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Kozo Paper Mulberry at Cambridge Botanic Gardens

Parish Churches in Quendon and Rickling

Following the departure of the Revd. Neil McLeod, we are currently without a vicar. Our Parochial Church Council is negotiating for the appointment of a replacement, but this will take some time. Meanwhile if you have any pastoral needs please contact either of the Churchwardens (see box below for details).

From The Church Wardens

A Happy New Year to you all.

At the time of writing our churches are still open; at the time of reading this may have changed.

We had and enjoyable carol service, with good voices behind our masks, with new faces and some from the past.

Unfortunately the school had to cancel their Christmas gathering, due to high incidence of covid.

The two services in January are our usual on the second Sunday 9th and a Benefice service with Newport and Widdington on January 30th

Chris Bishop is continuing to support us in the New Year and up to Easter.

Priest in Charge of the parish of Quendon and Rickling - post vacant

Churchwardens -Quendon: Mrs Christine Osbourn 01799 543367 and Mrs Maureen Hawkins
Rickling: TBATreasurer -Quendon and Rickling: Mrs Sandra Arnold 01799 543075

Church Services in the Benefice

Sunday January 2nd In the absence of a resident vicar, the PCC will try to 11 15am Benefice Holy Communion Widdington hold as many church services as possible, using such **Sunday January 9th** clergy as are available. Here are details of the 9 30am All Age service Newport January 2022 fixtures in the Benefice. 11 15am Holy Communion Quendon **Sunday January 16th** 9 30am Holy Communion Newport 11 15am Holy Communion Widdington Sunday January 23rd

9 30amMorning worshipNewportSunday January 30th10 30amBenefice serviceQuendonPlease note the time change.10 30amService10 30am

Police contact information			
For crimes and suspicious activity NOW phone	999		
For non-urgent incidents and reporting a crime that has already happened	101		
Alternatively you can report non-urgent incidents or suspicious activity and c https://www.essex.police.uk/do-it-on-line/	rimes on-line at		
Action Fraud_is the UK's national reporting centre for fraud and cybercrime where you should report fraud if you have been scammed, defrauded or experienced cyber-crime in England, Wales and Northern Ireland.			
If you have been defrauded i.e. lost money phone or report online at https://www.actionfraud.police.uk/reporting-fraud-and-cyber-crime	0300 123 2040		
If someone has tried to defraud you but you have <u>not</u> lost money, phone or report online at https://www.actionfraud.police.uk/report-phishing			
To give information anonymously phone CRIMESTOPPERS or report it on-line at <u>www.crimestoppers-uk.org</u>	0800 555 111		

Parish Information

Welcome Packs

The Parish Council provides a Welcome Pack of information for new residents to the Village. If any newcomers to the village have not received a copy of the pack, do please let the Clerk know on the contact details below and a welcome pack will be provided. It would help if an e-mail address could be provided to enable the pack to be sent digitally.

Allotments (part of the Quendon Hall Estate):

- Peter Warwick, No.5 Thistley Crescent, Green Road, Rickling
- Telephone: **01799 543526**

Highway Problems

The Essex Highways website is available for anyone noticing a problem to report it: http://www.essexhighways.org/Report-a-problem.aspx A tracking facility for all reported faults is available.

Police/Crime

The Essex Community Messaging Service provides useful information to the public about policing and safety issues. It is free to register and information is given relative to your postcode, thus providing accurate and upto-date community safety information and crime prevention advice. Users can choose to receive information via e-mail, text or voice-recording and can select what information to receive – based on where they live and work and on issues of interest. For further details and to sign up, visit www.essex.police.uk/ecm

Litter picking

The next litter pick is on 8th January 2022.

Contact the Parish Council

The Clerk, Keith Williams can be contacted by e-mail at quendonandrickling.clerk@hotmail.com or by telephone 01279 814473

From the Parish Council Chair

Dear Fellow Villagers!

We are hoping that everyone had the Christmas that they had planned and managed to celebrate with lots of family and friends! As I write though, all celebrations do seem to be hanging by a thread so we are keeping everything crossed!

