

Quendon & Rickling Parish and Church

You can find *The Link* and much more at www.quendonandrickling.co.uk

October 2020

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Council Chairman
District Council

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Rickling Green Dawn by Peter Warwick



Visits: If you would like the Vicar to visit you at home or in hospital, or know of anyone who would like him to visit them, please let the Vicar know.

The Rev'd. Neil McLeod, The Vicarage, 5, Meadowford, Newport, Saffron Walden, Essex, CB11 3QL **Telephone:** 01799 540339 **E-mail:** vicar4nqrwchurches@gmail.com

From the Vicarage Study Rev. Neil McLeod, Priest-in-Charge of Newport with Widdington, Quendon and Rickling.



The great news, since the last $\exists he \ Link$ magazine was published, is the churches are now open! I have conducted several communion services and a baptism service in Quendon, and a funeral service and a memorial service in Rickling. It is great being back in the church building and I found that I was quite emotional when welcoming people back for the first time. Things are different. In Newport most of our services are still via Zoom.

People are sat in alternate pews to ensure that no-one is sitting directly behind someone, and generally only one household or two single people can sit in the pew. We all have to wear masks, although I can remove mine when leading. Communion is also different as the congregation now only receive the bread, as the chalice cannot be shared. The worst part, according to many, is that we cannot sing. Despite all of the differences it is still great to be back worshipping together.

However, quite how long this new normal will last is a question to which I do not have the answer. As I write this the Rule of Six has just come into force, albeit that places of worship are exempt from it. But I question that if the cases of Covid-19 infections begin to rise, then there may be an impact on our church services once more. There be a need to reduce the number of people that are able to attend a baptism, funeral or wedding; at present 30 are allowed to attend if they are able to social distance. I ask for people's patience as the church navigates its way through the (what seems to be) constantly changing guidance issued by the government.

Even if the restrictions do not increase then, I am still left wondering what will happen to major services coming up. The Remembrance Sunday service at Newport traditionally has upwards of 200 people attending, but there is no way that will be possible this year. I am delaying the Commemoration Service to which families for whom funerals have been conducted are invited back until next year, when I hope we'll be able to get more people into the church. As for our Christmas services I haven't even started to contemplate those as yet. What does a Carol Service look like when you cannot sing carols? All of the above are important services, not just for the church, but for everybody, so I shall be working on plans that I can publish in either the November or December editions of *The Link* magazine.

Until I see you once again, please stay safe and stay well.

Revd Neil McLeod

Priest in Charge of Newport with Widdington and Quendon and Rickling.			
The Rev'd. Neil McLeoo	The Rev'd. Neil McLeod, The Vicarage, 5, Meadowford, Newport, Saffron Walden, Essex, CB11 3QL		
Telephone: 01799 540339 E-mail: vicar4nqrwchurches@gmail.com			
Churchwardens - Quendon: Mrs Christine Osbourn 01799 543367 and Mrs Maureen Hawkins			
	Rickling: Lisa Huxtable 07771 541944		
Treasurer -	Quendon and Rickling: Mrs Sandra Arnold 01799 543075		

From the churches.

Rickling church roof.

A big hurrah: the damaged roofing/guttering at Rickling will be repaired at the end of October. Regular visitors may well ask why it has taken so long to sort out and have commented on the same.

Unfortunately this was part of yet another insurance claim for damage by metal robbers. The first quote was higher than under guidance we are able to accept without obtaining other quotes. As this is specialist work this takes time to get and also plan for. Once we were able to accept a quote, we were able to give our chosen company the go-ahead; but the country went into lockdown and the work was unable to be commenced.

As with all things, when the work was due to be commenced our resident bees were active, so work had to be delayed until they had quietened, which means that now the work is now scheduled and by the time of the next $\exists he \ Link$ we will be able to enjoy the church as it should look.

From the churches (cont.)

Quendon churchyard.

We have asked several times for volunteers to join the team of mowers at Quendon. This is not due to laziness on the part of the church community or that we cannot be bothered. The few who mow enjoy seeing the way the churchyards at Quendon can look after they have been mown, BUT most of the current small team of volunteers are in the older age group and our church-wardens for Quendon are unable to undertake this work due to age and health. This is why we had asked for assistance from those living in the community.

Many of you walk around, especially during the last few months, enjoying the space around this church. Please think about whether you can volunteer for next year. The more people there are the less often an individual will have to undertake a slot of mowing.

Yes, I am part of the rota for mowing and enjoy the satisfaction of seeing the space tidy for any visitors who may want to take advantage of this space, for whatever reason.

