

# The Link

Quendon & Rickling  
Parish  
and Church

You can find *The Link*  
and much more at  
[www.quendonandrickling.co.uk](http://www.quendonandrickling.co.uk)

## NEWS

March 2018

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*David Turner*  
*View of River Douro from*  
*Botanical Gardens Porto*



Visits: If you would like the Vicar to visit you at home or in hospital, or know of anyone who would like him to visit them, please let the Vicar know.

**The Rev'd. Neil McLeod**, The Vicarage, 5, Meadowford, Newport, Saffron Walden, Essex, CB11 3QL

**Telephone:** 01799 540339 **E-mail:** [mcleod444@btinternet.com](mailto:mcleod444@btinternet.com)

## From the Vicarage Study

Rev. Neil McLeod,

Priest-in-Charge of Newport with Widdington, Quendon and Rickling.

**W**ell, I am now fully bionic! That's what I tell people now that I have had my second cataract operation. My right eye was 'done' last October and the procedure on my left eye happened on 16th January. It's the reason I didn't get to write a piece for last month's *The Link* magazine. It is absolutely amazing what surgeons can do these days! Not only were the cataracts removed from both of my eyes but a distance prescription lens was inserted into each eye. I can't say that I didn't find each procedure stressful but the results make it worth it.

To put it into context you have to understand that I have been wearing glasses since I was 9, so that's 47 years in total. In fact I have very few photographs of myself where I am not wearing glasses, and then it is probably just a really old school photograph. In fact my whole identity and image of myself was with glasses on. But no more! Because of the distance prescription lenses I find that I no longer need to wear my glasses for walking around, watching TV or even driving. Which means at aged 56 I have been able to buy my first pair of sunglasses. Astonishing! I still need to wear glasses for reading & laptop work but I splashed out on a pair from Poundland that does the job well. Someone had given me a pair but they were not the right strength. So I can see things clearly without glasses, and the colours and light are that much brighter. Seeing with different vision has clearly changed my life!

My story could also act as a metaphor for seeing Jesus (or Christianity if you wish). The gospels contain several accounts where Jesus heals people who are blind, thereby enabling them to see. When the apostle Paul has his conversion experience on the road to Damascus he is blinded, but we are told that later something like the scales of a fish fell from his eyes enabling him to see again. Yet the Bible isn't just talking about seeing the world in all of its colour & brightness, but seeing things spiritually as well. In his conversion Paul 'saw' Jesus for the very first time – not physically as Jesus had already ascended to heaven but spiritually within his mind's eye.

Sometimes we all need to change our vision, or change our perception to see Jesus in the world around us; whether it be the beauty of creation or the good deeds done by family and/or friends. It is my encouragement and hope that you will do that. If you want to see and experience Jesus but are struggling then please contact me and I can help. My vision changed, and it was amazing – my life changed for the better. Change your vision – see Jesus who is amazing and let your life be changed for the better.

Neil

### Contact details for local Police

Essex Police operate through Local Policing Hubs, and it is not possible to contact individual members of that team for day-to-day activities.



The recommended procedure is to contact the police using the 101 service (if 999 is not appropriate, i.e. for non-emergency situations). Calls to the 101 Centre will determine how to respond and, where appropriate, this will be passed to either Response Officers or members of the Local Policing Hub.



### Open Air Concrete Standing Space

Suitable medium caravan or motorhome.

Electric point, water.

Private lane on Quendon Park Estate.

£20 per week (negotiable)

Contact Pat Seeger 01799 541785

### Priest in Charge of Newport with Widdington and Quendon and Rickling.

The Rev'd. Neil McLeod, The Vicarage, 5, Meadowford, Newport, Saffron Walden, Essex, CB11 3QL

Telephone: 01799 540339 E-mail: [mcleod444@btinternet.com](mailto:mcleod444@btinternet.com)

**Churchwardens -** **Quendon:** Mrs Christine Osbourn 01799 543367 and Mrs Maureen Hawkins

**Rickling:** Lisa Huxtable 01799 542995

**Treasurer -** **Quendon and Rickling:** Mrs Sandra Arnold 01799 543075

## Church Services in the Benefice

### Sunday 4th March

9.30am Widdington Family Service  
11.00am Newport Family Communion

### Sunday 11th March (Mothering Sunday)

9.30am Widdington Family Service  
**9.30am Quendon Family Service**  
11.00am Newport All-Age Service

### Sunday 18th March

9.30am Widdington Holy Communion  
11.00am Newport Holy Communion  
**3.30pm Rickling Evening Prayer**

### Sunday 25th March

8.00am Newport BCP Communion  
**9.30am Rickling Holy Communion**  
11.00am Newport Morning Worship  
6.00pm Widdington Holy Communion, with Reading of the Passion

### Maundy Thursday

**7.00pm Quendon BCP Communion**

### Good Friday

10.30am Newport Messy Easter  
2.00pm Widdington Hour of the Cross

### Sunday 1st April

**9.00am Quendon Family Communion**  
10.00am Widdington Family Communion  
11.00am Newport Family Communion

### Sunday 8th April

11.00am Newport Benefice Morning Worship

### Sunday 15th April

9.30am Widdington Holy Communion  
11.00am Newport Holy Communion  
**6.00pm Quendon BCP Communion**

### Sunday 22nd April

8.00am Newport BCP Communion  
**9.30am Rickling Holy Communion**  
11.00am Newport Morning Worship  
3.30pm Newport Messy Church

### Sunday 29th April

**9.30am Quendon Benefice BCP Communion**

**In addition to these services, prayer meetings are held as follow:**

Quendon, Mondays 4 30 pm  
Rickling, Thursdays 9 00am  
Widdington, Tuesday 9 00am  
Newport, Wednesday 4 30 pm.

