

# The Link

Quendon & Rickling

Parish  
and Church

## NEWS

August & September 2021

You can find *The Link*  
and much more at

[www.quendonandrickling.co.uk](http://www.quendonandrickling.co.uk)



*Orange Tipped Butterfly  
by Peter Warwick*

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Visits: If you would like the Vicar to visit you at home or in hospital, or know of anyone who would like him to visit them, please let the Vicar know.

**The Rev'd. Neil McLeod**, The Vicarage, 5, Meadowford, Newport, Saffron Walden, Essex, CB11 3QL

**Telephone:** 01799 540339 **E-mail:** [vicar4nqrwchurches@gmail.com](mailto:vicar4nqrwchurches@gmail.com)

## From the Vicarage Study

Rev. Neil McLeod,

Priest-in-Charge of Newport with Widdington, Quendon and Rickling.

I write this on the day after Boris Johnson gave his press conference stating that all legal restrictions that have been in place since the beginning of the covid-19 pandemic are to be lifted on Monday 19th July. Some people in the media have already started to call it 'Freedom Day', although personally I find it an odd term. After all we already have certain freedoms in that we can socialise outdoors, and indoors with a smaller number of people. Looking at the crowds that have been watching the football in stadiums or the tennis at Wimbledon you could hardly say that their freedom has been curtailed. On the flip side there may be some people who are anxious about the freedoms that have been alluded to.

The government themselves are not being fully gung-ho about it! Yes, the legal restrictions are being lifted but they are still urging caution. They are saying that they have an expectation that people will continue to wear face masks on public transport. They are saying that people may still want to wear face masks in shops, or theatres. They are saying that they expect the daily rate of new coronavirus infections to increase. It is right that we take steps towards normality, but if the government have concerns then they should voice them and leave certain rules in place.

All of this may be making you anxious about what is to come. You may still want to wear your face mask no matter what the rules say, and you should be allowed to. I think that I shall certainly wear my face mask if I catch the park and ride bus in Cambridge or if I travel to London by train and/or underground. You may still be hesitant about hugging someone or even shaking hands, and that is ok too. Already I know a few friends that automatically lean in for a hug and I have family that want to keep a distance.

I believe that everyone needs to find their own way out of this pandemic. This is certainly not 'one size fits all!' No one should be forced into a situation that is going to make them uncomfortable. No one should be told what to do - even if the people they are with think that everything is fine. Mark 12:31 states, 'You shall love your neighbour as yourself'. You could replace the word love with respect, or care for. We need to watch out for each other! Even if there hadn't been a pandemic the message of 'Love your neighbour as yourself' would still be true.

Over the next few months I pray that you all find your own way out of this pandemic. I pray that you all help each other out of the pandemic, not with force but with gentleness and understanding. I pray and trust that God will continue to be with you.

With Love

*Revd Neil McLeod*

### Church Services in the Benefice

#### Sunday 1st August

10.00am Newport Contemporary Communion  
11.00am Widdington Holy Communion

#### Sunday 8th August

10.00am Online – Zoom All Age Service  
11.00am Quendon BCP Communion

#### Sunday 15th August

10.00am Newport Holy Communion  
11.00am Widdington Holy Communion

#### Sunday 22nd August

8.00am Newport BCP communion  
10.00am Newport Morning Worship  
11.00am Rickling Holy Communion

#### Sunday 29th August

10.00am Quendon Benefice BCP Communion

#### Sunday 5th September

9.30am Newport Contemporary Communion  
11.00am Widdington Holy Communion

#### Sunday 12th September

9.30am Newport All Age Service  
11.00am Quendon BCP Communion  
(This will be Neil's last service in the parish)

#### Sunday 19th September

10.00am Newport Holy Communion  
11.00am Widdington Holy Communion

#### Sunday 26th September

10.30am Newport Village Hall  
Neil's Last Service - Holy Communion

**Priest in Charge of Newport with Widdington and Quendon and Rickling.**

The Rev'd. Neil McLeod, The Vicarage, 5, Meadowford, Newport, Saffron Walden, Essex, CB11 3QL

Telephone: 01799 540339 E-mail: [vicar4nqrwchurches@gmail.com](mailto:vicar4nqrwchurches@gmail.com)

**Churchwardens -** **Quendon:** Mrs Christine Osbourn 01799 543367 and Mrs Maureen Hawkins

**Rickling:** Lisa Huxtable 07771 541944

**Treasurer -** **Quendon and Rickling:** Mrs Sandra Arnold 01799 543075

### Police contact information

For crimes and suspicious activity NOW phone	999
For non-urgent incidents and reporting a crime that has already happened	101
Alternatively you can report non-urgent incidents or suspicious activity and crimes on-line at <a href="https://www.essex.police.uk/do-it-on-line/">https://www.essex.police.uk/do-it-on-line/</a>	
<b>Action Fraud</b> is the UK's national reporting centre for fraud and cybercrime where you should report fraud if you have been scammed, defrauded or experienced cyber-crime in England, Wales and Northern Ireland. If you have been defrauded i.e. lost money phone or report online at <a href="https://www.actionfraud.police.uk/reporting-fraud-and-cyber-crime">https://www.actionfraud.police.uk/reporting-fraud-and-cyber-crime</a> If someone has tried to defraud you but you have <u>not</u> lost money, phone or report online at <a href="https://www.actionfraud.police.uk/report-phishing">https://www.actionfraud.police.uk/report-phishing</a>	0300 123 2040
To give information <b>anonymously</b> phone CRIMESTOPPERS or report it on-line at <a href="http://www.crimestoppers-uk.org">www.crimestoppers-uk.org</a>	0800 555 111

### Quendon Churchyard

Quendon's churchyards are greatly enjoyed for their peaceful atmosphere, especially so during the past couple of years, but our group of volunteers still struggles to keep them tidily mown, and are unable to provide the other, more intensive care that they desperately need. We must have more volunteers to look after this precious village asset!

The larger section around the church building only takes around a couple of hours to mow if it's done regularly. It's not difficult, using the self-propelled mower provided, and seeing the job when it's done is satisfying! The smaller section, being more shaded, grows more slowly, but as noted in these pages a couple of years or so ago, looks splendid when kindly tended!

So please join us in this undemanding but rewarding service to the community. The more volunteers we have, the less arduous it is - and the more we can do to make this public space the pleasure it can be!

#### Contact

Robert Arnold, telephone 01799 543075,  
e-mail [robert@arnold-q.uk](mailto:robert@arnold-q.uk)



Rickling/Quendon Community Café

### Fun Bingo and Refreshments



Due to the increase in covid cases we have decided to delay the opening of the Coffee morning until the numbers have decreased, so will not be re opening in August.

