



The Link

19

Quendon & Rickling Parish NEWS and Church

November 2024

Church Contacts Vicar's Letter Church Services Village Hall Parking Useful Contacts Parish Council District Council Hundred Parishes

In this issue

- 2 Community Café
- 2 Q & R Golf Society
- 4 School Governors
- 5 Rickling School
- 6 Bogus Callers
- 6 U3A
- 7 Bowling Club News
- 10 Maces Farm Update

- 11 S.W. Museum 17 11 100 Club 19
- 11 What's On
- 12 Emergency Life-saving 19
- 13 Publication Details 20
- 15
- 15
- 16



Priest in Charge of the parish of Quendon and Rickling, Coordinating Chaplain Stansted Airport (2 days per week)

The Rev'd. Peter Allen, The Vicarage, 5, Meadowford, Newport, Saffron Walden, Essex, CB11 3QL **Telephone:** L: 01799 732059; M: 07878176551 **Day off:** Friday

Churchwardens -

Treasurer -

Quendon: Mrs Christine Osbourn 01799 543367 Rickling: contact church.jo@yahoo.com Quendon and Rickling: Mrs Sandra Arnold 01799 543075



New area, new house, new vocation.

Hi, I'm Gavin. I am the new curate for Newport, Rickling, Widdington and Quendon. A curate! What's that? A curate is a vicar or a deacon who is in the second part of their training. After studying theology for three years I was ordained deacon by Bishop Guli, the Bishop of Chelmsford. A deacon in the Church of England is a servant of the church and community, who is ordained to represent Christ and the Church. Deacons have many responsibilities, including:

Worship: Deacons assist in worship services, particularly at the Eucharist, by reading the Gospel, setting up the altar, and dismissing the congregation. They serve the community by identifying needs, building relationships, and advocating for those in need. They also bring the needs of the community back to the Church. Deacons share in the pastoral ministry of the Church, accompanying those seeking faith and ministering to the sick and housebound.

Deacons instruct people of all ages in the Catechism.

Deacons can baptise at the direction of the priest.

Deacons are given the title "Reverend" and traditionally wear clergy shirts and collars when serving in an official capacity.

That's what I do, but who am I? My name is Gavin Sunshine. Most of my life I have been involved in sport in one way or another. I hold a British and Commonwealth record in Heptathlon, an indoor athletics event, which I set in 1993 and still hold today. I have represented Great Britain in athletics at national, international and at the European athletics championships in 1993, coming 7th if you were interested. After finishing sport early through injury, I concentrated on coaching and for want of a better word I became a trainer and coach to the film and TV Industry and worked with many world class athletes.

In 2010 I walked into a church in Osterley, West London with an idea of getting my children into a good school and to pay to have the steeple clock repaired, since I drove past it every morning on my way to my clinic in Chiswick and it annoyed me. I pulled up in my electric blue Hummer thinking I'd arrived and went to see the Vicar, Rosemary Hoad. We had met the week before at the church nativity. She was in the church office and said "Sit down" so I did - she's the local vicar and I was brought up

to respect people like vicars.

I won't tell you the full 14-year journey, but I'd be happy to, if you ever come to any of the services we hold at the collective Churches.

Frain and I were baptised and confirmed within a year and we found ourselves questioning many of the lifestyle choices we had made. After many years of living out a Christian life I finally responded to the very frequent nudges to consider becoming a vicar, - I mean nudges as small moments that you feel called to respond to, but find new and imaginative reasons and ways to say no. Worthiness was the answer I mostly came up with and surely there are so many more people that should be doing this than I. I was a selfish sportsman who likes things and collected stuff.

I finally surrendered and agreed to talk to the Vocations Team, thinking a simple chat and that will be the end of it. Thanks, but no thanks. Problem! They liked me, so some nine months later I'm attending a Bishops Advisory Panel to decide if I should be considered for training. This was conducted on Zoom as we were in the first lockdown. Remember that? I had to meet six people with the right skills to decide, "Is this guy what God and the Church are looking for?" They basically advise a bishop on whether a candidate should train for ordained ministry in the Church of England. During the 4-hour interview questions were asked from all directions and around all types of church and non-church related topics.

Most of the time all I could think about was, "Taxi for one please, it is finished, it's all over now". I had a call a week later from my vocation director - I remember it so well –anticipating, "It's done now Gavin, you tried and you have been, weighed, measured and found to be wanting." It's funny really, now I remember a reading from the Bible, Daniel 5 verse 26.

The call was brief, 'Hello Gavin, I'll make this quick, It's a yes from the panel, some very nice comments, I'll send you a fuller response next week and the Bishop will be in touch soon. I have got a few tough calls to make now so congratulations, speak soon". The next five hours just disappeared. I went for a walk and my whole world was all over the place; I'm sure you all have a similar story. I never really wanted to do this, yet at the point of it being taken away I became hugely anxious. At the point of going forward for training I was back in the "unworthy" camp. I'm happy to tell you that even



Rev Peter, Rev Gavin and Bishop Roger

after three years of study and working at my local chaplaincy where we lived, and being ordained by Bishop Guli and meeting Pete my training incumbent, your local Vicar, I still feel unworthy but very grateful for being in these parishes. Back to the family.

So we are not a small family. My wife Frain runs a very successful Aesthetics business in Colchester, Elle our eldest works as a civil servant, Xavier is in the British

Army, Inara is taking her A levels, and Caleb has just started at Joyce Frankland Academy, where he is in his final year taking his GCSE's. They are amazing by the way, if you're thinking of sending your kids there.

