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Quendon & Rickling

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Parish

IEWS

and Church
October 2017



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From the 2017
Photographic Competition
"Metamorphosis"
By Pat Turner

Visits: If you would like the Vicar to visit you at home or in hospital, or know of anyone who would like him to visit them, please let the Vicar know.

The Rev'd. Neil McLeod, The Vicarage, 5, Meadowford, Newport, Saffron Walden, Essex, CB11 3QL

**Telephone:** 01799 540339 E-mail: mcleod444@btinternet.com

## From the Vicarage Study Rev. Neil McLeod, Priest-in-Charge of Newport with Widdington, Quendon and Rickling.

A s I write this piece for The Link magazine the weather has taken a sharp turn towards autumn, even though we are still only the middle of September. It really did seem as though it was sunny and warm one day, and the next it was very cold. A number of people I know have told me that they put their heating on. I'm resisting that at the moment as my head says it is far too early to put heating on; so jumpers are the order of the day. Yet, I watched the BBC weather forecast rather surprised to hear Carol Kirkwood say that it was going warm up towards the end of the week.

I've done a number of weddings recently in Quendon church and really I have no idea what the weather is going to turn out like. Fortunately, whilst it has been a bit chilly on some of the days, none of the weddings have been ruined by rain. I even conducted a wedding where it was dry as the bride arrived, it rained heavily whilst people were in church, then it was dry for the photographs. Goodness knows what is happening.

It seems that these days we tend not to have our four traditional seasons: summer, autumn, winter and spring. It seems that after a beautiful summer's day so our weather can become more autumnal, and in the beginning of spring we can still get very cold weather with sleet or snow. This year I remember having to put the heating back on because we suddenly had a very cold snap of weather. That followed a winter without much snow and some very mild or warm days indeed. Our seasons may indeed be a thing of the past.

One place that still has seasons is the church, and as we move into October we shall be getting ready to celebrate our Harvest Festival on Sunday 8th October. Our service may not exactly be in line with harvests that take place around us, but it is still good for us to gather together to give thanks to God for what he had provided us with. It is also one of the times we gather to pass on the bounty of a good harvest to those who are less fortunate than ourselves. So we shall be doing our collection of tinned and dried goods which will be donated to charity – which the PCC have yet to decide upon. Last year it was Streets2Homes in Harlow which supports homeless people.

Moving into autumn also means that we look forward to special services in November:

- On the 5th November at 6.00pm in Newport Church I shall be holding our annual Commemoration Service. This service allows us to remember loved ones who have died, and to come forward to light a candle for them. Families for whom the church has conducted funerals will be invited but the service is open to ALL who continue to grieve.
- On Remembrance Sunday we shall have two services. Our Remembrance Day service is at Newport Church as we gather by the War Memorial by 10.50 for our act of remembrance before making our way into church for the service.
- In the evening at 6.00pm there will be a Communion Service at which the names of those people from our villages who fell in the wars shall be read out.

All of the above services are open to everyone, so I hope that I shall see you at some of them.

Neil



### **Contact details for local Police**

Essex Police operate through Local Policing Hubs, and it is not possible to contact individual members of that team for day-to-day activities.

The recommended procedure is to contact the police using the 101 service (if 999 is not appropriate, i.e. for non-emergency situations). Calls to the 101 Centre will determine how to respond and, where appropriate, this will be passed to either Response Officers or members of the Local Policing Hub.



### Priest in Charge of Newport with Widdington and Quendon and Rickling.

The Rev'd. Neil McLeod, The Vicarage, 5, Meadowford, Newport, Saffron Walden, Essex, CB11 3QL

Telephone: 01799 540339 E-mail: mcleod444@btinternet.com

**Churchwardens - Quendon:** Mrs Maureen Hawkins 01799 543201 and Mrs Christine Osbourn 01799 543367

Rickling: Lisa Huxtable 01799 542995

**Treasurer - Quendon and Rickling:** Mrs Sandra Arnold 01799 543075

### **Church Services in the Benefice**

### **Sunday 1st October**

9.30am Widdington Harvest Festival Service

3.00pm Newport Celebration of Newport Village

### **Sunday 8th October**

8.30am Widdington BCP Communion

9.30am Quendon Harvest Festival Service

11.00am Newport Harvest Festival Service

### **Sunday 15th October**

9.30am Widdington Holy Communion 11.00am Newport Holy Communion

6.30pm Henham Deanery Service

### **Sunday 22nd October**

8.00am Newport BCP Communion 9.30am Rickling Holy Communion 11.00am Newport Morning Worship

