

The Link

Quendon & Rickling
Parish
and Church

You can find *The Link*
and much more at
www.quendonandrickling.co.uk

NEWS

March 2020

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Frost on The Green
by David Turner



Visits: If you would like the Vicar to visit you at home or in hospital, or know of anyone who would like him to visit them, please let the Vicar know.

The Rev'd. Neil McLeod, The Vicarage, 5, Meadowford, Newport, Saffron Walden, Essex, CB11 3QL

Telephone: 01799 540339 **E-mail:** vicar4nqrwchurches@gmail.com

From the Vicarage Study

Rev. Neil McLeod,

Priest-in-Charge of Newport with Widdington, Quendon and Rickling.

In January I went to see '1917' the film set in World War One about the journey made by two young soldiers in getting a message through to troops preparing to advance on the German forces. I thought it was an amazing film and captured the horror of war in a different way, by focusing upon just two young men. It is shot as though it is one continuous shot following the two men on their journey from one place to the other. Knowing this I went into the cinema trying to spot the places in the film where there were breaks in the shot. I'm sure there were many that I just didn't spot because of how well it had been made.

The film was set during the First World War. In May the country pauses, thanks to the movement of the May Bank Holiday from Monday 4th May to Friday 8th May, to mark the 75th anniversary of VE Day. I haven't always marked specific anniversaries from either world war, but I feel that this is an anniversary worth giving thanks to God for. So it is my intention to hold a service in Newport Church on the morning of Friday 8th May. I hope that I will be able to get members from the Royal British Legion and soldiers from Carver Barracks to attend. I hope that many of you will also be there to mark the occasion.

It would be fantastic to hear from people who can remember what VE Day was actually like, as nothing is more powerful than personal testimonies. If you would be happy to say a few words in the service, or would like to send me something to read, then please get in touch with me on **01799 540339** or via email on vicar4nqrwchurches@gmail.com. I would be happy to hear from you. I'll provide further information in the April and May *The Link* magazines.

Revd Neil McLeod

Church Services in the Benefice

Sunday 1st March

9.30am Newport Contemporary Communion
11.00am Widdington Family Service

Sunday 8th March

8.30am Widdington BCP Communion
9.30am Newport All Age Worship
11.00am Quendon BCP Communion

Sunday 15th March

9.30am Newport Holy Communion
11.00am Widdington Holy Communion

Sunday 22nd March – Mothering Sunday

8.00am Newport BCP Communion
9.30am Newport Mothering Sunday Family Service
9.30am Widdington Mothering Sunday Family Service
11.00am Rickling Mothering Sunday Family Service

Sunday 29th March

10.00am Widdington Benefice Holy Communion

Sunday 5th April – Palm Sunday

9.30am Newport Contemporary Communion
11.00am Widdington Family Service

Thursday 9th April – Maundy Thursday

9.30am Widdington Holy Communion

Friday 10th April – Good Friday

10.30am Newport Messy Easter
2.00pm Rickling Hour of the Cross

Sunday 12th April – Easter Sunday

9.00am Quendon Family Communion
10.00am Widdington Family Communion
11.00am Newport Family Communion

Sunday 19th April

10.00am Newport Benefice Morning Worship

Sunday 26th April

8.00am Newport BCP Communion
9.30am Newport Morning Worship
11.00am Rickling Holy Communion

In addition to these services, prayer meetings are held as follow:

Quendon, Mondays 4.30 pm
Rickling, Thursdays 9.00am
Widdington, Tuesday 9.00am
Newport, Wednesday 4.30 pm.

Priest in Charge of Newport with Widdington and Quendon and Rickling.

The Rev'd. Neil McLeod, The Vicarage, 5, Meadowford, Newport, Saffron Walden, Essex, CB11 3QL

Telephone: 01799 540339 E-mail: vicar4nqrwchurches@gmail.com

Churchwardens - **Quendon:** Mrs Christine Osbourn 01799 543367 and Mrs Maureen Hawkins

Rickling: Lisa Huxtable 07771 541944

Treasurer - **Quendon and Rickling:** Mrs Sandra Arnold 01799 543075

Police contact information

For crimes and suspicious activity **NOW** phone

999

For non-urgent incidents and reporting a crime that has already happened

101

Alternatively you can report non-urgent incidents or suspicious activity and crimes on-line at <https://www.essex.police.uk/do-it-on-line/>

Action Fraud is the UK's national reporting centre for fraud and cybercrime where you should report fraud if you have been scammed, defrauded or experienced cyber-crime in England, Wales and Northern Ireland.

0300 123 2040

If you have been defrauded i.e. lost money phone or report online at <https://www.actionfraud.police.uk/reporting-fraud-and-cyber-crime>

If someone has tried to defraud you but you have not lost money, phone or report online at <https://www.actionfraud.police.uk/report-phishing>

To give information **anonymously** phone CRIMESTOPPERS or report it on-line at www.crimestoppers-uk.org

0800 555 111



For 20 years APOPO's scent detection rats have been detecting landmines and tuberculosis. Learn more about our work and how you can help at <https://www.apopo.org/en>.

****Quickling Festival August 2020****

Call to Gardeners!

As the new gardening season fast approaches we are making a call to all of you keen gardeners to ask you to raise a plant or two for this year's Quickling Festival.