Sandra Arnold

Church Services in the Benefice				
Sunday 4th October				
10.00am 11.15am	Newport Widdington	Contemporary Communion, via Zoom Holy Communion		
Sunday 11th October				
10.00am 11.00am	Newport Quendon	All Age Worship, via Zoom BCP Communion		
Thursday 15th October				
11.00am	Newport	BCP Communion		
Sunday 1	8th October			
10.00am	Newport	Morning Worship, via Zoom		
11.15am	Widdington	Holy Communion	NOTE:	
Sunday 25th October				
10.00am 11.00am	Newport Rickling	Morning Worship, via Zoom Holy Communion	Service times & locations are subject to change due to the changing rules regarding Covid-19	

Police contact information			
For crimes and suspicious activity NOW phone	999		
For non-urgent incidents and reporting a crime that has already happened	101		
Alternatively you can report non-urgent incidents or suspicious activity and crimes on-line at https://www.essex.police.uk/do-it-on-line/			
Action Fraud _is the UK's national reporting centre for fraud and cybercrime where you should report fraud if you have been scammed, defrauded or experienced cyber-crime in England, Wales and Northern Ireland.			
If you have been defrauded i.e. lost money phone or report online at https://www.actionfraud.police.uk/reporting-fraud-and-cyber-crime	0300 123 2040		
If someone has tried to defraud you but you have <u>not</u> lost money, phone or report online at https://www.actionfraud.police.uk/report-phishing			
To give information anonymously phone CRIMESTOPPERS or report it on-line at <u>www.crimestoppers-uk.org</u>	0800 555 111		
Our Member of Parliament			
For all enquiries please send an email or speak over the phone.Email: kemi.badenoch.mp@parl Tel: 0207 219 1943	liament.uk		

From the Chairman of the Parish Council

Dear Fellow Villagers!

W hat a lovely summer it has been, under the circumstances! The weather has generally been kind to us and it has been great to see the villages returning to some sort of "normal! It has not been easy for anyone, so I do hope that everyone has settled into some sort of routine and enjoy wearing their masks!!

There have been numerous matches already on the **football pitch** this summer, league games, veteran games, games of rounders! The pitch really does look amazing - the comments received from visiting teams are so complimentary. I would like to give Ted Crow a shout out because he looks after it almost single handedly. Long may it remain looking like this!

Also over the summer, there have been weekly cricket matches for **Rickling Ramblers**, which really is such a classic English scene. How could you not enjoy hearing the sound of "Howzat" echoing around the Green! The newly restored benches were in full use as there were many more spectators this year, which the teams really appreciated; rather a different setting to the professional games this year! The ECB decided to run a condensed league, so matches took place on Wednesday evenings and Saturday afternoons. There were also a couple of local village friendly matches, a 40-over match between two highly competitive teams resulting in a very exciting draw and a 7-a-side cricket tournament consisting of mainly villagers, two highly entertaining afternoons!

The **Quendon trees** are hopefully in the process of being replaced - again!! The dead samplings have been removed and we were given a choice between 5 species of tree. Field Maple has been chosen because they do look so beautiful in the autumn! The maple we have been offered is a yellow one but we have requested a red one as this would look very dramatic against the darker back drop. We have also received a very generous offer from a local resident of some trees to plant here, but a licence would be required to plant these as the land belongs to Essex Highways, so we will just have to wait and see and keep our fingers crossed that a tree of some description is planted!

There is a **missing 30mph signpost** driving north into Quendon, outside the new development, which has been missing for some months now. Stonebond, who are the developers of Foxley 2, have the actual sign and have been attempting to get Highways to deliver a pole since February so they can reinstate it. We are all very conscious that this is a very important sign, so are "nagging" Highways too for said pole. When replaced, it will hopefully remind drivers to slow down. Ray Gooding, our County Councillor, has approved the 40mph buffer zone to go ahead from south of Ventnor; I believe this will be in place during this financial year! As you all know, we were very keen for it to be a 30mph restriction, but Essex Council decided otherwise, so we thought 40 is better than 50 but will continue to work on a 30!

The **Highways Survey** has been submitted to Essex Highways and is now awaiting validation from their engineers, where it will then be given consideration in the budget meetings early next year. Let us hope that something comes of this over the course of the next year, but I can assure you that the Parish Council will be doing everything in their powers to make sure something does!

The **Neighbourhood Watch** call to arms was not very successful, but there is a Q & R Community Updates Whatsapp page which anyone can join to be kept up to date with what is happening in the villages, questions can be asked and if there is any suspicious activity this can be spread quickly as a warning to others! Please contact the Parish Clerk for the number to be included.

If you currently wish to join the **PC Facebook** page, you have to register as a "friend" but some of you are worried that it may reveal personal details so it is going to be registered as a "group" from the middle of October so you don't have to do this. I do hope this puts your minds at ease!

Unfortunately we had to cancel **Autumn Daze** due to the new Government restrictions which have been brought in. We were very loath to do so as it would have been a lovely day for the villages, but we felt it was the best thing to do in the current climate. The apple press is available though for individuals to borrow, but it will be up to those individuals to sanitise it themselves after use. Hopefully next year we will be able to begin holding events again and they will be bigger and better than before!

Enjoy an Autumn of beautiful coloured leaves, the drawing-in of the nights and appreciate our beautiful villages and lovely neighbours!

Sally Kitcat

Quendon & Rickling Parish Council News

News from the parish council meeting

Normal service has not exactly returned yet, but monthly parish council meetings have resumed (or should that be re-Zoomed?), from September. The strong advice is that face-to-face meetings are still not allowed due to the problem with social distancing in open meetings. However, as you will know from recent agendas you are able to "attend" online via Zoom. It does look as if this will be the situation for some time to come.