The Events Team were busy again with their Christmas decorations, the turning on of the Christmas tree lights by the Pavilion and the display by the village hall. Thank yous go to Tom's Trees for providing the tree, to The Cricketers for providing the "carol singers" with mulled wine and sausage rolls and also a big thank you, once again, to Sue Lydamore for her donation to the council to help with "decking the halls" in the village!

We are still looking for one more Parish Councillor, so please do give us a shout or come along to one of the meetings to see how you can help your community.

More Highways men in high vis have been spotted on the B1383 wielding spray cans, of varying colours, which were used to decorate parts of the road and various footpaths! One of these Highways men was not as shy as the previous ones and informed us that things were definitely moving ahead and we have been assured, once again, by our County Councillor, Ray Gooding, that the detailed designs are almost ready for the Parish Council to view but, unfortunately, we are not holding our breath as the timeline has already shifted in the last week but we are still patiently waiting!

Much to our surprise, the VAS sign has reappeared in record time, just in time for Christmas and is restored to full working capacity. Let us hope that the fully functioning sign now works wonders on speeding travellers! It obviously didn't work very well for the driver of the grey Peugeot van that hit the 30mph sign at high speed at the junction of Green Road, but at least he left his number plate behind for the police to follow up for dangerous driving! One would have thought that they could also charge them for the damage caused to the sign and verge but apparently this is beyond their remit!

On another road safety issue, we would like to ask residents if it is possible not to park on the north side of Rickling Green Road, close to or adjacent to the junction of Rickling Green Road and Cambridge Road, the B1383. It is proving to be rather dangerous, with many recent near misses and there is definitely a blind spot for cars turning in from the south. This issue has been raised on many occasions over the years and it is appreciated that space is limited for parking but it would be awful if one of these near misses became a hit!

Finally on parking issues, it has been requested that cars are not parked directly in front of The Cricketers, which then block vehicular entrance to the four properties south of the pub. Access is needed at all times so please do encourage visitors to the pub or the school to use the car park to the rear.

As you will have probably noticed, the cricket pitch has been vandalised! This is quite shocking and beggars belief. We are currently investigating the circumstances but, unfortunately, do not have actual evidence to prove any particular vehicle or person caused the damage, but we are working on it and hopefully will find the culprit. Let's hope the President of the Cricket Club or the groundsmen don't get their hands on them first!

Following up from last month's request, any photographic evidence of any verge destruction would be appreciated. It would be good to hold those responsible for this

From the Parish Council Chair (cont.)

wanton damage to account but we need the evidence!

We have requested dates for any future deer culls in Quendon Woods so we can let you know in advance, but as it is on private land they do not need to notify us in advance. They will be putting security guards at the entrances again though to stop any individuals venturing into the woods as they have been deviating from the public footpaths. On this note, the footpaths on the estate are being audited to make sure that people are walking where they are supposed to be walking and they have asked the County Council to erect new or better signage, where required. We have also been asked to remind you all that it is your responsibility to take your rubbish home with you or put it in an appropriate bin!

The footpath running south of Quendon is, as you know, almost impassable now and new photographs have again been forwarded to Highways and our County Councillor. The vehicular entrance to Quendon Woods is now a quagmire but this is also the responsibility of Highways so we will just have to keep pestering them!

The pop up florist's (flowersandlifestylebymargot), campervan is complete and now up and raring to go. A date is being planned in January for its first visit to the

village, so please do go along and support Karen in her new venture!

On a slightly different note, we would like to let you know that the precept for 2022/23 is being discussed and finalised at our first meeting of the new year. It is not something that we find easy especially when it has to be increased to cover the costs that the village incurs. As reported in 2021's February issue of $\exists he \ Link$, this has not been increased since the financial year of 2015/16. As an example, the average increase for other parishes has ranged from 2.8% to 4.9% over the past couple of years. It would also be good to have some money in the pot to cover any requirements for a planning consultant, if needed, down the line.

"Tomorrow is the first blank page of a 365 page book. Write a good one".

"My goal for 2022: no more stressing over shitty people."

Finally the Parish Council would like to wish everyone all the very best for 2022! Lets hope that this year will be a far better one than 2020 or 2021!

Sally Kitcat

Report from District Councillors Judy Emanuel and Neil Hargreaves

New council leader and portfolio reshuffle

To synchronise with the appointment of the council's new chief executive, we have a new council leader, R4U's Cllr Petrina Lees, who is a councillor for Elsenham and Henham, and is UDC's first female leader in its nearly 50 years of existence.