Contact: Angie on 01799 218061  
Carole on 01799 543807

**THE ANNUAL GENERAL MEETING  
Of  
The Quendon & Rickling  
Village Hall Committee**

Will be held on  
**Wednesday 8th September 2021**  
**at 3:00 p.m.**  
**In**  
**The Village Hall**

Please come and give your support  
All residents are entitled to attend and vote  
Coffee and biscuits will be provided

**The Village Hall is able to open once again.**  
**We are remaining cautious and reviewing the Covid  
safety measures**



### **Parish Information**

#### **Welcome Packs**

The Parish Council provides a Welcome Pack of information for new residents to the Village. If any newcomers to the village have not received a copy of the pack, do please let the Clerk know on the contact details below and a welcome pack will be provided. It would help if an e-mail address could be provided to enable the pack to be sent digitally.

#### **Allotments (part of the Quendon Hall Estate):**

- Peter Warwick, No.5 Thistley Crescent, Green Road, Rickling
- Telephone: **01799 543526**

#### **Highway Problems**

The Essex Highways website is available for anyone noticing a problem to report it: <http://www.essexhighways.org/Report-a-problem.aspx>

A tracking facility for all reported faults is available.

#### **Police/Crime**

The Essex Community Messaging Service provides useful information to the public about policing and safety issues. It is free to register and information is given relative to your postcode, thus providing accurate and up-to-date community safety information and crime prevention advice. Users can choose to receive information via e-mail, text or voice-recording and can select what information to receive – based on where they live and work and on issues of interest. For further details and to sign up, visit [www.essex.police.uk/ecm](http://www.essex.police.uk/ecm)

#### **Contact the Parish Council**

The Clerk, Keith Williams can be contacted by e-mail at [quendonandrickling.clerk@hotmail.com](mailto:quendonandrickling.clerk@hotmail.com) or by telephone **01279 814473**

### **From the Chairman of the Parish Council**

Dear Fellow Villagers!

Lets start with some good news!! You will have seen the banners and posters around the village for **Quickling 2021**, so I hope you have Saturday, 7th August in your diaries! There will be something for everyone and it will be lovely to see all of you out and about celebrating each other and the villages. It starts at noon and will be going on throughout the day! If anyone would like to help, in

any way, please contact Carrie or Katherine via Facebook or good old fashioned telephone, they would love to hear from you!

Don't forget to bring along your four-legged family members for a Fun Dog Show - there are 8 classes with prizes being awarded for each class.

For any avid photographers in the village, of all ages, please submit any of your photographs from the

## From the Chairman of the Parish Council (cont.)

Quickling Festival to "[quicklingfestival@gmail.com](mailto:quicklingfestival@gmail.com)" by 4pm on Saturday 21st August - we'd love to see what you all enjoyed most about the festival. More information is available elsewhere in *The Link*; winners and prizes will be announced two weeks later.

Finally, a very big thank you to Sue Lydamore (ex-resident and great friend of the village) and all our donators and supporters of the 2nd Quickling Festival - without you we wouldn't be able to put on this event for the village.

Details of all the submitted sites for **The Call for Sites** for the Local Plan will have been released at the end of July so hopefully we will have confirmation of which sites in the villages have been put forward. Our plan of action will go from here!

The B1383 **traffic calming scheme** through Quendon is still in the detailed design stage with Essex Highways and is being worked on at the moment. It is soon to be completed and once it is, the design will be shared with the Parish Council before the implementation element is programmed. Their intention is that the scheme will be delivered in its entirety this year and is being progressed as a priority scheme for Uttlesford. It has been put before the Local Highways Panel, which have agreed to hold money back to fund this implementation in this financial year. Essex Highways cannot confirm when the design will be completed but they have earmarked Quarter 3 (which we believe is July - September) but will advise us when they have a definite date. Perhaps the wheels are beginning to turn a little faster!

You will probably have seen that the **VAS sign** outside the village hall is being slightly rebellious at the moment, flashing intermittently when it feels like it, but it has been reported to Essex Highways and hopefully will be sorted very soon. It was definitely put to work when the "deodorant" lorry exploded on the M11 and we were attempting to hold a meeting in the village hall while all the diverted traffic went thundering by!

The **temporary construction vehicular access** to Monarchs Place (Foxley 2, as most of us knew it!) has still not been permanently closed, incorporating the reinstatement to full height of the verge, which is what is supposed to have happened upon completion of the build so we are chasing the developer and Essex Highways to make sure that it does, as we were assured that this would happen during the planning process and by Essex County Council and we have it in writing!

The **wildlife friendly meadows** have now been cut and

hopefully the flowers managed to set their seed so next year's show will be even more pretty than this year. As from now, once the grass has been picked up, they will then be mowed for the rest of the year. Next year we will make sure that the verges are kept short so it is more obvious to everyone that this is a specified set aside not just an area which has been forgotten. Do contact our Parish Clerk as we would love to hear your views!

It was mentioned in the last *The Link* that a tree could be planted on behalf of the villages to celebrate the Queen's Platinum Jubilee. After discussion, one of the trees that has been suggested is a tulip tree - these are deciduous trees with a glossy green leaf, which turn to shades of golden yellow and copper in the autumn. The flowers are tulip shaped, yellow in colour, which are followed by single winged seeds. A beautiful tree and a very worthy one to celebrate such an achievement.

We have always had problems with **Footpath 22** (which runs behind Quendon graveyard) and **Footpath 23** (which runs diagonally across the field the other side of the graveyard leading down to the main road); this land is managed by Strutt & Parker on behalf of the Diocese. The tenant is supposed to maintain these footpaths, but every year they are left overgrown so consequently we have to chase again and again for this work to be done or otherwise a very helpful resident gives up and strims it themselves. It made us smile this time when we were informed by Strutt & Parker, on requesting that they maintain their footpaths, that "People will have to accept that they will get wet, muddy and possibly stung by stinging nettles as it's the countryside!". As you can see, it is a constant battle!

Footpaths are a tricky brief so we appreciate you letting us know when there is a problem, which we attempt to fix as soon as possible but sometimes it is not as easy as we would like, so bear with us! We also appreciate all the help offered by residents when footpaths become so overgrown and are in need of some TLC!

We are hoping that your pumpkins are becoming prime candidates for the **Pumpkin Growing Competition**! We have heard along the grapevine though that there is also competition from little "mices" who rather like the taste of a young pumpkin so beware small teeth!!

Finally, we wish you all a lovely August and look forward to some long awaited sun and a little well earned relaxation!

Sally Kitcat

## Report from District Councillors Judy Emanuel and Neil Hargreaves

Over the past month I've participated in two Governance, Audit and Performance committees where we reviewed the procedure for the processing of grants across the

council. I learnt that UDC is one of the largest charitable donors in Essex, donating circa £750k per annum to good causes in the district including sports and community

## Report from District Councillors Judy Emanuel and Neil Hargreaves (cont.)

based charities. I've also participated in two planning committees - there is a huge amount of preparation needed in advance to review all of the planning applications, it's a steep learning curve but such useful knowledge. It's a big responsibility to be part of the process of making decisions that will shape our district.