We are just about to move into a house in Newport, and officially become a part of the community, which we are really excited about. We have already met so many wonderful people, ate a great meal in a local pub and are currently looking for some local activities to get involved in. I still love sport and so does my family.

What to choose from for new people to the area! We made a board, inspired by one of

my favourite films, The Usual Suspects, of all the things I'm interested in in the local area. I'm sure there will be a few more but it's a great start.

There's a great hockey club that trains out of Joyce Frankland school, I checked that out and my son and I might go there; never tried bowls but at 50, I'm thinking I might enjoy this;



Becky from Newport St Mary's runs the local theatrical group which looks great. For such a small place there's a lot going on. I even found a gym at the school which you can join for £15 a month. I won a year's membership to the Club. I think it was a gift from the Church Disco that happened in September.

I'll let you all know how the Christmas period went a future edition, but for the meantime, just know that your local church has quite a few events over Christmas and the new year and we would love to see you, if only for some mulled wine over Christmas, the nativity service or the remembrance service, If you're up for it, I'll see you at the midnight mass or Christmas day morning service, where we get to celebrate as a local family.

Checking out for now, thank you to all those who I have already met for welcoming me.

Gavin

Church Services in the Benefice

Sunday 3rd November

9.30am Newport Contemporary Communion 11.15am Widdington Shoe Box service in the Village Hall

Sunday 10th November

10.50am Newport Remembrance Sunday Ceremony by the War Memorial followed by Remembrance Sunday Sunday service in church

6.30pm Quendon Remembrance Sunday Service with the reading of the names of the fallen from Quendon, Rickling, and Widdington.

Sunday 17th November

9.30am Newport Communion

11.15am Widdington Communion

3.30pm Newport Messy Church

Sunday 24th November

9.30am Newport Morning Worship

11.15am Rickling Communion

Thank you to Maureen Hawkins

At the October service in Rickling, we celebrated and thanked Maureen for 29 years as church warden. She was presented with a card, flowers, and a cake. Thank you, Maureen, for such sterling service.

Parking At Quendon & Rickling Village Hall

Although the Village Hall Car Park is for the use of those attending clubs, societies or social functions in the Hall, it has become apparent that a number of residents are increasingly taking advantage of this additional parking space, which can at times create a problem.

The trustees have therefore decided that while recognising that occasional use by residents and their guests may be accommodated, it will need to be on a more formal basis.

Therefore should any resident wish to use the Car Park, we would ask that you contact Sue Duncan on 07970 977559 in advance giving your name, contact number and vehicle registration number.

park and therefore with effect from 1st January 2025 we will be charging the following:-

For regular users - £100 per annum

For occasional use - £5 per day

Please note that we take no responsibility for any vehicle parked within the car park.

Q&R Village Trustees

October 2024

For Crimes and suspicious activity NOW phone	999		
You can report non-urgent incidents or suspicious activity and crimes that have already happened online at <u>https://www.essex.police.uk/</u> and click on the appropriate button ("Chat" feature is bottom right of screen). Alternatively phone 101 but online contact is preferred.			
Action Fraud is the UK's national reporting centre for fraud and cybercrime where you should report fraud if you have been scammed, defrauded or experienced cyber-crime in England, Wales and Northern Ireland. If you have been defrauded i.e. lost money phone or report online at https://www.actionfraud.police.uk/reporting-fraud-and-cyber-crime If someone has tried to defraud you but you have not lost money, phone or report online at https://www.actionfraud.police.uk/report-phishing	0300 123 2040		
CRIMESTOPPERS To give information anonymously phone or report it online at www.crimestoppers-uk.org	0800 555 111		
The information you provide is very important to us, so please make sure that we can use is reporting it correctly through the proper channels. Thank you.	t effectively, by		