### Sunday 29th October

Newport

3.30pm

9.30am Widdington Benefice Holy Communion

Messy Church

with Prayers for Healing

### **Sunday 5th November**

9.30am Widdington Family Service
11.00am Newport Family Communion
6.00pm Newport Commemoration Service

**Sunday 12th November** 

10.50am Newport Remembrance Sunday Service
6.00pm Quendon BCP Communion with Reading
the Names of the Fallen

### **Sunday 19th November**

9.30am Widdington Holy Communion 11.00am Newport Holy Communion 6.00pm Rickling Evening Prayer

### **Sunday 26th November**

8.00am Newport BCP Communion
9.30am Rickling Holy Communion
11.00am Newport Morning Worship
3.30pm Newport Messy Church

## In addition to these services, prayer meetings are held as follow:

Quendon, Mondays 4 30 pm Rickling, Thursdays 9 00am Widdington, Tuesday 9 00am Newport, Wednesday 4 30 pm.





### **Editor's Note**

Mrs A. and I went intending to see the Life in the Ice Age exhibition (above), but after seeing only a fraction of the other amazing displays in **Saffron Walden Museum**, we didn't have any time left for the special exhibition!

### **Quendon & Rickling Parish Council News**

### **Parish Council Meetings**

There was no Parish Council meeting in August but there was still plenty of activity with the Parish Councillors who attended various meetings on behalf of Quendon and Rickling residents.

Ongoing discussions include parking issues around the village, the feasibility of a traffic island on the B1383 and broken footpath signs to name just a few.

The Village Asset list is currently being updated as well as work on Assets of Community Value; these are important, lengthy pieces of work which will ensure the protection of our assets for the future.

There is concern surrounding our lovely bluebell wood. It would appear that bike jumps have been constructed in areas which are putting the regrowth of bluebells at risk. As well as us residents, visitors come from far and wide to admire this picturesque scene. It would be helpful to all, if the importance of adhering to the footpaths, and not building anything that would spoil this lovely area be passed on to those that may not get the opportunity to read this publication.

Quendon and Rickling PC can be found on Facebook, we would be happy to receive your comments.

### Village website

The draft minutes are published on the Village website around ten days after the meeting which you may find of interest along with lots of other useful information.

### **Welcome Packs**

The Parish Council provides a Welcome Pack of information for new residents to the Village. The pack has now been updated and delivered to known new residents. If anyone knows of any newcomers to the village that have not received the pack, do please let the

Clerk know on the contact details below and a welcome pack will be dropped off to them.

### Allotments

Anyone interested in taking up an allotment should call Peter Warwick on 01799 543526.

### **Dog Fouling**

We are again having problems with dog owners not clearing up after their dogs. This is a popular area for dog walkers from surrounding villages. Perhaps all could be reminded of the importance of keeping the area clean for the benefit of everyone.

### **Highway Problems**

The Essex Highways website is available for anyone noticing a problem to report it: http://www.essexhighways.org/Report-a-problem.aspx A tracking facility for all reported faults is available.

### **Police/Crime**

The Essex Community Messaging Service provides useful information to the public about policing and safety issues. It is free to register and information is given relative to your postcode, thus providing accurate and upto-date community safety information and crime prevention advice. Users can choose to receive information via e-mail, text or voice-recording and can select what information to receive — based on where they live and work and on issues of interest. For further details and to sign up, visit www.essex.police.uk/ecm

### **Contact the Parish Council**

The Clerk, Anne Webb can be contacted by e-mail quendonandrickling.clerk@hotmail.com or by telephone 01799 543988.

### **QUENDON AND RICKLING FUN RUN 2018**

We are pleased to advise that the 2018 Fun Run will be returning on Sunday 24th June.

We are looking forward to another great turnout of runners and spectators. The Fun Run is a fantastic event for our villages as a whole and provides our village school with much needed support.

We are currently in the process of securing sponsors for 2018. We believe it is important to keep our sponsors local with ties to our villages and school.

Our event is becoming increasingly wide-spread and provides a great opportunity for promotion of our local companies and businesses.