Neil and I were fortunate enough to tour the new council premises in Little Canfield at what used to be a banana ripening depot. The building is being re-purposed to house the refuse trucks with a purpose built garage for maintenance and servicing, new fuel tanks for vegetable oil substituting for diesel, a canteen and new showers/bathrooms for the workers. New office and meeting space will be created for the council which will free up the dependency on the current council offices in Saffron Walden (although the council chamber and some offices will be retained there too). The gardening team will also be housed at Little Canfield. The remainder of the space (I think it's the largest warehousing facility in the district) will be rented out for commercial use and will generate a very good income for the council each year. That's me in the doorway.



Here is an extract from a report by Cllrs John Evans and Sandi Merifield to Felsted and Stebbing PCs. John is the UDC lead on planning and Sandi is chair of the planning committee. Our councillors share their submissions for magazines and parish councils around between us so we can reuse, and it is handy to be able to rely on expertise from others.

### **'STANSTED AIRPORT PLANNING APPEAL**

Since our last report, a decision was taken by UDC Officers to ask permission from the Planning Court (a specialist division of the High Court in London) to pursue an appeal against both the main appeal decision of the Inspectors (allowing potential expansion to 43 million passengers per year) and also their decision to award the legal costs of the appeal to MAG. If permission to appeal is given on one (or both) applications, then there would be a full hearing on the issues sometime in the Spring

2022.

*The appeal process does not result in the Court deciding the rights and wrongs of the planning appeal itself - i.e. whether the technical and expert evidence provided by MAG or UDC was right or wrong in planning judgment terms, but whether the Planning Inspectors weighed it properly and fairly in coming to their conclusions. If the Court considers they did not, then the appeal is remitted to a different panel of Inspectors for reconsideration, whose decision would then be made against the state of the evidence and policies applicable at that time.*

*The decision to ask for permission to appeal and steps to be taken (as in the case of the handling of the planning appeal itself) were matters decided upon by the Officers. We support that decision, as it goes towards support for the decision of the Planning Committee which refused the planning application in January 2020. However, suggestions made by some UDC Councillors that our Administration had not supported that decision are misguided (in case members or residents wish to understand the point in greater detail, it was explained by John in a special Council debate on the subject in the broadcast of 28 June commencing at marker 1:06:00):*

<https://www.youtube.com/embed/h0ITjQ-jjBw>



*All steps taken in planning appeal and other legal/court proceedings are delegated matters in accordance with Local Government Regulations and the UDC Constitution and do not fall to the members to direct or manage. The legal team who are instructed by UDC to challenge the Planning Inspectors' decisions will be basing their arguments on the grounds that the Inspectors:*

- *for the main decision: ignored the Government's climate change and carbon policies, including under the Climate Change Act; and*
- *for costs: failed to apply the planning appeal procedure rules, allowing only a costs recovery where there has been unreasonable behaviour by the relevant party. In our instance, it will be argued that UDC did not act unreasonably but on the contrary, the Inspectors' costs decision was irrational and unprincipled.*

*The legal team will be advancing a comprehensive attack on the Inspectors' Decisions and we will be keeping you advised of developments. Sufficient budget has been provided for as to the legal costs likely to be incurred in the proposed actions and UDC will continue to resist liability for any costs incurred by MAG.'*

*The sentence about costs rules refers to the protocol that a claim must be made at the earliest point, typically when the appellant sees the Statement of Case and certainly*

## Report from District Councillors Judy Emanuel and Neil Hargreaves (cont.)

before the hearing starts. MAG failed to do this and only claimed at the end, thus denying UDC any opportunity to modify or reduce their case accordingly. Despite this being pointed out by the UDC barrister, the Inspectors ignored it. The cost of this legal action by UDC is not large.

### Councillor Surgeries

These are currently suspended, but staff at Dorringtons where it was previously held, say they are opening shortly, and it has had a makeover! Our contact details

are:

[cllremanuel@uttlesford.gov.uk](mailto:cllremanuel@uttlesford.gov.uk)

01799 543487

Mobile 07801 039550

[cllrhargreaves@uttlesford.gov.uk](mailto:cllrhargreaves@uttlesford.gov.uk)

01799 540411

Mobile 07854 687748

We are on the village Facebook.

### Other News from Uttlesford District Council

You can get email newsletters and alerts on a whole range of topics via Keep me posted – sign up and find out more at [www.uttlesford.gov.uk/keepmeposted](http://www.uttlesford.gov.uk/keepmeposted).

## Our Member of Parliament

### New flexible season tickets for commuters

Despite the easing of restrictions, many of us still have the option to work from home and it is vital residents have greater freedom and choice over their travel and that tickets reflect this.

Since becoming the local MP, I have raised the cost of commuting and the lack of flexible season tickets with ministerial colleagues on numerous occasions. This is why I am pleased that commuters across the Saffron Walden constituency will now benefit from the new, flexible national rail tickets made available as part of the Government's Plan for Rail potentially saving them hundreds of pounds a year.

I decided to test this out myself on the new online season ticket calculator to find that if you travel from Audley End to London terminals 2 days a week over a year, with an anytime day return it will cost you £3,504 a year, yet with the new 'flexi season tickets' it'll cost £3,066, saving you £438.



The online calculator will point people to the best tickets for them based on their journey, working pattern and individual needs, ensuring you get the deal that suits you - access it using this QR code on your 'phone reader.

### The Education Recovery Plan and my visit to Boreham Primary School

During my recent visit to Boreham Primary School, I met with the headteacher Ian Bowyer and Chair of Governors Roger Leeke to discuss the challenges and achievements they have had over the last year.

The pandemic's disruption to pupil's learning and education is of great concern to all of us. I can see the impact it has had on my own children and I am determined that we work together to restore what has been lost.

The Government recently announced an Education Recovery Plan to help children and young people to help them catch up on learning lost due to the pandemic. This plan incorporates £1 billion to support up to 6 million, 15-hour tutoring courses for disadvantaged school children, as well as an expansion of the 16-19 tuition fund, targeting key subjects such as maths and English.

I am pleased that schools like Boreham Primary School and other across the constituency are also benefitting from the Government's 'catch up fund' and I know they are doing their utmost to ensure no child is left behind. However, whilst the recovery plan builds on the £1.7 billion already announced to help children catch up, there is more to do, and I will be sharing their feedback on what support they need moving forward with government colleagues.

### £280 million for Highways England East supporting the Chelmsford A12 to A120 widening scheme

Following the £280 million allocated to the Eastern region by Highways England, I was pleased to see one of the improvement schemes will be in our constituency as part of the A12 Chelmsford to A120 widening.