## THE ANNUAL GENERAL MEETING

Of

**The Quendon & Rickling  
Village Hall Committee**

Will be held on

**Wednesday 11th April 2018**

**at 3:00 p.m.**

In

**The Village Hall**

Please come and give your support  
All residents are entitled to attend and vote  
Coffee and biscuits will be provided



**RICKLING/QUENDON COFFEE  
MORNING CLUB**

**INDOOR BOOT SALE**

**Quendon & Rickling Village Hall**

SATURDAY APRIL 7TH

10.00-12.00 am (Sellers 9.00 am)

Tables £10.00

Contact Angela 01799 218061 to book a table

### **Quendon & Rickling 100 Club**

Many congrats to this month's winners.

93.....Barry Hutchin.....£35

34.....Christine Holt.....£25

10.....Michael Atlee.....£15

Many congratulations!!



## **This month's message from the Chairman of the Parish Council**

It's been brought to my attention that I was a bit misleading when I told you last time that we have requested a 4% increase in our precept for next year, so I'll try to set the record straight here, with apologies for causing any concerns. The 4% increase is not 4% of your entire council tax bill. It is an increase of 4% on the portion of your council tax bill that funds the precept. That's a very different, lower, figure. The actual amount of the increase that you pay will depend on the tax band of your property so I can't possibly tell you the actual figure applicable to each household, but the total will increase the precept by about £500 for the year. I hope you will agree that after eight years or more without an increase, this is an acceptable course of action, largely brought about by the decline of the Government grant scheme.

Parking in various parts of the village, particularly in the areas of Rickling Green Road, around the lay byes and south of Waterbutt Row, continues to be an issue. We all appreciate that this is a difficult problem to solve and we await advice from Essex Highways, but in the mean time, some care and consideration by all would be much appreciated. In essence though, please bear in mind that safety, particularly of pedestrians, is paramount.

Finally, a word of thanks to an anonymous Good Samaritan in Rickling. Members of the PC were recently shocked to find bags of rubbish, apparently dumped alongside one of the dog bins. It turns out that a UDC refuse collector had given permission to a local resident to leave them there to be collected when the bin was emptied. The lady concerned had done a substantial amount of litter picking along the nearby drainage ditch. So, whoever you are, thank you very much for such a community spirited piece of work. It is much appreciated and puts the rest of us to shame.

*Alan.*

*When a clock gets hungry does it go back four seconds?*

## **Quendon & Rickling Parish Council News**

### **Street lighting**

If you notice any street lights not working, please contact the Parish Clerk who will be happy to make the necessary arrangements to get them repaired. Enquires are being made with a view to replacing the existing lights with more modern LED alternatives.

### **Winter salt**

Just a reminder that salt is available and located in three bins around the village. They are at CONEY ACRE, THISTLEY CRESCENT and THE CRICKETERS ARMS. The use of this salt is really to de-ice public footpaths in adverse weather but adding a little to the path to your front door is OK. Take care in these conditions and please be aware that the salt can be quite heavy and sometimes difficult to extract from the bins. Should you have any problems please contact Brandon Chapman, who may be able to help.

### **Trees, hedges and power pylons**

If you have a tree or hedge which needs trimming but is next to an electricity pylon you would have understandable concerns about taking your loppers or pruning shears anywhere near electricity cables. Particularly when you see those signs "Danger of Death"! You will be pleased to learn therefore that UK Power is responsible not only for the pylons but also for clearing any vegetation around them. So, don't take any chances. If you do have hedging or trees adjacent to said pylons, contact UK Power.

### **Community Skip**

The next skip will be in the village on 24th March 2018.

### **Come Dine With Me**

Want to meet fellow villagers over a relaxing meal? Then "Come Dine With Me" could be for you. To find out full details please contact Ele Stoneham on 01799 5405519 or email at [elestoneham@gmail.com](mailto:elestoneham@gmail.com).

### **Welcome Packs**

The Parish Council provides a Welcome Pack of information for new residents to the Village. The pack has now been updated and delivered to known new residents. If anyone knows of any newcomers to the village that have not received the pack, do please let the Clerk know on the contact details below and a welcome pack will be dropped off to them.

### **Notice boards**

There are three notice boards in the village, sited at Coney Acre, Thistley Crescent and the Village Hall. If you would like anything posted on the notice boards please contact the Parish Clerk. The agenda for monthly parish council meeting is posted to each notice board.

### **Allotments**

Anyone interested in taking up an allotment should contact Peter Warwick on 01799 543526.

### **Dog Fouling**

The council has received permission to move the dog bin from Coney Acre to the Harcamlow Way bridleway off Brick Kiln Lane, a popular route for dog walkers. The move should be completed by the time you read this issue. This will hopefully encourage owners to bag it and bin it. Perhaps all could be reminded of the importance of keeping the area clean for the benefit of everyone.

### **Highway Problems**

The Essex Highways website is available for anyone

noticing a problem to report it: <http://www.essexhighways.org/Report-a-problem.aspx>

A tracking facility for all reported faults is available.

