Moorfield Rd, Duxford (01223) 833463

www.peasgoodandskeates.co.uk

#### Advertising in

The Link reaches every household in Quendon and Rickling at attractive rates

# This space could be promoting

# **YOUR business**

It's just £90 for a whole year!

#### **Contact:**

Advertising on telephone 01799 543297 or

The Editor

preferably by e-mail at

robert@arnold-q.uk, or telephone 01799 543075



#### 'ALLO 'ALLO!

Would you like to escape to a traditional French village almost untouched by time?

At Fougerolles du Plessis, you can wind down to a slower pace, taste the fresh local produce, and absorb all the history surrounding you. There is a 4-6 berth fully equipped self-catering ground floor apartment with oustide space available for £400 per week. Two twin bedrooms plus a double sofabed. All information and guidance provided from arrival to departure to assure your relaxing break.

Contact Angela on 01799 218061 for more information. (limited places / deposit required)

#### **Please mention**

The Link

when responding to advertisements here.

An advertisement this size is only £45 for a whole year!







Landscape design & build specialising in relaxation zones Turn your garden into an atmospheric outdoor 'room' Bespoke water features & ponds www.creativecascades.co.uk 01279771084 / 07889655908



#### CAMWOOD HOME IMPROVEMENTS

Bathrooms Kitchens Conversions

Fully Qualified Tradesmen All other aspects of building References available - Fully insured – Free advice & estimates - Competitive rates

Office: 01279 493780 Mobile: 07714 300920 Email: camwoodhome@outlook.com Website: www.camwoodhome.co.uk Electrical Safety Register Approved Contractor



- Hydrotherapy exercise Pool & Jacua
- Steam room, Sauna and Relaxation bods Full range of beauty treatments Full range of advanced aeathetic treatments

#### To book care. 01799 541888 visit: www.karendovastonharris.co.uk or empil: beauty@karendovastonharris.co.uk



The Link

when responding to advertisements here.

An advertisement this size is only £45 for a whole year!



Jacolin Sheaf (Lampon) D.O. 4a Red Cottages. Cambridge Road, Quendon, Saffron Walden, Essex CB11 3XH

Structural Osteopathy, Cranial Osteopathy. Treatment of back and neck pain, muscle and joint pain, Tension headaches, trapped nerves and sports injuries. One-to-one Pilates instruction. Specialist Clinic for pregnant mothers, babies and children.

## Tel: 01799 543444

Email: info@quendonosteopathy.co.uk Web: www.quendonosteopathy.co.uk

> ONSITE PARKING AT THE NEW CLINIC



- Fully Insured
- Smoke Test
- · Cowls Fitted
- · Flexi Liner Installs
  - · Sweeping

· Advice Service

CCTV

· Nest Removal

· Stove Servicing

Stove Installations

Tel. 0800 112 3600

#### Mob. 0791 870 8626

www.stephenschimneysweep.co.uk



# CHIROPODIST

Mrs Julie Golden HPC Registered/State Registered

Home Visiting Practice Est. 1994

# 01279 873492

Mobile 07916 075451 A professional service at a competitive price



All Domestic & Commercial works undertaken

www.shelfordheating.co.uk

T: 01223 833426 E: sales@shelfordheating.co.uk

#### TONY WOOD **Qualified Registered Electrician**

All electrical works undertaken

Re-wires, new circuits, extensions Replacement Consumer Units Electric showers, heating, additional sockets Internal and external lighting.

> Free advice & estimates References available **Competitive** rates Fully insured

Please ring Tony on 07714 300920 01279 493780 Or e-mail camwoodhome@outlook.com Electrical Safety Register Approved Contractor

Electrical Safety Register

#### **Interested in TIME BANK?**

Join our local Time Bank register to offer and receive ad hoc help with every day jobs such as: small gardening issues, dog walking, befriending, cups of tea, baking, light housework, dietry advice, running errands, and much more ...

Contact: Tessa Deriziotis on: 01799 510 525 (work) Time Bank 07904 890991 (home)

volunteer@volunteeruttlesford.org.uk



#### Andrew Thomson

Tel: Quendon 01799 543253 or Mobile 07876331710 andrew.d.thomson@btinternet.com www.caringforgardens.co.uk

For anyone who needs help from a caring gardener. No job is too small and weekly work is always especially welcomed.

#### NFU Mutual Insured

Advertising in The Link reaches every household in Quendon and Rickling at attractive rates This space could be promoting **YOUR business Contact:** Advertising on telephone 01799 543297 or The Editor preferably by e-mail at robert@arnold-q.uk, or telephone 01799 543075