

The Link

Quendon & Rickling
Parish
and Church

You can find *The Link*
and much more at
www.quendonandrickling.co.uk

NEWS

November 2020

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Thirsty Wasp
by Lorren Bardot

Visits: If you would like the Vicar to visit you at home or in hospital, or know of anyone who would like him to visit them, please let the Vicar know.

The Rev'd. Neil McLeod, The Vicarage, 5, Meadowford, Newport, Saffron Walden, Essex, CB11 3QL

Telephone: 01799 540339 **E-mail:** vicar4nqrwchurches@gmail.com

From the Vicarage Study

Rev. Neil McLeod,

Priest-in-Charge of Newport with Widdington, Quendon and Rickling.



They shall not grow old as we that are left grow old.

Age shall not weary them, nor the years condemn.

At the going down of the sun and in the morning,

we will remember them.

We will remember them.

Normally I look forward to welcoming people to the churchyard in Newport for our annual act of remembrance both at the War Memorial and in the service in the church building that follows it. We have had upwards of 250 people in the church including representatives from Carver Barracks and the British Legion; uniformed organisations and the Parish Council. It is always an amazing service.

Not so this year! Unfortunately due to the covid-19 restrictions Remembrance Sunday will be different. I will not be doing a full service in the church after 11 o'clock as the church cannot accommodate the numbers due to social distancing. Likewise I have discounted an outside gathering for the same reason; even in Newport churchyard household groups would need to be socially distanced.

Instead I am asking you the people of Quendon and Rickling to join in our community-based act of remembrance. Please cast your mind back to 'Clap for Carers' that we were encouraged to participate in during the national lockdown, wherein you went to your front door, front garden or driveway to clap for 5 minutes. On Meadowford not everyone took part but it was good to be out there showing appreciation for carers whether they be in the hospitals of care homes. This is what I am asking you to do this Remembrance Sunday. Join people outside your homes to clap for those we are remembering. This is how it will work:

- People gather in their household groups outside their homes for the 2 minute silence which begins at 11 o'clock.
- At 2 minutes past the hour, please join everyone in clapping for a further 2 minutes.

I shall also be putting on the Quendon and Rickling Facebook page, and on the Village Website a couple of crafts. These are poppies that can be made and coloured in that can be placed into people's windows similar to the rainbows for the NHS. Imagine looking at a row of houses all displaying at least one poppy. How beautiful would that be. I'll also ask Mrs Wheatcroft at the Primary School to distribute them as well.

There will be the BCP communion service in Quendon Church at 6.00pm if you'd like to join us there. With regard to the act of remembrance in the morning, we may not be able to be together physically for the main act of Remembrance in the morning, but we can be together across our communities. Please join me and others to ensure that we do not forget. Amen.

Revd Neil McLeod

Priest in Charge of Newport with Widdington and Quendon and Rickling.

The Rev'd. Neil McLeod, The Vicarage, 5, Meadowford, Newport, Saffron Walden, Essex, CB11 3QL

Telephone: 01799 540339 E-mail: vicar4nqrwchurches@gmail.com

Churchwardens - **Quendon:** Mrs Christine Osbourn 01799 543367 and Mrs Maureen Hawkins

Rickling: Lisa Huxtable 07771 541944

Treasurer - **Quendon and Rickling:** Mrs Sandra Arnold 01799 543075

Church Services in the Benefice

Sunday 1st November

10.00am Newport Morning Worship, via Zoom
11.15am Widdington Holy Communion

Sunday 8th November

8.30am Newport Holy Communion
11.00am Community Act of Remembrance
6.00pm Quendon BCP Communion, with Reading of Names of the Fallen

Sunday 15th November

10.00am Newport All Age Service, via Zoom
11.15am Widdington Holy Communion

Sunday 22nd November

10.00am Newport Contemporary Communion, via Zoom
11.00am Rickling Holy Communion

Sunday 29th November

10.00am Newport & Zoom Morning Worship, also via Zoom

NOTE:

Service times & locations are subject to change due to the changing rules regarding Covid-19.

If you wish to join any of our online service please email Neil on vicar4nqrwchurches@gmail.com for the joining instructions.

Police contact information

For crimes and suspicious activity NOW phone	999
For non-urgent incidents and reporting a crime that has already happened	101
Alternatively you can report non-urgent incidents or suspicious activity and crimes on-line at https://www.essex.police.uk/do-it-on-line/	
Action Fraud is the UK's national reporting centre for fraud and cybercrime where you should report fraud if you have been scammed, defrauded or experienced cyber-crime in England, Wales and Northern Ireland. If you have been defrauded i.e. lost money phone or report online at https://www.actionfraud.police.uk/reporting-fraud-and-cyber-crime If someone has tried to defraud you but you have <u>not</u> lost money, phone or report online at https://www.actionfraud.police.uk/report-phishing	0300 123 2040
To give information anonymously phone CRIMESTOPPERS or report it on-line at www.crimestoppers-uk.org	0800 555 111

Village Hall

Due to Essex being in Tier Two and the rule of 6 we have once again had to close our doors. There is a great deal of confusion and contradiction within the many web sites and we are awaiting clarification from RCCE. Your individual tutors will keep you informed and we will reopen as soon as it is safe and within the regulations.