Parish Information

i unish information				
Welcome Packs	The Parish Clerk is Keith Williams			
The Parish Council provides a Welcome Pack	Email:			
of information for new residents to the	quendonandrickling.clerk@hotmail.com			
Village. If any newcomers to the village have	Telephone: 01279 814473			
not received a copy of the pack, do please let	Contact our District Councillors			
the Clerk know on the contact details below	Email: cllremanuel@uttlesford.gov.uk			
and a welcome pack will be provided. If an e-	Telephone: 01799 543487			
mail address is provided the pack can be sent	Mobile Telephone: 07801 039550			
digitally.	Email: cllrhargreaves@uttlesford.gov.uk			
Allotments (Quendon Hall Estate):	Telephone: 01799 540411			
Peter Warwick, No.5 Thistley Crescent, Green	Mobile Telephone: 07854 687748			
Road, Rickling	See also DCs' regular reports in <i>The Link</i> .			
Telephone: 01799 543526	Contact our County Councillor			
Highway Problems	Cllr Raymond Gooding			
The Essex Highways website is available for	Cllr Raymond Gooding Essex County Council			
The Essex Highways website is available for anyone noticing a problem to report it:	Cllr Raymond Gooding Essex County Council County Hall, Duke Street			
The Essex Highways website is available for anyone noticing a problem to report it: http://www.essexhighways.org/Report-a-	Essex County Council			
The Essex Highways website is available for anyone noticing a problem to report it: http://www.essexhighways.org/Report-a- problem.aspx	Essex County Council County Hall, Duke Street			
The Essex Highways website is available for anyone noticing a problem to report it: http://www.essexhighways.org/Report-a- problem.aspx A tracking facility for all reported faults is	Essex County Council County Hall, Duke Street Chelmsford, CM1 1LX Email: cllr.ray.gooding@essex.gov.uk Telephone: 01279 813103			
The Essex Highways website is available for anyone noticing a problem to report it: http://www.essexhighways.org/Report-a- problem.aspx A tracking facility for all reported faults is available.	Essex County Council County Hall, Duke Street Chelmsford, CM1 1LX Email: cllr.ray.gooding@essex.gov.uk			
The Essex Highways website is available for anyone noticing a problem to report it: http://www.essexhighways.org/Report-a- problem.aspx A tracking facility for all reported faults is available. Contact our Parish Council	Essex County Council County Hall, Duke Street Chelmsford, CM1 1LX Email: cllr.ray.gooding@essex.gov.uk Telephone: 01279 813103			
The Essex Highways website is available for anyone noticing a problem to report it: http://www.essexhighways.org/Report-a- problem.aspx A tracking facility for all reported faults is available. <u>Contact our Parish Council</u> Details of Parish Council meetings may be	Essex County Council County Hall, Duke Street Chelmsford, CM1 1LX Email: cllr.ray.gooding@essex.gov.uk Telephone: 01279 813103 Mobile Telephone: 07778 643759			
The Essex Highways website is available for anyone noticing a problem to report it: http://www.essexhighways.org/Report-a- problem.aspx A tracking facility for all reported faults is available. <u>Contact our Parish Council</u> Details of Parish Council meetings may be found on the village web-site:	Essex County Council County Hall, Duke Street Chelmsford, CM1 1LX Email: cllr.ray.gooding@essex.gov.uk Telephone: 01279 813103 Mobile Telephone: 07778 643759 Contact our Member of Parliament			
The Essex Highways website is available for anyone noticing a problem to report it: http://www.essexhighways.org/Report-a- problem.aspx A tracking facility for all reported faults is available. Contact our Parish Council Details of Parish Council meetings may be found on the village web-site: https://www.quendonandrickling.co.uk	Essex County Council County Hall, Duke Street Chelmsford, CM1 1LX Email: cllr.ray.gooding@essex.gov.uk Telephone: 01279 813103 Mobile Telephone: 07778 643759 <u>Contact our Member of Parliament</u> Kemi Badenoch, MP			
The Essex Highways website is available for anyone noticing a problem to report it: http://www.essexhighways.org/Report-a- problem.aspx A tracking facility for all reported faults is available. Contact our Parish Council Details of Parish Council meetings may be found on the village web-site: https://www.quendonandrickling.co.uk and on village notice boards. All are welcome	Essex County Council County Hall, Duke Street Chelmsford, CM1 1LX Email: cllr.ray.gooding@essex.gov.uk Telephone: 01279 813103 Mobile Telephone: 07778 643759 <u>Contact our Member of Parliament</u> Kemi Badenoch, MP House of Commons,			
The Essex Highways website is available for anyone noticing a problem to report it: http://www.essexhighways.org/Report-a- problem.aspx A tracking facility for all reported faults is available. Contact our Parish Council Details of Parish Council meetings may be found on the village web-site: https://www.quendonandrickling.co.uk	Essex County Council County Hall, Duke Street Chelmsford, CM1 1LX Email: cllr.ray.gooding@essex.gov.uk Telephone: 01279 813103 Mobile Telephone: 07778 643759 <u>Contact our Member of Parliament</u> Kemi Badenoch, MP House of Commons, London, SW1A 0AA			

From the Parish Council Chair

As I write, we are almost halfway through October, where did that go?

October is an interesting month one way or another. We had a successful Autumn Daze event where buckets full of apples were crushed, squeezed and the resultant juice enjoyed by many. Obviously, the highlight of the afternoon was the Pumpkin growing 'weigh in!' Congratulations to all those who took part and a special mention to the winner; Willow Braddy who took first prize with a monster 9.5kg specimen, narrowly pipping Karen Howarth's 9.2kg effort. Yours truly was given the wooden spoon (well a dibber actually) for failing to even get the seeds out of the packet! I'll try harder next year, promise.

At the October PC meeting we welcomed our new Parish Councillor, Erica Bromley. Erica has served on similar committees before and her experience will be a great asset to the Council. There is still a vacancy for another councillor, so if you feel able to be involved, please contact the Parish Clerk or one of the Parish Councillors.

It's only a couple of weeks until British summer time ends and Halloween shows its spooky face, following which many shops will be gearing themselves up for December 25th. The PC is hoping to organise the traditional lighting of the village Christmas tree with all the seasonal trimmings. Please keep a look out on social media and the Link of course for the date and time of this year's event.

Owing to travel commitments, the November Parish Council meeting will be held on Thursday 14th November @ 19:30. All villagers are cordially invited to attend. Gari Spearpoint

District Councillors' Report

Essex Highways survey

It runs until 11th November at https://consultations.essex.gov.uk/essexhighways/129be43e/consultation/intro/ or via the qr code

Although the first part is tedious in asking you to rank things which can't be ranked like 'is the condition of roads more important than road safety?' if you persevere you get to a section which asks for what you think of maintenance of the various categories. Which means you can tell them about the poor state of the footways such as along the B1383 between Newport, Quendon and Ugley. Questionable as to whether it will make any difference but at least they are asking.