R4U's Cllr John Lodge, the previous leader, and who has strong connections with this parish, is not standing for reelection in 2023 and so it is a good time for a change.

John was one of our two first elected councillors in 2013, at the same time as Jo Parry became a councillor for the Newport ward in a by-election. John will be switching his efforts to the Local Plan Working Group. Petrina currently has the Housing portfolio but at the end of the council year Arthur Coote, who is currently UDC Chair and a Saffron Walden councillor, will take this over.

I am now Deputy Leader and Maggie Sutton, a councillor for Takeley, is moving to Communities and Residents.

Two portfolios - Education and Transport are ECC responsibilities and there are now Residents' County councillors who will pick up these important liaison roles. The Airport and Strategic Infrastructure is to be part of the Planning portfolio led by John Evans.

Review of 2021 and looking forward to 2022

In her end-of-year message, Petrina Lees thanked local residents, businesses and council staff for stepping up to support their neighbours and communities this year.

She said "This year the pandemic has once more brought worry, hardship and uncertainty to many. Those locally in the Health and Care sectors have been working at superhuman levels again. Our district's schools have been operating in a constantly changing and difficult environment, whilst still doing their best for our children. Residents have stepped up to help their communities – from providing support to neighbours, to raising money for those in need, to direct action through local foodbanks. At UDC, we've also connected those in need with those that can provide it via our Community Hubs. Thank you to all residents, businesses and local organisations that have made a positive difference this year."

Cllr Lees added, "A good litmus test of how your council is doing is 'are the bins getting picked up'? Residents will have seen that despite peaks of illness, UDC has worked hard this year to deliver your services uninterrupted. Meanwhile, strategically we've made huge strides in reshaping UDC to deliver what we promised you in our manifesto. The inherited financial hole has been filled. In fact, additional income has been generated outside of council tax, which has been used to fund nearly £2.5 million of new local green, economic and community sports initiatives. We hired a super new UDC chief executive, and our reorganisation programme is bearing fruit, with the council recently winning a Thank you to all the staff and prestigious award.

Report from District Councillors Judy Emanuel and Neil Hargreaves (cont.)

suppliers at UDC for delivering again during this challenging year.

"Looking forward, Covid will still be very much with us during the long shadows of winter. With it will come more isolation and knock-on mental health issues for some. We are a friendly and welcoming district. Over the holidays and into the New Year, please take a few minutes every now and again to check on your neighbours, particularly those that you feel may be vulnerable – it could make all the difference for them. In this season of goodwill, I wish my fellow residents of our district a joyous and peaceful break and the best for 2022."

Neil

Councillor Surgeries

These are in Dorringtons every Friday from 10.30 to

11.30. Depending on the Covid situation we may have to cancel these, and if so we will post on the village facebooks.

Our contact details are:

cllremanuel@uttlesford.gov.uk 01799 543487 or 07801 039550

cllrhargreaves@uttlesford.gov.uk 01799 540411 or 07454 687748



Other News from Uttlesford District Council

You can get email newsletters and alerts on a whole range of topics via Keep me posted – sign up and find out more at www.uttlesford.gov.uk/keepmeposted.

Our Member of Parliament

Small businesses

This year in support of Small Business Saturday I have been speaking to business owners in Thaxted to discuss the importance of shopping locally and how it benefits our communities.

Over the years we have seen a significant increase in online shopping and even more so since the start of the pandemic. This is leaving businesses and our highstreets under increasing pressure.

We are very fortunate to have a variety of fantastic small businesses across the constituency. By shopping from them or using their service, you are not only supporting them but also supporting their local suppliers, from accountants and caterers, to graphic designers and IT consultancy.

The Government is doing what it can to help our high streets. In the budget, I welcomed the new 50% business rates discount for retail, hospitality, and leisure sectors and earlier this year the New High Street Strategy, which set out our long-term plan to support the evolution and regeneration of our high streets.

However, we must all play our part too. By going out and shopping locally, high streets like Saffron Walden, Dunmow and Thaxted will not only survive, they will thrive. The more we spend locally, not only will businesses prosper, but it supports jobs and our local economy.

