

*The Link* is available on-line at www.quendonandrickling.co.uk

# **July 2022**

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### Parish Church of Quendon & Rickling

### From the Churchwardens

Our new vicar, Peter Allen, took our first service at Quendon on the 12th of June. It was an exciting new beginning. He and Sharon have moved into the Vicarage at Newpport and he has started his ministry at Stansted Airport.

#### **Church Services**

Sunday 3	Brd July			
09.30	Morning Worship	Newport		
11.15	Holy Communion	Widdington		
Sunday 10th July				
09.30	All Age Service	Newport		
11.15	Holy Communion	Quendon		
Sunday 17th July				
09.30	Holy Communion	Newport		
11.15	Holy Communion	Widdington		
Sunday 24th July				
09.30	Morning Worship	Newport		
11.15	Holy Communion	Rickling		
<u>Sunday 31st July</u>				
10.00	Benefice Widdi	ngton		

**Priest in Charge of the parish of Quendon and Rickling** - The Rev'd. Peter Allen, The Vicarage, 5, Meadowford, Newport, Saffron Walden, Essex, CB11 3QL

**Telephone:** 01799 732059/07878 176551 **E-mail:** revpete07@gmail.com

Churchwardens - Quendon: Mrs Christine Osbourn 01799 543367 and Mrs Maureen Hawkins Rickling: TBA

Treasurer - Quendon and Rickling: Mrs Sandra Arnold 01799 543075

### **Parish Information**

### Welcome Packs

The Parish Council provides a Welcome Pack of information for new residents to the Village. If any newcomers to the village have not received a copy of the pack, do please let the Clerk know on the contact details below and a welcome pack will be provided. If an e-mail address is provided the pack can be sent digitally.

### Allotments (part of the Quendon Hall Estate):

- Peter Warwick, No.5 Thistley Crescent, Green Road, Rickling
- Telephone: 01799 543526

### Highway Problems

The Essex Highways website is available for anyone noticing a problem to report it: http://www.essexhighways.org/Report-a-problem.aspx

A tracking facility for all reported faults is available.

### **Contact our Parish Council**

Details of Parish Council meetings may be found on the village web-site <a href="https://www.quendonandrickling.co.uk">https://www.quendonandrickling.co.uk</a> and on village notice boards. All are welcome to attend.

The Parish Clerk is Keith Williams Email: quendonandrickling.clerk@hotmail.com Telephone: **01279 814473** 

### **Contact our District Councillors**

Email: cllremanuel@uttlesford.gov.uk Telephone: **01799 543487** Mobile Telephone: **07801 039550** 

Email: cllrhargreaves@uttlesford.gov.uk Telephone: **01799 540411** Mobile Telephone: **0745 4687748** 

See also monthly report in every issue of *The Link*.

#### **Contact our County Councillor**

Cllr Raymond Gooding Essex County Council County Hall, Duke Street Chelmsford, CM1 1LX Email: cllr.ray.gooding@essex.gov.uk Telephone: 01279 813103 Mobile Telephone: 07778 643759

### **Contact our Member of Parliament**

Kemi Badenoch, MP House of Commons, London, SW1A 0AA Email: kemi.badenoch.mp@parliament.uk Telephone: **0207 219 1943** 

### **Tulip Tree Watering**

The newly planted Tulip Tree on The Green is a thirsty beast in its first year! We have a small but dedicated team of waterers, but when the weather turns hot and dry again we'll need more help.

If you're prepared to spend a few minutes once a fortnight to water the tree on The Green when it's dry then please drop a line to Tom on 541299 / tddqrpc@gmail.com to join the rota.