The A12 road is an important economic link for residents. The section between Chelmsford and Colchester (junction 19 Boreham Interchange to junction 25 Marks Tey Interchange) carries high volumes of traffic and Highways England is proposing the widening of the A12 to ease congestion and cope with increasing traffic demands.

I have been corresponding regularly with the team at Highways England who are leading on this project and would encourage residents to share your views on the plans via the eight-week consultation available (until 16th August) using this QR code.



## Our Member of Parliament

### Animal Welfare (Sentencing) Act passed

I know many residents have welcomed the passing of the new Animal Welfare (Sentencing) Act last month, enabling tougher prison sentences for the most serious perpetrators of animal cruelty, from the previous maximum of six months to up to five years.

Animal welfare is a topic that I receive the most correspondence on from residents across the constituency and a matter I often raise with ministerial colleagues. I believe that the increase in sentencing as part of this act will send a clear message that animal cruelty will not be tolerated. The UK has some of the highest animal welfare standards in the world and it is right for us to cement our status as a global leader by continuing to raise the bar.

The maximum five-year sentence is one of the toughest punishments in Europe and having left the EU, the UK has the opportunity to do even more. Ministers have recently set out an ambitious and wide-ranging plan for driving forward reforms in the first of its kind Action Plan for Animal Welfare and I look forward to supporting further measures to increase our standards.

### Safer Street Funding for Essex

I am committed to keeping our local streets safe and I am very supportive of the work our local Police, Fire and Crime Commissioner does here in Essex and for our constituency.

On top of the 177 additional officers across Essex that were announced earlier this year as part of the Government's commitment to recruit 20,000 more and the Police, Crime, Sentencing and Courts Bill, the Government has also announced various funding packages giving forces the right financial backing.

This included the recently announced £432,000 for our Essex PFCC as part of the Safer Streets Fund - which will specifically go towards projects to crack down and protect residents from crimes like burglary, vehicle theft and robbery.

This funding, powers and resources ensure Essex police have the resources they need to keep residents and communities in Chelmsford and Uttlesford safe.

### My article in the Telegraph on the term 'white privilege'

As Minister for Equalities is it my responsibility to promote equality of opportunity for everyone.

In light of the publication of a report from the parliamentary Education Select Committee last month and events over the last year, I recently wrote a piece in the Telegraph on the term 'white privilege', a term I know that many constituents will be familiar with. Read the full article using this QR code.

Last week I also took part in an interview with 'UnHerd' on why Britain is the best place in the world to be Black, which you can watch using this QR code.



### Coronavirus (COVID-19) updates

If you have not done so already, I would encourage you to download the NHS COVID-19 app, more information, including how to download, can be found here: Find out more: <https://covid19.nhs.uk>

### How to contact me

Email: [kemi.badenoch.mp@parliament.uk](mailto:kemi.badenoch.mp@parliament.uk)

Tel: **0207 219 1943**

Write: Kemi Badenoch MP,  
House of Commons,

London,  
SW1A 0AA

*Kemi Badenoch, MP*

*I'm sorry about all the QR codes here, but you wouldn't want to enter for example "https://kemibadenoch.us16.list-manage.com/track/click?u=fab418c57b1457532719b9e7f0&id=19b90102ed&e=fafef9182" on your keyboard, would you? Let me know if they don't work. **Editor***

## A Wildlife Village

If you had lived in Quendon and Rickling 500 years ago and you saw a creature flying through the twilight on the hunt for insects, you may have called it a flittermouse. But a bat is more closely related to a human than it is to a mouse and of all the mammal species native to the UK, almost a quarter are species of bat.

18 different types of bat live in this country. But the most common, and the most likely to be seen in Quendon and Rickling, is the common pipistrelle, or its close relation

the soprano pipistrelle.

Unlike bats in other parts of the world, which feed on fruit, the pipistrelle, and all other UK bats, feed on insects. They generally emerge from their roost around 20 minutes after sunset and fly between two and ten metres above ground level searching for their prey. They use linear features (such as tree lines and hedgerows) to guide them when they are hunting or commuting between their roosts and their foraging areas. They like to eat

## A Wildlife Village (cont.)

small flies, aquatic midges and mosquitos and they can consume up to 3000 in a single night. Even though they weigh no more than a 20 pence piece..

Although some bats will roost in buildings most UK bat species have a preference for mature native woodland as the trees therein support the greatest abundance of insects as well as having the greatest range of potential roosting sites. Oak, beech and ash are particularly favoured, although any woodland or tree has potential for a bat roost. Bats have no capacity to create their own roosts, so they seek out woodpecker holes, splits in branches, cavities in tree trunks, areas behind loose bark, or within dense ivy.

But they don't remain in the same roost all the time, preferring to move to different heights and depths within trees depending on the temperature and their activities. They like some warmth in which to raise young, but prefer a cooler environment to hibernate in.

They hibernate from October to March, although they may become active if the weather is mild, and emerge in April to feed and look for suitable sites to bear and raise their offspring. Each female usually has a single pup in June which she suckles until it can depart the roost in July or August. Bats then mate and build up stores of fat during September and October before hibernating again.

It is illegal to damage, destroy or disturb bats or their roost sites. And If you witness any potential offences being committed the first action to take is to inform the local planning authority. Crimes can also be reported to the local Police Wildlife Crime Officer (by calling **101**). But sadly, despite legal protections, bat numbers have fallen over the last century; mostly due to habitat destruction and dwindling food supplies.

However, it is possible to create a garden that is a haven for bats. To do this allow some areas to become a little wild, plant night-scented flowers and if possible create a

pond. All of these improvements encourage the insects that bats will feed upon.

Then keep cats inside at night, ideally between April and October but especially between mid-June and August when young bats will be becoming active. But, if it is not possible to keep your cat in all night, bring it in half an hour before sunset and keep it in for an hour after sunset.

It is also important to reduce or remove any artificial lighting. Bats have evolved to hunt in the dark and are confused by artificial light. It delays their emergence from roosts, (which means they miss the abundant insects that are present around dusk), it disrupts the patterns of insects in the environment, and it interrupts their foraging routes.

But bats do appreciate a bat box put up for them. The landing board and the inside of the box should be made of unpainted and untreated wood that is slightly rough; so that the bats can get a grip without encountering any chemicals. If the outside of the box is painted it should be in a dark, water based paint that is animal friendly.

Boxes are more likely to be used if they are located where bats are known to feed. Ideally, several boxes should be put up facing in different directions to provide a range of warm conditions, usually facing south, south-east or south-west and away from strong winds. Boxes should be put as high as possible so as to avoid predation from cats and away from artificial lights. On buildings, boxes should be placed as close to the eaves as possible. Bats use dark tree lines or hedgerows for navigation, so putting boxes near these features could help bats find the box. But bats may not find the new box immediately, so it may be several months or even years before a new box has residents.

More information about bats, their habits and their preservation can be found at the Bat Conservation Trust's website.