Fairycroft House

Thank you to Tim Atkinson from Fairycroft House for such a fantastic tour of the centre recently and for all the hard work you and your colleagues do at the centre.

Fairycroft House is an arts and media centre in Saffron Walden. It holds music nights, comedy clubs, discos and life drawing. For younger people in the community, the centre offers group writing projects, helps children write poems, short stories and to read publicly. The list goes on and I am so impressed with the wide range of activities offered.

Tim and his team also work with members of the community with learning disabilities to help them secure work opportunities in the performance industry. I feel privileged to have such a dedicated community asset in our constituency that benefits so many in our communities.

<u>Police</u>

As part of the Government's Culture Recovery Fund, Fairycroft House received over £35,000 to support them through the Covid-19 pandemic and the unprecedented challenges the centre faced. I look forward to visiting Fairycroft House in the future to hear more about their work.

As part of the Government's target of 20,000 additional police officers by 2023, 235 officers have been recruited for Essex, benefitting Chelmsford and Uttlesford.

The additional recruits mean there are now 3,551 police officers in Essex, helping to tackle rural crime like hare coursing, car theft, as well as supporting much more of the behind the scenes work that is required in our local violence reduction units and domestic abuse prevention teams.

<u>Bus services</u>

I have first-hand experience of the difficulties residents are facing trying to travel by bus from Audley End station to Saffron Walden. Not only have we experienced disruption to services recently but bus times do not seem to match incoming train times.

I recently wrote to Essex County Council to raise this and was advised that this particular issue has been a request

Our Member of Parliament (cont.)

for a number of years. As you will be aware trains at Audley End offer access to both Cambridge and London, and Essex County Council advised that to meet all trains in either direction would mean lots of buses serving the station and this is something they often try to rectify with the limited amount of budget that they have.

However, following the National Government Strategy of Bus Back Better, which all Councils and bus operators across the Country are working on, they have assured me that they will now be looking at this matter as part of this process and I have asked them to keep me updated.

Regarding disruption to services, I understand that Stephenson's are struggling with a shortage of drivers but are taking steps to improve the reliability of services affected by staff issues, including introducing a 6% pay increases and utilising overtime. The DVSA are also working hard to reduce processing times for licence tests.

I have also raised concerns with Essex County Council regarding the real time display boards and have been reassured they are working to find a resolution in line with the Department for Transport's Bus Open Data system.

Audley End Estate

I met with Louise at the Audley End Estate recently to discuss rural crime, broadband, farming, forestry and

planning. Each of these areas covered are key priorities for me as the local MP and it is really useful to meet with residents and representatives of local organisations to better understand how these issues impact them directly.

Unfortunately like other farms and open spaces across the constituency, the Estate suffers from fly-tipping and hare coursing. Hare coursing is a vile and despicable activity and I know that ministers are determined to do more to crack down on it. The Government have committed to introducing further legislation as soon as parliamentary time allows to prevent it.

Locally, I have been working with our policing teams and the NFU to support farmers impacted. This includes encouraging them to always report incidents to help Essex Police build a better intelligence picture of what's happening and who's involved so they can then police our constituency more effectively, and deal robustly with those responsible.

MP Surgeries

Face to face surgeries for you to meet with me, your Member of Parliament, and seek advice or assistance on confidential issues are not currently possible. For all enquiries please send an email or speak over the phone.

Kemi Badenoch, MP

How to contact me Email: kemi.badenoch.mp@parliament.uk Tel: **0207 219 1943** Write: Kemi Badenoch MP, House of Commons, London, SW1A 0AA



Bronze & Bubbles

Lost wax bronze casting workshop

The perfect gift for the art lover in your life, or New Year treat to yourself! A unique chance to craft your own cast bronze sculpture at Saffron Walden Museum inspired by its historic collections and our current temporary exhibition Fossilisation.

Spend a bubbly brunch or exclusive evening with dedicated use of the Museum building and get creative with the ancient art of bronze casting using the lost wax technique. The workshop lasts 2 hours 30 minutes and will be led by Charlotte, the Museums' Learning & Outreach Officer

Learn about the ancient lost wax process and sculpt your own wax model to be cast in bronze by Walnut Works and Butley Mills foundry in Suffolk, home to Kabir Hussain, the artist behind Fossilisation.