We are able to provide a range of sponsorship opportunities and we would love to hear from our local business community who are interested in supporting this event.

Please do contact **Stephanie Bridgewater** if you would like to discuss our sponsorship opportunities.

Many thanks and we look forward to seeing everyone next June.

The Fun Run Race Team.

Contact details:

Email. stephbridge@btinternet.com

Mobile. 07967 981003

### This month's message from the Chairman of the Parish Council

First up, a note to **dog owners**. Not a moan, but a polite request. Please remember that not everyone is a dog lover. Even those who do like dogs, don't necessarily appreciate having muddy paws or slobby chops leaving deposits on their clothes and hands. Even fewer like side-stepping other deposits which are left on the ground, on paths or in grass where children play. Please, when walking your dog, consider others. Pick up their mess and if they are not sufficiently well trained that they will obey a command to come to you, keep them on the lead.\* Thank you.

The **Village Plan Action Group** continue to work hard for us and one of the things they have asked me to do is to explain the role of the PC in the context of local government. So I'll have a go now.

A Parish or Town Council is the bottom rung of local government. They are empowered in law to do a number of things, which include, but are not limited to:

- setting the precept which is paid by residents to the District Council as part of the Council Tax
- spending public money from the precept, in accordance with legislation and rules of probity
- providing local community services such as the regular skip, responding to planning applications and more.

The last is the one that takes up most of our time by far, though it's worth remembering that our response to the planning department doesn't necessarily have much effect on the outcome. Our behaviour in these matters is governed by rules of conduct which to some extent we can set for ourselves, but in practice we are signed up to those set by the District Council. We are answerable to the monitoring officer at UDC and can face penalties, including criminal proceedings if found to be in breach of the rules.

Essentially though, we are a group of unpaid volunteers, in the case of Q&R seven councillors, and a paid clerk to the PC, who meet once a month to deal with the administration of looking after our villages. None of us is a councillor due to any particular political leaning as in the District Council. In fact, if anybody at a PC meeting attempted to promote any political party or policy, I would ask them to stop immediately, and if necessary suspend the meeting. The PC is absolutely not a political body.

So who can become a councillor? Any adult who lives locally, does not have a criminal record and who cares about their community. Whenever there is a vacancy on the PC or when local elections take place, you can stand as a candidate. If nobody comes forwarded the existing PC's are 'elected unopposed'.

That's it in a nutshell. Of course there is far more to it than that but I couldn't tell everything here. A suggestion though. If you would like detailed information on anything concerning the work of the PC, write your question to the Editor and I'll give you the best answer I can in the next edition.

I've bored you long enough so I'll leave you with my next thrilling example of the misuse of English....

Local Area Network in Australia – The LAN down under.

Alan.

\* Under the Road Traffic Act 1988 it is a criminal offence for a dog to be on a designated road (ie. a public road) without being held on a lead. Editor.



### Apple Pressing – Sunday 8th October 2pm Rickling Green

Would you like to turn your excess apples into juice – or perhaps have a go at making cider?

The Village Apple Press will be set up on The Green near the Pavilion on Sunday 8th October from 2 till 5pm.

Come along and bring some apples or just turn up to lend a hand turning apples into juice and tasting the finished product. Last year we pressed about forty litres of juice so I'm sure there will be plenty available.

Please remember to bring a container or two if you want to take away some juice.

The Village Plan Action Group

## A message from Jack Livings, our local Royal British Legion co-ordinator.

It is sad that the Legion has only the Pub and School selling poppies at remembrance time, and no house-to-house sellers in Quendon and Rickling.

If you are able to spare perhaps an hour a year doing this to help those who gave so much for us, please ring me on 01799 550539.

No reward, but you get a nice warm feeling of helping our servicemen, whose lives have been shattered for our country, and their dependants. "Greater love hath no man than this, that he lay down his life for his friends."

Jack Livings, WW2 Veteran (aged 95!)

Advertising in The Link

reaches every household in Quendon and Rickling at attractive rates.
It could be promoting YOUR business.

Contact:

Advertising on telephone 01799 543297 or

The Editor, preferably by e-mail with attachments as necessary at robert@arnold-q.uk;

otherwise telephone 01799 543075.