Village Hall Committee

Quendon & Rickling 100 Club

Congratulations to the October 2020 Winners

1st	K Whitting	£35
2nd	P Lenthall	£25
3rd	M Atlee	£15

Quendon & Rickling 100 Club generates a source of funds for the Village Hall and both our two churches, All Saints, Rickling and St Simon & St Jude, Quendon.

Consequent Correction

Last month's note that Pat Turner's Extend classes were to resume was given in error. Pat tells us that all plans are, of course on hold again due to present circumstances.

Advertising in *The Link*

Notices of community interest in *The Link* (except where purely commercial) are always free. Keep them coming!

Contact robert@arnold-q.uk for all enquiries.

Rickling/Quendon Community Café

Quendon & Rickling Village Hall,
Quendon, CB11 3XQ

Refreshments and Fun Bingo



Due to ongoing Covid we will not be resuming our monthly coffee mornings until April 2021.

There are restrictions on the number of people allowed in the hall and so we are unable to welcome everyone to join us.

Lets's all stay positive that we will all meet again next year and in the meantime

"Stay Safe "

Please contact: Angie and Carole
01799 218061/543807

Wasps

Wasps, as illustrated on the front of this issue, elicit mixed feelings. Most of us are at least wary of them, yet they are beneficial in the garden, feeding pests to their young. They have been seen devouring Cabbage White Butterflies - in flight!

Colonies have abandoned their nests by now (they are wonderful structures!) and the workers will be dying off, after their busy summer.

The queens are preparing for the winter, finding secluded places to hibernate. These places are often in our houses, and caution should be taken when putting on gloves, coats, slippers, jumpers and so on that haven't been used for a while, lest a sleepy but still stingy wasp is hiding within!

Dealing with spam e-mails

Reporting spam e-mails can be effective. One way is to have the spammer's internet service provider (ISP) notified of the problem using Spamcop (<https://www.spamcop.net/>). ISPs do take action against those misusing their services.

Alongside this, you can report "phishing" attempts and other malicious e-mails to Action Fraud at <https://www.actionfraud.police.uk/report-phishing>. Forward the whole e-mail to them.

Quendon & Rickling Parish Council News

Now is the time to say "goodbye..."

It will not have escaped the notice of readers of *The Link*, I am sure, that it has become clear that information regarding monthly meetings is being duplicated in the Chairman's report and the Clerk's article. In fact if you include the minutes posted to the website you could say details were being "triplicated". The Clerk's report is effectively becoming redundant. At Wednesday's meeting this matter was discussed and it was agreed that as the Chairman's report was considered the most important, this should be the only submission relating to matters from the monthly meetings. This Clerk's article will therefore be the last submission.

So, thank you for your sufferance during the past couple of years. And I can assure you that I am still around if you need any advice or information regarding parish council matters.

Welcome Packs

The Parish Council provides a Welcome Pack of information for new residents to the Village. If any newcomers to the village have not received a copy of the pack, do please let the Clerk know on the contact details below and a welcome pack will be provided. It would help if an e-mail address could be provided to enable the pack to be sent digitally.

Allotments (part of the Quendon Hall Estate):

- Peter Warwick, No.5 Thistley Crescent, Green Road, Rickling
- Telephone: 01799 543526

Next Parish Council Meeting

Will be on 11th November 7.30pm.

Highway Problems

The Essex Highways website is available for anyone noticing a problem to report it: <http://www.essexhighways.org/Report-a-problem.aspx>
A tracking facility for all reported faults is available.

Police/Crime

The Essex Community Messaging Service provides useful information to the public about policing and safety issues. It is free to register and information is given relative to your postcode, thus providing accurate and up-to-date community safety information and crime prevention advice. Users can choose to receive information via e-mail, text or voice-recording and can select what information to receive – based on where they live and work and on issues of interest. For further details and to sign up, visit www.essex.police.uk/ecm

Contact the Parish Council

The Clerk, Keith Williams can be contacted by e-mail quendonandrickling.clerk@hotmail.com or by telephone 01279 814473

ICO fines company flouting the law in order to profiteer from the coronavirus pandemic

The Information Commissioner's Office (ICO) has fined Digital Growth Experts Limited (DGEL) £60,000 for sending thousands of nuisance marketing texts at the height of the pandemic.

Seeking to capitalise and profit from the pandemic DGEL sent the texts, of which 16,190 were received, between 29 February and 30 April 2020 promoting a hand sanitising product that it claimed to be "effective against coronavirus". The messages were all sent to people who had not consented to receive them.

Andy Curry, Head of Investigations at the ICO, said:

"DGEL played upon people's concerns at a time of great public uncertainty, acting with a blatant disregard for the law, and all in order to feather its own pockets. We will prioritise action on organisations carrying out similar activity.

"Direct marketing laws are clear and it is the responsibility of businesses to ensure they comply. Ignorance of it or attempting to rely on vague and misleading evidence in support of a marketing campaign simply does not wash.