### Police/Crime

The Essex Community Messaging Service provides useful information to the public about policing and safety issues. It is free to register and information is given relative to your postcode, thus providing accurate and up-to-date community safety information and crime

prevention advice. Users can choose to receive information via e-mail, text or voice-recording and can select what information to receive – based on where they live and work and on issues of interest. For further details and to sign up, visit [www.essex.police.uk/ecm](http://www.essex.police.uk/ecm)

### Contact the Parish Council

The Clerk, Keith Williams can be contacted by e-mail [quendonandrickling.clerk@hotmail.com](mailto:quendonandrickling.clerk@hotmail.com) or by telephone 01279 814473

## THE HUNDRED PARISHES SOCIETY



[www.hundredparishes.org.uk](http://www.hundredparishes.org.uk)

Probably the earliest European windmill was a post mill. This had one large upright post on which the main body of the mill balanced. The whole mill rotated on this post to face the wind.

Next came the tower mill with a masonry body on which only the cap rotated. This allowed the main structure to be larger and taller.

The smock mill came later and here the brick tower was replaced by a sloping, weather-boarded tower or “smock”. Again, only the cap rotated.

We have some fine examples of windmills in the Hundred Parishes, most of which are carefully looked after by dedicated volunteers.



Great Chishill's windmill is an open trestle post mill; it was built in 1819 using timbers from an earlier mill. A very successful “sponsor a board” campaign by the Great Chishill Windmill Trust has raised much money to help conserve the mill.

Ashdon has a post mill built in 1757 by a carpenter, William Haylock. The mill ceased working in 1912. The

mill was gifted to the village in 2000 and registered in the name of Ashdon Windmill Trust Ltd, a registered charity.

Another post mill can be seen in Finchingfield. This has a single



storey round house and was built in the mid-18th century.

In my village of Stansted Mountfitchet stands a Grade II\* five-storey tower mill built in 1787 by Joseph Lindsell. It is also a Scheduled Ancient Monument.

I have mentioned only a few of the windmills that can be seen in The Hundred Parishes. There are others at Thaxted, Great Bardfield and Aythorpe Roding, plus more that no longer have sails. Several mills open to the public from Easter. Open days can be found on the What's On page of the Society's website at [www.hundredparishes.org.uk](http://www.hundredparishes.org.uk).



**Ken McDonald,**  
**Secretary**



### **Rickling/Quendon Coffee Morning Club**

#### **Pub Quiz and Fun Bingo**

**Wednesday 21st March 2018**

**10.00 am – 12.00 pm**

Please contact:

Carole or Angela on 01799 543807/218061



Quendon & Rickling Village Hall,  
Quendon CB11 3XQ

### **Rickling C.E. Primary School**

**Do you have a job that uses Science?  
Our children would love to hear from  
you. We would be grateful if you would  
either come in to show or talk to them  
about your scientific links. It can be any  
branch of Science so please contact our  
admissions at**

**[Admin@rickling.essex.sch.uk](mailto:Admin@rickling.essex.sch.uk)**

**Perhaps a few pictures including  
doctors, nurses, pilots, chemists/  
pharmacists, zoo keepers, personal  
trainers, engineers, mechanics.....**

**Thank you**








**Want to find out more about dementia research?**

Free short talks on Alzheimer's dementia, current treatments and the latest research. For all members of the public.

<b>Date:</b>	Wednesday 14 <sup>th</sup> March 2018
<b>Venue:</b>	Institute of Public Health, Forvie Site, Robinson Way, Cambridge CB2 0SR
<b>Start time:</b>	4.00 pm – 6.00 pm

<p><b>Talk:</b></p> <p>Introduction: Funding world class dementia research</p> <p>'Recreating human brain tissue from stem cells to study the nuts and bolts of dementia'</p> <p>'Watching protein aggregates to find out how they damage neurons'</p> <p>'The challenge of dementia – developing new treatments for people'</p> <p>'New approaches to the diagnosis of early Alzheimer's disease'</p>	<p><b>Speaker:</b></p> <p>Alzheimer's Research UK</p> <p>Professor David Klenerman – Cambridge University</p> <p>Dr Rik Livesey – Gurdon Institute</p> <p>Professor James Rowe – Cambridge University</p> <p>Dr Dennis Chan – Cambridge University</p>
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Free parking, tea and coffee provided.

Please book your free place on <https://www.eventbrite.com/e/molecules-to-memory-advances-in-dementia-research-tickets-39831239309> Limited tickets on the door, if space allows.

Or contact Merete Bergmann on 01223 760086 [www.alzheimersresearchuk.org](http://www.alzheimersresearchuk.org)

Registered charity numbers: 10571088 & 50042474

**Advertising in**  
*The Link*  
**reaches every household in Quendon and Rickling at attractive rates. It could be promoting YOUR business.**

Contact:  
Advertising on telephone 01799 543297  
or  
The Editor, preferably by e-mail with attachments as necessary at [robert@arnold-q.uk](mailto:robert@arnold-q.uk);  
otherwise telephone 01799 543075.

## District Council News

Report from District Councillors Anthony Gerard and Neil Hargreaves

### More highways matters

We understand the PC is submitting a full report to Essex Highways on various issues along the main road. In a smallish village where for most of the day there is little foot traffic crossing the road, and where there is no significant record of deaths or serious injury (I assume that is correct?) it is unlikely that Essex will want to consider any expensive measures. Or to flick this round to be positive, measures to deal with speeding, parking on the pavements and crossing the road need to be inexpensive.