All guidance, equipment and materials are included in the

ticket price, including the cost of casting in bronze, postage between the museum and foundry plus return delivery. Price also includes a glass of fizz, snacks and refreshments.

Tickets available from the Museum's Art Tickets website or the Museum shop, open Wed-Sat 10:00 am - 4:30 pm and Sun 2:00 pm - 4:30 pm.

Course dates and times are Friday 14 January 2022 6:00 pm – 8:30 pm or Tuesday 25 January 2022 10:00 am – 12:30 pm. Limited to 8 spaces per course. Additional dates and times may be added if demand is high.

Ticket price £69.00, participants must be 18 or over.

For more information about workshops, see the Museum's website www.saffronwaldenmuseum.org or call **01799 510333**

Art Tickets:

https://saffron-walden-museum.arttickets.org.uk

Saffron Walden Museum (cont.)

Glacial Erratic Boulder

Every winter, as temperatures fall, we put a 'frost' cover on to the giant glacial erratic boulder in the Museum grounds. It was found in 1973 when foundations for the Acrow (Engineers) factory on Ashdon Road, Saffron Walden were dug. It weighs two tons and was carried to Saffron Walden from the Midlands by the Anglian ice sheet about 450,000 years ago. Rocks that are moved by glaciers are called glacial erratics. This boulder is also a septarian nodule. Made of limestone and calcite, it formed in the clay bed of the seas that flooded Britain periodically during the Jurassic period 145 to 200 million years ago. The cover stops water getting into the four cracks in the boulder. When water freezes it expands causing the cracks to widen. When the ice melts, water makes its way deeper into the cracks. If this freeze-thaw process repeats itself the boulder could split apart. The cover is made of wood and Perspex. Due to its weight, it takes four museum staff to get it out of the storage compound. This year the Grounds Maintenance team were working at the Museum, and they moved the cover for us. A big thank you to our Council colleagues.

CV Walden Online

We are continuing to collect people's experiences of Covid-19 pandemic and how it has affected day-to-day life in the district, for future generations to understand.

If you are interested in compiling a diary now that we could archive at a later date that would be really beneficial.

We're also interested in audio and video clips, as well as artistic responses to the current situation, such as artwork, poetry and music, etc. If you are part of a community group or organisation - consider asking your members and contacts to take part in this project.

Contact Jenny Oxley, Collections Officer (Human History) about this project at museum@uttlesford.gov.uk and title your email "CV Walden"

A selection of the material collected for the archive to date, is now available to view online on our website https://saffronwaldenmuseum.swmuseumsoc.org.uk/cv-walden-archive-covid-19-epidemic/

Volunteers

We are always looking for new volunteers to join our team on a regular basis. We would also be delighted to hear from volunteers who are able to provide adhoc 'cover' for our regular shift volunteers when they have planned absences such as holidays, hospital appointments, etc.

To find out more about these and 'Learning and Support' volunteer opportunities please contact the museum using the details below.

For full details of our opening times and to book online:

Visiting the Museum

Our standard opening hours over Winter are: Wednesday-Saturday 10.00am-4.30pm Sunday 2-4.30pm Closed on Mondays. Tuesdays, are received for pre-booked group

Tuesdays are reserved for pre-booked group visits by schools and other parties

Over New Year our opening hours will be: New Year's Day (Sat 1 Jan) : 2-4.30pm Sun 2 Jan: 2-4.30pm Bank Hol Mon 3 Jan : 2-4.30pm

Then normal opening hours resume:

Tues 4 Jan : CLOSED Wed 5 Jan onwards: 10.00am-4.30pm

Please check for current anti-Covid measures before visiting.

Website: www.saffronwaldenmuseum.org Email: museum@uttlesford.gov.uk Phone: **01799 510333**



Artistic Opportunities: Invitation to Make!

2 paid commissions available for early career artists in our district - Dunmow, Uttlesford, Essex http://www.highstileprojects.co.uk

Quendon & Rickling 100 Club				
Congratulations to the December 2021 Winners		1 Winners	Quendon & Rickling 100 Club generates a source of	
1st	M Michaelides	£33	funds for the Village Hall and both our two churches, All	
2nd	C Clark	£22	Saints, Rickling and St Simon & St Jude, Quendon.	
3rd	P Fuller	£11	Many thanks to all of our members and Happy Christmas	
			to everyone.	