### Quendon & Rickling 100 Club

Congratulations to the July 2021 Winners

1st	K Gray	£33
2nd	S Cundy	£22
3rd	S Gemmil	£11

Quendon & Rickling 100 Club generates a source of funds for the Village Hall and both our two churches, All Saints, Rickling and St Simon & St Jude, Quendon.

### *The Link*

As usual there will be no separate issue of *The Link* for September.

### Advertising in

#### *The Link*

**reaches every household in Quendon and Rickling at attractive rates.**

**It could be promoting YOUR business.**

**Advertisements for non-profit services and events are usually free of charge.**

**Contact Advertising, preferably by e-mail with attachments as necessary at [sandra@arnold-q.uk](mailto:sandra@arnold-q.uk);**

**otherwise telephone 01799 543075.**



**Some of the Walking and Nature Appreciation group on their walk to Ugley Green.**

Twelve members of the Walking and Nature Appreciation Group met on 23rd June, a lovely sunny day, for a walk from Stansted across the fields to Ugley Green, returning via Buxton's Nature Reserve. In High Lane they saw a magnificent display of poppies where the ground had been disturbed by construction work and near the old village pump on Ugley Green they watched a red kite circling overhead. They enjoyed the walk and were looking forward to the next one in July.

Groups have also been meeting on Zoom, such as the Literature Study Group, which this year so far has read "The Periodic Table" by Primo Levi, "The Citadel" by A J Cronin and "The Secret Life of Bees" by Sue Monk Kidd.

A number of groups, such as Yoga and Pilates, are planning to restart in September.

The General Meeting on 19th August, 1.30 for 2.00 in St John's Hall, will include a speaker, Eve Regelous, who will give a talk called "History of Tea and Afternoon Tea Destinations". We look forward to seeing you.

We aim to hold our AGM in October. Please note that the Committee is welcoming nominations from all members for posts on the Committee.

We hope to hold our Christmas Lunch at Bury Lodge on December 16th.

*Anne White obo Stansted U3A.*



[www.hundredparishes.org.uk](http://www.hundredparishes.org.uk)

## THE HUNDRED PARISHES SOCIETY

On a recent visit to Thaxted's Tourist Information Centre, I could not resist buying their new set of postcards, featuring some of the town's well-known views. Nowadays, it is quite unusual to see postcards for sale – and even rarer to receive one in the post. How times have changed.



**Great Bardfield**

means of exchanging messages and photos electronically.

Many people used picture postcards for sending short messages. Until 1918 it cost only an old halfpenny to send a card – that's 480 cards for a Pound (today's price is 66 pence per card). In those early days, there could be as many as five postal deliveries in a day, at



**Saffron Walden**

least in towns, so it was not unreasonable to expect a reply the same day.

It wasn't just seaside towns that sold postcards; almost every town and village had its own postcard or set of postcards. Within the

### **Stanstead Abbots**

Hundred Parishes, it seems that only one parish has never had a postcard – Flitch Green, which became a parish only in 2008. Many of those old cards have survived. They often provide a revealing insight into our past and into an earlier way of life, for example buildings, roads, transport and dress.

***Ken McDonald, Secretary***



**Great Hornead**

Picture postcards became extremely popular in the UK after the introduction in 1902 of the format with a picture on the front and a divided back - half for the address and the other half for a message. Pictures were generally black and white but sometimes coloured. Popularity waned after the First World War but it remained customary to send postcards to family and friends from somewhere visited on holiday or a day out. That custom has now almost died out, no doubt due in part to the availability – albeit only in this century - of more immediate



**Linton**



**Wendens Ambo**

## Quickling Village Pumpkin Competition

Mary, Mary quite contrary... How does your Pumpkin Grow?

We've recently received the following photos from some of our entrants. It looks like we are going to have good competition!



The Grand Finale Weigh-In is still planned for October. Dates and details will be announced in The Link and on the village Facebook Events page.

Prizes to be awarded for the heaviest Pumpkins - Good luck Growing!

# QUICKLING FESTIVAL 2021

## Photography Competition

Calling all photographers!

We'd love to see your images taken at this year's Quickling Festival, **PRIZES ARE BEING AWARDED!**

More details will be made available on the Quendon and Rickling Events Facebook page, or get in touch with the team on 07908844056.

 Quendon and Rickling Events

**SATURDAY 7<sup>TH</sup> AUGUST**  
**RICKLING GREEN**  
**NOON ONWARDS**



### **Visiting the Museum!**

Thank you to everyone who has already come back to visiting us in person again.

Our opening times currently are Thursday-Saturday 11-4.30pm and Sunday 2.30-4.30pm.

Full covid precautions are in place.

You can book a ticket online to visit the museum via our website [www.saffronwaldenmuseum.org](http://www.saffronwaldenmuseum.org)

### **Summer Events**

#### **Thursday 29th of July:**

Week One, Castles!

Build a junk model castle, design a coat of arms and make a siege catapult.

#### **Thursday 5th of August:**

Week Two: Under the Sea

Make a seascape box, pompom sea urchin and a flapping seagull

#### **Thursday 12th of August:**

Week Three: Brilliant Beasts

Make a sheep keyring, bird kite and design your own beetle

#### **Thursday 19th of August:**

Week Four: Toys and Games

Make your own cup and ball, dominoes and marbles

#### **Thursday 26th of August 10:30-3:30**

Week Five: Wonderful Wildlife.

Make a clay hedgehog, paper flower and your own beautiful butterfly



Join Saffron Walden Museum in the Museum grounds in the shadow of the newly opened Walden Castle for some crafting at the castle. To join in simply order that weeks activity pack via our art tickets page. The packs will contain all the materials you need to complete

3 crafts/makes, plus an A4 colour instruction booklet and trail to do around the Museum. Come to the Museum to collect your packs each week on Thursday and, weather permitting, join us in the grounds where we will help you with the activities in your pack and provide equipment such as paint, scissors and glue. Bring along a picnic blanket and stay for the day. If its raining you can take your pack to complete at home.

In person collection of packs. Help from the Museum Learning team in the grounds is weather permitting.

Activity packs are suitable for ages 4+

You will need to order your activity pack in advance via our art tickets page <https://saffron-walden-museum.arttickets.org.uk/>

£5 per activity pack please note this price does not include entry to the museum

### **Online Learning Hub**



ONLINE LEARNING HUB



Our online learning hub is full of digital resources to help people explore the Museum's learning and outreach services online.

The aim is to make the Museum's wide-ranging collections available to support home learning and beyond, as well as providing blended learning for schools and informal groups of all ages from

badged groups to the WEA and care homes.

The Learning Hub can be accessed from the Museum website's homepage [www.saffronwaldenmuseum.org](http://www.saffronwaldenmuseum.org)

Initially three sessions will be available - Prehistory Hunters, Fantastic Fossils and Adaptions - with more being added each week.