A road engineer's solution to any problem is typically to put in more and expensive infrastructure. And Highways can despoil a Conservation Area, or anywhere, without troubling the planning authority. If householders did the same there would be immediate enforcement action by UDC. In Newport look at the crossing lights outside the grade 2 listed prison – the ones which stay red for too long, and don't work if there are vehicles in the sensor area, which somewhat defeats the object.

In the meantime, here is an alternative. It is one of the responses to the Neighbourhood Plan consultation last year, slightly edited.

*'The road through Quendon requires a re-modelling of the street scene to provide the following:*

1. *A clear understanding that the road is in a rural village*



## 2. Traffic calming measures

I understand that these two requirements can be viewed as mutually incompatible; that traffic calming measures would create a more urban environment. However, I do not think that this need be the case and it is possible for traffic calming measures to positively enhance the rural environment. This is achieved by removing excessive road markings and signage from roads, so that drivers are forced to think about the environment they are travelling through. This leads to lower speeds and lower accident rates. The leading proponent of this form of street design is a Dutch engineer called Hans Monderman. This is a link to an article in the New York Times about his vision and positive results - <http://www.nytimes.com/2005/01/22/world/europe/a-path-to-road-safety-with-no-signposts.html>. His methods are well established in Holland and have also been adopted in Britain; in London, Wiltshire and Norfolk. This is a link to Wiltshire County Councils assessment of the scheme they implemented [http://c.ymcdn.com/sites/www.apbp.org/resource/resmgr/files/wiltshire\\_county\\_council\\_cen.pdf](http://c.ymcdn.com/sites/www.apbp.org/resource/resmgr/files/wiltshire_county_council_cen.pdf). It states that the removal of central white lines from Wiltshire roads resulted in fewer accidents and injuries. A similar conclusion was reached by Transport for London in their scheme - <http://content.tfl.gov.uk/centre-line-removal-trial.pdf> and government endorsement of the benefit of removing driver friendly markings is provided in the UK Governments Manual for Streets, (Paras 9.3.1 – 9.3.3 and case study Starston, Norfolk, fig 9.2) <https://www.gov.uk/government/publications/manual-for-streets>.

In my opinion the B1383 through Quendon is ideal for such a scheme; with central lines being removed as you enter the village. Add a different coloured road surface, (as in the study at Starston) and you create an environment that both calms traffic and enhances the rural environment. This in turn will create the confidence that cars can be parked off of the pavement.'

The beauty of this is that removing white lines is cheap. Does anyone have Photoshop skills to show what this would look like? And if it should not be considered a success then it is equally cheap to paint them in again.



I live on the High Street in Newport. Cars parked fully or partly on the road during the day slow speeds very considerably. It makes it easy to cross the road anywhere. And Yes we do lose the odd wing mirror. But in the evening when the commuter and business cars have gone it reverts to a race track similar to Quendon. My experience is that lots of vehicles dotted along the road is beneficial.

### Councillors Surgeries

We are available every Thursday morning from 10.30 to 11.30 in Dorrington's in Newport and we take turns to attend the parish council meetings in the Village Hall.

Neil Hargreaves

Advertising in

*The Link*

reaches every household in Quendon and  
Rickling at attractive rates

**This space could be  
promoting  
YOUR business**

**It's just £12 for a month!**

**Contact:**

**Advertising on telephone 01799 543297 or**

**The Editor**

**preferably by e-mail at**

**[robert@arnold-q.uk](mailto:robert@arnold-q.uk),**

**or telephone 01799 543075**

### **Rickling CE Primary School News**

I would just like to announce that after much deliberation, I will be leaving the Federation of Rickling and Farnham C of E Primary Schools at the end of the Summer Term. It has been lovely to be part of such a great community over the last 5 years.

In the next few months I look forward to seeing you at the many school events before I leave.

Kind regards

Alan Gardiner

Executive Headteacher

### **From The Editor**

Each month I try to make *The Link* attractive, interesting, informative and even sometimes entertaining. Its format means that the number of pages needs to be a multiple of 4.

**Alas I had nothing more to go in this one!**

**I therefore make another plea to everyone in Quendon & Rickling to share anything that relates to our villages with readers of *The Link*. It doesn't even have to relate directly to Quendon & Rickling!**

***What do YOU do in our villages?***

***Please share a joke!***

***What events have we missed?***

***What is the history of your house - or one in which a member of your family used to live?***

***What events are taking place?***

***What have you seen about the villages and footpaths that engaged your interest? Did you make a picture to record it?***

***Would you like to join or start a group to play badminton, bridge, stringed instruments - anything?***

***Tell us of how things were in the past.***

***Today will be history tomorrow. Let's not lose it!***

*Robert Arnold, Editor*

**P.S. An advertisement this size costs £24 month! And I don't get a penny of it.**





## CRIME PREVENTION



### Theft from Motor Vehicles

Cars and vans are frequently broken into, a lot of these are from vehicles shown as being insecure vehicles, and these are preventable by just locking them. Number plates are also a common target for thieves; consider thief resistant number plates or anti-theft fixings but speak to your car dealer first as some may affect your warranty. Below are a few tips that may prevent you from becoming a victim:

You might also like to register your property on [www.immobilise.com](http://www.immobilise.com). This is completely free service. Please visit the website for more information.