### THE HUNDRED PARISHES SOCIETY



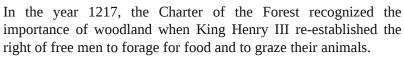
www.hundredparishes.org.uk

August

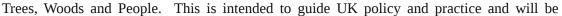
Trees are an essential part of what makes the landscape of the Hundred Parishes so distinctive, as silhouettes on the horizon or adding to the pleasing appearance of a garden, tree-lined street or churchyard. Trees enhance our lives, they frame a view, produce oxygen and give shelter from excessive sun or wind. They absorb carbon dioxide, help reduce flood risk and provide fuel and timber.



Certain species furnish us with fruits or nuts and all support various forms of wildlife.

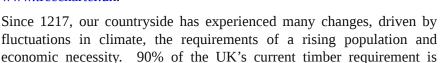


The Woodland Trust is leading a project to highlight the importance of trees today through a new ten-point Charter for





launched on 6th November 2017, the 800th anniversary of the Charter of the Forest. I encourage you to review and, hopefully, sign up to the Charter via the website www.treecharter.uk.



imported but some is produced in woods within the Hundred Parishes, some managed by the Woodland Trust or the Wildlife Trust and open to the public. The What's On page of the Hundred Parishes verbeits includes apportunities to participate in vegetland conservation activities.

Hundred Parishes website includes opportunities to participate in woodland conservation activities.

One way to appreciate trees is to take a leisurely walk in the local countryside. There are a number of suggested routes on our website, whilst Hatfield Forest, run by the National Trust, has some 2 square miles of ancient forest to explore.



Wall box in own brick surround, Finchingfield

Tricia Moxey, Trustee

### September

We are in an age of texts and emails but I'm sure we all use the local post box from time to time. What a lovely sight those bright red boxes are.

Britain's first roadside pillar boxes were installed in 1852 in St Helier in the Channel Islands following a recommendation by Anthony Trollope, then clerk to the surveyor of the South West District of the Post Office. Since then there have been many different styles. Wall boxes were introduced in 1857 and boxes attached to lamps in 1896 to serve more rural communities.

Queen Victoria was the first monarch to have her royal cipher, VR, displayed and each monarch

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### THE HUNDRED PARISHES SOCIETY (cont.)

since has had their own design. Even during the brief reign of Edward VIII, 161 pillar boxes were cast. Many are still in use but, as far as I'm aware, there are no ER VIII boxes in the Hundred

Parishes.

Golden Pillar box in Elsenham

At least fifteen VRs are still in service around the Hundred Parishes, all in our Essex parishes. As far as I know, we have no round, standalone Victorian pillar boxes. All are wall boxes, built into a wall, including a tiny one at Roast Green, Clavering.

Following the 2012 Olympics, pillar boxes in the home towns and villages of gold medal winners were repainted in gold, the first occasion in modern times when the Tiny wall box at colour of a "live" box changed from the traditional red. In Elsenham, an EIIR pillar Roast Green, box, dating from our present monarch, celebrates the show jumping gold medal won by Ben Maher.



When you are out and about, I encourage you to see how many different types you can spot. And do leave feedback on our website if you find a VR or ER VIII that I was not aware of.

Ken McDonald, Secretary

### For sale

### Hotpoint TVFG85C 8Kg load vented tumble dryer



Yes it is of the range that required a safety adjustment and it took so long to have that done that we bought another dryer while we were Hence we no waiting! longer need this one.

It's a quality dryer, with a delay timer and lots of other knobs and switches.

The certificate of factory recall adjustment is available.

£75 or make us an offer!

Contact The Editor robert@arnold-q.uk (01799543075)

### Don't become one of these numbers!

Please behave sensibly on our roads.



### Saffron Club

Following my 70th birthday Party in the village Hall on the 22nd July I would like to thank everyone who came and contributed towards The Saffron Club who look after people with disabilities giving the carer respite. We collected £240.00 and this will go towards another activity or equipment at the Club and they would like to thank everyone.

Angie Hutton

### Quendon & Rickling 100 Club

Many congrats to this months winners;

Ball 41.....Job Tissot Van Patot

Ball 3.....Kathleen Whiting

Ball 90......Dawn White

Many congratulations to you all. Please give me a call if you would like to join us too.