### **Snapping the Stiletto Project:**

#### **LGBTQ+ Archive**

#### **Queer Reflections: revisiting our collections**

<https://www.snappingthestiletto.co.uk/queer-reflections>



This new online archive of LGBTQ+ relevant objects from Saffron Walden Museum and Southend Museums explores sexuality, gender, and identity. Jenny Oxley, Collections Officer (Human History) at Saffron Walden Museum, and Vittorio Ricchetti, Assistant Curator (Material Culture) at Southend Museums, with suggestions from their colleagues, have delved into their collections to highlight objects that have connections to LGBTQ+ histories. In doing so they have identified a range of items that demonstrate that non-binary gender identity, queer relationships, and fluidity in its many forms are represented in our museum collections.

We cannot define or label people or movements retrospectively, if queer histories are not identified and recorded at the time an object is collected that connection is at risk of being silenced. This project seeks to revisit areas of our collections where stories may have previously been overlooked or unexplored in order to hear from people living in Essex today. We have



identified objects with different degrees of connections to LGBTQ+ history in order to begin a discussion.

We want you to submit your reactions and reflections to these objects, and research other objects in our collections. Help us collect your stories and document your experiences in order to preserve them for the future and celebrate them in the present. Is one of these objects significant to you and your experience? Do you have a story connected to it?

#### Get involved:

- React to the objects by sending in comments for us to upload on the website
- Share your stories and experiences of LGBTQ+ Essex
- Research relevant objects from our collections

We will be adding new objects every month so don't forget to check back.

In June we started the process of recruiting an artist in residence to work with us on the Stiletto project over the Summer, though unfortunately the advertisement arrived too late for last month's *The Link*.

#### New Archaeological Treasures



We are celebrating Uttlesford's ancient heritage with new archaeological treasures now on display. A gold Roman ring from Broxted, set with a polished amethyst, and a hoard of ten silver coins from

Barnston. The coins date from AD 395-402 and were probably buried in the early 5th century. When the last Roman legion left Britain in 410 and the supply of new coins dried up, silver coins like these continued in use into the 5th century, and are often found in hoards. The ring and coins were metal-detector finds and acquired by the Museum through the Treasure Act, with thanks to the Gibson Walden Fund who supported the purchase of the ring.

#### Lost Language of Nature



This project is now under way, with James and Charlotte conserving items from the bird taxidermy collection. Current work includes a mandarin duck which needs its head and tail reattaching, and a night heron which needs its tail reattaching and a new base. We also want to make lasting changes to the information we hold on

these items, including folk names, stories and histories of the birds, which come from all over the world. Birds for this month are the mandarin duck (*Aix galericulata*),

night heron (*Nycticorax nycticorax*), blackbird (*Turdus merula*) and little bittern (*Ixobrychus minutus*).

Please see the website

<https://www.swmuseumlearning.com/the-lost-language-project> or email [llon@uttlesford.gov.uk](mailto:llon@uttlesford.gov.uk) to share your forgotten names and stories.

#### Wildflowers

The Museum frontage has been planted with wildflowers which are now in full bloom.



The special bumble-bird mix should provide seed for birds to eat into the winter, so the plants need to be supported all through the year. Thanks to some very clever coppicing by the Forestry Commission volunteers at Hales Wood, the beds are now lined with hazel fans to stop the flowers flopping toward the car park, and are almost invisible

next to the foliage.

#### Visitor enjoying the listening bench!

Originally created by Essex Record Office Sound and



Video Archive in partnership with Saffron Walden Initiative this listening bench in the grounds of the museum features stories about life in Castle Street and the wider town during the

mid-20th century. Check it out on your next visit to the Museum.

#### Why not join our team?

We are always looking for new volunteers to join our team on a regular basis. We would also be delighted to hear from volunteers who are able to provide adhoc 'cover' for our regular shift volunteers when they have planned absences such as holidays, hospital appointments, etc.

To find out more about these and 'Learning and Support' volunteer opportunities please contact the museum using the details below.

For full details of our opening times and to book online:

Website: [www.saffronwaldenmuseum.org](http://www.saffronwaldenmuseum.org)

Email: [museum@uttlesford.gov.uk](mailto:museum@uttlesford.gov.uk)

Phone: **01799 510333**

## Quendon & Rickling Golf Society

### Quendon and Rickling Golf Society

At last, after a two year interval, we had our annual match against Manuden village golfers. Last year was sadly a victory for Covid but this year 14 of our group were up for the match against the Manuden players and everyone was hoping to win the trophy of course. Our team didn't disappoint and Q+R have won again - victory in 5 games against 2 for Manuden. This is the 7th time in succession we have won the trophy but Manuden are continuing their challenge and there will be a rematch next summer which is great.

Thanks are due to John Burgess for organising the Manuden team.

We played on Monday July 12th and for the main part it stayed dry with only the last few holes catching us out and the deluge meaning most people came in wet. Spirits were not dampened though and we dried off and gathered for a barbecue and more importantly a chance to socialise in a limited way, on tables of 6 of course, in line with current restrictions. It was certainly less convivial than previous years but still a valuable meeting up time. The Saffron Walden Golf Club meal was not up to scratch for sure and may well need a rethink but it was a good day nevertheless, and it really is about the golf and that was certainly enjoyable for us all. Thanks and congratulations to the team and special thanks to Tony Jones, our

chairman and organiser of the day. Here he is with the cup - again!



To give you a bit of history this match was first played in 2008 and drawn. Manuden won in 2009, 2011 and 2013 but Q+R have won 9 times now. Admirable! We shall meet again in September when we plan a day out at Thetford Golf Club. If you are interested to join us we can certainly offer new members a warm welcome whatever your level of golf.

Contact me [janewaite@hotmail.com](mailto:janewaite@hotmail.com)

**QUICKLING FESTIVAL 2021 NOVELTY DOG SHOW**

This year's Quickling Festival will host a novelty dog show with the following categories. Registration begins at midday:

- Waggiest Tail
- Most Appealing Eyes
- Dog & Owner Most Alike
- Prettiest Bitch
- Handsomest Dog
- Best Mover
- Most Obedient
- Dog Judge Most Wants To Take Home

Each category will have a 'Best in Show' and a 'Reserve Best in Show'.

Each category will be limited to 10 dogs.

Entry will be £2.50 per category.

Prizes kindly donated by Animall, Littlebury and Pets at Home

**SATURDAY 7TH AUGUST**  
NOON ONWARDS

**pets at home** **animall**

## Security News and Advice from Stephen Armson-Smith, Braintree & Uttlesford Crime Prevention Officer - 090819

### 2021 Summertime Home Security Advice

With the removal of most Covid19 restrictions and as we start to spread our wings a little don't get complacent with your home security, unfortunately there are those that will take advantage of this newfound freedom to seek opportunities to commit crime.