**DON'T** tempt thieves by leaving any items on display.

**DO** CLEAN THE SAT NAV RING off the windscreen.

**DO** TURN BLUETOOTH OFF anything left in the car – it can be detected when on.

**DO** lock your vehicle at all times, even when parked on your driveway or when carrying out any work.

**DO** consider fitting additional locks on van doors

**DO** PARK REAR DOORS ON VANS up against garage doors or other to prevent access.

**DO NOT** just press the button on your fob to lock it – look at your car to see the lights flash etc to confirm locking; someone may be nearby with a “remote blocker” and stop your car from locking.

If you don't have an alarm consider fitting one.

**DO** try to park in a secure, well-lit area where possible, consider CCTV on your driveway.

If using a public car park – Try to use a “Parkmark” approved car park [www.parkmark.co.uk](http://www.parkmark.co.uk)

The following items are of particular interest to a thief so should never be left in your vehicle:

*Satellite navigation*

*MP3 systems*

*Mobile phones*

*Laptops*

*Wallets/ purses/ credit and debit cards*

*Cash/ cheque book*

*Electrical items*

*Jewellery*

*Power tools and work equipment*

*Vehicle registration documents*



**Empty your car before someone else does.**

If you see a crime being committed dial 999, if you know who is committing crime dial 101 or call Crimestoppers anonymously on 0800 555 111.

### Burglaris Disembowelis

On entering spring and as the weather changes once again we venture into the garden and garden centres.

Do you think of protecting your property while choosing that attractive plant? “Burglaris Disembowelis” using spiky plants and shrubs to protect your boundaries, vulnerable windows, statues and garden ornaments. Just think about it: fragrant attractive spiky plants and shrubs that can be used to deter the thief and burglar.

A trellis with a climbing rose looks nice, smells nice and those curved thorns are a great deterrent. In other areas such as in front of fences consider such as: Berberis, Mahonia, Holly, Pyracantha, the list is endless and if there is concerns about children within the garden then consider soft planting in front of it.

A chat to staff at your local garden centre will provide you with the knowledge to choose the right plant or shrub with the right habits or you can have a look at the list at: <http://thecrimepreventionwebsite.com/garden-boundaries-fences-and-defensive-plants/618/defensive-plants-shrubs-and-trees-shrub-fences/>

Barbed wire and spiky toppings are unattractive, make use of what nature has and unlike these it does not require a warning sign just a little care and attention.

When a large number of burglaries are committed at the back of properties it makes sense to protect your boundaries and keep robust tall gates securely locked. Don't forget your sheds security too, nothing of value in there? Well it adds insult to injury when they get your garden spade from your shed to break into your house.

For further crime prevention advice contact your local Crime Prevention Officer by dialling 101 or see <https://www.essex.police.uk/advice>.

### Garage and Shed security

Whilst most houses have adequate security what is often neglected is the shed or garage, “nothing much in there” I hear you say, “Just a garden spade and fork”, but these are perfect tools for a burglar to use to get into your house. Adds insult to injury when the tool used to break into your house is your own, so give it some attention.

Garages and sheds by the nature of their construction and position especially when away from the house are always going to be vulnerable. Quite often the supplied locks provide just the barest minimum security and are easily overcome so always consider supplementing the existing locks with further locking systems both for the doors and items within.

On garage doors this could be by adding locking bolts to both sides of the “up and over door” or a garage door defender in the ground in front of the door, if you have side door don't forget the security on this too.

With sheds coach-bolt and plate the padlock hasp sections to the frame and door, use a good quality “Close Shackle” padlock or a key operated mortice lock; don't

forget the hinges ensure they cannot be unscrewed.

Consider using "Ground Anchors" or "Shed Shackles" to chain larger items such as ladders, mowers and pedal cycles to (again good quality padlock and chain); keep chains tight so that it is not in contact with a surface it can be struck against. Protect windows with a wire mesh and fit a curtain or white wash the windows to prevent prying eyes.

Visibly security mark your property with your post code and house number as this reduces the value to the thief; you can register serial numbers free of charge at [www.immobilise.com](http://www.immobilise.com). There are also a number of commercially available security marking systems available that are suitable for a wide range of products and others for specific products.

It is also worth adding security lighting and a shed alarm to the shed or garage, there are even alarms available that

when activated call your mobile phone, these are relatively inexpensive and available from most DIY/hardware stores. If siting a new shed where possible position it within sight of rooms in the house routinely occupied.

Products that are fit for purpose can found by looking for the "Secured by Design" or "Sold Secure" logos, or on their websites [www.securedbydesign.com](http://www.securedbydesign.com) or [www.soldsecure.com](http://www.soldsecure.com).

Keep informed about crime and policing issues which affect you by signing up to Essex Community Messaging – [www.essex.police.uk/ecm](http://www.essex.police.uk/ecm). For further crime prevention advice see [www.essex.police.uk/advice](http://www.essex.police.uk/advice) or [www.thecrimepreventionwebsite.com](http://www.thecrimepreventionwebsite.com).



## "My money, my info, I don't think so!"



**Take Five to Stop Fraud** is a national fraud awareness campaign launched to help you take back control and beat financial fraud – particularly the growing problem of bank transfer scams.

### *My money, my info, I don't think so!*

Have you received an unexpected call, email or text asking you to provide personal or financial information or to send money? Remember to stop, take five and think before you reply.

Just because someone knows some personal details - such as your name and address or your mother's maiden name – does not mean they are genuine. They could be a fraudster. Here are some simple steps you can take to help you stay safe from financial scams. Remember:

- Banks or trusted organisations will **never** contact you asking for your PIN or full password, or to transfer money to a safe account.
- **Never** give out your personal or financial details unless you are **absolutely sure** you know who you are dealing with.
- **Always** question uninvited approaches asking for information – it could be a scam. Instead contact the company directly using a trusted email or phone number to check the request is genuine.
- Don't be tricked into giving a fraudster access to your details. **Never** automatically click on a link in an unexpected email or text.