Neighbourhood Plan

UDC dropped its intention in the Local Plan to add 412 more houses to Newport, as unviable. But in the Regulation 19 version it instead requires 300 more houses, to be decided by the Neighbourhood Plan. This is a pro-rata calculation based on Newport's current size, with no consideration of whether this can sustainably be done. The draft Neighbourhood Plan states:

'With the constraints of two extensive Listed Parklands, three lowland wetlands and flooding both at the confluence of three rivers and elsewhere along their courses, as documented with policy NQR8 'Flood Risk and Surface Water Discharges into Watercourses', the linear valley topography, constraints of the M11, railway and the B1383 and medieval road widths, Quendon having no shops, station or medical facilities, it must nevertheless be accepted that all large viable and sustainable sites have already been built. Therefore, all large sites brought forward will only be compromises and involve some unsatisfactory elements. '

The Regulation 19 will go to the Planning inspector(s) by the end of this year together with all the consultation responses. The Steering Group and Newport PC believe allocating such a scale of housing on a pure algorithm basis without compliant sites in mind is not 'sound' which is one of the criteria for the Local Plan at this stage. They have therefore requested Modifications to make the 300 subject to what the Neighbourhood Plan can sustainably deliver. And also delete a restriction sought to be imposed that sites must be under 100 houses.

No changes were envisaged for Quendon & Rickling but getting the refreshed Neighbourhood Plan through the process with an examiner is important as the policies

in it will apply to all areas. These include not allocating sites in Quendon, and for example this draft policy;

NQR3 Development in Quendon and Rickling Green

This policy refines Policy H3 of the adopted Local Plan in setting out specific means by which infill development would 'be compatible with the character of the settlements (of Quendon and Rickling Green) and their countryside setting'. As very small settlements with little in the way of local services or facilities, neither are suited to major development schemes. It should be applied alongside the criteria of Policy H3.'

NQR3 Development in Quendon and Rickling Green

Proposals for limited infill development in Quendon and Rickling Green will be supported, provided they:

• Reflect the essentially open and low-density character of the settlement; and

• Preserve the setting and significance of listed buildings and preserve or enhance the character or appearance of the Conservation Area

• Meet local housing needs as defined by the Housing Needs Assessment.

This is exemplified in an appeal refusal on 17th October, UTT/23/1727/OP, for a house 'Adjacent 1 Woodlands, Cambridge Road'. The Inspector quotes the Neighbourhood Plan in the refusal and states:

The Conservation Area covers the rural villages of Quendon and Rickling Green, that each have distinct characteristics. Quendon, is a linear settlement along the B1383. Scattered buildings (mostly dwellings) include grand houses sitting amongst vernacular properties, mostly unified by their traditional appearance, a frontage set back from the road, and punctuated by verdant greenery and woodland that reinforces the rurality of the area, provides visual gaps between built forms, and a backdrop with a sense of woodland enclosure. Insofar as relevant to this appeal, the Conservation Area's significance is derived from its rural character, the traditional appearance of the buildings within it, and the relationship between built form and surrounding greenery.

He carried on in similar vein for several paragraphs including reference to a chocolate box cottage. It is good to have an inspector report effectively confirming the validity of a draft policy.

Take part in the Great Cable Challenge!

People in Uttlesford are being urged to drop off their unused cables and unwanted small electrical items for recycling as part of the national Great Cable Challenge. Pink wheelie bins are at:



- Uttlesford District Council offices (reception), London Road, Saffron Walden
- Saffron Walden Library
- Dunmow Library
- Thaxted Information Centre

Councillor Surgeries

These are in Dorringtons every Friday from 10.30 to 11.30. If we must cancel these, we will post on the village facebooks.

Our contact details are:

cllremanuel@uttlesford.gov.uk 01799 543487 or 07801 039550

cllrhargreaves@uttlesford.gov.uk 01799 540411 or 07854 687748



Other News from Uttlesford District Council

You can get email newsletters and alerts on a whole range of topics via Keep me posted – sign up and find out more at www.uttlesford.gov.uk/keepmeposted.

NEWPORT & DISTRICT FLOWER CLUB

Friendship, Fun and Flowers

Our club meeting on 18th September was a delightful evening with a demonstration by Barbara Collins her 'Shades of Autumn' arrangements were amazing. The photo attached was one of the arrangements and Barbara kindly gave her permission for us to use.

Our next club night is 20th November, our demonstrator is Lorraine Gagen and her title will be 'Christmas'. We are sure it will be a fun



evening. This will be our last evening of the year with wine and mince pies to set the scene for the demonstration. The arrangements will be raffled at the end of the evening. Please do come along and bring a friend with you.

There are no meetings in December or January. We return again on 19th February 2025 with a demonstration.

We meet on 3rd Wednesday of the month (except January, August, & December) – 7pm at Ugley Village Hall, Cambridge Road, CM22 6HR. Contact Patricia Sanz flowersanzp2020@gmail.com

Visitors are always very welcome.

THE HUNDRED PARISHES SOCIETY



www.hundredparishes.org.uk

One of the best ways to enjoy and appreciate our wonderful area is on foot, so the Hundred Parishes Society's website has always included a selection of walks. They have generally been focused on footpaths but last winter's exceptional rain made many paths difficult. This prompted us to develop a new series

> of walking routes that do not use any We hope our "Quiet Lane" footpaths.

Walks" will appeal to anyone who does not like cleaning boots and also perhaps to families, people with mobility problems or less-energetic cyclists.

Our website now has almost 40 Quiet Lane Walks in addition to over 100 established

routes. You can find a route that suits you by either scanning the lists of walks or by going to a specific parish introduction to see which route numbers go there - the Quiet Lane walks start with the number 3. We have put together quiet lane routes that visit 41



Great Waltham



Great Easton

Hatfield Broad Oak

of our hundred parishes but we would

welcome suggestions for more - just email a simple route outline to hundredparishes@btinternet.com and we will put together a full route description.