Reporting Crime		
For Crimes and suspicious activity NOW phone	999	
For other non-urgent contact and reporting a crime that has already happened	101	
Alternatively you can report non-urgent incidents or suspicious activity ar at https://www.essex.police.uk/ and click on the appropriate button	nd crimes online	
Action Fraud_is the UK's national reporting centre for fraud and cybercrime where you should report fraud if you have been scammed, defrauded or experienced cyber-crime in England, Wales and Northern Ireland. If you have been defrauded i.e. lost money phone or report online at https://www.actionfraud.police.uk/reporting-fraud-and-cyber-crime If someone has tried to defraud you but you have <u>not</u> lost money, phone or report online at https://www.actionfraud.police.uk/report-phishing or, if the attempt was by Email, by forwarding it complete to: report@phishing.gov.uk	0300 123 204	
CRIMESTOPPERS To give information anonymously phone or report it online at www.crimestoppers-uk.org	0800 555 111	

effectively, by reporting it correctly through the proper channels. Thank you.

### From the Parish Council Chair

### Dear Villagers,

Looking back from October I always feel that a busy late spring makes the summer season feel so much longer and brighter. I'm glad to say a busy few weeks recently promises the same effect this year.

The Jubilee picnic party on The Green attracted well over two hundred people. Many remarked this was the first time they could properly get out and meet fellow villagers since lockdown - just what the Events team on the PC was trying to achieve. An abiding memory will remain of a line of waving arms Glasto-style (albeit small-scale!) while singing along to "Sweet Caroline" so ably encouraged and led by The Voice Box, who provided such fine entertainment.

A huge thank you therefore goes out to Carrie Williams and Katherine Nuthall for putting in so much effort to get the event going. The new PC Events sub-committee of Rob and Phil also deserve praise for their energy and dedication in running the show.

You may have also spotted our contribution to the Jubilee canopy - a newly planted Tulip Tree on the Green at the turn-off to the school and pub. This one will take a good few years to get going but promises to be a lovely landmark for the future. If you want to see what a mature specimen looks like, check them out in Audley End gardens.

The Jubilee celebration also caused the Jubilee Fountain to sprout a new look. You will have seen the marvellous flowers, bunting, flag and crown adorning it during the day - but did you also experience it elegantly lit up after dark - a triumph! So many thanks go to Katherine Nuthall, Sue and Chris Phillips and Liz Spearpoint. On the subject of after-dark lighting for Cambridge Road Chris, has left the solar-powered spotlights in place on the fountain, and we can see how well they work both in lighting up the feature and casting a bit more light to passers-by on the roadside footpath.

There is a glimmer of hope for improvement of the state of the footpath along the B1383. Our footpath supremo, Gari, has escalated the issue to our MP who herself has put pressure on ECC to come up with a solution. The sorry state of the footpaths is not limited to our neck of the woods, but stretches all the way down to the edge of Bishop's Stortford. The problem is funding. Since footpath maintenance work was devolved to the Rangers it's proved too much for them to cover in stretches outside villages, and a reappraisal of how to maintain these footpaths between villages is under way.

Continuing down Cambridge Road to Waterbutt Row parking: the minor snag resolution is in progress, and proposals for improving the look of the parking delineation in the Conservation Area are in preparation. It won't be resolved in the flash of an eye but we have a promise that residents' preferences will be respected.

Lastly on the subject of Highways, we are starting up Community Speedwatch again - provided we have enough volunteers. The Speedwatch effort previously was to provide evidence backing the traffic calming submission, and once that project was initiated the Speedwatch stopped. This time though the Police have asked us to resume the Speedwatch and they'd welcome evidence to determine when they undertake their very effective speed traps. Speedwatch now has more sanction behind it than previously – after warning letters,

### From the Parish Council Chair (cont.)

a third infringement will result in official police action. See elsewhere for an article on this, but contact Ljiljana or any PC member if you'd like to volunteer.

After an interregnum we have a new vicar for the churches, Rev. Pete Allen. He was installed in May and held his first service here in June. Firmly of the belief that the church community exists principally outside the church buildings themselves, he's keen to meet people and is friendly - and very keen on sports. You may see him and his wife Sharon walking or running locally ... or bump into him at the pub. Do please introduce yourself and make him welcome.