Instead of discarding those excess plants when you "lift and divide", or throwing away unwanted seedlings, please could you save them to donate for our Plant Tombola. If you are able to nurture them yourselves until the beginning of August when they will be needed that would be great, otherwise, when you want them to go, please contact Sue on **01799 542351** who will be pleased to receive/collect them and, hopefully, grow them on so that we have a great selection on the day.

From the Chairman of the Parish Council

Hello Fellow Villagers!

Well, February was rather a windy month, to say the least, not many blue skies to be seen!! Roll on March!

As you will all have seen, we have our Speedwatch team out on a regular basis by the fountain as the main road through Quendon seems to be more of a racetrack than ever! I can assure you all, the Parish Council is doing everything in its power to persuade Highways that calming measures are needed now even more than ever. There are some cars speeding through at over 50 mph and impatient drivers overtaking those who are sticking to the speed limit! We are waiting for the contribution to come through from Foxley 2 and will then initiate a Highway and Parking Study.

On this note, please could we have more volunteers to join our Speedwatch team. It definitely makes a difference when drivers see a high vis jacket and a gun!! The more volunteers we have, the more of a difference we can make, so please contact Tracey Hepting on 07740 868252.

The funding for the extension of the speed limit south of Quendon has been agreed but only for a 40mph not a 30mph. Obviously the whole village should be incorporated into a 30 limit and we will be objecting. We have had meetings with Essex Highways and our County Councillor to push not only for the 30mph sign to be extended south to beyond Ventnor Road but also for traffic calming measures throughout the village. A traffic speed survey has also been agreed for Brick Kiln Lane and Belchams Lane in April.

The VAS sign at the north end of Quendon was initially damaged by a lorry, then blown down in Storm Ciara. It has been removed for safe keeping until Solagen (the

installers) can investigate whether it can be mended. This, I am afraid, will not be until April as there is no money left in the Highways budget.

Wayne Parker, the shepherd, has asked that all dog walkers pick up their dog's "poo". It has caused blindness in some of his sheep and a couple of deaths! Not only is it dangerous for animals (livestock and wild) to eat dogs faeces but it is also highly unpleasant to step in it and to see bags of it hanging in trees! It is definitely getting worse so PLEASE do make an effort to pick it up! The villages have a couple of dog poo bins but are planning to purchase a couple more! PLEASE use them! If you are ever caught short without a poo bag, there are now some behind the bar in The Cricketers, please just ask!

The Spring Litter Pick will be taking place this year on Saturday, 21 March, meeting at the Village Hall at 10am. It would be lovely if we could have as many helpers as possible to enable our villages to look as smart and attractive as possible.

And don't miss out on the next village event!! There is going to be a pop up cinema in the Village Hall on Saturday, 28 March showing GREASE! As it's a PG rated film, everyone is welcome and there is optional fancy dress, so get searching in your dressing up boxes! Food and drink is being supplied by the pub. There is a full page ad in this month's Link with all the information on where to get your tickets, timings and what food will be available.

Enjoy the beginning of Spring and the lengthening of the days!! Always a lovely time of year in our beautiful villages!

Sally Kitcat

Rickling/Quendon Community Café

Quendon & Rickling Village Hall,
Quendon, CB11 3XQ

Refreshments and Fun Bingo



Wednesday 18th March 2020
10.00 am - 12.00 pm

Please contact: Angie and Carole
01799 218061/543807

Quendon & Rickling Village Hall,
Quendon, CB11 3XQ

Essex Police Fraud Co-Ordinators.

Essex Police have employed a Fraud Co-Ordinator for each area of the county, North South and West.

The Co-Ordinators are responsible for arranging additional victim care to vulnerable victims of fraud.

The Co-ordinators are tasked by Officers through the Command and Control and Crime Recording Systems coupled with information received from the National Fraud Intelligence Bureau.

The Co-Ordinators work with a small team of Active Citizens who are volunteers that specialise in fraud.

The Co-Ordinators and the volunteers not only carry out victim visits but they will also take part in Community engagement events and Partner Events.

If there is an event or a group meeting that you think would like this team to give a talk, input or advice to please contact your local Neighbourhood Watch Group and they will pass details via the Essex Watch Liaison Officers for the Co-Ordinator to make contact with you.

Quendon & Rickling Parish Council News

News from the parish council meeting

The parish council now has a vice-chairman, namely Ted Crow who amongst other things will chair meetings in Sally's absence. Ted is the driving force behind the new football pitch which has been such a great success.

By the time you read this the VAS sign should have been removed. It is hoped that it may be repairable, as the cost of replacement is a bit eye-watering, but it does not look good. It has certainly taken a battering. More details to follow in due course.

The sheep are apparently lambing, which means there will be (it is hoped by Wayne!) lots of little shauns gambolling across the fields. One sombre note here though (and I know Sally has also mentioned this in her article). Wayne says that people are leaving filled dog poo bags in the fields. Some sheep being inquisitive, not to mention a bit dim, are consuming said bags. It seems that this can cause blindness and, in some cases, can be fatal to the sheep. Enough said.

My thanks to the resident who notified me that the glass had fallen out of the Thistley Crescent noticeboard. Fortunately no damage was done to person or glass, which has been removed (the glass not the resident) for safekeeping. Repair is in hand. The council is looking at some TLC for all 3 noticeboards.