The ongoing saga of Quendon Trees has taken a further turn with an offer from ECC of 5 species of trees to

Quendon & Rickling Parish Council News (cont.)

replace the ill-fated horse chestnuts. The Council is inclined to go for field maples. Keep watching this space (that is, the space where the horse chestnut trees used to be).

The football pitch continues to thrive with 14 matches played in August alone. And, so I am told, a new season is about to start.

Sadly the Autumn Daze event has had to be cancelled due to social distancing requirements. There is a new manager in the Cricketers Arms, and the pub by all accounts had a very successful Eat Out to Help Out season.

County Councillor Ray Gooding and District Councillor, although unable to attend the meeting, have submitted quite substantial reports. I have shown these as appendixes in the minutes and they make interesting reading.

It seems that accessing Q&R PC on the Facebook page could result in user details being displayed. It is therefore the plan to change the PC's entry to a "Group". I have no idea what that means but apparently, according to those people who understand these things, it solves the problem. I will take their word for it.

See you in Autumn.

Welcome Packs

The Parish Council provides a Welcome Pack of information for new residents to the Village. If any newcomers to the village have not received a copy of the

pack, do please let the Clerk know on the contact details below and a welcome pack will be dropped off to them.

Allotments (part of the Quendon Hall Estate):

- Peter Warwick, No.5 Thistley Crescent, Green Road, Rickling
- Telephone: 01799 543526

Next Parish Council Meeting

Will be on 14th October 7.30pm.

Highway Problems

The Essex Highways website is available for anyone noticing a problem to report it: http:// www.essexhighways.org/Report-a-problem.aspx

A tracking facility for all reported faults is available.

Police/Crime

The Essex Community Messaging Service provides useful information to the public about policing and safety issues. It is free to register and information is given relative to your postcode, thus providing accurate and upto-date community safety information and crime prevention advice. Users can choose to receive information via e-mail, text or voice-recording and can select what information to receive – based on where they live and work and on issues of interest. For further details and to sign up, visit www.essex.police.uk/ecm

Contact the Parish Council

The Clerk, Keith Williams can be contacted by e-mail quendonandrickling.clerk@hotmail.com or by telephone 01279 814473

Report from District Councillor Neil Hargreaves

The big stories are proposals from the government to

- Designate areas for development where the granting of outline planning permission will be automatic, and many other changes
- Increase the new housing requirement on Uttlesford from 14,000 to about 22,000 houses.
- Abolish county and district councils and replace them with mid-sized 'unitary' councils, but with an elected mayor at county level (despite the county not existing anymore)

Local government proposals

The proposals are said to be partly to reduce costs, and there is an unquantified carrot of government investment cash for councils. Bizarrely we have heard about this only through Chinese whispers as there is no paper from the government, but already Essex County Council have spent tax payers cash on hiring a firm of chartered accountants to build their case, despite not having agreement from any of the other potential participants.

The proposal from Essex is to split it into three unitary authorities, and district councils would cease to exist. This would mean splitting all the Essex functions such as highways, education, social care, libraries and waste disposal into three. This must surely increase costs, not decrease them. (Concerning waste disposal, although UDC collect it, it is transferred to Essex at a site near Dunmow and the recycling is done elsewhere by the county).

Most of our local authority costs are County. UDC's precept is only about 9% of the total council tax, and the vast range of UDC council services only cost tax payers about £140 per person per year. As our commercial investment strategy builds up, the cost to tax payers will fall to about £104 per person a year. The Essex precept is 72% of the total and the other 19% is fire, police and parish. So, removing district councils would make little saving and splitting the much more costly Essex into three Essexes would increase costs. I don't think it necessary to pay expensive consultants to work this out.

There would also be an elected Essex mayor, and a mayoral department able to charge a council tax, despite Essex County Council no longer existing. So, the reorganisation would not even remove a governance layer. If say the three councils were under Labour,

Report from District Councillor Neil Hargreaves (Cont.)

Conservative and independent control respectively, and all taking different views, there would not even be a coherent political structure. The removal of district councils would also reduce local accountability. In a much larger council, local residents groups like R4U, without a national footprint, would be unlikely to be able to run a council and the change would certainly concentrate power with Labour or the Conservatives to the exclusion of smaller residents groups. R4U's deputy leader raised this in a meeting with the minister and he declined to discuss it. There would also be a reduction in the number of councillors and thus an increase in workload. I can't see it being particularly attractive to be a councillor with a responsibility for everything, having to go say to Harlow for council meetings and be in a minority in a large council controlled by one of the two big parties, and have to deal with decisions on matters irrelevant to here.

The current structure was set up nearly 50 years ago. Any mass reorganisation would be very costly and disruptive and difficult to manage. I have worked on take overs and an amalgamation of two large companies. This however, would be integrating not just two entities, but several district councils into one and adding a third of a county council (in disarray) on top, and a mayoralty on top of that. The IT implications of this alone are eye wateringly complex. In a business you have the advantage of executive power to mandate decisions, but in the local authority world life is more complex with the officers reporting to a chief executive, and a separate political structure headed by a council leader, and with each party having its own leader.