Maces Farm is progressing with an idea aired last year to be more integrated with the village. They are setting up information boards on popular walking paths around the villages. These signs will give passers-by some indication of what crops are growing, what they are used for and where the footpaths lead to. Much of this information will be found through a QR code leading onto their website, which will be maintained by the Farm. The signs will also include a reminder to clean up after your dog and to keep off the crops (that's their benefit to the Farm!!) on the wildflower edges to some of the fields around the village. These are planted with a government-supplied flower mix. They are designed to complement local wildlife and insects, and won't flower in the first year. I'm afraid we'll have to wait till 2023 to see how flowery our wildflower patches become!

And sorry – no news yet on Call for Sites (i.e. the largescale development proposal from Pegasi - more information on the website): we wait and wait but I expect there will be some more information soon. Watch. This. Space.

Finally, we say goodbye and thank you to Katherine Nuthall as she makes way in her busy life for managing her massive building project at home while still working. Katherine has been dedicated in her pursuit of Highways and inspirational with her events leadership, organisation and contributions, from pumpkins to dragons – good luck Katherine!

Well, that's all for now. Let's raise a glass to summer – may it be long and relaxing! The long-term farmers' weather forecast states it'll definitely be hot (famous last words...)

Tom Duncan.

Also regarding farm matters, we have more information

### **District Councillors' Report**

#### Local Council Tax Support scheme

UDC has a council tax discount scheme for people on low incomes. This covers people of working age, pensioners and vulnerable and disabled people and their carers. At a meeting on June 9, the Cabinet voted to freeze the scheme's contribution rate at 12.5 per cent, which is the lowest in Essex. This means claimants would only have to pay 12.5 per cent of their council tax bill, and would be the ninth time this rate has been frozen by the council.

The number of working age claimants has dropped for the first time in as many years, from 1,051 to 924 people, which is expected as a post-covid trend, because people

have been returning to work.

943 people classed as vulnerable or disabled were claiming the scheme between April 2021-April 2022, up from 851 the previous year.

This decision will to go to a public consultation before final approval. In the consultation last year I noted that a number of people commented that they were just the wrong side of the cut off point, but still struggling. Those who were not eligible for the scheme but are still in need financially can claim from the council's emergency hardship fund, which is open to all Uttlesford residents. The council's budget for the emergency hardship fund is



### **District Councillors' Report** (cont)

£17k. In addition, UDC received £325k from the government to provide emergency support during the pandemic for claimants of local council tax support. However, £10k of this fund has not yet been spent and has been carried over into the emergency hardship fund.

The estimated cost of the scheme for 22/23 will be £467k for UDC, which compares with an overall £17m council turnover. The same discount applies to all the other preceptors – Essex, Fire, Police and parish councils.

#### **Climate change progress**

The latest annual report shows that the council's greenhouse gas emissions have been cut by more than half since 2019. This is outstanding progress on our goal for UDC to be net-zero by 2030.

In 2019, the council generated the equivalent of more than 60kg of greenhouse gas emissions per district household – and had done so for years. As a result of the work R4U has undertaken with the Council's senior officer team, that figure has consistently dropped each year and last year was 26kg per household. The largest reductions to date have been achieved by switching to green energy tariffs, changes to UDC's vehicle fleet, and more flexible staff working practices.

UDC has replaced boilers with heat pumps in 90 council houses – which aren't cheap, fitted solar panels to 300, and wall insulation to 230. Elsewhere, solar panel arrays have been fitted to many of the Council's own facilities. A £450k grey/water recycling plant has been installed to wash bin lorries. Over £100k has been spent providing 43 electric vehicle charging points across the district, along with £25k on tree and hedge planting. The council's Chesterford Research Park buildings are mostly modern and 'carbon efficient' and the solar scheme now in progress there will make its electricity supply carbon free. However, our other buildings are a mix and will now be subject to a professional assessment to work out how we can make them also carbon neutral.

We can all take our own actions to reduce our carbon footprint. That includes reducing energy usage, especially as prices continue to increase. For more information on what businesses and residents can do, search online for 'Uttlesford check your tariff' to visit UDC's webpage about grants and assistance.

#### **Councillor Surgeries**

These are in Dorringtons every Friday from 10.30 to 11.30. If we have to cancel these, we will post on the village Facebooks.