The new routes range in distance from 1 mile to 12 miles and pass through typical Hundred Parishes territory: lovely villages and attractive countryside, often with an inviting café or pub.

Route descriptions can be freely downloaded from our website



Little Hadham

and then printed. The descriptions should ensure that nobody gets lost and they include snippets of information about places along the way.

If you do not have access to the internet but would like some walk

suggestions, please write to The Hundred

Parishes Society, 2 Greenfields, Stansted

Mountfitchet CM24 8AH. We will send you a list of available routes and then print some for you. There is no charge.

Ken McDonald, Secretary





Langley





.... at Thorpeness

On Thursday September 26th and Friday 27th we visited Thorpeness Hotel and Golf Club for a couple of games of golf and an overnight stay. This was a welcome return to our idea of combining our love of golf with a little more time together as a group.

The weather could have been kinder but, after all, autumn is here and we had a little rain but a fair amount of sunshine and luckily the Suffolk coastal breezes kept the bad weather away from us.

Thursday's golf saw Sue Knight, Mervyn Waite, Paul Fieldhouse and Chris Rix come back to the clubhouse as the winning team and Mervyn take an extra prize for our 'nearest-the-pin' competition of the day. On Friday we played a different format and Brandon Chapman and Paul Fieldhouse were much the strongest pair with a great score, well ahead of the rest of the field. Tony Knight and Jaine Fieldhouse won our nearest-the-pin prizes though so it wasn't complete domination!

Staying at Thorpeness overnight proved a success, especially as two of our golfers had their partners with them which helped to make it into a really good social gathering where we had time to relax and chat together and catch up on everyone's news and views and not just on golf.

I organised the event and send my thanks to everyone who came along and made it one to repeat in the future.

Jane Waite

..... and next

Our next gathering is at Bishop's Stortford Golf Club on 8th November. If anyone not currently a member of our society would like to join us you would be most welcome.

Please contact me on 543518 or email pebbles4@btopenworld.com

Our AGM (or to be more precise our 'Year end gathering/Christmas bash) will be held on the evening of 12th December in the Village Hall where we will be reviewing the year and making plans for 2025.

Brandon Chapman

Rickling Church of England School Update



The Federation of Farnham and Rickling Primary Schools Through faith and nurture, we thrive. "Life in all its fullness." JOHN 10:10

The children and staff at Rickling School have had a very busy first half of term, full of fun educational experiences which has produced some wonderful learning! The children are showing us they are self-confident, resilient learners enjoying the challenges of our creative curriculum and outdoor learning lessons.

Our new reception children have settled into their new school routine beautifully and have already taken part in our Harvest, singing a wonderful song to the congregation. Some are now busy making friends with our new chickens this week and are learning how to hold and feed them carefully. They have created family trees with their families in school, and have learned all about their bodies, skeletons and senses. They have enjoyed their forest school sessions which have included themes such as autumnal changes, fungi hunting and identification and sensory walks in our beautiful local area.

Our Oak Class children (Years 1 and 2) have had a very busy time being young authors and have written some fabulous versions of 'Little Red Riding Hood'. They have started exploring their new book, 'Pumpkin Soup' looking at instructions. Their current topic is 'What it is like to live in our local area?' looking at different homes and land use around the neighbourhood. During Art lessons, the children have enjoyed doing observational drawings of their teddies in class. In RE lessons, students have been learning about different faiths' creation stories. During the next few weeks in DT, they will make delicious smoothies with seasonal fruits and vegetables.

Our Beech Class, Year 3 and 4 children, have had a fun-filled time with their topic on Vikings. They started by visiting the West Stow Anglo-Saxon village to find out what living conditions were like in the UK during this time. Since then, they have investigated different aspects of Viking culture and are looking forward to their Viking day early next half term. In Science, they have focused on 'Habitats' which has led to their dissecting owl pellets to find out what Barn Owls eat. Our Geography topic on 'Local Harvests' meant looking at crops grown in this area and finding out what happens to them once they leave the farm. They have also enjoyed a lovely walk through the woods, looking at all the woodland berries and food available for animals this time of year.

Our eldest children in Years 5 and 6 have been learning about World War II. During this topic in our History lessons, the students have learned about: early key events from the beginning of the war, learning about evacuees and writing letters in the role, the importance and impact of rationing, the job roles of women during and after the war and we will continue our learning with learning about the Holocaust. This has also linked across to our English work where we have been reading 'Friend or Foe' and writing our own diary entries, non-chronological reports and narratives. In Reading, we have also been covering the book 'War Horse'. We will then be taking our learning from all our lessons this half term and be holding a Remembrance Day worship for the school after half term.

Harvest Charity: We are collecting for the Uttlesford Food Bank – if anyone in the village community would like to make a donation, please look at their website (https://uttlesford.foodbank.org.uk/) for provisions they need. If you wish to drop anything off at school, we will make sure they get everything, as our Head Teacher Mrs Bratley is visiting the food bank with our courageous advocates in the next few weeks!

If any member of the Rickling or Quendon community would like to become more involved with the school, in any capacity, please also ring/email us (admin@rickling.essex.sch.uk) as we love to have people in to help either by reading with children or just helping with our various school projects such as gardening or DIY! At this time of year, it is always with great pleasure we welcome prospective parents and children into our school to look around, so please feel free to call us and arrange a personal tour with our head teacher.