The financial implications are also complex. The tax take per head varies widely across the county and Uttlesford is the largest. And as we continue to build our commercial investments, UDC will shortly have a major part of its services funded from this income rather than from taxation. I'm not sure we would be happy, having worked hard to set all this up, to have the assets and income handed over. Nor should local taxpayers be required to have responsibility for any legacy financial issues which may exist in other authorities.

I think local authorities, despite years of funding cuts, have handled the tasks and responsibilities for covid much better than some government ministries (except the Treasury). A government that has not yet resolved Brexit, and now seeks to break the agreement it recently signed, which may end up triggering the break-up of the Union, which has to address global warming, and couldn't even deal reasonably with exam results, and now is failing on covid testing, needs to sort itself out before casting around elsewhere.

This does however raise the issue of the urgently needed reform of Essex County Council. Although some parts

may run efficiently my view is that we are ill-served on highways (projects, maintenance and planning responses) and education (provision of places, and school transport). Even things like the proposed library closures were handled in an unimaginative way, with a narrow, predetermining, consultation document, and resulted in an FOI request to get omitted basic cost information, and eventually a complete climb down.

I noted above that UDC provides a very large range of services. Many are not obvious such as being the Port Authority for Stansted Airport, and thus dealing with some of the Brexit changes, or being the authority which could need to attend at an exhumation. I am guessing these government proposals will in the end get buried

<u>Proposed changes to the planning system and housing</u> <u>numbers</u>

The planning system changes need a separate article, but would be far reaching and damaging. These also seem not to have been thought through. The intention is to increase the number of houses being built. But governments keep falsely repeating that the planning system is at fault. It was reorganised and simplified as recently as 2012 and again last year. The majority of planning applications are permitted. With no compulsion on developers to build the c 1 million existing permissions it is not even clear it would achieve its aim of building more houses – developers restrict supply to keep prices high and their supply chain costs down.

The proposed housing numbers per district are calculated by an 'algorithm' with no review of the consequences of the outcomes. The government did not actually run the figures - it was the property consultancy Lichfields which ran it all and showed how it would cut building in cities, and in the north, and vastly increase it in the rural south east. This is the very opposite of the north-south 'levelling up' policy, or of sustainability, as rural existence is almost entirely dependent on travel by car. The numbers for UDC would be the equivalent of building about three Saffron Waldens. Although, if control over housing permissions is largely removed from councils and left in the hands of landowners and developers, it is unclear whether mandated requirements would have any significance if there is no body with the power to implement them.

UDC finances and covid funding – some good news!

UDC will be agreeing a revised budget for the remainder of the year because of extra costs, and reductions in various incomes. Some extra funding has been received from the government, and the good news is the commercial investment strategy has continued at full pace despite covid, thus bringing in extra revenues this year which were not anticipated until future years. So, after covering covid costs UDC has a further £2m available. This will mostly be spent on environmental

Report from District Councillor Neil Hargreaves (Cont.)

and climate projects and post-covid business recovery.

A whole raft of extra tasks has been completed on behalf of the government and some of these continue. UDC as the end of August had paid out £18.6m to 1,550 small businesses across the district and those in the retail, hospitality and leisure sector. Additionally, £938k has been paid in discretionary grants to 126 businesses.

The story for council housing is not as good, because on becoming vacant the houses are stripped and cleaned and heavy maintenance work done if needed. This has not been possible on the scale needed and so houses have not been returned to use at the normal speed, which also impacts UDC housing finances as no rent is received while empty

Councillor Surgeries

These are currently suspended but I'm available on **01799 540411** and on the village Facebook and by email at cllrhargreaves@uttlesford.gov.uk. All three parish councils in the ward are meeting by video and it works well.

Neil Hargreaves

Other News from Uttlesford District Council

You can get email newsletters and alerts on a whole range of topics via Keep me posted – sign up and find out more at www.uttlesford.gov.uk/keepmeposted.

County Councillor's Report

I have not written for *The Link* for some time and for that I apologise. Events over the last few months have, despite much of the County Council work - like most of the economy - been displaced to people's homes, and from that point of view the manner in which people across the country complete their work has been evolving as we go. I was recently speaking to one of our County Council Social workers who had spent their day with a familv tragic and extremely in challenging circumstances; her plea was that she could go back to her office to unload the trauma she had witnessed during the day, rather than taking it home to her own family. This remote working is not suitable or practical for all.

Normally in September we see the return of children with excitement and some trepidation. However, with all that has happened this year, that process is much more complicated than usual, and the preparations that schools have had to make to welcome the children back have been far more extensive and significantly different from every other year. I would like to thank School Leaders, teachers and other staff for all the work they have done to plan for this and ensure that schools are safe and welcoming places.

Schools across the County are now open, and I am pleased to report that after the first few weeks of the school year 91% of children have returned to school in Essex, and that compared well with the average of 88% throughout England. We must all hope that this continues, and that children and young people do not have their education delayed by further closures and lockdowns.