### **Remember to always...**

**Trust your instincts:** If something feels wrong then it is usually right to question it. Fraudsters rely on your defences being down when you're in the comfort of your own home and on people being naturally trusting.

**Stay in control:** Be confident - refuse unusual requests for personal or financial information. It's okay to stop the

discussion if you do not feel in control of it

**And Take Five:** Always stop and think before acting.

Take five and say: **'My money? My info? I don't think so!'**

### **What to watch out for...**

**People aren't always who they say they are.**

Fraudsters use a range of tactics to target people and organisations. They often impersonate someone else and seek to exploit our naturally trusting natures.

They may pretend to be from your bank, card company, police, utility company, a government department or someone else you usually deal with and trust.

### **If you think you have been a victim...**

If you think there has been fraud on your card or bank account – or if you suspect anyone has attempted to compromise your financial details

– report it immediately to your bank or financial services provider and then contact Action Fraud on **0300 123 2040** or at [www.actionfraud.police.uk](http://www.actionfraud.police.uk). If you are in Scotland contact Police Scotland on **101**.

### **How criminals try to contact you...**

**Phone:** Fraudsters could call claiming they are from a bank or another trusted organisation. They can sound convincing and often do their research to find out your basic bank and personal details first.

**Text message:** Fraudsters send fake texts which appear to be from your bank or another trusted organisation. They

can use specialist software to place the message into an existing text conversation already on your phone from a genuine organisation.

**Email:** Fraudsters send scam emails which look just like a genuine one, but come from a different address and include links to a dodgy website. These may claim to be from a well-known or trusted company or organisation, like a bank, major online retailer, or technology company.

#### **Common scams.....**

**Requests to move money:** The fraudster contacts you pretending to be from your bank or the police and claims there's been fraud or suspicious activity on your account. They try to gain your trust and say you need to transfer your money to a 'safe account' to protect it. In reality, you are sending the money straight to the fraudster.

**Invoice scams:** Used to target businesses, criminals pose as a regular supplier claiming their bank account details need to change. The fraudster controls the new account and when the invoice is paid, they keep the money.

**House purchase scams:** a fraudster impersonates a house buyer's solicitor – typically sending an email which looks bona fide advising the house purchaser that the law firm's account details have changed. The unsuspecting house purchaser transfers funds – often running into several thousand pounds to the fraudster.

**Identity scams:** This involves the misuse of your personal details to commit crime. Your personal details are valuable to criminals and can be misused by them, or

sold on to others. Fraudsters can also use the information to make their scam approaches appear more genuine, by quoting your details.

**Courier scams:** Fraudsters target their victims by calling and pretending to be from your bank or the police. They typically claim there is an issue with your bank account or ask you to assist with an ongoing bank or police investigation. It can involve making you transfer money from your account to one the fraudster controls, getting you to withdraw money from your account and handing it over, or an associate coming to your home to collect your card and PIN.

**Scam mail:** Scam mail victims are drawn in by a surprise win and find themselves parting with money in order to claim a prize. You should never have to pay a fee to claim a prize especially for a competition that you may never have entered.

**Online shopping and auction scams:** The criminal places a fake ad for a high-value item, such as a car or a holiday rental. Rather than using the payment system recommended by the website, the fraudster asks you to transfer the money straight to their bank account. It's only when the item doesn't arrive or you find the place doesn't exist that you realise it's a scam.

<https://takefive-stopfraud.org.uk/>



## **QUENDON BOWLING CLUB a History - continued**

### **Chapter IIb**

In July [1947] a small crisis occurred with the handing to the Chairman a letter of resignation from the Club Captain. It would seem that a lack assistance from the membership in keeping the green and surrounds in good condition, fell on him alone to do this vital work. A hasty meeting was called, and this resulted in working parties being set up. The lack of assistance was partly caused by a fall in membership, owing to the high subscriptions being asked for. All was resolved however and Mr Brown's resignation letter was consigned to the fire.

It was at this time that a large fire enveloped Quendon Hall forcing Sir William to continue his duties from another place, and also his Presidency of the Club. Incidentally it was he who introduced "Rab" Butler to this constituency, taking over later as the MP. All was not lost however, for after some refurbishment his son-in-law occupied the Hall, and took on the mantle of the Clubs Presidency. He was of course Dr. Ellis, outstanding academic, being a professor of Medicine at Oxford University. Thus was his beginnings with the Club, and would continue for many years.

The fortunes of the Club continued to operate on a

shoestring, depending on whether sand, fertilizer, or maintenance on the mower was required, as to its solvency for that year. It must be remembered that little activity went on during 5 winter months, except for the annual meeting.

Some remedial work was carried out to the ends of the rinks, and timbers to the ditches re-aligned by Mr. Walters.

The Club was now entering the fifties and spreading its wings further afield in its fixture list. Sawbridgeworth Club was in the Q.B.C. bad books, as they let down a fixture the previous season. It transpired that they sent someone down to Quendon to inspect the green, decided it was unsuitable and promptly pulled out. Playing at home and with it the tradition of paying for the visitors refreshments was proving a bit costly to some of the members, but understanding in the team selections solved the situation.

