



QR code for The Link

Quendon & Rickling Parish NEWS and Church

August 2024

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Priest in Charge of the parish of Quendon and Rickling, Coordinating Chaplain Stansted Airport (2 days per week)

The Rev'd. Peter Allen, The Vicarage, 5, Meadowford, Newport, Saffron Walden, Essex, CB11 3QL **Telephone:** L: 01799 732059; M: 07878176551 **Day off:** Friday

Churchwardens -

Treasurer -

Quendon: Mrs Christine Osbourn 01799 543367 Rickling: contact church.jo@yahoo.com Quendon and Rickling: Mrs Sandra Arnold 01799 543075

From the Vicarage Study Rev. Peter Allen, Priest-in-Charge of Newport with Widdington, Quendon and Rickling.



We thought it might be coming home

Emulating the success of The World Cup 1966, the only time England men won a major footballing tournament, still hangs around the neck of each generation of the English men's football teams. A second consecutive defeat in a European Championship Final in July reaffirmed this to be the case still. Disappointment is the overriding emotion of those who follow the England men's team after their faith and hope that

this time they would become European champions. That faith and hope didn't find its fulfilment in the face of a quality Spanish team.

Faith and Hope

Faith and hope are two words and two dispositions and attitudes of heart and mind that are seen as part and parcel of what it means to be a Christian. Faith in a God whose word and promises can be trusted which in turn creates hope even when circumstances are challenging and costly.

This faith and hope differs from the kind of faith and hope we may have invested in England men's football team which as already mentioned often leads to disappointment. No, the Christian faith and hope is in a God who has already demonstrated humanity is ultimately destined to be on the winning side because resurrection and new life are our promised and planned for end. The resurrection of Jesus Christ from the dead is God's foretaste of this which generates the kind of faith and hope that makes up the life of the Christian.

Confidence that doesn't disappoint



Sport can teach us much about managing life but it falls short of being able to generate the kind of faith and hope that belief in the resurrection of Christ brings to us. For in Christ we have a captain who is able to inspire a confidence that will not disappoint as he leads us towards the same victory and goal he has already won on our behalf,

resurrection and life everlasting.

At the point of writing a new English men's football team manager is yet to be appointed and announced. However for the Christian their captain and team manager are rolled into one and his appointment was announced two millennia ago and there's no need to ever worry about looking for a replacement because his position is permanent and eternally secure. Rev Pete

Church Services in the Benefice

Sunday 4th August

9.30am Newport Morning Worship 11.15am Widdington Morning Worship

Sunday 11th August

9.30am Newport All Age

11.15am Quendon Communion

6pm Newport Refresh

Sunday 18th August

9.30am Newport Communion

11.15am Widdington Communion

Sunday 25th August

9.30am Newport Morning Worship 11.15am Rickling Communion

Quendon and Rickling Grave Yards

After several questions on Facebook, as churchwarden I thought I would set out the rules of Quendon and Rickling Graveyards.

When there is an interment, the grave is bought by those dealing with the deceased's remains and property. It remains part of their estate and is neither owned by nor the responsibility of the Church. While the Parochial Church Council on behalf of Church usually accepts responsibility for the rest of the graveyard, the upkeep of individual graves is the responsibility of owners (usually relatives), not the PCC. There are companies who will do this for the relatives who live too far away or are infirm in any way. Grave Concern is one.

Rickling Churchyard itself is mowed by a contractor, not volunteers. This has to be paid for. In spring we allow the display of wild flowers free rein, with full mowing happening after their leaves have died down. During the spring, flowering paths are mown to enable people to access the graveyard.

Quendon Churchyard is mown by a small team of volunteers, on a rota basis. Unfortunately this year unchecked excessive growth during the spring meant that it became seriously overgrown and restoration to a reasonable degree of tidiness has taken time and effort.

Some graves are very closely-spaced and difficult to mow between with our large mower (readers of The Link may recall reading a poem by one of our volunteers lamenting this!) We are pleased to report that we have recently been given a new additional, smaller mower which is making the task easier. As is the case at Rickling, Quendon Churchyard is a popular space used for visiting graves, dog-walking, ancestry research and even just relaxing. Each is a valuable village asset.

Please help us to keep our churchyards in a tidy condition. The Quendon mowing volunteer team is again dwindling and some members this year have not been able to help as much as they would like. Robert Arnold who currently organises the rota for Quendon would be delighted to hear from anyone willing to join in keeping Quendon Churchyard tidy, whether by helping with the mowing, clipping the hedges, clearing the paths or anything else. Robert can be contacted by e-mail at robert@arnold-q.uk. Christine Osbourn

From the Editor

Since last summer Jon Millward has been printing the Link for us free of charge. following in the footsteps of Simon Bridgewater who had printed it for many years. Jon is no longer able to print for us due to work commitments. We are all grateful to both of them for their valuable generosity.

In the absence of any further offer of free printing, and so as to continue to provide what we hope is a valuable service to the community, especially to those reluctant to use on-line social media, we have now decided to print for ourselves using a managed printer service.