Clare, 543637

### **Samaritans Shoe Box Appeal.**

We will be filling and sending the shoe boxes again; I will put the leaflets in both churches and the village hall. Information on what to put in the boxes can be found on the Samaritan website https://www.samaritans-purse.org.uk or you can find it by searching for "shoe box appeal". The boxes have to be completed and returned during the first two weeks in November. If you would like to contribute items but not make up a whole box, I will leave a box for donations at the churches. I will indicate where this will be collected from in next month's The Link. For further information phone 01799 543367. Thank you, Christine Osbourn

# Winter Fayre Sunday 19th Nov 2.00pm Quendon Village Hall

Make a note of the date for our great winter fayre.

We plan to have tombola, a huge raffle and many varied stalls and refreshments.

Help us to make our Winter Fayre a success. If you would like to have a stall, let Tracey know on Tel: 542095 - 077408 67252

Perhaps you are willing to make a cake or have items suitable for the tombola; please ring Maureen on 543201

More details in next month's The Link.

# Winstanley Day. Sunday 3rd December.

William Winstanley, 1628-1698, was born in Quendon and is known as the man who saved Christmas, when he refused to give up the traditional festivities when Cromwell forbade the season.

He's also remembered for his tales of a terrible dragon seen in the village of Henham.

To find out more and to see Quendon Church decorated in seasonal 17th century style come along to our Winstanley Day.

## CLAVERING FAMILY FIREWORK NIGHT SUNDAY 5th NOVEMBER

**Jubilee Field, Clavering** 

Doors open @ 4.30pm for food and drink No entry after 5.50pm Fireworks start @ 6pm

A traditional bonfire night and family friendly firework display

Buy your tickets in advance from the Fox & Hounds, Clavering

Adults - £5 (£6 on the night)

U16's - £2.50 (£4 on the night)

Family (x4) - £13 (£15 on the night)

### Q+R Golf Society at Essendon Old Course

On Monday July 24th we visited Essendon for a midsummer game of golf. Midsummer went missing that day, which was disappointing after such lovely weather almost to this date, but it didn't put our 12 golfers off and we met up for a late breakfast and were ready to play by 10.30. The drizzly rain was fairly relentless and the temperature was about 15 degrees, but four teams of three set out in good spirits, mostly in full waterproofs! We know how to enjoy ourselves. Essendon golf course is set into beautiful old parkland and was a real treat. We played a simple format of single stableford scoring which gives points per hole depending on shots taken and handicap. If you are playing well and to your handicap you should score 36 points so that, or better, is the aim. You never know what is coming up when you play golf and I can vouch for there having been some inspirational play and some dire stuff too. One player almost hit a hole in 1 and another hit a blind shot from underneath a conifer tree to get the ball back in play. All good stories for the after game discussion and chat in the superb clubhouse. It certainly was good to take the wet shoes and gear off and enjoy a late lunch of fish and chips to refresh us all.



We had two nearest the pin challenges; one was won by **Penny Ackerman** and the second by our guest **Chris Rossetto** (Fleur fame) so congratulations to them. The overall winner of the day was **Chris Rossetto** with 37 points who just pipped **Nigel Ackerman** with 36 - very well done to them both. Here are all three winners.

Big thanks to **Jaine Fieldhouse** and **Jan Rackham** for organising such a great day. Village golf took a bit of a break over the summer but will meet again on October 11th for a game at Thetford. Our members have no doubt done plenty of practising and playing at their own clubs in the intervening weeks and will be ready to meet up for our planned games this autumn. We're always looking to swell our numbers so do get in touch if you would like to join us. It's all about golf but it's also fun and only as serious as you want to make it. janewaite@hotmail.com

### **District Council News**

### Report from District Councillors Anthony Gerard and Neil Hargreaves

### **Neighbourhood Plan**

Thanks to everyone who completed the survey. We had 221 responses, which is about 7% of the population (all ages) of Newport, Quendon and Rickling. Our colleagues on other neighbourhood plans say anything above 3% is excellent! The responses have been extracted and formatted and will shortly be posted on the website <a href="http://www.nqrplan.org">http://www.nqrplan.org</a>.

What won't be on the website is the locations of the respondents. A 'No opinion' option was provided for those in one village not wishing to comment on matters specific to the other village. So it was interesting that a number of people did not take that option and of the 42 people liking large development in Quendon, 27 were residents of Newport. But out of those 27, 14 did not want large development in Newport. And vice versa there were six residents of Quendon not wanting building here but wanting it in Newport. I think we have a new acronym – IYBY!