To solar light or not? This is still a bit of a contentious issue so the PC is planning to carry out a survey to find out what residents want.

The arboriculturist from UDC has declared 4 of the horse chestnut trees to be as dead as Monty Python's parrot so they will have to be removed. And I am afraid they will not, at this time, be replaced.

And finally, it is the Wine and Waffle event this month. Full details can be found on the noticeboards. Looks set

to be a very good occasion so you won't want to miss it!

Welcome Packs

The Parish Council provides a Welcome Pack of information for new residents to the Village. If any newcomers to the village have not received a copy of the pack, do please let the Clerk know on the contact details below and a welcome pack will be dropped off to them.

Allotments (part of the Quendon Hall Estate):

- Peter Warwick, No.5 Thistley Crescent, Green Road, Rickling
- Telephone: **01799 543526**

Next Parish Council Meeting

Will be on 11th March 2020 at 7.30pm.

Highway Problems

The Essex Highways website is available for anyone noticing a problem to report it: <http://www.essexhighways.org/Report-a-problem.aspx>

A tracking facility for all reported faults is available.

Police/Crime

The Essex Community Messaging Service provides useful information to the public about policing and safety issues. It is free to register and information is given relative to your postcode, thus providing accurate and up-to-date community safety information and crime prevention advice. Users can choose to receive information via e-mail, text or voice-recording and can select what information to receive – based on where they live and work and on issues of interest. For further details and to sign up, visit www.essex.police.uk/ecm

Contact the Parish Council

The Clerk, Keith Williams can be contacted by e-mail quendonandrickling.clerk@hotmail.com or by telephone **01279 814473**

Report from District Councillor Neil Hargreaves

The council budget

In my role as Cabinet member for Finance and Budgets, I will be presenting the budget for 2020/21 to a full council meeting on 25th February. In a challenging financial climate in which all councils have suffered severe cuts in government support, I will be presenting a 'balanced budget', with a band D council tax increase of only £5 a year. As councils are required by law to produce balanced budgets, use of this standard phrase is a bit odd, particularly as the law doesn't define what it means. However, guidance from the accounting body CIPFA is that it should mean you have factored in the short- and medium-term incomes and expenditures and balanced the two while keeping adequate reserves to deal with both the expected and the unexpected.

The budget supports all our council services, and in addition £300,000 has been allocated for delivery of the new Corporate Plan. This has been achieved without use of any general reserves, and the council maintains a substantial fund for any costs which may arise if there is an appeal against the refusal for the airport expansion.

During last year UDC arranged for 69 empty houses to be brought back into use. (The one next to Dorringtons is looking good!). New Homes Bonus is paid to the council on these, and this extra bonus allowed a further £300,000 to be added to the fund for continuing expenditure on the Local Plan

Income from the council's commercial investment at Chesterford Research Park will be £2.1m. The Investment Board is working on further opportunities to

Report from District Councillor Neil Hargreaves (Cont.)

significantly boost this income to make up for a further anticipated funding cut of £3.6m ending all government support of the council over the next three years. One of the intentions included in the Corporate Plan is to make the council independent of government-controlled finance.

Local Plan and the Planning Department

Planning applications and the Local Plan have been one of the biggest sources of concern to residents. We are now on a mission to strengthen the Planning Department, and sort out the Plan. Here is a part of a letter to all councillors from the council leader:

As a new district council administration, we have committed to sorting out the Local Plan issues which were left by the previous administration. It is vital that we construct a Local Plan with the broadest possible consultation and thus put an end to the decade long developer free-for-all.

Sorting out the Plan

In January the councillor leadership team committed to driving a re-engineering programme though the council so that it is better able to properly plan for our district. It is imperative that this council is able to be a strategic 'place-maker' for the future of our towns and villages....

Bringing in Independent Experts

To that end we have moved decisively and swiftly. We are bringing in a highly experienced team of planning consultants through our relationship with the Local Government Association (LGA). It is important that we do this through the LGA because they will be both independent and quality assured. The team includes people who have planned at the most strategic level as well as driven change through local authority planning functions. They are also able to tap into a network which includes former Planning Inspectors.

Our new external team will:

1. Review our position with respect to the Local Plan and recommend ways forward. These will be brought to the full council at a further member workshop followed by an Extraordinary Meeting of Full Council in March.

2. Undertake a 360-degree review of both planning policy and development management at the council to recommend the staffing, process and technology changes required for the Chief Executive to re-engineer the Planning function.

Councillors in control

The previous administration seemed to do many things without proper consultation - that is not us. We demand higher levels of governance, transparency, and democracy from this council. During this process we expect the full council to be engaged and for the Scrutiny Committee to be completely involved. This is a different council; it is one that operates differently and expects better outcomes.

The council's Chief Executive has communicated the plan of action to her staff. She is 100% committed to implementing the will of this council and our recommended changes.

Already underway

The external consultant team has now been engaged and has started work. Implementing re-engineering in this measured way will ensure that councillors are informed, in control, and recommendations and changes will be based on evidence, experience, and best-practice.

We'll keep you updated as things progress.

Cllr John Lodge, Leader Uttlesford District Council

I look forward to getting this done, to adapt another phrase.