Even if you are at home, home working or enjoying a 'staycation' still consider your home security for as it gets warmer, we get to see a rise in the number of "Creepers Burglaries" where burglars take advantage of open gates, windows and doors. An open or insecure garden gate will provide the thief with access to the back of your home. Before going out or turning in for the night don't forget to check all doors and windows, someone may have closed it, but did they lock it?

A few tips for keeping your home secure:

1. Don't attract a thief with insecure pedal cycles or cars or gates on display.
2. Keep side or rear gates, sheds and garages shut and securely locked.
3. Doors - Leave any accessible external door open or insecure and an opportunist thief could pop in and anything lying around would be gone. You may have only popped out, or down the end of the garden or having a quick shower; it only takes a second for a thief to steal. Don't forget that with a PVCu multi-locking door you may have lifted the handle, but until you turn the key (or on some doors a thumb turn on the inside) you have not locked all of the locking bolts in place.
4. Windows - If you have unoccupied rooms that are

accessible to others from outside or off flat roofs make sure the windows are closed, if you need ventilation in these rooms whilst at home at least lock the larger window and only have the small window open even during the daytime. If you only have bigger opening windows, consider a lockable window restrictor and a small alarm sensor on the window to detect entry. Before going out or 'turning in for the night' lift the blinds or open the curtains and check windows and patio doors are closed, the sun may have been on the TV when it was hot, and so the curtains were drawn whilst the window was open.

5. If you have an intruder alarm activate it when going out and activate the zone for any unoccupied areas whilst in.
6. Car keys - don't take them to bed with you, where possible leave them in noisy drawer/location. Keep the keyless car fobs in a "Faraday" bag.
7. If you do hear a suspicious noise in the house that you are not happy with dial **999** and make a noise, shout out, it could cause any intruder to flee, they may not have known you were home, remember your life is more important than your property. If safe to do so, get a good description of the person/s and if possible the car index number and direction of travel.
8. Make sure in case of fire that keys to windows and doors are readily accessible to occupants at all times but not in view of possible burglars.

For further crime prevention advice see:  
[www.essex.police.uk/cp/crime-prevention/](http://www.essex.police.uk/cp/crime-prevention/) or  
[www.securedbydesign.com/guidance/crime-prevention-advice/ensure-your-home-is-secure](http://www.securedbydesign.com/guidance/crime-prevention-advice/ensure-your-home-is-secure)

If only warning messages like this were shared 37,000 times in a day!

'**Tell2, protect many**' is a communication initiative that empowers you to spread crime prevention messages to others in your life, who otherwise may never know. Start with 'tell2' and ask them to do the same. It starts with YOU!

If you or someone you know is vulnerable and has been a victim of fraud, please call Essex Police on **101**.

Report fraud or attempted fraud by contacting Action Fraud at [www.actionfraud.police.uk](http://www.actionfraud.police.uk) or call **0300 123 2040**.

## Safe and Legal Towing from Neighbourhood Watch



Many of us use a variety of trailers to help move large items or remove rubbish etc. and with a growing amount of people enjoying 'staycations' there are more people using caravans which can provide an enjoyable way to explore and enjoy our country.

Whether you are preparing to tow for the first time or are already confident towing, it is important you are aware of how to do so safely and legally.

### Driving licence required (weights)

Within the category B (car and small van) on your licence it will vary depending on when you passed your test:

#### **After 1st Jan 1997**

- ✓ A car or van up to 3,500kg maximum authorised mass (MAM) towing a trailer of up to 750kg MAM
- ✓ A trailer over 750kg as long as the combined MAM of the trailer and towing vehicle is no more than 3,500kg in total.

#### **Before 1st Jan 1997**

- ✓ A vehicle and trailer combination up to a combined MAM of 8,250kg. (as you will have C1 on your DL for up to 7.5t)

## Safe and Legal Towing from Neighbourhood Watch (cont.)

The MAM (sometimes known as gross vehicle weight or maximum permissible weight) for your vehicle will be shown in your log book and also on a stamped plate or sticker within the vehicle along with the Vehicle Identity Number (VIN). This is usually under the bonnet or inside the driver's door, or on the A-frame near the tow hook for trailers.

If you exceed the MAM weights above for your licence it is likely to be treated as driving a vehicle in a dangerous condition, an offence carrying at least 3 penalty points, a fine of up to £2,500 and potential driving ban.

### Maximum width and length for trailers

The maximum trailer width for any towing vehicle is 2.55m (8'4"). The maximum length for a trailer towed by a vehicle weighing up to 3,500kg is 7m (22'11") not including A-frame.

### Mandatory brakes

Your trailer must have a working brake system if it weighs over 750kg when it's loaded (you can of course have brakes on lighter trailers and some do but these are optional).

You must use a breakaway cable or secondary coupling in case the trailer or caravan becomes detached from your car (in the event it does this will engage the brakes and stop it).

### Speed limits and other relevant laws

- You cannot drive in the outside lane of a motorway with 3 or more open lanes at any time (unless specifically directed by a Traffic officer or sign).
- You cannot exceed 50mph on a single carriageway or 60mph on dual carriageways and motorways with a trailer attached.
- You must display a standard legal number plate (this can be rectangular or square) on the rear of your trailer and it must be illuminated at night.
- You cannot have passengers within any trailer or caravan whilst moving.
- If your trailer is unbraked then the maximum weight you can tow is 750kg or half the kerbside weight of the towing vehicle, whichever is lower.

### Mirrors

The laws in this area can be quite complex however in simple terms, you must have at least two independent views to the rear when driving on UK roads, one of which must be the driver's wing mirror.

For standard driving, this could be an offside wing mirror and a rear view mirror, however when towing a caravan

the rear view mirror becomes redundant so you need both mirrors to provide a safe and sufficient view to the rear and comply with the law.

When towing a caravan a blind spot is created (with the exception of very narrow ones) preventing you from seeing the required distance behind you whilst driving. This blind spot can (and often does) cause collisions with other vehicles when changing lanes and whilst manoeuvring. To overcome this you must fit extended mirrors which easily fit onto your existing mirrors and provide you with a full view required behind you, eliminating any blind areas.

If you are seen towing a standard caravan or equivalent sized trailer without extended mirrors then you can be fined up to £1,000 and receive 3 penalty points, you could also be dealt with for using a vehicle in a dangerous condition and receive at least 3 penalty points, a fine of up to £2,500 and potential driving ban.

Forgetting for the moment the law in relation to this offence and the potential for quite serious consequences from a collision on a busy motorway or main road, you should also consider the potential to cause expensive damage to your caravan and/or towing vehicle as well as other vehicles and the expensive and stressful insurance claims which can accompany this.