7

07874-385541



www.u3asites.org.uk/stansted

We had a very interesting talk at our November meeting in which our speaker, Peter Carter, gave a talk on his early life in Chesterford and his account of the 'Chesterfords Big Bang'. Peter's family had moved from London to Little Chesterford and at the outset of War Chesterford Park was requisitioned by the army. On the 30th May 1944 there was a tremendous explosion. The store of surplus requirements , including dynamite, signal rockets and hand grenades kept by the army, exploded. Peter, who was just a schoolboy at the time took refuge in a ditch with his family.

In December we had our first meeting led by our new Chairman, Susan Sedgebeer who outlined her vision for the future of the U3A in Stansted.

Our guest speaker was Steven Galler who came to tell us about his 'Career in Music'. His Enthusiasm was infectious and despite voices being muffled by masks, our voices were raised, bodies swayed and feet tapped as he accompanied his humorous talk with the banjo, playing songs from the 60's and 70's.

The U3A Strummers have now the addition of a fine flute player and a resident percussionist and all played at St Mary's Church on the 12th December on a festive week-end which raised a good sum towards the upkeep of this lovely old church.

Our U3A Christmas dinner at Bury Lodge is scheduled as I write this, so may I wish you all a very Healthy and Happy New Year. If you have not joined us yet please come along to St. John's Hall, Chapel Hill. Meetings are held on the 3rd Thursday of the month. Doors open at 1.30pm with free tea and biscuits. Please do join us for another enjoyable afternoon.

Eileen Quinn

Email: stanstedu3a@gmail.com



THE HUNDRED PARISHES SOCIETY

Hundreds of prisoner of war camps were set up in the UK during the two World Wars, with several in The Hundred Parishes. Camps varied in design and size. Some started as rows of tents with the prisoners engaged in constructing huts. Most have disappeared but I would like to tell you about a few.

www.hundredparishes.org.uk

In 1917, during the First World War, a camp was



established at Great Dunmow's workhouse, initially taking about 100 German POWs. Capacity was later doubled by moving women elsewhere and closing the infirmary. The German prisoners

worked on local farms but

gained a reputation for obstruction and destruction. Dunmow workhouse never reopened and was converted to the housing that today is called The Close.

Bower Hall in Steeple Bumpstead was used as a POW camp in The First World War but it fell into ruin and was demolished in 1926.

Wynches POW camp in Much Hadham was situated in forty acres of parkland and in the Second World War housed both Italian and German prisoners.

Ickleton Grange housed a camp for both Italian and German men. Nothing now remains.

In Mill Lane, Hatfield Heath, the remains of POW camp

116 are still clearly visible, the most complete survivor in Essex, Herts or Cambridgeshire. The camp was set up in 1941 to house Austrian and Italian prisoners; later, German men followed.



They worked on local farms and even played football against a Hatfield Heath team who were beaten 11- 0!

Radwinter North POW rehabilitation camp was situated in the grounds of Radwinter Rectory, now known as Radwinter Manor. German soldiers were allowed to visit local families. Karl Weschke was one; he became an artist and his clay sculpture of a weeping mother and child titled "Deutschland 1946" is held in Saffron Walden Museum.

Ken McDonald, Secretary

Apopo - Hero RATS and now Hero DOGS!



We save lives by training animals to rid the world of landmines and tuberculosis

The problem

Around 60 countries are still contaminated with hidden landmines and other explosive remnants of war, that cause tragic accidents and hamper communities from developing their productive land.

Meanwhile, slow and inaccurate detection methods make tuberculosis the world's most deadly infectious disease. 10 million new people contract TB every year, 3 million go undiagnosed, and 1.8 million die from the disease.

The solution

APOPO's scent detection animals, nicknamed 'HeroRATs' and 'HeroDOGs', help to rid the world of landmines and tuberculosis – returning safe land back to communities for development, and freeing people from serious illness so they can get back on their feet.

Help us make the world a better place.