Councillors Surgeries

We are available every Thursday morning from 10.30 to 11.30 in Dorrington's in Newport and we take turns to attend the parish council meetings in the Village Hall. We are also active on the village Facebook group.

Neil Hargreaves

Other News from Uttlesford District Council

You can get email newsletters and alerts on a whole range of topics via Keep me posted – sign up and find out more at www.uttlesford.gov.uk/keepmeposted.

Advertising in *The Link*

**reaches every household in Quendon and
Rickling at attractive rates
This space could be promoting
YOUR business**

**Contact: Advertising on
telephone 01799 543297 or**

**The Editor preferably by e-mail at
robert@arnold-q.uk, or telephone 01799 543075**

Our Member of Parliament

Surgeries are an opportunity for you to meet with me, your Member of Parliament, and seek advice or assistance on confidential issues. For all other enquiries please send an email as it's often possible to meet sooner or speak over the phone. Should you wish to attend a surgery, please contact me at the earliest opportunity. Street surgeries do not require an appointment.

kemi.badenoch.mp@parliament.uk

Kemi Badenoch, MP



All Aspects Tree Services

ALLASPECTSTREESERVICES.CO.UK

**TREE SURGERY
STUMP GRINDING
HEDGE CUTTING
FENCING**

**01279 755545
07940 231964**

INFO@ALLASPECTSTREESERVICES.CO.UK

Join the Great British Spring Clean

Be part of the pick

Quendon & Rickling Parish Council have partnered with Keep Britain Tidy for the Great British Spring Clean

Saturday 21 March
Quendon & Rickling Village Hall
10am


Come along and join in to be part of the pick!
(Litter pickers and bags supplied)

20 MARCH - 13 APRIL 2020

Register your support keepbritaintidy.org
#GBSpringClean

Keep Britain Tidy is a registered charity No. 2011407

Brought to you by  In partnership with  Healthy partners     Sponsoring partners   



Armadillos

BUMPS, BABIES AND TODDLER GROUP

RICKLING SCHOOL HALL
TUESDAYS 9AM - 11AM
(TERM TIME ONLY)

COME AND JOIN US !

**£2 INCLUDES
TEA & SNACKS**

ARMADILLOS@HOTMAIL.COM

Quendon & Rickling 100 Club

Congratulations to the February 2020 Winners

1st	J Tissot	£35
2nd	C Mandy	£24
3rd	M Atlee	£14

Quendon & Rickling 100 Club generates a source of funds for the Village Hall and both our two churches, All Saints, Rickling and St Simon & St Jude, Quendon.

Advertise in *The Link*
You KNOW it makes sense!

Contact:

Advertising on telephone 01799 543297 or
The Editor, preferably by e-mail with attachments as necessary
at robert@arnold-q.uk;
otherwise telephone 01799 543075.

It was a cold and misty morning in January when Tony Wellings and the Walking Group set off for Bishop's Stortford in order to return to Stansted via the tow path then through the Town Park and the Country Park. Tony is very knowledgeable on wildlife, but this time it wasn't a new species of hedgehog he discovered but an old discarded broom. Just what he needed, as you can see by the beam on his face in the photograph below.

We have had a meeting for new members with tea and some lovely home made cakes and hope to make these a regular feature during the year. Two other new groups have also started: Book Group 2020 which will meet on the first Tuesday of the month and a Pilates Group which will meet on Thursdays at 12.50pm. The new cribbage group would also welcome some more members. They meet at the Day Centre on the 4th Thursday at 2.00pm. Further details of these groups can be found on the website or ring **0787 4385541**

At our next Saturday seminar on March 14th Neil Faulkner will be presenting 'The History of the World in a Morning' (minus the boring bits). Tickets can be ordered and paid for on our website.

On the 9th May we will be having a special 10th

Anniversary Quiz and Supper. Put this in your diary now, more details to come later.

The Speaker at our next Meeting on 20th March in St John's Hall, 1.30pm for 2.00pm, will be a local historian, Kate Cole. A genealogist and author, she will speak on 'The Witches of Elizabethan Essex.' Tony – bring your broom!



www.hundredparishes.org.uk

THE HUNDRED PARISHES SOCIETY

Please take another look at the new polymer £20 banknote that has just been issued. It features the British artist JMW Turner (1775 – 1851) and his painting, The Fighting Temeraire. The painting shows HMS Temeraire in 1838, being towed by a steam tug towards a scrapyard at Rotherhithe on the Thames. It was a sad ending for a ship that achieved considerable fame at the Battle of Trafalgar in 1805. The Temeraire was immediately astern of Nelson's flagship, the Victory, and played a major part in the battle, her crew capturing two enemy ships while suffering heavy casualties.

The captain of the Temeraire at Trafalgar was Eliab Harvey (1758 – 1830) from Chigwell in Essex. He shared his time between naval duties and being one of the two Members of Parliament for Essex. He was later knighted and promoted to the rank of admiral. Sir Eliab's final resting place is in the Hundred Parishes, in the Harvey family crypt beneath St Andrew's Church, Hempstead. The crypt holds the coffins of around fifty



members of the extended Harvey family.

An earlier family member was William Harvey (1578 – 1657), the first doctor to describe the circulation of the blood. His mortal remains are

also in Hempstead Church although his body was moved in 1883 by the Royal College of Physicians from the crypt into a large sarcophagus in the chapel above the private crypt.