Category	Policy	No opinion	Total neutral	Total like	Total dislike
HOUSING	[Allow development in Quendon & Rickling large enough to provide significant infrastructure eg a new Community Centre]	66		-	
		30%	18%	19%	34%
HOUSING	[Only allow infill in Quendon & Rickling]	64	50	75	32
		29%	23%	34%	14%

Most responses, however, were of equal application to both villages, and generally supportive of the policy suggestions. From some of the comments we see that on the cycle path question it should have been made clear that this meant not a white a line subdivision of the road but widening and clearing back the existing footways to create a shared cycle and footway.

The Steering Group had a follow up meeting with Rissa Long, who is the Essex Highways project manager for Uttlesford and Harlow. This was to match up draft policies and expectations from the survey with the reality of what could be delivered on the road issues.

Although mini roundabouts slow the traffic, Quendon does not qualify as the roads need to be of roughly equal status, typically B road to B road

For a pedestrian crossing, which got a big 'like' in the survey, (including a number of Newport residents!) the requirement for a traditional zebra is street lights and mean speeds below 35 mph. Otherwise it is the more expensive traffic lighted puffin or pelican crossings. But for an island with space in the middle for buggies and people, there are no set requirements and as this means narrowing the road, which reduces speeds, that might be a more deliverable option to achieve traffic calming and safety. We also learned a new phrase - 'desire line'. Crossing proposals are validated by a 12 hour visual survey to determine the desire line, which is where people most want to cross the road.

On the cycle path, Rissa is checking ownership of the roadside. If it is all Essex Highways this would be easier. A 3m width is needed for a combined foot and cycle way.

### **Ellis Trust Appeal**

Anthony and myself, members of Newport Parish Council and local residents, recently participated in a planning appeal against refusal by UDC for a 95 house application in Newport. It lasted four days and was in the format of a court case. There are barristers (calling each other 'm'learned friend'), and cross examination of witnesses, and you call the Inspector 'Sir'. I assume Ma'am if female. In my view it is a very poor application detrimental to the primary school, road safety and flooding. At the time of writing the outcome is awaited.

We learned a great deal, which might be of use if there are large unsuitable applications in Quendon and Rickling.

A particular frustration was the claim by the opposing barrister that professional reports override local observation. For example, the application has four accesses onto London Rd close together and immediately south of the Frambury Lane – Station Rd cross roads. Even the appellant's report said this was too close according to the accepted standards. But their consultant, with no justification, said it was fine. Such reports are produced to the brief of the applicant and paid for by the applicant and the consultants know what their client wants. So it is hard to see how they can be impartial.

A jury may be swayed either way by barristers but we hope that the experienced planning inspector will give reasonable weight to what locals had to say.

One of the lessons was to be very precise in wording policies in the Neighbourhood Plan. The admissibility of Newport's Village Plan hinged on one word – fields, plural. The planning consultant for Newport PC nailed this very effectively in a moment of courtroom drama. I won't bore you with the detail, but it is most important to avoid any ambiguities which might be of significance years later. The Newport Village Plan is from 2010.

### The surveys in Uttlesford Life

As the deadline for completion will have passed I can comment without fear of putting people off. I always feel I should fill them in, but I can't see anything useful coming out of the wording of the questions. They ask us to rank priorities between say emptying bins, providing council houses and colleting council tax. These are statutory duties and all need to be done, so whether we think they are high or low priority is irrelevant. The question about increasing or decreasing council tax is meaningless unless paired with what benefits or losses of services might be involved. Without that information my guess is no-one is going to tick for increased tax. Why waste resource asking questions to which you already know the answer?

An exception is the survey about the council tax discount for people on low incomes. The UDC scheme is more generous than most authorities. UDC is not currently short of cash and can afford to help people on lower incomes. I do fill in that section.

Neil Hargreaves

### Stop Press!

The Bowling Club is changing its practice night on Tuesdays at 18.00 to carpet bowls at 19.00. They also are holding whist drives every 1st and 3rd Saturdays each month starting the 7th of October.



## Rickling/Quendon Coffee Morning Club

### **Quiz and Fun Bingo**

Wednesday 18th October 2017 10.00 am – 12.00 pm



## All proceeds to go to the Village Hall Fund

Please contact: Carole 01799 543807 Quendon & Rickling Village Hall, Quendon CB11 3XQ

## Domestic abuse related crime is 8% of total crime

Domestic abuse is a serious and high-volume crime but it remains largely hidden leaving the victims trapped, powerless and isolated.