We have achieved a practical deal, but of course this means that advertising revenue which has hitherto contributed to the maintenance of the church buildings will now be reduced as we must pay for the printer hire, paper and other consumables. Sandra Arnold

For Crimes and suspicious activity NOW phone	999
You can report non-urgent incidents or suspicious activity and crimes that have already online at <u>https://www.essex.police.uk/</u> and click on the appropriate button ("Chat" feat right of screen). Alternatively phone 101 but online contact is preferred.	
Action Fraud is the UK's national reporting centre for fraud and cybercrime where you should report fraud if you have been scammed, defrauded or experienced cyber-crime in England, Wales and Northem Ireland. If you have been defrauded i.e. lost money phone or report online at https://www.actionfraud.police.uk/reporting-fraud-and-cyber-crime If someone has tried to defraud you but you have <u>not</u> lost money, phone or report online at https://www.actionfraud.police.uk/report-phishing	0300 123 2040
CRIMESTOPPERS To give information anonymously phone or report it online at www.crimestoppers-uk.org	0800 555 111
The information you provide is very important to us, so please make sure that we can use i reporting it correctly through the proper channels. Thank you.	t effectively, by

Parish Information

Welcome PacksThe Parish Council provides a Welcome Pack of information for new residents to the Village. If any newcomers to the village have not received a copy of the pack, do please let the Clerk know on the contact details below and a welcome pack will be provided. If ane- mail address is provided the pack can be sent digitally.The Parish Clerk is Keith Williams Email: Contact our District Councillors Email: cllremanuel@uttlesford.gov.uk Telephone: 01799 543487 Mobile Telephone: 01799 543487 Mobile Telephone: 01799 543487 Mobile Telephone: 01799 543487 Mobile Telephone: 01799 540411Allotments (Quendon Hall Estate): Peter Warwick, No.5 Thistley Crescent, Green Road, Rickling Telephone: 01799 543526 Highway Problems The Essex Highways website is available for anyone noticing a problem to report it: http://www.essexhighways.org/Report-a- problem.aspx A tracking facility for all reported faults is available.The Parish Council Contact our Parish Council meting and on village notice boards. All are welcome to attend.Contact our Member of Parliament.uk Telephone: 02072 191943	r ar isir filior ination		
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1	to attend.	Telephone: 02072 191943	

From the Parish Council Chair

Well, I just read the first paragraph of last month's report and regrettably, the hoped for summer weather has not materialised as we might have hoped. The only positive is that we haven't had to water the gardens as often as we might have needed and I'm sure the Pumpkin growers amongst you are benefitting accordingly. On that topic, the date for the annual Apple Pressing/Pumpkin Competition finale (Autumn Daze) will be 5th October2024.

An additional summer event (Family fun day), is being held on the green on 7th September 2024, organised by the team from the Cricketers Arms and supported by the Parish Council. So, keep a lookout for confirmation and more details which I'm sure will appear in the Link, posters or social media in the coming days.

The seemingly never-ending road closures and detours do not seem to be abating. At the time of writing, road closures due to a major gas pipe replacement is the big issue on the B1383 from Rickling/Quendon towards Newport. The alternative routes/ diversions are a real challenge for locals wanting to go North. We understand there will be major road closures through Stansted in the near future so not great news for

everyone going South either. The recent bus fire opposite the Parish Hall was another serious issue, but at least the road damage has been repaired. This is a good time to mention the village Speed-watch initiative which we hope to get started again very soon. Volunteers are very welcome. Please contact the Parish Council for details.

We have been contacted by villagers in connection with the Public Rights of Way across some of the fields around the village. There is a responsibility of the Landowner to maintain these paths for access and we hope that this issue will be addressed before too long.

We have received a further application for a place on the Parish Council which is really encouraging and has moved the numbers to a healthy quorum. That said, we do have room for additional volunteers for PC activities and I can't emphasise enough how important it is for the village to have a strong and active Parish Council. If you would like to find out more about the activities of the PC, please do get in contact with the Parish Clerk (details here in the Link) or chat to one of the Councillors.

There is no PC meeting in August, so we hope everyone has a nice holiday season whether you are staying in the UK or going further afield. Let's hope we see some weather commensurate with the English summer.

Gari Spearpoint

District Councillors' Report

Training

Training and workshops for councillors on all manner of relevant themes carries on throughout the year. Sometimes generic to all, such as safeguarding training, and sometimes specific to individual roles. Judy is Vice Chair of the Planning Committee. As well as being immersed in all matters planning at the moment she had her first experience of chairing a full day of planning committee in July, with 22 items on the agenda.

"It was definitely a case of being dropped in at the deep end! It was a positive experience and a reserve day that had been set aside to cover the lengthy agenda was not needed. I will be attending a residential planning leadership training course at Warwick University which is being run by the national Planning Advisory Group. As also a member of the Local Plan Panel I have been reviewing the local plan documentation prior to its publication, which had to be delayed until immediately after the General Election."

Local Plan

The Local Plan should have gone to the next stage 'Regulation 19' by the time this is published. The Local Plan Panel approved it to go to Cabinet, which considered it on 18th July and approved it to go to Full Council on 30th July.