A print of The Fighting Temeraire hangs in Saffron Walden in The Temeraire, a Wetherspoon pub whose walls are richly decorated with pictures and information about local history.



The £20 note is not the first to have a local connection. The £50 note in circulation from 1994 to 2011 featured Sir John Houblon. Members of his family once owned Hatfield Forest.

Ken McDonald, Secretary

CRIME PREVENTION AND SAFETY ADVICE

If you have a **Ring Doorbell** or similar CCTV device, remember to make sure that it is firmly and securely mounted to your door frame or wherever it is positioned. If not you may find it missing...

Essex Police Fraud Alert Service (EFAS)

You may have seen in the news this week that there has been a nationwide increased police response to courier fraud resulting in numerous arrests. (<https://www.essex.police.uk/news/essex/news/news/2020/january/two-arrested-for-five-essex-courier-frauds-where-men-posed-as-bank-workers/>)

REMEMBER:

The police and your bank will NEVER ask for your full password, bank details or PIN numbers.

They will NEVER ask for you to transfer or hand any money over to them.

Common Example of Courier Fraud:

- You receive a phone call out of the blue claiming to be from the police or your bank
- They give you a plausible reason for calling – i.e. there has been fraudulent activity on your account, or they are investigating corrupt bank staff.
- They ask you for your PIN number.
- They advise that they will send a “courier” to collect your bank card.
- They now have everything they need to be able to access your bank account and money.

There are of course variations of this scam. You may be asked to leave your bank cards on the doorstep to be collected overnight. Alternatively, the caller may ask you to go into the bank, withdraw a large amount of cash, and this will be collected from you and used as ‘evidence’.

Remember, if something doesn't seem right, STOP. THINK. PROTECT.



- Stop. Hang up the phone.
- Think. Would the police or the bank really be asking you to do this?
- Protect. Contact the bank or police back on a trusted number, preferably from a different phone to the one you were called on. Talk to friends or family to get their opinion.

Doh!

5/2 A drug dealer is facing various charges after he sent text messages advertising various substances for sale, and a 'price list', to all his mobile phone contacts - not remembering that one was an EFD Town Centre Team police officer! Own Goal!!!

Paul Harris, Essex Police Staff No 42077939

Essex Watch Liaison Officer for Brentwood, Epping Forest, Harlow and Uttlesford districts

Tel: **07738 736687** (Please avoid leaving phone messages and email me instead. Thanks)

You can also find me on TWITTER: Paul Harris EWLO@PaulEssexWatch

THE ANNUAL GENERAL MEETING

Of

**The Quendon & Rickling
Village Hall Committee**

Will be held on

**Wednesday 8th April 2020
at 3:00 p.m.**

In

The Village Hall

Please come and give your support
All residents are entitled to attend and vote
Coffee and biscuits will be provided

Quendon Bowling Club

Whist Drives

SATURDAYS 7.30pm.

14th & 28th March, 4th & 18th April

**Admission. £2.50 (Includes
Refreshments & Raffle)**

Quendon & Rickling Parochial Church Council

**Annual Meeting will be held Monday
30th March 7.30pm. in Quendon Church.**

ALL WELCOME TO ATTEND

Ruby
Harris

Litter picking

7/1/20

I think that litter picking is important because it helps keep the environment clean and tidy. Here at Rickling Green school, we go on what's called 'Out and about' and that's when we go out and help the world/environment. Last week, we went litter picking and we collected 11 bags of litter! Not only does it help the environment, it also helps you feel good about yourself. There are lots of litter bins around Rickling and they are there for a reason; to stop people from dropping rubbish on the ground. So, if you see a litter bin and you have rubbish with you, put it in the bin rather than dropping it.



Dot

This year in out and about we have been doing litter picking. We have been doing it locally in our village. This is great for the environment and for the animals! When you do it, you are helping our community ^{and every one who lives there} have a more sustainable and happy life style. At your school, we are helping in our village be litter free. Did you know all the litter in the world some how ends up in the sea and harming helpless animals! This is not ok.



Abbi

It is very important for you to litter pick for your country because it saves the planet and your area from making it look like a dump. and help all the animals from being from rubbish on wheels and bags.

Litter Picking

It's incredible how much litter is just left on the floor. Most of us don't even know how much litter is left. Every morning I drive past at least 10 kilograms of McDonalds drink bottles or old Juice cans.



News from Rickling School (Cont.)

CoCo

7/2/20

I think litter picking is very important and one of the things we should be doing more! One of the reasons why I think its important is that animals could mistake it as food and eat it! Some of these animals are like hedgehogs, foxes, baggers and other animals. If plastic can also be bad because it can get into an eco system. If we do not start litter picking soon it will go into the sea and add more to harm sea animals.

At Rickling we go out and about and sometimes go on litter picnics. The week we weeks ago we collected 11 whole bags of litter! That was only in one litter part of are village so imagine how much there is in the world and how much we're adding. Furthermore, we should all start helping to make are world a better place!

This letter is about to show you that litter picking is important because if you don't litter pick you are destroying the world because litter is going all over our world! And its making our world. So if you don't litter pick your are helping! And if you litter you kind of breaking the world.