The early fifties brought to the Chair Ray Collard, and it was he who instigated the policy of the AGM being held at the "Kings Head" after the annual dinner (another innovation), thereby gaining a good attendance. Elected



into the Captaincy was the Rev Woodcock the new incumbent of the local church, and it was he who introduced fixed nights for practice which was a great success. The Club meanwhile was trying to run matches of four full rinks, but finding it impossible to make up the numbers wanted. Outside players were having to be asked to complete the teams.

Into the scene now appears Col. Simpson, being elected to the office of Vice-President. It was at this time, 1954 that the question of a Ladies Section was raised in Committee. If enough ladies were to join, the Club would be only too pleased to accept them.

It should be realised that very few of the members owned their own bowls, the club lending them for matches, and as to possessing a full set, it was far out of reach. However the Club had been given, and bought enough bowls for all playing members, together with slips for play.

1955 saw the formation of an approved Ladies Section within the Club, taking advantage of the Committee's offer of a full free evening of play. This set a precedent by the "Rickling and Quendon Bowling Club" of a fully integrated Ladies bowling team, using all the facilities the Club had to offer. This was a unique gesture and I am sure paved the way for other clubs in N W Essex to emulate. Those ladies that formed the section and committee (P. Collard, Mrs. Mather, Mrs. Carmichael, Mrs Dickson) were the forerunners, paying for the evening sessions (6d) which later was included in the yearly subs, and thereby legalising the Section. Meanwhile the Fere Beaker was the only inter-club cup being played for, and it being usual for the winner to send back into the Club the small amount of money that went with it.

A rare event took place at the Clubs Annual dinner, with the presence of the President Sir Arthur (as he was now), the opportunity rising to thank him for the supply of worm killer and fertilizer he had given the Club over the years. In those days, of course, by virtue of being the squire or the most important local figure, the Presidency of any local organisation came naturally to them, and was rarely declined, not involving them in any activity unless so desired. This tradition had continued since the Club's formation, the occupants of Quendon Hall, being expected to form that function. Sir Arthur also presented to the Club for competition a handsome Cup. Also given the Club were four woods, and two silver cups to be competed for by the younger members.

A long serving member Jesse Woollard took on the care of the green and surrounds, his fee being donated back into the funds. Fixture cards covering the seasons play of some fourteen matches was produced, and the setting up of a small fund for transport costs was also introduced, as petrol rationing caused by the Suez crisis was now in force.

Taking over the "Kings Head" came Mr and Mrs Mather, who were to influence the Club for some years, they themselves adding to the membership. Meetings were still only on an annual basis along with the dinner, but coming into the Club were some names that would eventually to have a great bearing on its fortunes and direction. These would include,

G Dickson, S Ennals, H Clayden, Mr Carmichael, Mr Barham, Mr Mather, all under the Chairmanship of the redoubtable Col. Simpson.

### **CHAPTER III**

#### **The First Faltering Steps.**

After some twenty years of use the mower was coming to its useful end, and with money still a problem, Col. Simpson loaned the Club £10 to pay for an instalment on a brand, new machine. The years 1957/1960 continued quietly as before, with membership rising only slowly. Petrol was still difficult, and travel to away matches, and team selection made harder. The "Frere" now being played on a handicap basis. The deer were proving more venturesome, and invading the holy of holies, and so wire fencing had to be acquired. Concern was felt at the dressing being used, and that it seemed to encourage worm and clover infestation. Expert opinion was sought and the problem eradicated. With the Col. foregoing his £10 loan sand and fertilizer was purchased to last a year or two.

Members' wives were always on hand at home matches to dispense sandwiches etc, and to clean the Hut as required, this in addition to their own bowling matches.

Another long serving member, a term of some twenty years, resigned the offices of Secretary and Treasurer; this was Mr Jordan. A presentation of a clock suitably inscribed was given him.

With new blood now serving on the committee progress was now to begin, application to the ECBA was made and approved, with Mr Mather first group delegate. Electricity to the clubhouse made for a more pleasant atmosphere, especially the ladies,

The resignation of the groundsman caused concern, and despite advertising in the Press, it was left once again to the Col. to organise working parties to keep the green and surrounds in tip top order. Playing of County matches, sought by Mr Mather was the first sign that recognition of the Club was being made a priority. Results of games were being passed to the "Observer" for publication. The Ladies of the Club were now becoming more prominent in its welfare, not only dispensing refreshments of all kinds, but supervising various fund-raising activities, cleaning of the clubhouse on a rota basis, and following the men's example of an annual meeting in the "Kings Head". Mrs Peasly creating a precedent by presenting the cups and prizes won by the gentlemen for the year of 1960,