Bogus Callers/Distraction Burglaries

Most callers at the door are either expected or are known to us, but as a general rule refuse entry to the rest...

Bogus callers are people that attend your address with an excuse to persuade you to let them in, and then distract you to steal from you. Bogus callers are usually men, but women with urgent "sob stories" as their excuse are not unknown.

BE PREPARED

• Ensure you have good lighting outside your door to enable you to see who is calling when dark.

• Fitting a door viewer is a good idea if your door has no windows. A doorbell camera could also be considered.

• Place a notice on the door, which says something like the following: No Cold Callers - I do not open my door to traders or unexpected callers - I only receive visitors by appointment.

• Get to know your neighbours and obtain their telephone numbers; good neighbours can be a great help if they are about.

• If you receive an unexpected call at the door always acknowledge it. (No reply implies that you are out, and a thief may try to force entry).

• It's handy to have list with telephone numbers of your water, gas, electricity, telephone suppliers etc. by the phone should you need to make contact at any time.



Jocelyn Donoghue

Certified EFT Practitioner

(Emotional Freedom Technique) Unlock your emotional freedom with EFT.

Emotional freedom technique (EFT or Tapping) is a method some people use to help manage emotions and troubling thoughts that may be affecting their life. Have you felt like you have lost your spark and are yearning to reignite it? EFT can help us break free from self-limiting beliefs and embrace boundless possibilities.

The possibility to be the Wild, Brave and Free individual you want to be. If you are interested in learning more, schedule a complimentary 20-minute video consultation or to book an appointment feel free to reach out to me on 07841 098079 or jocelyntd1@hotmail.com.

Based in Clavering



www.u3asites.org.uk/stansted

07874-385541 Stansted Mountfitchet U3A

At the November General Meeting, Stansted u3a will welcome Ian Keable, a Gold Star member of the Magic Circle, as the guest speaker. His presentation, entitled "The Unparalleled Necromancer," will focus on Charles Dickens's lesser-known role as a performing conjuror. Between writing A Christmas Carol and David Copperfield, Dickens performed magic for seven years, describing himself as a "necromancer." Ian will not only reveal Dickens's tricks but also perform them live, offering insight into Dickens' talent for magic and how it influenced his literary works.

u3a

In other news, following a consultation with members, the proposal to move the monthly meetings from St John's Church Hall to St Theresa's Centre in Stansted has been approved. The move will be effective from December, with the Christmas Tea Party scheduled to be the first event in the new venue on the 5th.

In late September, twenty-five u3a members travelled to the Suffolk coast for a day out in Southwold. Upon arrival, groups dispersed to explore the seaside town. Some headed to the pier arcade, while others took a walk along the promenade to the River Blyth. After a satisfying lunch of fish pies at the Harbour Inn, they strolled back through the marshes, spotting kestrels in flight. The trip was a success, and more outings are planned for next year with Richmond's Coaches.

Additionally, ten members of the Garden Group recently revisited the Cambridge University Botanic Gardens. Their first visit two years ago in summer had sparked curiosity about how the gardens would look in autumn. Following a peaceful lunch, they explored the grounds, discussing the benefits of forest bathing before seeking shelter from storm clouds in the glasshouses. The visit offered a refreshing contrast to their summer trip, and the group looks forward to future return visits.

Susan Sedgebeer

Quendon Bowling Club News

Bowling

The outdoor bowling season has well and truly ended, the green has been "put to bed" which involved a lot of hard work by the members. The green has been hollow tined, scarified, overseeded and received 5 tonnes of top dressing. Focus now turns to the ongoing maintenance of the buildings and general grounds with our working parties on Tuesday and Friday mornings.

Indoor Bowling

We have a team entered in the indoor league at Turpin's indoor rinks in Saffron Walden who play on Thursday afternoons during the winter, let's just say that we are holding up the rest of the teams at the moment.

On Wednesday afternoons we are now playing carpet bowls in the clubhouse. This is

played on a 30ft by 6ft mat with bowls that are smaller and lighter than those use outdoors. It's a light-hearted afternoon of entertainment with tea and possibly cakes. If you would like to give it a try please contact John Pampling on 07724 071959.

Social Members / Evenings

Since the last issue we have held our Race Night and Quiz evening and are looking forward to our live entertainment Las Vegas Night, on Saturday 16th November, with Antony Myers featuring the sounds of Frank Sinatra, Neil Diamond, Tom Jones and Dean Martin. Tickets will be on sale from the end of October and are limited so there will be no door entry on the night. To book your tickets, that are £10 a head, please contact Ray Hart on 07973 632923 or E Mail ray-janice@hotmail.co.uk. Remember you don't need to bowl to be a social member and join us at our regular Friday social evenings and take advantage of our facilities, events programme and bar at club prices. Keep a lookout on the Parish notice boards and on our website for details. Why not follow us on Facebook? Or even come over and meet us in person, we are a very friendly lot.

Our Christmas Party night will be on 21st December (the winter solstice) and although not mandatory, fancy dress or festive knitwear will be in evidence with also maybe a Christmas Karaoke.

Looking for a venue

The Clubhouse is also available for hire by the hour, half day and full day. If you need a venue for your club, meeting, party celebration please contact us either by Facebook or calling 01799 541196 and leave a message.

Maces Farms November 2024 update

Well, I think I finished last month's update that we were hoping to have a kind October for the farmers and unfortunately it has been anything but. It

has been our latest start to the Autumn Planting campaign for some years. With September having nearly double the average rainfall it was always going to be a difficult start.