At our school we are collecting rubbish round our village to help. In some countries if you get caught by the police you get in prison. by 15th

Perhaps there will be more from the children on this important topic in future issues of *The Link*!

Editor



BritishRedCross

The British Red Cross are celebrating 150 years of supporting people in crisis. Help us to raise vital funds by attending one of our events? We look forward to seeing you!

OPEN GARDENS

Sunday 14 June

The Priory

Stoke by Nayland, Colchester, Essex, CO6 4RL

Sunday 21 June

Gaston House

Gaston House, Gaston Green, Little Hallingbury, CM22 7QS

Sunday 26 July

2 Days Cottage

2 Days Cottages, Days Lane, Pilgrims Hatch, Brentwood, CM15 9SL

Sunday 9 August

Ingatestone Hall

Hall Lane, Ingatestone, Brentwood, CM4 9NR

Sunday 27 September

Laver Marney Tower

Laver Marney, Colchester, CO6 9US

Shopping Event

Wednesday 25th November Festive Gift Fair

Manor of Groves Golf & Country Club, High Wych, Sawbridgeworth CM21 0JU

For further information, timings and tickets please visit: www.redcross.org.uk

150 years the power of kindness





Are you looking to make changes to improve your social, physical and mental wellbeing?



People need support for a range of different reasons. Sometimes these can be caused by matters such as loneliness, anxiety, unemployment or debt.

Live Well Link Well enables people to quickly access non-medical support and information that will help them to understand the underlying circumstances and improve their wellbeing.

Live Well Link Well

Live Well Link Well is free and confidential support of a non-medical nature. We can help you with:

- Healthy living
- Quitting smoking
- Physical and mental wellbeing
- Independent living
- Mobility and equipment
- Home adaptations
- Safety and security
- Looking after someone
- Social Inclusion
- Getting out and about
- Money worries

How do I access the support?

If you are aged over 18 and live in Essex (excludes Southend and Thurrock) you can contact us.

T: 0300 303 9988 (Monday to Friday from 8am – 7pm)
E: livewell.linkwell@nhs.net

If you are a Health or Social Care professional who wants to refer someone, please use the contact details above.

Live Well Link Well in West Essex is commissioned by Essex County Council, Public Health and NHS West Essex Clinical Commissioning Group and is delivered in partnership by Smart-life, Community Agents Essex and Essex Lifestyle Service.



Have you been on the new Buffy Playbus?

The new Buffy Playbus launched last October! And what a first term we have had, not only the launch our new bus but also we celebrated the fact that our organisation has been in existence for 25 years and during that time has welcomed over 100,000 people on-board.



The new bus features an exciting interior which includes lots of new toys, an arts and crafts area, an extended ball pond and an amazing sensory den with touch, sound and light panels designed by Mike Ayres from Bury St Edmunds. We were able to install this wonderful new feature due to the generosity of many people who contributed to our Crowdfund Campaign

over the summer which raised over £5000 and we are very grateful to everyone who helped us.

The bus was officially opened by 4 young members of our Buffy family who have supported and attended the bus over previous years. They were delighted to cut the ribbon with the help of Cllr Richard Freeman (Uttlesford District Council Chair) and since then we have been overwhelmed with all the positive comments from local families. “We love absolutely everything about the new bus” said one parent and “The sensory den is wonderful and the activities involve all the senses, a perfect experience for my toddler” explained another family.

We thank everyone for supporting us in so many different ways over the last 25 years.

Buffy Playbus provides pre-school children with an opportunity to play, socialise and have fun in comfortable and safe surroundings under the guidance of experienced playleaders.

Go to www.buffybus.co.uk to see where Buffy stops near you!

Our service operates during term-time and over the half term breaks. We travel throughout Uttlesford and stop on Fridays in Rickling, Rickling Green Road CB11 3YG from 9.15-10.30am.

So if you haven't been on board our new playbus – come have fun, play, socialise and make some new friends in your community. See you soon!

For more information please visit www.buffybus.co.uk.

DOG FOULING IN AND AROUND QUENDON AND RICKLING



Most dog-owners are responsible and pick-up after their pets when out and about, but there have been more and more sightings of unpleasant dog mess in and around Quendon and Rickling - particularly confounding are the filled plastic bags that are left on footpaths or lobbed into trees!

Hot spots are the fields next to Rickling and Quendon Woods, the bridleway at the back of Bluebell Wood and near Broom Wood.



All of these images are from our area!

Did you know –

- 1) **There are two dog mess bins for use –**
 - Entrance to the bridleway next to Redlands, Bluebell Woods.
 - Just as you enter Bluebell Woods from Woodside, off Rickling Green Road.
 - Two more are on order, for the exit from Quendon Woods and the Community Football Pitch.
- 2) **You can place your filled bags in any street bins and in your black domestic bin.**
- 3) Leaving mess in the fields and on footpaths to be eaten by sheep and deer, among other wildlife, causes very unpleasant problems –
 - **Abortions** of lambs and fawns.
 - **Blindness** in sheep and deer.
 - **Death** of wildlife and farmed animals.
 - Other obvious environmental issues, including **spreading disease** and **plastic pollution**.

This is a REAL problem - Wayne Parker has reported that since his sheep arrived in the fields around us **3 have died and 6 have gone blind** from this. An autopsy to confirm the reasons for death costs him £200 per animal.