"The sending of nuisance marketing texts are a significant concern to the public, and the ICO will continue to take action where our advice is not followed and where we find serious, systemic or negligent behaviour that puts people's information rights at risk."

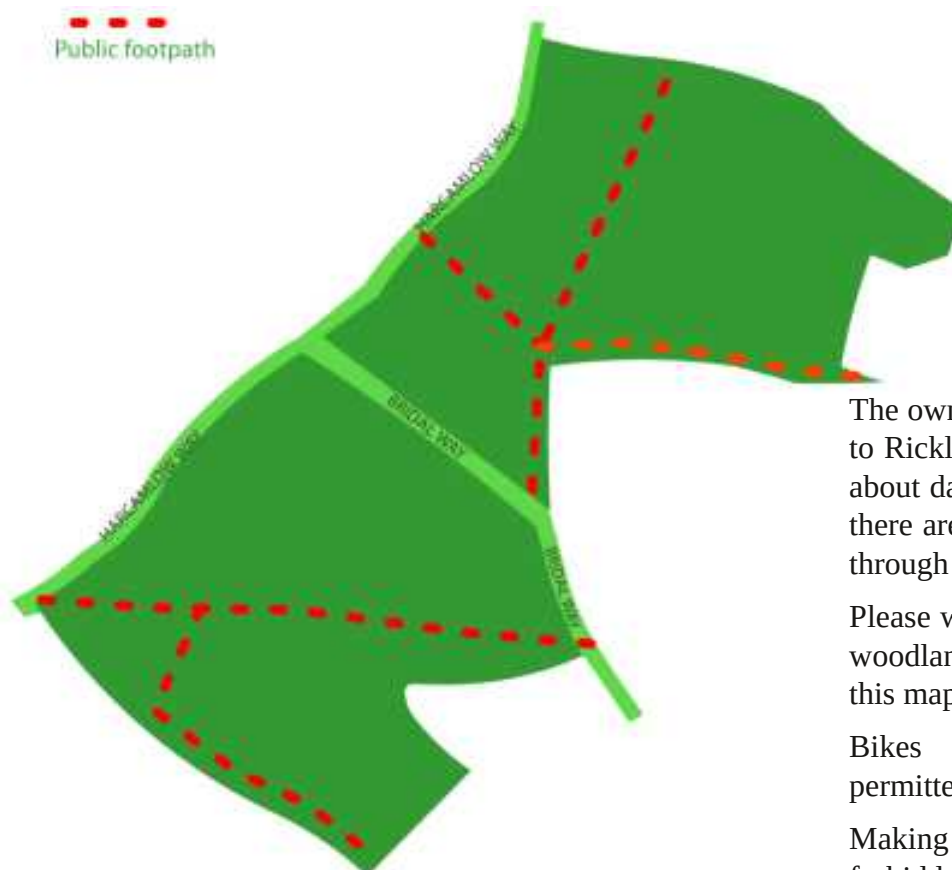
Throughout the ICO's investigation, DGEL was unclear and inconsistent in its responses, and it was unable to provide sufficient evidence that it had the consent it is required to have under the Privacy and Electronic Communications Regulations 2003 (PECR).

DGEL came to the attention of the ICO when complaints forwarded via short text 7726 to the GSMA's Spam Reporting Service were incorporated into the ICO's Monthly Threat Assessment, which is used to identify organisations in breach of PECR.

DGEL has also been issued with an enforcement notice ordering it to comply with the PECR within 30 days of receipt of the notice.

Members of the public who believe they have been the victim of nuisance texts, calls or emails, should report them to the ICO from <https://ico.org.uk/make-a-complaint/>, get in touch via live chat there or call our helpline on **0303 123 1113**.

Bluebell Wood



The owner of the Bluebell Wood (adjacent to Rickling House) has expressed concern about damage caused by visitors. Though there are public footpaths and a bridleway through it, it is private property.

Please walk with care through this ancient woodland, keep to the footpaths shown on this map and take your litter home.

Bikes and motor vehicles are not permitted on the public footpaths.

Making a fire or construction is forbidden.

From the Chairman of the Parish Council

Dear Fellow Villagers!

As I write, we are just about to move up to Tier 2!! It has been a long 7 months. What more can I say!! Just remember that everyone is still there to help so do shout if anything is needed!

Some of you were concerned to see men walking along Brick Kiln Lane with clipboards and were worried that the Strutt & Parker development was due to begin. We can assure all of you that this is not the case, it was some of the Parish Council team updating the asset list. As far as the PC knows, there are no definite plans, as yet, for either of the sites we have been told about. Strutt & Parker wanted to present at one of the PC meetings their initial ideas but as we can't meet in person at the moment, they suggested they host a Zoom meeting. However, as the signal can be so intermittent in this area and a proportion of the village would be unable to access Zoom, we said no, as we would like all the villagers to be present; I am sure you would all want to be with the threat of up to 180 houses being built on either end of your village. We will definitely keep you up to date if we hear anything more.