Make a donation

With your support, we can clear landmines, detect tuberculosis and save lives.

Get in touch



Adopt A HeroRAT

Join our animal heroes on their life-saving adventures as they use their extraordinary sense of smell to sniff out deadly problems.

To find out more about any of our activities, please email herorats@apopo.org

https://www.apopo.org/en



FRAUD ALERT from Neighbourhood Watch

Analysis of reports to Action Fraud by the National Fraud Intelligence Bureau (NFIB) has identified a dramatic increase in Advance Fee Lottery Frauds over the last six months. Over £925,000 was lost by victims during that period. Victims reported losing an average loss of just over £1,500.

70% of victims reported to be aged 50 or over.

Lottery fraud occurs when criminals use fake messages and calls to convince a person that they have won a lottery or a prize draw. The victim is then informed that they will need to pay an advance "fee" in order to receive

the winnings.

Victims are commonly asked to pay these advance fees by purchasing gift cards and relaying codes to the fraudster.

In some instances, victims have reported being asked for personal and financial information in order to obtain their "winnings". Some victims reported providing their bank details thinking they would be sent a small payment to verify the account. In reality, criminals use these details to steal the victim's money.

Take care - don't let it happen to you!



What's On

Where no organiser is shown for any event in Q&R Village Hall, contact the Hall Manager, Christine Osbourn on 01799 543367 for details

	Event	Date	Time	Place	Notes
	Saffron Searchers	1st Monday in month	-	Q&R Village Hall	
	Dog Training	Mondays	08.00-09.30	Q&R Village Hall	Pauline Everton
	Pilates	Mondays	09.00-10.00	Q&R Village Hall	Jan Crawley 07742 182272
	Rainbows	Mondays	16.00-17.00	Q&R Village Hall	(Pre-Brownies)
	Dance Exercise	Tuesdays	10.30-11.30	Q&R Village Hall	Christine Alexander
	Dance Exercise	Tuesdays	14.30-15.30	Q&R Village Hall	Christine Alexander
	Armadillos	Tuesdays (term-time)	09.00	Rickling School	
	Community Café	4th Weds in month	10.00-12.00	Q&R Village Hall	JANUARY EVENT CANCELLED
	U3A Choir	Wednesdays	11.15 - 13.15	Q&R Village Hall	
	Carpet Bowls	Wednesdays	19.00	Quendon Bowls Club	David Edwards 07804 954095
	Line Dancing	Thursdays	-	Q&R Village Hall	Dawn Bond 01787 460274
	Buffy Playbus	Fridays	09.15-10.30	Rickling Green	Term-time
_					

Emergency Life-saving

Should someone suffer a cardiac arrest or show symptoms of a heart attack e.g. pains in the chest, then your first action should always be to phone the ambulance service on 999. The service will refer you to our Automated External Defibrillator which is at the front entrance to Quendon & Rickling Village Hall. Another is sited outside Reception at the front of Rickling School. Anyone can save a life by using one of them until an ambulance arrives. In addition you can seek help from any of the volunteers listed below.

Name	Home Telephone	Locality	1
Alan Price	01799 542527	Northern end - Cambridge Road	A designed
Jane Price	01799 542527	Northern end - Cambridge Road	
Robert Arnold	01799 543075	Northern end - Cambridge Road	
Sandra Arnold	01799 543075	Northern end - Cambridge Road	
Andrew Thomson	01799 543253	Northern end - Cambridge Road	CONCRETE AND A DESCRIPTION OF
Karen Thomson	01799 543253	Northern end - Cambridge Road	
Thelma Wilson	01799 543313	Northern end - Cambridge Road	
Chris Phillips	01799 542351	Middle - Cambridge Road	A DESCRIPTION OF A DESC
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Wendy Stannard	01799 541869	Middle - Cambridge Road	
Anne Howes	01799 543545	Southern end – Cambridge Road	
Joanne Hales	07903 596011	Rickling Green	
Janice Hart	01799 541196	Rickling Green/Brick Kiln Lane/Rickli	ng
Clare Willoughby	01799 543637	Rickling Green/Brick Kiln Lane/Rickli	ng

For further information see www.communityheartbeat.org.uk/

Remember: Using the defibrillator can't cause injury. Doing nothing can.

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