Ask yourself, do you want to be eating lamb that's eaten dog poo?

If you see anyone that doesn't pick up after their dog please confront them in the first instance, then report them to the Quendon and Rickling Parish Council (Clerk: **01279 814473**) and report it to Uttlesford District Council - www.uttlesford.gov.uk/reportit or by e-mail uconnect@uttlesford.gov.uk or telephone **01799 510510**.

And, if you use a dog walker or are aware of people from outside the village using our footpaths please pass the message on!

Offenders are being watched!



Phew! For some lighter relief after all that about litter and dog droppings, here's a lovely picture submitted by Carrie Williams showing that, as she titles it, "Spring has sprung - almost"!





Quendon & Rickling - Hedgehog Villages?

When was the last time you saw a hedgehog in Rickling or Quendon? Once they were a common sight and sound in our gardens but now their numbers have fallen, mainly due to loss of habitat. Our gardens could be the answer to their survival. But not one garden is enough, hedgehogs need neighbourhoods of linked up gardens to survive. There are a few things we can all do to make hedgehogs welcome. If your garden is surrounded by a fence or wall, think about making an access hole (5" x 5") for hedgehogs (check with neighbours first).



Put a ramp, or pile of stones in garden ponds. Hedgehogs can swim but will drown if there's no way out.



Create a wild corner of your garden. Leave an area of long grass. Don't cut back plants in Autumn and hedgehogs might nest there.



No chemicals in gardens. Pesticides, insecticides and slug pellets are toxic. With a hedgehog in the garden to eat your slugs there's no need.

It would be great if we could make our villages hedgehog friendly.

For more information about what we can all do to help: www.hedgehogstreet.org



Want regular community updates? Not on social media?

Join the Q&R Community Updates group, all you need is the WhatsApp app on your smart phone!

Contact Carrie Williams on 07908844056, verifying that you're a resident of Quendon or Rickling, to be added.

- Village Events – Lost Pets – Road Closures – Neighbourhood Watch Reports – Lost & Found - Nottingham Knockers – Community Engagement - Possible Criminal Activity – Live Updates – Etc.

Please note this forum is for sharing information in a polite and secure manner and not a "chat" group. As a closed group membership is limited to residents of Quendon and Rickling (outsiders will be limited to the Police, for example). Admin will remove messages that breach the "rules".

Quendon & Rickling 100 Club

Thanks to the support this year, we have been able to donate £434 to both the Village Hall and our two Parish Churches, as well as pay out almost £900 in prizes.

The 100 Club is operated by Quendon & Rickling Village Hall Committee and Quendon & Rickling Churches, with half the Club's annual income being allocated to cash prizes and the other half, less expenses, to the Village Hall and St Simon and St Jude, Quendon and All Saints, Rickling.

In the past the Village Hall has used their share of the donation to help fund the under-pinning project, and the Churches to help fund repairs to the churchyard wall at Quendon. With continued support, future donations could help fund the next Village Hall project, which is to refurbish the toilet facilities, improving disabled access and to help with identified church maintenance projects for the Churches, such as repainting the Quendon Church tower.

If any one would like to purchase numbers for next year, at £2 a month, application forms can be downloaded from the Quendon & Rickling website or please contact the Quendon & Rickling PCC Secretary at qrpcc.sec@gmail.com



**QUENDON & RICKLING PARISH COUNCIL IN ASSOCIATION
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SATURDAY NIGHT AT THE MOVIES

GREASE

28 March 2020 7.30pm

Quendon & Rickling Village Hall

Bring the whole family along to enjoy this classic musical set in a 1950s American high school.

Optional fancy dress – PRIZES for best dressed!

Posh dogs/veggie dogs with skin-on fries supplied by
the Cricketers Arms - £7

Beers, wine, T-Bird & Pink Lady cocktails, popcorn, milkshakes too!

Tickets on sale from Saffron Screen www.saffronscreen.com
and direct from The Cricketer's Arms, Rickling Green.

£6.50 adults, £4.50 18 and under.

Doors open at 6:30pm.

SOME DON'TS AND DOS FOR YOUR SINKS AND LOOS

Ever finish cooking, then tip oil from the pan down your sink? Or finish dinner, then rinse food scraps and grease from your plate?

Just like flushing sanitary products, wipes or cotton buds, it's easily done.

The problem is, this stuff **doesn't disappear**. It sticks to the walls of our sewers and blocks them up. The end results are sewer flooding,

bad smells and a repair bill that costs us millions. Money that could be better spent on improving the services we bring to you.

There's also an **environmental cost**. All this waste can pollute our rivers and damage wildlife, while cleaning it up uses energy and carbon which contributes to climate change.



Check if your local council can take used cooking oil at the local Household Waste Recycling Centre.

IF YOU THINK THERE'S A BLOCKAGE

call us on **08457 145 145**. We'll take a look and see which pipe is blocked. If it's our responsibility we'll clear things free of charge.



Avoiding blocked pipes and bad smells is easy when you use plugholes and toilets for water and not waste. Here are some really easy things you can do to keep it clear.

Use sink strainers in plugholes to catch tiny bits of food. Empty them into a food waste recycling caddy or bin.



Never put fat, oil or food scraps down the sink or loo. They should be recycled at home, taken to a Household Waste Recycling Centre or binned, depending on where you live.