Our contact details are:



cllremanuel@uttlesford.gov.uk 01799 543487 or 07801 039550

cllrhargreaves@uttlesford.gov.uk 01799 540411 or 0745 4687748



#### **Other News from Uttlesford District Council**

You can get email newsletters and alerts on a whole range of topics via Keep me posted – sign up and find out more at www.uttlesford.gov.uk/keepmeposted.

### **Our Member of Parliament**

#### **Essex Police ride along**

It was good to join Essex Police - Uttlesford District for a meeting and on a ride along with our new local commander, Chief Superintendent Claire Talbot around Uttlesford. Ridealongs are a great way to see first-hand what our officers are responding to day to day.

I joined officers conducting a speed watch in Stansted – we monitored vehicles travelling along Church Road. I was surprised to see so many cars going above the speed limit.

Speeding is an issue across the constituency, particularly along our more 'rural' country roads. Essex Police have assured me they conduct regular speed watches in our towns and villages – you can help by joining your local community speed watch, reporting anti-social driving or working with your local councillor to request traffic calming measures.

#### SEND review

It is essential that we have an education system that works for all children and young people, including those with special educational needs.

I have supported many parents with children in our constituency who have SEND and whilst there has been notable progress in the support and education infrastructure, there is still more to do.

This month the Government announced a Green paper that will consult on a stronger national system for children with special educational needs and disabilities (SEND), boosting parent confidence.

The ambitious green paper is the result of the SEND Review, commissioned to improve an inconsistent, process-heavy and increasingly adversarial system that too often leaves parents facing difficulties and delays accessing the right support for their child – something I have seen when supporting constituents, particularly with ECHPs.

The Government's plans have been opened to public consultation, and I would encourage you to make your views known at https://consult.education.gov.uk/send-review-division/send-review-2022/, by the 22nd of July.



Please contact: Angie and Carole 01799 218061/543807

07874-385541

## u3a

Angela Hutton

www.u3asites.org.uk/stansted



**Bletchley House** 

### Stansted Mountfitchet U3A

The Literature Group got there at last! In 2019, having read "Enigma" by Robert Harris, they planned to visit Bletchley Park. They finally went on April 14th 2022. Bletchley Park, which became the principal centre of Allied code breaking during WW2, housed the government code and cipher school where the team of 9,000 people, working in shifts day and night, regularly penetrated the secret codes of the German Enigma and Lorenz ciphers. They had a fascinating tour with a volunteer guide, seeing the huts, desks set out with work, pens and phones as if the staff had just left, and enjoying the beautiful house and grounds with spring blossom on the trees.

On May 9th the Garden Group travelled to Cambridge to visit the University's Botanic Gardens, a memorable visit on a warm and sunny day. After a convivial alfresco lunch they were joined by two guides, split into two groups and taken on interesting and informative tours of the many and varied areas of the garden and glasshouses. They learned about the history of the

garden, the plants, the head gardeners and plans for the future. On June 13th they plan a visit to an NGS garden, Dragons, at Boyton Cross near Chelmsford.

Members at the monthly meeting on May 19th enjoyed "Shape Shifters", a talk by Amanda Sutherland. It was illustrated by her collection of vintage clothing

> including her own wedding dress which she had made in the Victorian style. She described the progression of style from the bosom-emphasising muslins of the Regency period, the



**Amanda Sutherland** 

tightly corseted and hooped crinolines of the Victorians, the straight silhouettes of the 20s and 30s to the present day. Much very early Christmas shopping took place at her travelling boutique gift shop.

At the monthly meeting in July Jane Gosling will talk about Medieval Lavenham.



Garden Group

## HELP STOP SPEEDING THROUGH OUR VILLAGE BECOME A COMMUNITY SPEEDWATCH VOLUNTEER

Community Speedwatch is a national initiative where members of local communities join with the support and supervision of their local police to record details of speeding vehicles using approved detection devices. Pre lockdown we had an active Community Speedwatch Team and the data the team collected played a vital role in galvanising a positive response from Essex Highways to address the speeding on the B1383. After a two-year enforced Covid absence, we hope to reinstate the 'Watch' in order to keep the momentum going. We will be focusing on the B1383.