Can you believe it, I'm afraid we have another issue now on the football pitch! The amount of dog poo found on the pitch has decreased, which is great, long may that remain, but now someone has decided to dump their hedge clippings, remnants of their bonfire and old wire by the entrance to the changing rooms. It would be very much appreciated if you could take your rubbish to the correct facility to be disposed of! Volunteers spend many hours maintaining the pitches and it is very disheartening when someone uses it as a dumping ground! Please could this stop!

Hopefully by the time you read this, the VAS sign at the north end of Quendon will have been replaced and the new 30mph sign will be installed outside Foxley 2. We can't believe how long these have taken to be reinstated and how many motorists thought they could get away with speeding through the village due to their absence! We are in touch with the Road Crime Team Support who plan to have an unmarked car to assess the amount of speeding occurring! Over a couple of hours in the middle of October, there were 326 speeding vehicles between 06:45 and 07:45 and again at 11:24 to 12:39 with speeds of up to 52mph. This is why it is so important for traffic calming measures and a crossing to be put in. We can assure you, we are constantly in touch with Essex Highways. The Highways Survey is now in the Uttlesford Traffic Scheme Status waiting for validation and consequently awaiting funding so we will keep our fingers crossed this is implemented in this financial year.

We would love to be able to tell you that we are further forward with the Quendon trees debacle, but our contact, the Natural Environment Manager at Essex County Council seems to have disappeared into a puff of smoke so we are still awaiting to hear what is happening!

Rumour has it that The Pavilion will be brought back to its formal glory! As most of you will have seen, it is looking rather sorry for itself so a bit of TLC is most welcome. It is such an integral part of The Green so to see bright white clapboard, a gleaming spire and the clock reinstated again will be a joy!

As you know, the Bluebell Wood is also in need of a bit of TLC! A lot of damage has been caused, especially over lock-down and during the bluebell season. Some people are not taking heed of the official footpaths, companies have been holding children's fire making camps and even bikes are being ridden through the middle of them. The owner of this wood is therefore putting up new signs at each of the entrances showing exactly where the footpaths are.

We have contributed towards the cost of a new floor in the Bowls Club from the Stonebond contribution. It looks very smart and is now ready to be hired out for events, whenever that may be in the future!

On Thursday, 5 November, we are planning to have Waffle & Co visit the village to celebrate Bonfire Night! This year, obviously, it is going to be somewhat different to usual, so we were hoping to bring a little joy into the villages. They will be serving their delicious waffles from 5pm to 8pm by The Pavilion and The Cricketers will be serving hot punch, tea, coffee and hot chocolate for those who will need warming up after brandishing their sparklers around the green! There will be no fireworks, I'm afraid and there will definitely have to be social distancing! If the November visit is successful, we would like to repeat this again in December, perhaps at the lighting of the Christmas tree. We will keep you posted.

As you know, Halloween will have brought out the creatives in many of the households, decorating windows or front doors and we are hoping that you will once again produce some amazing works of art to celebrate Remembrance Day. There will be more information on the Facebook page.

Finally, let us try and keep our spirits high! There must be a light at the end of the tunnel!!

Sally Kitcat

Report from District Councillor Neil Hargreaves

Here is an update on the proposals from the government for major changes to the planning system, large increases in the number of houses required to be built in this district, and the abolition of district councils.

Planning system - Designate areas for development where the granting of outline planning permission will be automatic, and many other changes.

There is a very strong consensus across councils, the expert community and many politicians that the proposals would further discredit the planning system, not guarantee that any more houses would be built and not deliver any more affordable houses. Residents for Uttlesford have submitted a full set of objections and comments into the consultation. The deadline is 29th October and UDC will be submitting the council's comments, which will be prepared by planning officers working with the Cabinet Member for the Local Plan, John Evans.

You may have read of the recent sudden death of Cllr Alan Storah. He was chair of the working group driving the development of the new Local Plan and would have also worked on the council's response to the planning changes. He was well liked; a nice man, calm and authoritative and will be much missed. He worked as a planning consultant and for Newport he took on a senior barrister at a planning appeal. For Stansted he was the consultant in the successful battle resulting in refusal of an appeal to build a large estate at Bentfield Green – now back with the developer submitting another application.

Housing numbers - Increase the new housing requirement on Uttlesford from 14,000 to about 22,000 houses over the next 20 years.

UDC submitted a strong objection to this increase, on a string of grounds. I also submitted my own objection, which among other things said that provision of social housing should be in the targets. By social houses I mean at rents around half of commercial rent, and on secure tenure, ie. council and housing association houses. The government's 'algorithm' looks only at the affordability of buying houses and did not consider the rental market. Again, there is a strong body of opposition to these proposals, including from Conservative MPs.

Local government reorganisation - Abolish county and district councils and replace them with mid-sized 'unitary' councils, but with an elected mayor at county

level (despite the county not existing anymore).

There has been effectively a refusal to participate from the district councils. Nevertheless, I understand that the Essex County Council leader is persisting in employing accountancy firm PricewaterhouseCoopers on what looks like a dead project. Should this work reveal that Uttlesford is not getting a fair share of the county expenditure there may still be some use to it.