Pads, wipes and tampons go in the bin, not down the loo.

What's On

Where no organiser is shown for any event in Q&R Village Hall, contact the Hall Manager, Christine Osbourn on 01799 543367 for details

Event	Date	Time	Place	Notes
EXTEND Exercises	<i>Mondays</i>	10.30	Q&R Village Hall	Pat Turner 01799 543314
Saffron Searchers	<i>1st Monday in month -</i>		Q&R Village Hall	
Dog Training	<i>Mondays</i>	-	Q&R Village Hall	Pauline Everton
Rainbows	<i>Mondays</i>	16.00-17.00	Q&R Village Hall	(Pre-Brownies)
Prayer Meeting	<i>Mondays</i>	16.30	Quendon Church	
Pilates	<i>Tuesdays</i>	09.00-10.00	Q&R Village Hall	Jan Crawley 077421 82272
Dance Exercise	<i>Tuesdays</i>	Morning	Q&R Village Hall	Christine Alexander
Dance Exercise	<i>Tuesdays</i>	Afternoon	Q&R Village Hall	Christine Alexander
Armadillos	<i>Tuesdays (term-time)</i>	09.00	Rickling School	
Community Café	<i>3rd Weds in month</i>	10.00-12.00	Q&R Village Hall	Angela 01799 218061/Carol 543807
U3A Choir	<i>Wednesdays</i>	10.30	Q&R Village Hall	
Wednesday Club	<i>Wednesdays</i>	-	Q&R Village Hall	Christine Osbourn 01799 543367
Carpet Bowls	<i>Wednesdays</i>	19.00	Quendon Bowls Club	David Edwards 07804 954095
Prayer Meeting	<i>Thursdays</i>	09.00	Rickling Church	
Line Dancing	<i>Thursdays</i>	-	Q&R Village Hall	Dawn Bond 01787 460274
Rickling Runners	<i>Thursdays</i>	19.30	The Green	
Buffy Playbus	<i>Fridays</i>	09.15-10.30	Rickling Green	Term-time
Whist Drive	<i>Saturdays see panel p9</i>	19.30	Quendon Bowls Club	Tony Green
01799 218796				
BCP Communion	8th March	11.00	Quendon Church	
Parish Council	11th March	19.30	Q&R Village Hall	
Village Spring Clean	21st March	10.00	Q&R Village Hall	
Family Service	22nd March	11.00	Rickling Church	For Mothering Sunday
Coffee Morning	18th March	10.00-12.00	Q&R Village Hall	
Pop-Up Cinema	28th March	19.30	Q&R Village Hall	Grease
Church APCM	30th March	19.30	Quendon Church	
Village Hall AGM	8th April	15.00	Q&R Village Hall	
Hour of the Cross	10th April	14.00	Rickling Church	
Family Communion	12th April	09.00	Quendon Church	For Easter Sunday
Holy Communion	26th April	11.00	Rickling Church	

Emergency Life-saving

Should someone suffer a cardiac arrest or show symptoms of a heart attack e.g. pains in the chest, then your first action should always be to phone the ambulance service on 999. The service will refer you to our Automated External Defibrillator which is at the front entrance to Quendon & Rickling Village Hall. Anyone can save a life by using it until an ambulance arrives. In addition you can seek help from any of the volunteers listed below.

Name	Home Telephone	Locality
Alan Price	01799 542527	Northern end - Cambridge Road
Jane Price	01799 542527	Northern end - Cambridge Road
Robert Arnold	01799 543075	Northern end - Cambridge Road
Sandra Arnold	01799 543075	Northern end - Cambridge Road
Andrew Thomson	01799 543253	Northern end - Cambridge Road
Karen Thomson	01799 543253	Northern end - Cambridge Road
Thelma Wilson	01799 543313	Northern end - Cambridge Road
Chris Phillips	01799 542351	Middle - Cambridge Road
Sue Phillips	01799 542351	Middle - Cambridge Road
Nigel Ackerman	01799 540678	Middle - Cambridge Road
Wendy Stannard	01799 541869	Middle - Cambridge Road
Anne Howes	01799 543545	Southern end - Cambridge Road
Pat Turner	01799 543314	Rickling Green
Joanne Hales	07903 596011	Rickling Green
Janice Hart	01799 541196	Rickling Green/Brick Kiln Lane/Rickling
Clare Willoughby	01799 543637	Rickling Green/Brick Kiln Lane/Rickling



For further information see www.communityheartbeat.org.uk/

Remember: Using the defibrillator can't cause injury. Doing nothing can.

The Link is produced on behalf of Quendon & Rickling PCC, who do not necessarily share or endorse any opinions expressed by contributors or advertisers.

The Link is delivered free of charge by volunteers to every household in the villages of Quendon and Rickling. It is also available by post and online at: <http://www.quendonandrickling.co.uk>

All correspondence for *The Link* should be addressed to the editor,

Robert Arnold: **preferably by e-mail with attachments if necessary: robert@arnold-q.uk**, or at Talbots, Cambridge Road, Quendon, CB11 3XJ; otherwise telephone 01799 543075

Copy for each month is normally required by the 19th of the preceding month to allow for assembly, printing and delivery.

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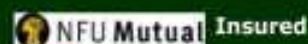
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