There is a great deal of information available to parents at this time, and if any children within the parish have started Reception this year, then the TLC facebook page may be helpful. And if getting to school is a problem then the StopSwapGo website will give information on all they need to know.

I can confirm that, through the Local Highways Panel, I have now given the go ahead for the 40 mph buffer zone

to the south of Quendon on the B1383. I am very aware that this is not the preference of many within the village including the Parish Council. However, as I have explained previously, the extension of the 30mph limit would involve a number of iterations, including the presentation of a case that would need to be accepted by the Cabinet Member for Highways so that he could set the relevant policies aside, convincing the Police to support it (and they have always opposed the suggestion) and if that were successful, re-consulting on the revised proposal. That would take some considerable time, potentially two or more years. In the meantime, the 50 mph section would remain and the funding would almost certainly be lost. On that basis I considered that the pragmatic solution is to install the 40mph buffer zone whilst the money is available. If it works in helping to reduce speeds through Quendon then great, remembering that this does not preclude a subsequent application for the extension of the 30 mph limit that would involve the same process.

I have been asked to comment on Government White Paper that is currently awaited and is expected to outline the proposals regarding the reorganisation of Local Government, and I should start by busting a few of the myths that surround this. Firstly, this is potentially an entire re-brokering of the institutions that make up local government and any suggestion that this is a takeover of District Councils by the County Council or vice versa are wrong - neither District nor County Councils would exist should this be enacted. It is true to say that Essex County Council have been leading the investigations regarding the details of all this, but since ECC would, like all of the twelve District, Borough and City Councils together with Southend and Thurrock be dissolved in this process, we have taken up that mantle on the grounds that if this were to proceed we need to ensure that greater Essex residents get the best solution, rather than ignoring the issue and having it "done to us".

The outline of the proposals are that, with the dissolution

County Councillor's Report (Cont.)

of the Districts and County Council, geographical Essex including the current unitary authorities of Southend and Thurrock would be divided into a number between two and four new unitary authorities, whose geographic denomination is neither detailed nor decided. In addition to this, there is the possibility of a combined authority overseen by an elected Mayor. In total this would leave a governance structure somewhat akin to Greater London.

There are clearly pros and cons in relation to this and the benefits would include: -

- Bringing planning and infrastructure development together under a single authority with a broader remit to implement the necessary findings.
- Significant reduction in the cost to the taxpayer by removing the duplication that currently exists in two tier government.

The disadvantages would be: -

• For the County Council the split up of some of the "big ticket" services such as Adult Care, Children's Services and Education where the benefit of scale currently means that Essex County Council offer exemplary services.

- The detail and attention that can be given to very local issues by District Councils.
- The potential difficulty in adequately sharing the costs and Council Tax base between the newly formed Unitary Authorities.

Of course, if a combined authority were to be involved, the difficulty in having the right person to fulfil the role of Mayor would, given the diversity of greater Essex, mean that an exceptional person would be required.

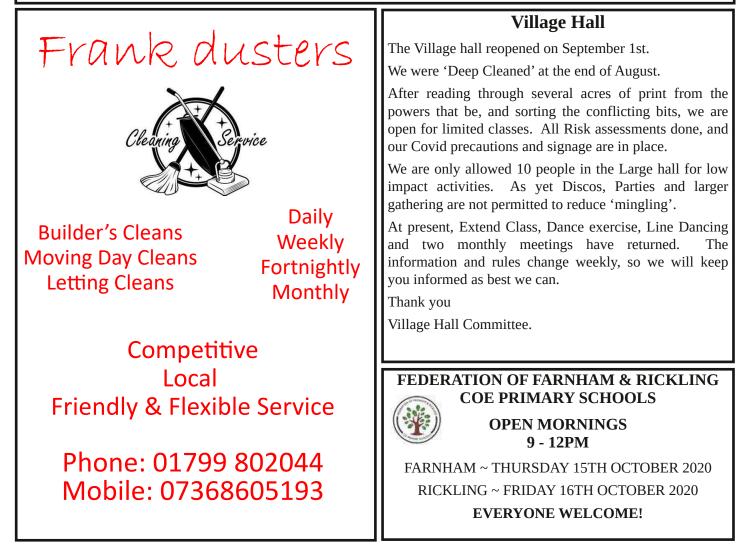
At the moment though, given the recent change in the Ministerial team leading this for government, we are advised that the issue of the white paper is delayed and that it may not now be published until the new year. Watch this space!

Ray Gooding

Cabinet Member for Education and Skills Member for Stansted

Editor's Note

I invite Cllr. Gooding and Kemi Badenoch, MP to contribute to *The Link* each month, but I specifically asked this time to comment on the proposed planning and local government changes. As you see, Cllr Gooding has obliged.



Coping With Mental Health Issues In The Pandemic



Like a devastating hurricane Covid-19 has wreaked havoc on our familiar way of life, impacting not only the physical and economic wellbeing of the nation but also its psychological wellbeing. Heedless of age or circumstances, mental health illness can hit us all; even children are at risk as are those with financial problems or suffering chronic illness.