Overall, all the matters above have created a great deal of work for council officers and councillors. At a time of national crisis, when local councils are working under the covid constraints, keeping normal service running and additionally delivering the many government schemes, such ill-considered government initiatives are unhelpful. On reflection, they are unhelpful at any time.

I think residents may be more concerned as to why the speed limit extension remains undelivered over four years after it was requested. And why the consultation responses (when Essex changed it from a 30 to a 40 limit extension) were never published and why a request for the design officer to come and explain the change was ignored. My chaser to all of this has also not been responded to.

No news

This is just to confirm that I am not aware of any planning applications from Quendon Estates relating to the land south of the football pitch, or Brick Kiln Lane. No detailed proposals have been put to the community or the parish council. As part of the new arrangements R4U have put in place for major applications, applicants are encouraged to have pre-application meetings including participation from members of the parish council, the planning committee and ward members. So I would expect this to be done if any application is forthcoming.

Councillor Surgeries

These are currently suspended but I'm available on 01799 540411 and on the village Facebook and by email at cllrhargreaves@uttlesford.gov.uk. All three parish councils in the ward are meeting by video and it works well.

Neil Hargreaves

Other News from Uttlesford District Council

You can get email newsletters and alerts on a whole range of topics via Keep me posted – sign up and find out more at www.uttlesford.gov.uk/keepmeposted.

Essex County Council – October 2020

The ravages of Covid-19 continue and as a result of the ongoing concerns and the rate of growth in case numbers Essex County Council, with the support of partners and MPs, has applied to the Secretary of State for Health for the local alert level for Coronavirus to be raised from the 'Medium' to the 'High' level. That has now been in place since 16th October.

This request has not been made lightly. We all appreciate the implications of Essex moving to 'High level' measures,

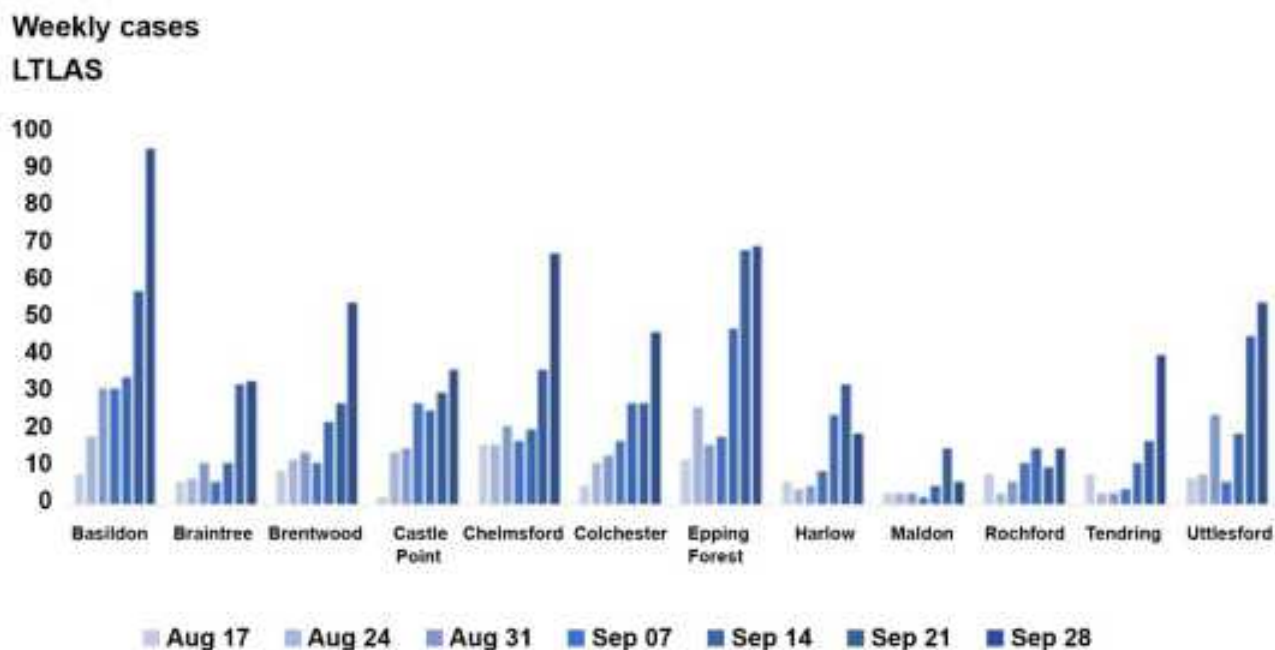
Essex County Council – October 2020 (Cont.)

however we truly believe that this is the best interests of residents and businesses, because it will reduce the rapidly increasing number of cases, prevent further deaths, and protect businesses from ‘Very High’ level restrictions being introduced.

Below, we have outlined the data we have used to inform our request and the rationale for taking this step.

Background

Cases of coronavirus are rapidly increasing all over Essex. Analysis has shown that all areas (except Maldon at the time of the analysis) had moved to epidemic growth. This means that cases have been doubling every week, as evidenced in the table below.