Our winter barley went in in late September and is now up and you can see the rows quite well which is always nice to check that the drilling equipment is all working properly.





Although a very steady start we have got our Winter Milling Wheat in at North Hall. We will grow this for quality more than yield and expect the protein to be over 13% which is ideal for making a loaf of bread. The Hagberg also needs to be at the right number, which tests the activity of a certain enzyme basically how sticky or elastic the dough is. If there is not enough the wheat is only good for biscuit baking rather than bread baking. A good loaf of bread has always got a

place in my kitchen at home especially straight out the bread maker. We have also made a start of planting our low-grade milling and feed wheats in between the showers and hope to continue until these are all in the ground. By the end of October last year the door had firmly closed on working the land until early spring. We rarely get 2 years the same so hoping for a dryer spell going into November so can get all our winter crops in the ground. It will certainly be a nice feeling when that does happen. Fingers crossed!

Mark Gemmill MGemmill@pegasi.co.uk







Saffron Walden Museum



Saffron Walden Museum

Visiting the Museum

Our standard opening hours are:

Closed Mondays (apart from bank holidays)

Tuesday, Thursday - Saturday 10- 5pm; Sundays & Bank Holidays 2-5pm

Wednesdays are currently reserved for pre-booked group visits by schools and other parties in term time.

Please note that during the Winter months, November-February, the museum closes earlier at 4.30pm, rather than at 5pm

www.saffronwaldenmuseum.org

We Choose To Go To The Moon

October 26, 2024 @ 10:00 am - March 2, 2025 @ 5:00 pm

From telescopes to tortoises, meteorites to the moon landing, Saffron Walden Museums next exhibition "We Choose to Go to the Moon" will showcase the fascinating science and culture of the final frontier.

See a facsimile of the Apollo 11 flight plan, get up close to meteorites and hear the fascinating stories of animals that have been to space. Explore the stars with a mini planetarium, and a star-filled infinity rocket with space



soundscape. Get a unique insight into the cultural history of space from religious beliefs and ceremonies to music, design and film.

The Museum would also love to hear your memories of the moon landing and ideas and questions about space, to take part please email museum@uttlesford.gov.uk

The exhibition has been possible with support from a range of local partners including The Gibson Walden Fund, Saffron Walden Community Shed, Thaxted Astronomical Society, North Essex Astronomical Society and Gerald Lucy of The Rock Gallery.

Our collections go into the wild

The past month has been a hive of activity for our esteemed World Cultures collection. Many unique and fascinating objects have been sent out for various exhibitions. For instance, our snuff and lime containers, used for betel nut consumption, have been selected to be featured in the Sainsbury Centre's exhibition "Power Plants: Intoxicants, Stimulants and Narcotics" in Norwich. This is part of their "Why Do We Take Drugs" season, running from September 14th to April 27th.

Equally unique, our carvings, sculptures, pots, and even a mummified cat have journeyed to the far northeast (of Essex) to be part of "Leonora Carrington: Avatars & Alliances" at the Firstsite Gallery in Colchester, from October 26th to February 23rd. These selections highlight the exceptional and diverse nature of our collections, which reach far beyond Uttlesford and are featured in exhibitions, books, and even on TV.



Quendon & Rickling 100 Club

Congratulations to the latest winnersOctober 20241st PrizeM Atlee2nd PrizeP Waites3rd PrizeT Wilson59

Quendon & Rickling 100 Club generates a source of funds for the Village Hall and both our two churches, All Saints, Rickling and St Simon & St Jude, Quendon.

Emergency Life-saving

Should someone suffer a cardiac arrest or show symptoms of a heart attack e.g. pains in the chest, then your first action should always be to phone the ambulance service on 999. The service will refer you to our Automated External Defibrillator which is at the front entrance to Quendon & Rickling Village Hall. Another is sited outside Reception at the front of Rickling School. Anyone can save a life by using one of them until an ambulance arrives. In addition you can seek help from any of the volunteers listed below.



5					
Name	Home Telephone	Locality			
Robert Arnold	01799 543075	Northern end - Cambridge Road			
Sandra Arnold	01799 543075	Northern end - Cambridge Road			
Chris Phillips	01799 542351	Middle - Cambridge Road			
Sue Phillips	01799 542351	Middle - Cambridge Road			
Wendy Stannard	01799 541869	Middle - Cambridge Road			
Paul Carrol	07889 344869	Southern end - Cambridge Road			
Joanne Hales	07903 596011	Rickling Green			
Janice Hart	01799 541196	Rickling Green/Brick Kiln Lane/Rickling			
Ann Merrit	01799 542110	Rickling Green/Brick Kiln Lane			
Tom Duncan	01799 541299	Brick Kiln Lane			
Sue Joannou	07805 037586	Rickling Green			
Jacolin Lampon	07710 281382	Southern End - Cambridge Road			
For further information see www.communitybeartheat.org.uk/					

For further information see www.communityheartbeat.org.uk/

Remember: Using the defibrillator can't cause injury. Doing nothing can.