We need to gather a team of 10–12 members to ensure that each person's commitment is limited to no more than 60 minutes once a fortnight, or less. All members of the team will be trained (at the moment the training is online).

If you are interested in helping, please contact a member of the Parish Council (Tom: 07973741015, Gari: 07789023215 or Ljiljana: 07793600697).

For further information go to CSW for Essex website: https://saferessexroads.org/policecommunity/community-speed-watch/



Saffron Walden Museum

### **Object of the Month**

The Museum's 'Object of the Month' provides an opportunity to explore interesting and unusual objects from our stores.



During June we celebrated the Lost Language of Nature project, with repair work to this hen harrier. Saffron Walden Museum wants to hear your stories about wildlife and nature in your life, or that you know from parents or grandparents. Pick up a form in the Museum or head to their website for more information. Some old names for hen harriers are Blue sleeves, Vuzz kitt, Grey gled; or Ringtail for females, like this fragile mounted skin. The photo was taken during work to stabilise and preserve the bird, which came from Saffron Walden in the 1800s. Today, hen harriers are one of Britain's most threatened birds of prey. The name comes from their hunting of wildfowl, but today they are seen as a threat to managed grouse shooting in parts of England and Scotland.

### **Project Update: Lost Language of Nature**

We are very pleased to share the launch of an artistic **commission** for the Lost Language of Nature project! Essex Cultural Diversity Project and Saffron Walden Museum invite proposals from creative practitioners for a new commission that will respond to the global taxidermy collections at the Museum, exploring with communities and visitors the everyday language used to describe animals and the natural world. Creative responses should aim to illuminate traditional and modern relationships of people with nature and the environment, celebrating diversity, folk and informal knowledge and engage with new communities who may not visit the Museum currently. Find out more about the opportunity at https://essexcdp.com/commission/saffronwalden/ or read more about Lost Language of Nature and practical work at the Museum at https:// the www.swmuseumlearning.com/the-lost-language-project

The commission will run alongside our Lost Language of Nature Exhibition, which opens Saturday 16 July, and will share some of the stories we have already discovered about the birds our collection, and the birds which James and Charlotte have been conserving and stabilising this year.

#### Visiting the Museum!

Our standard opening hours are: Wednesday-Saturday 10-5pm Sundays & Bank Holidays 2-5pm Closed Mondays (apart from bank holidays) Tuesdays are reserved for pre-booked group visits by schools and other parties.

### Saffron Walden Museum (Cont.)

### Volunteering

We are always looking for new volunteers to join our team on a regular basis. We would also be delighted to hear from volunteers who are able to provide adhoc 'cover' for our regular shift volunteers when they have planned absences such as holidays, hospital appointments, etc.



To find out more about these and 'Learning and Support' volunteer opportunities please contact the museum using the details below.

For full details of our opening times and to book online: Website: www.saffronwaldenmuseum.org Email: museum@uttlesford.gov.uk Phone: **01799 510333** 



### THE HUNDRED PARISHES SOCIETY

### ww.hundredparishes.org.uk

There are thousands of village halls in England, owned and run by local

councils, churches or independent trustees for the benefit of local communities. The Hundred Parishes has its share, with a great variety of buildings and history.



<u>Hunsdon</u>



#### **Barley**



Radwinter

century barn. Ashdon

claims to have the only

local thatched village hall: that element of the building, once a house, dates from the 17th century. Radwinter's

hall is part of village redevelopment in the artsand-crafts style after a disastrous fire in 1874.

Many purpose-built village halls appeared after the First World War, funded either by public subscription or a generous benefactor and

often built as a lasting memorial to those who died in the conflict. Ugley's hall was built in 1920, funded largely by the local Tennant family, while Blackmore End in



### <u>Ugley</u>

Hempstead and Stocking Pelham have found new life for their old schools, while Chrishall and Stebbing repurposed former churches. Hildersham's village hall started life as a First World War army surgical ward and was brought from Cambridge.