The difference in rates for each area between 1-11 October are also shown below. The rates are the number cases per 100,000 residents per week and while they are low, the fact remains they are doubling everywhere across Essex. We believe that this trend will continue over the coming weeks and we will soon find ourselves in the same position as many northern towns.

	1st October cases per 100,000 per week	11th October cases per 100,000 per week
Basildon	28.85	62.50
Braintree	13.11	39.32
Brentwood	29.86	89.59
Castle Point	23.24	64.18
Chelmsford	15.14	49.89
Colchester	10.27	45.71
Epping Forest	42.52	81.25
Harlow	32.16	42.50
Maldon	18.48	35.42
Rochford	13.74	32.05
Tendring	11.60	72.32
Uttlesford	37.25	72.30

In the table above, you will note that the place with the lowest rates now have rates similar to those of places with the highest rates 10 days ago. The places in Essex with the lowest rates are therefore only a week or so behind those with the highest rates, which are in turn are a week or so behind areas in the North and Midlands.

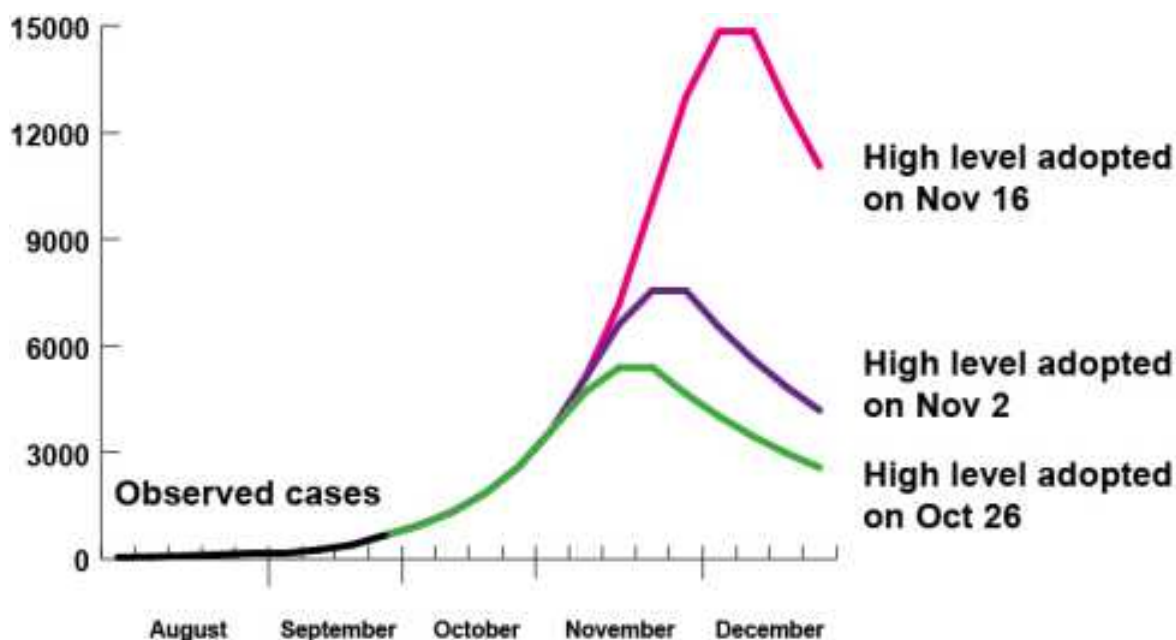
Essex County Council – October 2020 (Cont.)

Additionally, while hospital admissions are thankfully low, the fact remains that there are currently 57 people with coronavirus in Essex hospitals, while a month ago there were none. There have also been 13 deaths due to Covid-19 in Essex hospitals in the last three weeks following a month with no deaths.

While these numbers remain low, they are increasing at an alarming rate and if we had not taken action then we are likely to see a doubling in line with the increasing cases soon.

The County Council has a responsibility to make decisions based on what the evidence tells us, in order to protect residents, local health services, schools and businesses, and we have considered how best to do this for the people of Essex. The interventions implemented within the 'high' tier of measures have been devised by SAGE to reduce the rate of transmission and reverse case growth.

We have used the below model to show the potential impact if the introduction of High level restrictions is delayed.



We believe that by moving to tier two sooner, the curve will turn quicker and the peak will be lower. This will reduce the time Essex spends within this tier, as well as the chances of the county needing to move to 'Very High'. It is our intention that if approved by the Secretary of State, we will work rapidly to reduce the amount of time spent under tier two restrictions.

It has not been an easy decision to make this request, but we feel on balance that it is absolutely the correct one for Essex at this time.

Ray Gooding

Note that this was written for production on the 19th of October and things will probably have changed by the time you read this - hopefully for the better!

Editor

Our Member of Parliament

Face to face surgeries for you to meet with me, your Member of Parliament, and seek advice or assistance on confidential issues are not currently possible. For all enquiries please send an email or speak over the phone.