One in four women have experienced domestic violence and one in six men. Victims are often too afraid to speak and, in many cases, neighbours, friends and even family will suspect that the offence is taking place but are reluctant to become involved.

Crimestoppers has teamed up with MAV (medicsagainstviolence.co.uk) to launch a new Domestic Abuse campaign — a poster that prompts people to report any concerns about someone's safety.

If you have any concerns about reporting to the police, you can contact the independent crime-fighting charity Crimestoppers who offer a secure 24/7 service for third party information about domestic abuse or any other crime. All information given to Crimestoppers is anonymous through the **0800 555 111** phone number or online anonymously at <a href="http://crimestoppers-uk.org">http://crimestoppers-uk.org</a> and is passed to the police. The only way anybody will know you contacted us is if you tell somebody.

Crimestoppers is not an emergency service, so it is important to contact the police immediately using **999** if there is an emergency occurring.





## October 2017 at...



The Emoji Movie (U) Sun 1st 3pm, Sat 7th & Sun 8th 2pm, Tues 24th 3pm

Final Portrait (15) Sun 1st 8pm www.saffronscreen.com

Land of Mine (Under sandet) (15)

Mon 2nd 8pm

La Pobème (POH)

Trues 2rd 7 15pm

La Bohème (ROH)

Tues 3rd 7.15pm

Hamlet (Barbican)

Thurs 5th 7pm

Logan Lucky (12A) Fri 6th & Sat 7th 8pm
An Inconvenient Sequel: Truth To Power (PG) Sat 7th & Sun 8th 5pm
God's Own Country (15) Sun 8th & Mon 9th 8pm

Coriolanus (RSC) Thurs 12th 7pm Rough Night (15) Fri 13th 8pm

The Nut Job 2: Nutty By Nature (U)

Sat 14th & Sun 15th 3pm

The Limehouse Golem (15)

Sat 14th & Sun 15th 8pm

The Odyssey (L'Odyssée) (PG) Mon 16th 8pm

Victoria and Abdul (12A tbc) Fri 20th & Sat 21st 8pm, Sun 22nd 5pm & 8pm,

Wed 25th & Thurs 26th 8pm, Sat 28th 5pm

Back to the Future Day Sat 21st 12.30 – 5pm

Thomas and Friends: Journey Beyond Sodor (U tbc) Sat 21st & Sun 22nd 2pm Mon 23rd 3pm

Napping Princess (PG) *Anime special*Belle de Jour (18)

Jonas Kaufmann: My Italy (U)

Sat 21st 5pm

Mon 23rd 8pm

Tues 24th 8pm

Summer Holiday (U) *Dementia-friendly screening*My Life as a Courgette (PG)

Wed 25th 3pm
Thurs 26th 3pm

The Jungle Bunch (U) Fri 27th 3pm, Sat 28th 2pm Wind River (15) Fri 27th & Sat 28th 8pm

Alice's Adventures in Wonderland (ROH)

Howard's End (PG)

Sun 29th 2pm

Sun 29th 8pm

Insyriated (15)

Mon 30th 8pm

**Tickets:** Eve: Full price £7.90, 65 & over £7.10; Other adult conc: £6.10, 18 & under: £5.70 (£4.30 on Mon) **Day:** Full price £6.90, 65 & over £6.00; Other adult conc: £5.30, 18 & under: £4.50, Family ticket £20.00

For Special Event Tickets, please see website

Available from the Saffron Walden Tourist Information Centre, online at <a href="https://www.saffronscreen.com">www.saffronscreen.com</a>, or at the cinema Box Office (opens 30 mins before screening) at County High School, Audley End Road, Saffron Walden, CB11 4UH.

The Link is produced on behalf of Quendon & Rickling PCC, who do not necessarily share or endorse any opinions expressed by contributors or advertisers.