*The history continues next month*

# March 2018 at...



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THE TOUCH (Beröringen)	Mon 5th 8pm	
CARMEN <i>Royal Opera House</i>	Tues 6th 6.45pm	
LAST FLAG FLYING	Fri 9th 8pm	
DARKEST HOUR	Sat 10th & Sat 24th 5pm	
BIG FILM QUIZ <i>United Reformed Church</i>	Sat 10th 7.30pm	
THE POST	Sat 10th & Sun 11th 8pm, Sun 18th 5pm	
LOVELESS (Nelyubov)	Mon 12th 8pm	
PHANTOM THREAD	Fri 16th, Sat 17th & Sun 18th 8pm, Sun 25th 4.45pm	
COCO	Sat 17th & Sun 18th 2pm	
LITTLEBURY	Sat 17th 5pm	
THE SOUND OF MUSIC <i>Foalkes Hall, Dunmow</i>	Sat 17th 7pm	
MY LITTLE PONY: THE MOVIE <i>Cinema for tinies</i>	Sun 18th 11am	
SHIRAZ: A ROMANCE OF INDIA	Mon 19th 8pm	
LADY WINDERMERE'S FAN <i>Vaudeville Theatre</i>	Tues 20th 7.15pm	
JULIUS CAESAR <i>Bridge Theatre</i>	Thurs 22nd 7pm	
DOWNSIZING	Fri 23rd 8pm	
JOURNEY'S END	Sat 24th & Sun 25th 8pm, Fri 30th 3pm	
A FANTASTIC WOMAN (Una mujer fantástica)	Mon 26th 8pm	
BERNSTEIN CENTENARY <i>Royal Opera House</i>	Tues 27th 7.15pm	
BLACK PANTHER	Fri 30th 8pm, Sat 31st 3pm	
THE MERCY	Sat 31st 8pm	

## **BIG FILM QUIZ**

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**Event Cinema and Pop-ups:** See our website for prices

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or at the cinema Box Office (opens 30 mins before screening) at

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## What's On

Where no organiser is shown for any event in Q&R Village Hall, contact the Hall Manager, Christine Osbourn on 01799 543367 for details

Event	Date	Time	Place	Notes
EXTEND Exercises	<i>Mondays</i>	10.30	Q&R Village Hall	Pat Turner 01799 543314
Saffron Searchers	<i>1st Monday in month-</i>		Q&R Village Hall	-
Dog Training	<i>Mondays</i>	-	Q&R Village Hall	Pauline Everton
Rainbows	<i>Mondays</i>	16.00-17.00	Q&R Village Hall	(Pre-Brownies)
Prayer Meeting	<i>Mondays</i>	16.30	Quendon Church	
Pilates	<i>Tuesdays</i>	09.00-10.00	Q&R Village Hall	Jan Crawley 077421 82272
Dance Exercise	<i>Tuesdays</i>	Morning	Q&R Village Hall	Christine Alexander
Dance Exercise	<i>Tuesdays</i>	Afternoon	Q&R Village Hall	Christine Alexander
Armadillos	<i>Tuesdays (term-time)</i>	09.00	Rickling School	Stevie Green 01799 542734
Coffee Group	<i>3rd Weds in month</i>	10.00-12.00	Q&R Village Hall	Angela 01799 218061/Carol 543807
U3A Choir	<i>Wednesdays</i>	10.30	Q&R Village Hall	
Wednesday Club	<i>Wednesdays</i>	-	Q&R Village Hall	Christine Osbourn 01799 543367
Carpet Bowls	<i>Wednesdays</i>	19.00	Quendon Bowls Club	David Edwards 07804 954095
Prayer Meeting	<i>Thursdays</i>	09.00	Rickling Church	
Line Dancing	<i>Thursdays</i>	-	Q&R Village Hall	Dawn Bond 01787 460274
Rickling Runners	<i>Thursdays</i>	19.30	The Green	Stevie Green 01799 542734
DiddiDance (2-4yrs)	<i>Fridays</i>	10.00	Q&R Village Hall	
Social Evening	<i>Fridays</i>	19.00	Quendon Bowls Club	David Edwards 07804 954095
Whist Drive	<i>1st &amp; 3rd Sats</i>	19.30	Quendon Bowls Club	Tony Green 01799 218796
Family Service	11th March	09.30	Quendon Church	Mothering Sunday
Evening Prayer	18th March	15.30	Rickling Church	
Coffee Morning	21st March	10.00-12.00	Q&R Village Hall	
Holy Communion	25th March	09.30	Rickling Church	
BCP Communion	29th March	19.00	Quendon Church	Maundy Thursday
Family Communion	1st April	09.00	Quendon Church	Easter Sunday
"Boot" Sale	7th April	10.00-12.00	Q&R Village Hall	see ad p3
Village Hall AGM	11th April	15.00	Q&R Village Hall	
Q+R Golf Society	20th April	11.00	Toot Hill Golf Club	Contact: <a href="mailto:janewaite@hotmail.com">janewaite@hotmail.com</a>

## Emergency Life-saving

Should someone suffer a cardiac arrest or show symptoms of a heart attack e.g. pains in the chest, then your first action should always be to phone the ambulance service on 999. The service will refer you to our Automated External Defibrillator which is at the front entrance to Quendon & Rickling Village Hall. Anyone can save a life by using it until an ambulance arrives. In addition you can seek help from any of the volunteers listed below.

Name	Home Telephone	Locality
Alan Price	01799 542527	Northern end - Cambridge Road
Jane Price	01799 542527	Northern end - Cambridge Road
Robert Arnold	01799 543075	Northern end - Cambridge Road
Chris Phillips	01799 542351	Middle - Cambridge Road
Sue Phillips	01799 542351	Middle - Cambridge Road
Nigel Ackerman	01799 540678	Middle - Cambridge Road
Anne Howes	01799 543545	Southern end - Cambridge Road
Gemma C.	01799 540358	Southern end - Cambridge Road
Sandy Turner	01799 540557	Rickling Green
Pat Turner	01799 543314	Rickling Green
Janice Hart	01799 541196	Rickling Green/Brick Kiln Lane/Rickling
Clare Willoughby	01799 543637	Rickling Green/Brick Kiln Lane/Rickling



For further information see [www.communityheartbeat.org.uk/](http://www.communityheartbeat.org.uk/)

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