How to contact me

Email: kemi.badenoch.mp@parliament.uk

Tel: 0207 219 1943

Write: Kemi Badenoch MP,
House of Commons,
London, SW1A 0AA

Kemi Badenoch, MP





www.hundredparishes.org.uk

THE HUNDRED PARISHES SOCIETY

Since March, getting out in the countryside has been greatly encouraged.



Barkway High Street

many constructed beautiful buildings that reflected pride in their locality. Today, a significant number of these are listed buildings. Our rich architectural tapestry is brilliantly recorded in *The Hundred Parishes: An Introduction*. There are a few copies still available by mail order from the Society's website or from local bookshops and Tourist Information Centres.



Saffron Walden Museum

Successive generations have shaped this fertile land. They have planted hedges and cut wood from ancient, coppiced woodlands, tended animals, planted orchards and harvested honey from bees. Profiting from this productive land,



Forge Museum

Museum collections of assorted artefacts and documents add another dimension to the human history of the area. Saffron Walden Museum opened in 1835 and houses a real treasure trove of historical and other material relating to the local area. A recent grant from the National Lottery

Heritage Fund is enabling the development of plans to attract new visitors to the museum and adjacent castle.

Smaller museums hold collections of agricultural implements, local artefacts and archive material. The Grade II* building of the Forge Museum in Much Hadham houses a collection of metal tools while striking medieval wall paintings reveal details of Tudor fashion. The Ashdon Village Museum has exhibits about life in the 20th century and the curator is updating information on the family trees of seventy local residents and preparing displays in anticipation of re-opening in the future.



Saffron Walden Castle



Ashdon Museum

We look forward to the time when our museums can safely reopen. Meanwhile, we can enjoy our heritage and



Barnston Footpath, Lt. Dunmow

Parishes.

Tricia Moxey, Trustee.

celebrate the past by continuing to explore outdoors. With regular additions of new walks to the Society's website, we can use these descriptive routes, some as short as 1 mile, to explore the cultural landscapes that make up the Hundred

Rickling School

Beech Class have had a lovely scientific afternoon looking through owl pellets discovering what barn owls eat!



They then took the bones and made their own skeletons identifying all the different parts! There were some amazing three headed voles!



It was a good afternoon of scientific research!



We have also had a Harvest assembly, and all of the kind donations have been taken to the Uttlesford Food Bank.



Poppy-ing Up in Quendon and Rickling for Sunday 8th November



We'd love to be able to create a poppy display for Remembrance Sunday outside the Village Hall in memory of those who fought and lost their lives to secure and protect our freedom.

If you'd like to knit / felt / crochet / paint / make (out of anything) a weather-proof poppy for the display we'd love to have them – the more the merrier and any size goes! We'll then get creative with displaying them all!

Please deliver them to Carrie at The Old Kings Head, Cambridge Road on or before 6th November.



Waffle and Co are coming to Rickling!
They will be serving sweet and savoury waffles on Bonfire Night

Where: Rickling Green Cricket Pavillion
When: 5th November 5-8pm

Preorders now live and available via their website www.waffleand.co.uk

Walk ups welcome until sell out




The Grange Care Home

At The Grange, our care is the kind we'd want all of our loved ones to receive. In these difficult times the elderly population is particularly vulnerable at home. If you're concerned about how your relative will cope and would like them to have more support, The Grange provides family-led care delivered by highly trained staff in a warm homely environment.

- Brand new luxury home
- Daily meaningful activities
- Daily fine dining
- Luxury en-suite bedrooms
- Spacious secure garden



01799 243 005



www.countrycourtcare.com



Fallow Drive, off Bury Water Lane,
Newport, Saffron Walden, Essex, CB11 3NZ

PARCEL DELIVERY SERVICE (PDS) HOAX EMAIL

A number of residents have recently received a hoax email (right) that warns them about a parcel delivery scam in the lead up to Christmas.

The majority of the information provided in the email is incorrect or out of date. The number in question has since been repurposed by another company (although will still set you back £3.60 per minute).

However, residents should still remain alert if they receive a card stating a parcel they do not remember ordering could not be delivered, and should be wary of taking delivery of parcels they have not ordered.

If you receive this hoax email, please do not pass it on, simply delete the message.

For more information, read the Action Fraud article at www.actionfraud.police.uk/news/hoax-email-from-pds-parcel-delivery-service

PLEASE NOTE AND PASS TO ALL YOUR CONTACTS

Christmas is fast approaching, Royal Mail & The Trading Standards Office are making people aware of the following scam:

A card is posted through your door from a company called PDS (Parcel Delivery Service) suggesting that they were unable to deliver a parcel and that you need to contact them on 0906 6611911 (a Premium rate number).

If you call the number and you start to hear a recorded message you will already have been billed £115 for the phone call.

If you do receive a card with these details, then please contact Royal Mail Fraud on 020 7299 6655.

For more information, see the Crime Stoppers website: <http://www.crimestoppers-uk.org/crime-prevention/helping-prevent-crime/parcels-delivery-scam>

Please be aware that the premium rate number may change but nevertheless please do not call any number stated on a card from PDS.

Can you please make all your family, friends and neighbours aware of the above.