The Link is delivered free of charge by volunteers to every household in the villages of Quendon and Rickling. It is also available by post and online at: http://www.quendonandrickling.co.uk

All correspondence for The Link should be addressed to the editor,

Robert Arnold: preferably by e-mail with attachments if necessary: **robert@arnold-q.uk**, or at Talbots, Cambridge Road, Quendon, CB11 3XJ; otherwise telephone 01799 543075

Copy for each month is normally required by the 19th of the preceding month to allow for assembly, printing and delivery. *The Link* is assembled using Scribus software and is printed through the generosity of

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### What's On

Where no organiser is shown for any event in Q&R Village Hall, contact the Hall Manager, Christine Osbourn on 01799 543367 for details

Event	Date	Time	Place	Notes
<b>EXTEND Exercises</b>	Mondays	10.30	Q&R Village Hall	Pat Turner 01799 543314
Saffron Searchers	1st Monday in month	1 -	Q&R Village Hall	-
Dog Training	Mondays	-	Q&R Village Hall	Pauline Everton
Rainbows	Mondays	16.00-17.00	Q&R Village Hall	(Pre-Brownies)
Prayer Meeting	Mondays	16.30	Quendon Church	
Pilates	Tuesdays	09.00-10.00	Q&R Village Hall	Jan Crawley 077421 82272
Dance Exercise	Tuesdays	Morning	Q&R Village Hall	Christine Alexander
Dance Exercise	Tuesdays	Afternoon	Q&R Village Hall	Christine Alexander
Armadillos	Tuesdays (term-time)		Rickling School	Stevie Green 01799 542734
Coffee Group	3rd Weds in month	10.00-12.00	Q&R Village Hall	Angela 01799 218061/Carol 543807
U3A Choir	Wednesdays	10.30	Q&R Village Hall	
Wednesday Club	Wednesdays	-	Q&R Village Hall	Christine Osbourn 01799 543367
Carpet Bowls	Wednesdays	19.00	•	David Edwards 07804 954095
Prayer Meeting	Thursdays	09.00	Rickling Church	
Line Dancing	Thursdays	-	Q&R Village Hall	Dawn Bond 01787 460274
Rickling Runners	Thursdays	19.30	The Green	Stevie Green 01799 542734
DiddiDance (2-4yrs)	) Fridays	10.00	Q&R Village Hall	
Social Evening	Fridays	19.00	•	David Edwards 07804 954095
Whist Drive	1st & 3rd Saturdays	19.30	-	Tony Green 01799 218796
Harvest Festival	8th October	09.30	Quendon Church	
Apple Pressing	8th October	14.00-17.00		
Q&R Golf Society	11th October	12.00	Thetford Golf Club	janewaite@hotmail.com
Coffee Morning	18th October		Q&R Village Hall	
Holy Communion	22nd October	09.30	Rickling Church	
Commemoration	5th November	18.00	Newport Church	
Fireworks	5th November	16.30	Jubilee Field, Claverin	ng
Remembrance	12th November	10.50	Newport Church	
Remembrance	12th November	18.00	Quendon Church	
Christmas Market	17th November	13.00	Osca Hall, Henham	
Winter Fair	19th November	14.00	Q&R Village Hall	
Evening Prayer	19th November	18.00	Rickling Church	
Holy Communion	26th November	09.30	Rickling Church	

### **Emergency Life-saving**

Should someone suffer a cardiac arrest or show symptoms of a heart attack e.g. pains in the chest, then your first action should always be to phone the ambulance service on 999. The service will refer you to our Automated External Defibrillator which is at the front entrance to Quendon & Rickling Village Hall. Anyone can save a life by using it until an ambulance arrives. In addition you can seek help from any of the volunteers listed below.

Name	<b>Home Telephone</b>	Locality
Alan Price	01799 542527	Northern end - Cambridge Road
Jane Price	01799 542527	Northern end - Cambridge Road
Robert Arnold	01799 543075	Northern end - Cambridge Road
Chris Phillips	01799 542351	Middle - Cambridge Road
Sue Phillips	01799 542351	Middle - Cambridge Road
Nigel Ackerman	01799 540678	Middle - Cambridge Road
Anne Howes	01799 543545	Southern end – Cambridge Road
Gemma C.	01799 540358	Southern end - Cambridge Road
Sandy Turner	01799 540557	Rickling Green
Pat Turner	01799 543314	Rickling Green
Janice Hart	01799 541196	Rickling Green/Brick Kiln Lane/Rickling
Clare Willoughby	01799 543637	Rickling Green/Brick Kiln Lane/Rickling





For further information see www.communityheartbeat.org.uk/

Remember: Using the defibrillator can't cause injury. Doing nothing can.

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