Access to help is still available though many services have had to change the way they operate. Current restrictions mean there is now a greater reliance on modern technology instead of face-to-face support. Email, the telephone, video calling and even Zoom are possible ways of delivering advice.

Designed to help understand and manage the symptoms of common mental illnesses, Mind In West Essex offers a number of self-help courses through its online learning Most are free including "Coronavirus academy. Anxiety", developed specifically in response to the effects of the pandemic.

With the economy under so much pressure and jobs at risk, levels of stress are high even for those with robust mental health. But for anyone who suffers from illnesses such as depression or anxiety, a return to the workplace can seem truly daunting particularly after a period of unemployment.

Funded by the Big Lottery Fund and European Social Fund, Heads Up is committed to helping people in Essex with mental health problems get back into the workplace or relevant education. Heads Up provides mentoring and support all along the way, making links with employers and opening up training opportunities.

Unfortunately, the mental health of children and young people has also suffered as a result of lockdown so it is reassuring that free telephone support and counselling are available in our area from YCT. This is a wellestablished and locally respected mental health charity that specialises in helping children and young adults (age 5-25 years), their parents and support workers through challenging times. For parents, Mind In West Essex also offers courses in Early Years Parenting (£15) and Supporting Teenagers Emotional Wellbeing (£20).

Visit www.uttlesfordfrontline.org.uk and search 'mental health' for details on all these services and other providers in Uttlesford. Or download 'Frontline Referrals' from Google's Playstore or Apple's App Store.

Walden

Saffron

and

An 8-miler starting

routes, such as those starting from

Broxted, Henham, Little Hadham,

Pleshey

Matching or Wareside.

www.hundredparishes.org.uk

∧7 e continue to add circular walk routes to the Society's website so I would like to repeat last month's encouragement for people to go and try them. There is no need to travel far.

The walks range in distance from 1



quality of scenery or heritage, or both, and the route descriptions seek to add to your knowledge of the places you pass.

Each route description can easily be downloaded from the Other Walks section

of www.hundredparishes.org.uk – and then printed. We try to make the route description as easy as possible to follow and we have a small team of volunteers who check



Great Dunmow

them. We welcome feedback and comment.

Shorter walks tend to focus on a single interesting town or village, for example Bartlow, Clavering, Great Dunmow, Hatfield Broad Oak, Hildersham, Much Hadham,

Sawbridgeworth, Stebbing or Thaxted. Some routes combine town and countryside, for example from



THE HUNDRED PARISHES SOCIETY

Walks

Buntingford,

Broxted

between mile to 10 miles. The routes have been chosen for the Waltham or 8 miles between Albury, Braughing and Furneux Pelham. Two different routes run

between Finchingfield and Great Bardfield.

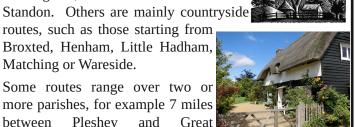
from Chrishall passes through four parishes and offers extensive views from upland paths in the Essex/



These are just some examples to give you a flavour and to whet your appetite. isn't mentioned yet we

Cold Christmas away, there is more to be found and enjoyed!

Ken McDonald, Secretary



Little Hadham

Matching

If your favourite place are regularly adding new walks. Even if you think you know your local area, I assure you that, not far

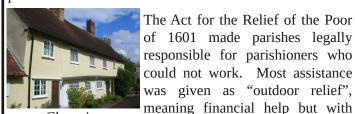
9

www.hundredparishes.org.uk

n these strange times we have \mathbf{L} seen people unable to attend their place of work. Many have been supported by a furlough scheme. Over the years, governments have taken various steps to care for the poor and those unable to work.



Ashdon



Claverina

homes.

The Workhouse Test Act of 1723 obliged anyone seeking relief to enter a workhouse operated by the parish. Several of these buildings have survived including those at Ashdon, Clavering, Finchingfield, Newport and Stanstead Abbotts.



people able to remain in their own

Finchingfield



Under the Poor Law Amendment Act of 1834 individual parishes were grouped together in a Poor Law Union which was responsible for constructing and operating a central "Union" workhouse for the larger Many survive and have been rearea. purposed.

Gt Dunmow

Workhouses Great Dunmow's

THE HUNDRED PARISHES SOCIETY

Union workhouse has changed very little in appearance since it was built in 1838 at a cost of £8,000 to house One 350 inmates. of the architects, George Gilbert Scott was a prolific workhouse designer



Buntingford

who later designed the Albert Memorial and St Pancras Station.



The Union workhouse at Buntingford was built in 1836 to house 160 people from 16 surrounding parishes. It closed in 1933 and was subsequently converted to private houses and apartments.

£35

£25

£15

Linton

Linton built its workhouse in 1837 in Symonds Lane to accommodate 230 inmates. Today it is a retirement home.

Saffron Walden's workhouse, built in 1836 for 340 inmates, became a hospital and is now apartments.



Life in the workhouse was hard; families were split, husbands separated Stanstead Abbots

from wives and parents from their children - a stark contrast to today's benefits systems.

Ken McDonald, Secretary.



Quendon & Rickling 100 Club

Congratulations to all our winners.