Money Mules

DON'T BE FOOLED



UK FINANCE

cifas

Criminals will sometimes try and launder money through the bank accounts of innocent people under a number of different disguises.

Fraudsters may ask you to receive money into your bank account and transfer it into another account, keeping some of the cash for yourself. If you let this happen, you're a money mule. You're involved in money laundering, which is a crime.

You might be approached by fraudsters online or in person. They might post what looks like a genuine job ad, then ask for your bank details.

Once you become a money mule, it can be hard to stop. You could be attacked or threatened with violence if you don't continue to let your account be used by criminals.

Don't Be Fooled by offers of quick cash.

Criminals need money mules to launder the profits of their crimes. Mules will usually be unaware of where the money comes from – fraud, scams and other serious crime – or where it goes.

See www.moneymules.co.uk for more.

WHAT IS A MONEY MULE?



When you're caught:

Your bank account will be closed.

You will have problems applying for credit.

It will be difficult to get a 'phone contract.

You could go to prison for up to 14 years.

If only warning messages like this were shared 37,000 times in a day!

'**Tell2, protect many**' is a communication initiative that empowers you to spread crime prevention messages to others in your life, who otherwise may never know. Start with 'tell2' and ask them to do the same. It starts with YOU!

If you or someone you know is vulnerable and has been a victim of fraud, please call Essex Police on **101**.

Report fraud or attempted fraud by contacting Action Fraud at www.actionfraud.police.uk or call **0300 123 2040**.

What's On

As noted above, the Village Hall has had to close again to comply with government orders. For other activities elsewhere such as Armadillos, Rickling Runners and Buffy Playbus, please contact their organisers before attending.



Saffron Screen has been awarded a Good to Go certificate from Visit England.

The COVID-19 industry standard in partnership with Visit England is recognition that Saffron Screen is following government and industry COVID-19 guidelines, ensuring processes are in place to maintain cleanliness and aid social and physical distancing.

The cinema, which reopened last month, has implemented a number of safety measures including significantly reduced capacity in the auditorium, clear signage, empty seats between booking groups, a one-way system to enable social distancing and thorough and regular cleaning in between screenings.

Temperature checks have also been introduced for all staff, volunteers and customers and both staff and customers over the age of 11 are required to wear masks.

Tickets are available to purchase in advance only. Either online at www.saffronscreen.com, at the Tourist Information Centre and now also by phone on **01799 524002** (Monday- Saturday, 9:30am – 5pm).

More information can be found on the cinema's COVID-19 FAQ webpage.

The cinema will continue to programme films on a fortnightly basis until further notice and urges customers to sign up to their weekly email (from www.saffronscreen.com) and social media to stay abreast of new films and changes.

Tickets available from the Saffron Walden Tourist Information Centre, at www.saffronscreen.com or at the cinema Box Office

Emergency Life-saving

Should someone suffer a cardiac arrest or show symptoms of a heart attack e.g. pains in the chest, then your first action should always be to phone the ambulance service on 999. The service will refer you to our Automated External Defibrillator which is at the front entrance to Quendon & Rickling Village Hall. Anyone can save a life by using it until an ambulance arrives. In addition you can seek help from any of the volunteers listed below.

Name	Home Telephone	Locality
Alan Price	01799 542527	Northern end - Cambridge Road
Jane Price	01799 542527	Northern end - Cambridge Road
Robert Arnold	01799 543075	Northern end - Cambridge Road
Sandra Arnold	01799 543075	Northern end - Cambridge Road
Andrew Thomson	01799 543253	Northern end - Cambridge Road
Karen Thomson	01799 543253	Northern end - Cambridge Road
Thelma Wilson	01799 543313	Northern end - Cambridge Road
Chris Phillips	01799 542351	Middle - Cambridge Road
Sue Phillips	01799 542351	Middle - Cambridge Road
Nigel Ackerman	01799 540678	Middle - Cambridge Road
Wendy Stannard	01799 541869	Middle - Cambridge Road
Anne Howes	01799 543545	Southern end – Cambridge Road
Pat Turner	01799 543314	Rickling Green
Joanne Hales	07903 596011	Rickling Green
Janice Hart	01799 541196	Rickling Green/Brick Kiln Lane/Rickling
Clare Willoughby	01799 543637	Rickling Green/Brick Kiln Lane/Rickling



For further information see www.communityheartbeat.org.uk/

Remember: Using the defibrillator can't cause injury. Doing nothing can.

The Link is produced on behalf of Quendon & Rickling PCC, who do not necessarily share or endorse any opinions expressed by contributors or advertisers.

The Link is delivered free of charge by volunteers to every household in the villages of Quendon and Rickling. It is also available by post and online at: <http://www.quendonandrickling.co.uk>

All correspondence for *The Link* should be addressed to the editor,

Robert Arnold: **preferably by e-mail with attachments if necessary:** robert@arnold-q.uk, or at Talbots, Cambridge Road, Quendon, CB11 3XJ; otherwise telephone 01799 543075

Copy for each month is normally required by the 19th of the preceding month to allow for assembly, printing and delivery.

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