Our village halls are greatly valued and used by all manner of community groups for meetings, sport and exercise, pre-school activities, cultural performances, quizzes, exhibitions, farmers





### Ken McDonald, Secretary

Wethersfield benefited from the generosity of Samuel Courtauld.

Several halls have been converted from their original use: Wethersfield has a second village hall, part of what was once a brewery. Little Chesterford,



**Blackmore End** 



Little Chesterford

markets and so on. We see new village halls appearing quite regularly, for example at Great Hormead in 2015 and Duxford in 2020. Some are now referred to as "community centres" but we all know what they mean!

### Quendon & Rickling 100 Club

Congratulations to the June 2022 Winners			
1st	B Hutchin	£32	
2nd	A Bishop	£21	
3rd	R Heggie	£10	

Quendon & Rickling 100 Club generates a source of funds for the Village Hall and both our two churches, All Saints, Rickling and St Simon & St Jude, Quendon.

### July 2022 at... SAFFRON

	Fri 24 & S
	Sun 26 Jui
2A)	Mon 27 Ju
	C ( ) I ] )

Top Gun: Maverick (12A) Lancaster (PG) Between Two Worlds (Ouistreham) (12 Eric Ravilious: Drawn To War (PG) Bergman Island (15) The Railway Children (U) Il Buco (U) Jurassic World Dominion (12A) Good Luck To You, Leo Grande (15) Lightyear (PG) Swan Song (12A) Wings Of Desire (12A) Everything Went Fine (15) **NT Live:** Prima Facie (15 tbc) Elvis (12a) The Big Hit (tbc)

Sat 25 Jun 7.30pm, Sun 26 Jun 2pm, Fri 1 July 7.30pm n 7.30pm un 7.30pm Sat 2 Jul 2.30pm Sat 2 & Sun 3 Jul 7.30pm Sun 3 Jul 2.30pm Mon 4 Jul 7.30pm Fri 8 & 15 Jul 7.30pm, Sat 9 & Sun 10 Jul 2.30pm Sat 9, Sun 10 & Mon 11 Jul 7.30pm Sat 16, Sun 24 & Tues 26 Jul 2.30pm, Sun 17 Jul 11am Sat 16 Jul 7.30pm Sun 17 Jul 7.30pm Mon 18 Jul 7.30pm Thur 21 July 7pm Fri 22, Sat 23 & Sun 24 Jul 7.30pm Mon 25 Jul 7.30pm

Tickets available from the Saffron Walden Tourist Information Centre, at www.saffronscreen.com or at the cinema Box Office

### **Emergency Life-saving**

Should someone suffer a cardiac arrest or show symptoms of a heart attack e.g. pains in the chest, then your first action should always be to phone the ambulance service on 999. The service will refer you to our Automated External Defibrillator which is at the front entrance to Quendon & Rickling Village Hall. Another is sited outside Reception at the front of Rickling School. Anyone can save a life by using one of them until an ambulance arrives. In addition you can seek help from any of the volunteers listed below.

Name	Home Telephone	Locality
Robert Arnold	01799 543075	Northern end - Cambridge Road
Sandra Arnold	01799 543075	Northern end - Cambridge Road
Andrew Thomson	01799 543253	Northern end - Cambridge Road
Karen Thomson	01799 543253	Northern end - Cambridge Road
Thelma Wilson	01799 543313	Northern end - Cambridge Road
Chris Phillips	01799 542351	Middle - Cambridge Road
Sue Phillips	01799 542351	Middle - Cambridge Road
Nigel Ackerman	01799 540678	Middle - Cambridge Road
Wendy Stannard	01799 541869	Middle - Cambridge Road
Anne Howes	01799 543545	Southern end – Cambridge Road
Joanne Hales	07903 596011	Rickling Green
Janice Hart	01799 541196	Rickling Green/Brick Kiln Lane/Rickling
Clare Willoughby	01799 543637	Rickling Green/Brick Kiln Lane/Rickling





For further information see www.communityheartbeat.org.uk/

Remember: Using the defibrillator can't cause injury. Doing nothing can.