August

1st	C Foulser	£35
2nd	M Atlee	£25
3rd	N White	£15

September 1st M Michaelides 2nd S Cundy 3rd C Mackrill

If anyone else would like to participate an application form can be downloaded from the Village Website (www.quendonandrickling.co.uk). Remember this generates a good source of funds for the Village Hall and both our two churches, All Saints, Rickling and St Simon & St Jude, Quendon.

PayPal scam via Facebook Messenger

Action Fraud have warned of a widely reported scam where criminals use Facebook Messenger pretending to be a friend or family member asking for the use of resident's PayPal accounts.

Scammers will state that they have sold an item on Ebay but cannot receive payment because they do not have a PayPal account. They request that the payment be sent via the message recipient's PayPal account before being transferred to an account controlled by the fraudster. Once this has been done, the original transaction is reversed and the PayPal account is left in negative balance.

Again, residents are urged to update their PayPal password information and if possible turn on two-factor authentication (using another method to verify it is you).

For more info, read the Action Fraud article at https://www.actionfraud.police.uk/alert/compromised-facebookaccounts-used-to-lure-victims-into-pay-pal-scam.

Security News and Advice from Stephen Armson-Smith, Braintree & Uttlesford Crime Prevention Officer - 090819

<u>Heating Oil</u>

As it comes to the time when you are thinking about topping up your heating oil tank for winter, with the value of fuel it is worth considering its security.

In the more isolated parts of the countryside it is primarily domestic properties that have been targeted by the heating oil thieves, but we have also seen such thefts at farms and other businesses.

There are several security devices available that will protect your fuel supplies - details of which can be found via your fuel supplier or local plumber's merchant. One system Tank Commander such is (www.commandersecurities.co.uk) which has "Secured bv Design" accreditation (https:// www.securedbydesign.com/). Products like this will detect a dramatic drop in fuel and notify you by phone and/or audible alarm. There are also other similar security products that can add onto an existing intruder alarm system, whilst others may protect the filler cap and there are of course the conventional locks.

Consider concealing it with landscaping and spiky planting around the tank, restricting access to it with gates or fencing, and where possible locating the tank under lighting in view of lived in rooms within the house.

The Illusion of occupancy

As the nights draw in earlier don't forget to use table lamps on timers, and there are TV simulators such as "Fake TV" that produces lighting that resembles a television switched on within a room. Consider installing external "Dusk till dawn" lighting and remember to ensure gates are in good condition, closed and locked. Other products available to make it appear that you are home are a movement sensor that activates an appliance plugged into a plug socket and doorbells that you can answer remotely after viewing the caller; an internet search will find these and other security products.

Report any unusual activity to police in an emergency on **999** or after the event on **101** or "Do it online" www.essex.police.uk/do-it-online/report-a-crime/ or to Crimestoppers anonymously on **0800 555 111**.

<u>Theft of Metals – A crime that affects us all?</u>

Just look around you: your car has a very desirable catalytic convertor on its exhaust system; a roof has lead if not for the whole roof then it's there in places; in the ground there is cabling for utilities such as telecommunications; there are many other examples where around us there are valuable metals. The loss of a catalytic convertor means a trader cannot work, resulting in a loss of income to him/her and your delivery or work delayed; the trip you were taking is cancelled as vehicle cannot be used; the theft of lead from a roof and its resultant water damage catastrophic to a heritage building

and potentially also causing the cancellation of a wedding or other function; theft of utility or telecommunication cabling can effectively cut off a village or whole area causing a loss of business or connectivity for the vulnerable.

Make it more difficult to steal or dispose of:

- Report any suspicious activity: i.e. the unmarked van or other vehicle parked with activity around a manhole or sub-station etc.; an unknown person working under a car late at night/early hours of the morning; activity around a church, heritage or other building when it's not normal, especially on a roof. Protect your neighbourhood by setting up a Neighbourhood Watch, Heritage Watch or Business Watch if you have not got one, the signage deters, and many eyes are better than one pair. NB – If you have planned building work let your neighbours/ parishioners/employees know including who they are and what hours they will be there.
- Make it harder to steal: i.e. where your vehicle is parked choose an area where people can see it or put it "under lock and key"; in a yard park vehicles with high ground clearance parked between those with low ground clearance; look at security devices with a vehicle it could be a protective cage; reduce access make them walk further and into public view, especially when protecting buildings and their roofs; remove aids to the thief i.e. tools to do the job and climbing aids or something to carry their ill-gotten gains away; consider an alarm; with lead from roofs especially try and make access difficult subject to certain conditions you could use a spiky topping around downpipes fencing and roofs.
- Making it harder to dispose of: to start off with, if it's less attractive it's less likely to be stolen, so property marking and signage of this and other security devices may deter. Property marking makes it harder to dispose of, and there is something for almost everything from historic artefacts on the seabed, to catalytic convertor, to roofing material to your day to day property. An unmarked piece of property can be anonymous when stolen; in most cases we don't know where it came from and therefore any prosecution is that much more difficult. A thief will know this and therefore anything that ties it back to the owner presents a risk not only to the thief but also to the handler. If the handler will not take it or it causes difficult questions at a boot fair or other, then it's not worth stealing it in the first place.