### More advice and guidance

- When packing a trailer (caravans especially) you should aim to keep heavy items as low down and close to the axle as possible.
- If the trailer starts to 'snake' (swerve side to side whilst towing) then you should relax your grip on the steering - still hold firm but not so rigid as to have a fixed steering position then reduce your speed by lifting your feet off the pedals. Try and brake as little and lightly as possible.
- Allow more time and space for everything, especially corners which you will need to take more widely.

If you want more advice and guidance specific to caravans, including other safety tips and details of towing/reversing courses you can go on etc. carry out an internet search, as many popular clubs and websites can be found with lots more help available.

For advice on motorway emergencies download the 'Motorway Safety' FAQ leaflet from <https://saferessexroads.org/wp-content/uploads/2020/12/RP-FAQs-motorway-safety.pdf>.



Paul Harris, Essex Police Staff No 42077939

Essex Watch Liaison Officer for Brentwood, Epping Forest, Harlow and Uttlesford districts

Tel: **07738 736687** (Please avoid leaving phone messages and email me instead.)

[Paul.Harris@essex.police.uk](mailto:Paul.Harris@essex.police.uk) Thanks)

You can also find me on TWITTER: Paul Harris EWLO@PaulEssexWatch



# August 2021 at...



Phil Liggett: The Voice of Cycling (12A)  
 Nomadland (12A)  
 Martin Eden (15)  
 Dogtanian and the Three Muskehounds (U)  
 Porgy and Bess – *Met Opera*  
 Black Widow (12A)  
 Summer of Soul (12A)  
 Another Round (12A)  
 Carmen – *Met Opera*  
 The Croods: A New Age (U)

Off The Rails (15)  
 22 Aug 7.30pm  
 Nowhere Special (15 tbc)  
 The Truffle Hunters (12A)  
 Tosca – *Met Opera*  
 The Sparks Brothers (15)  
 Space Jam: A New Legacy (U)  
 I Never Cry (Jak najdaleg stad) (15)

Sun 1 Aug 2.30pm  
 Sun 1 Aug 7.30pm  
 Mon 2 Aug 7.30pm  
 Thurs 5 Aug 2.30pm  
 Thurs 5 Aug 7.00pm,  
 Fri 6 Aug 7.30pm & Sat 7 Aug 2.30pm, Thurs 12 Aug 2.30pm  
 Sat 7 Aug 7.30pm, Sun 8 Aug 2.30pm  
 Sun 8 Aug 7.30pm, Mon 9 Aug 7.30pm  
 Thurs 12 Aug 7.00pm  
 Fri 13 Aug 2.30pm, Sat 14 Aug 2.30pm, Tues 17 Aug 2.30pm,  
 Thurs 19 Aug 2.30pm (*autism-friendly screening*)  
 Fri 13 Aug 7.30pm, Sun 15 Aug 2.30pm, Sat 21 Aug 7.30pm, Sun  
 Sat 14 Aug 7.30pm, Sun 15 Aug 7.30pm  
 Mon 16 Aug 7.30pm  
 Thurs 19 Aug 7.00pm  
 Fri 20 Aug 7.30pm  
 Sat 21 Aug 2.30pm, Sun 22 Aug 2.30pm, Tues 24 Aug 2.30pm  
 Mon 23 Aug 7.30pm

For more information including tickets, content warnings and facilities, visit [www.saffronscreen.com](http://www.saffronscreen.com)

Tickets available from the Saffron Walden Tourist Information Centre, at [www.saffronscreen.com](http://www.saffronscreen.com) or call **01799 524002**

## Emergency Life-saving

Should someone suffer a cardiac arrest or show symptoms of a heart attack e.g. pains in the chest, then your first action should always be to phone the ambulance service on 999. The service will refer you to our Automated External Defibrillator which is at the front entrance to Quendon & Rickling Village Hall. Another is sited outside Reception at the front of Rickling School. Anyone can save a life by using one of them until an ambulance arrives. In addition you can seek help from any of the volunteers listed below.

Name	Home Telephone	Locality
Alan Price	01799 542527	Northern end - Cambridge Road
Jane Price	01799 542527	Northern end - Cambridge Road
Robert Arnold	01799 543075	Northern end - Cambridge Road
Sandra Arnold	01799 543075	Northern end - Cambridge Road
Andrew Thomson	01799 543253	Northern end - Cambridge Road
Karen Thomson	01799 543253	Northern end - Cambridge Road
Thelma Wilson	01799 543313	Northern end - Cambridge Road
Chris Phillips	01799 542351	Middle - Cambridge Road
Sue Phillips	01799 542351	Middle - Cambridge Road
Nigel Ackerman	01799 540678	Middle - Cambridge Road
Wendy Stannard	01799 541869	Middle - Cambridge Road
Anne Howes	01799 543545	Southern end – Cambridge Road
Joanne Hales	07903 596011	Rickling Green
Janice Hart	01799 541196	Rickling Green/Brick Kiln Lane/Rickling
Clare Willoughby	01799 543637	Rickling Green/Brick Kiln Lane/Rickling



For further information see [www.communityheartbeat.org.uk/](http://www.communityheartbeat.org.uk/)

**Remember: Using the defibrillator can't cause injury. Doing nothing can.**

## What's On

The Village Hall is able to open once again. We are remaining cautious and reviewing the Covid safety measures. Some regular events are restarting.

Where no organiser is shown for any event in Q&R Village Hall, contact the Hall Manager, Christine Osbourn on 01799 543367 for details

Event	Date	Time	Place	Notes
Saffron Searchers	1st Monday in month -		Q&R Village Hall	
Rainbows	Mondays	16.00-17.00	Q&R Village Hall	(Pre-Brownies)
Armadillos	Tuesdays (term-time)	09.00	Rickling School	
Carpet Bowls	Wednesdays	19.00	Quendon Bowls Club	David Edwards 07804 954095
Line Dancing	Thursdays	-	Q&R Village Hall	Dawn Bond 01787 460274
Buffy Playbus	Fridays	09.15-10.30	Rickling Green	Term-time
Quickling Festival	7th August	Starts noon	Rickling Green	See throughout this issue
Q&R Golf Society	Friday September 17	10.00 a.m.	Thetford Golf Club	<a href="mailto:janewaite@hotmail.com">janewaite@hotmail.com</a>

*The Link* is produced on behalf of Quendon & Rickling PCC, who do not necessarily share or endorse any opinions expressed by contributors or advertisers.

*The Link* is delivered free of charge by volunteers to every household in the villages of Quendon and Rickling. It is also available by post and online at: <http://www.quendonandrickling.co.uk>

All correspondence for *The Link* should be addressed to the editor,

Robert Arnold: **preferably by e-mail with attachments if necessary:** [robert@arnold-q.uk](mailto:robert@arnold-q.uk), or at Talbots, Cambridge Road, Quendon, CB11 3XJ; otherwise telephone 01799 543075

Copy for each month is normally required by the 19th of the preceding month to allow for assembly, printing and delivery.

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01799 543075

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