**What's On** Where no organiser is shown for any event in Q&R Village Hall, contact the Hall Manager, Christine Osbourn on 01799 543367 for details

		01/33	101 details	
Event	Date	Time	Place	Notes
Saffron Searchers	1st Monday in month	-	Q&R Village Hall	
Dog Training	Mondays	08.00-09.30	Q&R Village Hall	Pauline Everton
Pilates	Mondays	09.00-10.00	Q&R Village Hall	Jan Crawley 07742 182272
Dance Exercise	Tuesdays	10.30-11.30	Q&R Village Hall	Christine Alexander
Dance Exercise	Tuesdays	14.30-15.30	Q&R Village Hall	Christine Alexander
Community Café	3rd Weds in month	10.00-12.00	Q&R Village Hall	Angela 01799 218061/Carol 543807
U3A Choir	Wednesdays	11.15-13.15	Q&R Village Hall	
Carpet Bowls	Wednesdays	19.00	Quendon Bowls Club	David Edwards 07804 954095
Buffy Playbus	Fridays	09.15-10.30	Rickling Green	Term-time
Q&R v Manuden	July 11th	13.00	Saffron Walden GC	Golf Match jonesthedrill@btinternet.com

*The Link* is produced on behalf of Quendon & Rickling Parochial Church Council, who do not necessarily share or endorse any opinions expressed by contributors or advertisers. Advertising supports the maintenance of our church buildings and their grounds.

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All correspondence for *The Link* should be addressed to the editor, Robert Arnold, preferably by e-mail with attachments if necessary: robert@arnold-q.uk, or at

Talbots, Cambridge Road, Quendon, CB11 3XJ; otherwise telephone 01799 543075 Please supply copy by the 19th of the preceding month to allow for editing, printing and delivery.



T: 01223 833426 E: sales@shelfordheating.co.uk



#### **CHIROPODIST** Peaches Mrs Julie Golden HPC Registered/State Registered **Home Visiting Practice** Est.1994 01279 873492 Mobile 07916 075451 A professional service at a competitive price Gents hourstylist @ Rickling Green -Mmangli-EAR Reconnect to your life Appointments from 7am Mon-Sat Whatever your hearing difficulty, angli-EAR Hearing uses the most up-to-date tests and equipment to \* FREE easy parking find the best solution for you. Fully qualified endent audiology experts you can thus & insured Destruction of the Party of the Party Call: 01799 542424 01223 6613 Text: 07791 058406 BOOK ONLINE) www.angliearhearing.co.uk CAMWOOD HOME IMPROVEMENTS Advertising in The Link Boiler installations and services Cylinder installations reaches every household in Jacolin Sheaf (Lampon) D.O. Heating Quendon and Rickling at Kitchen refurbishments 4a Red Cottages. Garage conversions. attractive rates Cambridge Road, Quendon, This space could be promoting References available - Fully insured Saffron Walden, Essex CB11 3XH Free advice & estimates - Competitive rates **YOUR** business Office: 01279 814296 Mobile: 07714 300920 **Contact:** Structural Osteopathy, Email: carrwoodhomeimprovements@outlook.com Advertising preferably by e-mail Gas safety registered engineer Cranial Osteopathy. at sandra@arnold-q.uk, or Treatment of back and neck pain, telephone 01799 543075 muscle and joint pain, Tension headaches, trapped nerves and sports injuries. TONY WOOD One-to-one Pilates instruction. **Qualified Registered Electrician Please mention** Specialist Clinic for All electrical works undertaken pregnant mothers, Re-wires, new circuits, extensions **Replacement Consumer Units** The Link babies and children. Electric showers, heating, additional sockets Internal and external lighting

Free advice & estimates References available Competitive rates Fully insured

Please ring Tony on 07714 300920 01279 814296 Or e-mail camwoodhome@outlook.com Electrical Safety Register Approved Contractor

Electrical Safety Register ONSITE PARKING AT THE NEW CLINIC

Tel: 01799 543444

Email: info@quendonosteopathy.co.uk

Web: www.quendonosteopathy.co.uk

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