For further advice on crime prevention of crime prevention products see: www.essex.police.uk/cp/crime-prevention/ or www.securedbydesign.com/member-companies/accredited-product-search.

Saffron Screen News

We're thrilled to be open again, having worked hard to make your experience as safe as possible. We have implemented a number of changes, with a significantly reduced capacity in the auditorium, with empty seats between booking groups, a one-way system to enable social distancing, thorough cleaning in between screenings and staff and customers wearing masks. We are delighted to say that many of our customers have been returning and the feedback has been very encouraging.





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Films are now being added on a fortnightly basis as we keep abreast of the changing landscape, so please do sign up for our weekly emails here: https://saffronscreen.com/connect/

Films currently booked are:

Misbehaviour (12A) Matthew Bourne's Red Shoes (ballet) Sonic the Hedgehog (PG) Perfect 10 (15) Monsoon (12A) Love Sarah (12A) Misbehaviour (12A) Dreambuilders (U) Three Tenors: Voices for Eternity (concert) Les Misérables (15) October

7.30pm Friday 2nd and Saturday 3rd
2.30pm Saturday 3rd
2.30pm Sunday 4th
7.30pm Sunday 4th
7.30pm Monday 5th
7.30pm Friday 9th and Saturday 10th
2.30pm Saturday 10th
2.30pm Sunday 11th
7.30pm Monday 12th

We also have an exciting preview which we are not allowed to announce just yet. Plus, by the time you read this, our sister cinema Royston Picture Palace will also be open. Do follow us on all the social media channels, Facebook, Twitter and Instagram to be one of the first to find out.

Hope to see you soon!

Tickets available from the Saffron Walden Tourist Information Centre, at www.saffronscreen.com or at the cinema Box Office

What's On

Where no organiser is shown for any event in Q&R Village Hall, contact the Hall Manager, Christine Osbourn on 01799 543367 for details

Event	Date	Time	Place	Notes
EXTEND Exercises	Mondays	10.30	Q&R Village Hall	Pat Turner 01799 543314
Saffron Searchers	1st Monday in month	-	Q&R Village Hall	
Dance Exercise	Tuesdays	Morning	Q&R Village Hall	Christine Alexander
Dance Exercise	Wednesdays	15.00-16.00	Q&R Village Hall	Christine Alexander
Armadillos	Tuesdays (term-time)	09.00	Rickling School	Check with organiser
Line Dancing	Thursdays	-	Q&R Village Hall	Dawn Bond 01787 460274
Rickling Runners	Thursdays	19.30	The Green	Check with organiser
Buffy Playbus	Fridays	09.15-10.30	Rickling Green	Term-time

Note that these are subject to any revised Government instructions to delay viral exposure.



The Grange Care Home

At The Grange, our care is the kind we'd want all of our loved ones to receive. In these difficult times the elderly population is particularly vulnerable at home. If you're concerned about how your relative will cope and would like them to have more support, The Grange provides family-led care delivered by highly trained staff in a warm homely environment.

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www.countrycourtcare.com





Fallow Drive, off Bury Water Lane, Newport, Saffron Walden, Essex, CB11 3NZ

Emergency Life-saving

Should someone suffer a cardiac arrest or show symptoms of a heart attack e.g. pains in the chest, then your first action should always be to phone the ambulance service on 999. The service will refer you to our Automated External Defibrillator which is at the front entrance to Quendon & Rickling Village Hall. Anyone can save a life by using it until an ambulance arrives. In addition you can seek help from any of the volunteers listed below.

Name	Home Telephone
Alan Price	01799 542527
Jane Price	01799 542527
Robert Arnold	01799 543075
Sandra Arnold	01799 543075
Andrew Thomson	01799 543253
Karen Thomson	01799 543253
Thelma Wilson	01799 543313
Chris Phillips	01799 542351
Sue Phillips	01799 542351
Nigel Ackerman	01799 540678
Wendy Stannard	01799 541869
Anne Howes	01799 543545
Pat Turner	01799 543314
Joanne Hales	07903 596011
Janice Hart	01799 541196
Clare Willoughby	01799 543637

Locality

Northern end - Cambridge Road Middle - Cambridge Road Middle - Cambridge Road Middle - Cambridge Road Middle - Cambridge Road Southern end – Cambridge Road Rickling Green **Rickling Green** Rickling Green/Brick Kiln Lane/Rickling Rickling Green/Brick Kiln Lane/Rickling





For further information see www.communityheartbeat.org.uk/

Remember: Using the defibrillator can't cause injury. Doing nothing can.

The Link is produced on behalf of Quendon & Rickling PCC, who do not necessarily share or endorse any opinions expressed by contributors or advertisers.
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Robert Arnold: preferably by e-mail with attachments if necessary: robert@arnold-q.uk, or at Talbots, Cambridge Road, Quendon, CB11 3XJ; otherwise telephone 01799 543075
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Contact: Tessa Deriziotis on: 01799 510 525 (work) Time Bank 07904 890991 (home) volunteer@volunteeruttlesford.org.uk



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