What's On

Where no organiser is shown for any event in Q&R Village Hall, contact the Hall Manager, Christine Osbourn on 01799 543367 for details

Event	Date	Time	Place	Notes
Saffron Searchers	1st Monday/month	20.00-22.00	Q&R Village Hall	
Pilates	Mondays			Jan Crawley 07742 182272
Dance Exercise	Tuesdays	10.30-11.30	Q&R Village Hall	Christine Alexander
Community Café	3rd Weds/month	10.00-12.00	Q&R Village Hall	Angela 01799 218061
U3A Choir	Wednesdays	11.15-13.15	Q&R Village Hall	
Carpet Bowls	Wednesdays	pm	Quendon Bowls C	lub John Pampling 07724 071959
Social Evening	2nd & 4th Fridays	19.00-23.00	Quendon Bowling	Club
Golf Society Mee	8th November		Contact Brandon C	Chapman 543518

What's On (cont.)

Remembrance Sunday 10th November 18.30Las Vegas Night16th NovemberBowls cCommunion24th November11.15

r18.30Quendon ChurchBowls clubTickets in advance only contact Ray Hart 07973 63292311.15Rickling Church

The Link is published on behalf of Quendon & Rickling Parochial Church Council, who do not necessarily share or endorse any opinions expressed by contributors or advertisers. It is created, printed and delivered entirely by volunteers. Advertising supports the maintenance of our church buildings and their grounds, but largely covers the costs of production.

The Link is delivered free of charge to every household in the villages of Quendon and Rickling and is available online at: https://www.quendonandrickling.co.uk

All correspondence for *The Link* should be addressed to the editor, Sandra Arnold, by e-mail: sandra@arnold-q.uk, or at Talbots, Cambridge Road, Quendon, CB11 3XJ; otherwise telephone 01799 543075

Please supply copy by the 19th of the preceding month.





Reconnect to your life

Whatever your hearing difficulty, angli-EAR Hearing uses the most up-to-date tests and equipment to find the best solution for you.

Independent autinitigy experts you can trust

-term -- terms

BOOK ONLINE www.angliearhearing.co.uk

Binwash

Commerciul & Domestic

heelie

Low cost & highly efficient service!

Professional machinery High pressure wash and dried Disinfected and deodorised 4 weekly schedule or 1 off visit

www.binwash-uk.com 01799 529899 enguiries@binwash-uk.com NICK SHUTES PAINTING AND DECORATING LTD

0

01223 661399

info@aradiearhearing.couik

High quality interior and exterior redecoration Woodwork repairs and replacement

> Fascias, soffits and cladding 01799 542385 or 07885 778213

www.nickshutesdecorating.co.uk

CAMWOOD HOME IMPROVEMENTS

Boiler Installations and services Cylinder Installations Heating Kitchen refurbishments Garage conversions

References available - Fully insured Free advice & estimates - Competitive rates Office: 01279 814296 Mobile: 07714 300920 Email: canwoodhomeimprovements@outlook.com Gas safety registered engineer





Shire Hill, Saffron Walden 01799 523314

High Street, Saffron Walden 01799 513513

Also at Duxford, Cambridge and Haverhill









All Domestic & Commercial works undertaken www.shelfordheating.co.uk

T: 01223 833426 E: sales@shelfordheating.co.uk

TONY WOOD

Qualified Registered Electrician

All electrical works undertaken

Re-wires, new circuits, extensions. **Replacement Consumer Units** Electric showers, heating, additional sockets Internal and external lighting

> Free advice & estimates **References** available Competitive rates Fully insured

Please ring Tony on 07714 300920 01279 814296

Or e-mail camwoodhome@outlook.com Electrical Safety Register Approved Contractor

Electrical Safety Register Se alessa direa



Jacolin Sheaf (Lampon) D.O. 4a Red Cottages, Cambridge Road, Quendon, Saffron Walden, Essex CB11 3XH

Structural Osteopathy, Cranial Osteopathy. Treatment of back and neck pain, muscle and joint pain, Tension headaches, trapped nerves and sports injuries. **One-to-one Pilates instruction.** Specialist Clinic for pregnant mothers, habies and children.

Tel: 01799 543444

Email: info@quendonosteopathy.co.uk Web: www.quendonosteopathy.co.uk

> ONSITE PARKING AT THE NEW CLINIC





Consultation - Installation Renovation - Personal Service

Other products too! Just ask. 01279 626389

andrewbanks.co.uk

WILLOWS FIELD CHIMNEY SWEEP

07888 627465

willowsfieldchimneysweep@gmail.com

CHIROPODIST

Mrs Julie Golden HPC Registered/State Registered

Home Visiting Practice

Est.1994 01279 873492

Mobile 07916 075451

A professional service at a competitive price



Grass & Hedge Cutting Fencing Turfing Patio & Driveway Cleaning Grounds Maintenance Contracts

Contact Will Grange - 07516783138





Boiler Servicing & Repairs
 Full Central Heating Systems

 Bathrooms
 Underfloor Heating

 Landlord's Safety Certificates

 All work undertaken, fully insured & guaranteed

Phone 01799 542920 Mobile 07816 355483



Mother and Daughter duo. Est 1998 All types of internal and external decorating. Minor wood work and plaster repairs.

Free estimates.

Fully insured.

Contact Liz on **07815 817283** or liz.ellett@btopenworld.com



safe

AVAILABLE FOR : - CROWN REDUCTION/ THINNING - TREE REMOVAL - POLLARDING - FELLING - SITE CLEARANCE - FENCING - DECKING - TURFING -GRASS & HEDGE CUTTING - CONTRACT GROUNDS MAINTENANCE

CALL OR EMAIL FOR A FREE NO OBLIGATION QUOTE

TEL: 07834 785716 / 01279 850257 EMAIL: TCTREESURGERY@GMAIL.COM www.tctreesurgery.co.uk