This proposed plan has considered feedback received during the previous stage of the

local plan consultation, which was held last year and generated about 5,000 comments from 1,700 respondents, and also further work that has been carried out to address the issues then raised. A wide-ranging and comprehensive period of evidence gathering and testing underpins these revised proposals. Having an up to date Local Plan doesn't just mean housing numbers, it means that we have more influence insisting on high standards instead of just having to effectively take what developers want.

An example is the net zero carbon Policy for new buildings. It specifies (solar panel) electricity generation on site, no connection to the gas system or use of fossil fuels, and very specific insulation and other standards. What is encouraging is it is entirely deliverable. It has been done on the Hill Residential development for 89 houses just completing in Newport. We were invited to visit the site recently and saw the use of heat pumps, batteries and solar panels, with the energy provider Octopus offering a zero bills contract, funded by balancing greater electricity feed in to the grid against the smaller amount of external electricity use which may sometimes be needed.

Design Code

Also approved by the Cabinet is the Uttlesford Design Code. This has immediate weight with the old Local Plan as well as with the new one. The extensive work to produce it was government funded as part of a drive to improve all aspects of housing designs, layouts, roads, landscaping, parking - everything you need to do to create attractive liveable places. It involved significant community participation in a series of panels. We are one of the first local authorities in the country to bring this to fruition and our work is considered an exemplar. We had an option to do a Design Code for the Neighbourhood Plan but having seen the consultation draft of the UDC Design Code, the Steering Group considered it not necessary. It contains various references to Newport and Quendon is illustrated with a photo like this:



'Mature trees along the west side of the B1383 in Quendon add scale to the street scene and frame the view to the north' Which moves on to:

The Essex Act 1987

At the July meeting of the North Essex Parking Partnership Joint Committee members attention was drawn to this Act of Parliament, which is unique to Essex. Where verges have been maintained to a high standard, mown and maybe in ornamental condition, vehicles, and pedestrians and animals, can be prohibited. Simple signage is sufficient – it is sign 651 'Prohibition of traffic on mown verge' in the Traffic Signs Manual. Enforcement is done by traffic wardens issuing parking tickets.

If there are locations where it might be of use, details are being sent to all parish councils on the process. It is presumably what was used to stop verge parking outside of Carver Barracks

Councillor Surgeries

These are in Dorringtons every Friday from 10.30 to 11.30. If we must cancel these, we will post on the village facebooks.

Our contact details are:



cllremanuel@uttlesford.gov.uk 01799 543487 or 07801 039550

> cllrhargreaves@uttlesford.gov.uk 01799 540411 or 0785 467748



Other News from Uttlesford District Council

You can get email newsletters and alerts on a whole range of topics via Keep me posted – sign up and find out more at www.uttlesford.gov.uk/keepmeposted.

Elsenham Men's Seniors Golf World Stansted

Elsenham senior golfers playing at Golf World Stansted are looking to welcome more members to join the men's senior group. Formed over 20 years ago this means the men's senior group is friendly and informal. We play 9 hole competitions with prizes every Monday and Thursday morning starting at 8am followed by time for coffee and chat in the clubhouse. Our regular 9 hole format is popular with seniors and fits in well as a half day activity.

Over the years the Elsenham course has matured well and we have developed with it to offer several annual group trophy competitions and regular home and away matches against other clubs. You can establish an official England Golf handicap as we are associated to England Golf. You do need to be a member of Golf World Stansted to be part of the men's seniors.

Many of our seniors have played with us for 15 years or more. We have players of many ages and abilities so new joiners will feel at home. If you are aged from 55 to infinity, you are welcome to join us, enjoy the golf, competitions and company. If interested in men's seniors golf contact John Knight 07785 545474

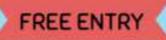
There is also the opportunity throughout the year to play club nights on Tuesday afternoons.

in association with the Quendon & Rickling Parish Council

Cricketers Arms

QUENDON S RICKLING

Saturday 7th September 12pm - 4pm



JOIN US FOR LOTS OF FUN!



bouncy castle
 face painting

· games ·

· tombola ·



rats

fun dog show @ 2pm in aid of RATS.

market stalls

· 880

THE CRICKET GREEN, RICKLING GREEN, CB11 3YG



Quendon & Rickling 100 Club

Congratulations to the latest winners July 2024

1st PrizeR Lockwood£302nd PrizeJ Hutchin£19

3rd PrizeP Waites£9

Quendon & Rickling 100 Club generates a source of funds for the Village Hall and both our two churches, All Saints, Rickling and St Simon & St Jude, Quendon.

07874-385541

u3a

www.u3asites.org.uk/stansted

Stansted Mountfitchet U3A

This year Stansted u3a's AGM was held on Thursday 20th June. Three members of the committee, the Chairman, Treasurer and Speaker Secretary completed their terms of office and nominations for all three posts, together with a remaining vacancy for a Publicity Co-ordinator had been received. The results of the elections to these positions are as follows:

Chair: Pauline Green

Treasurer: Gaynor Mordcovich

Speaker Secretary: Steve Riley

Publicity Co-ordinator: Susan Sedgebeer

The voting for all four was unanimous.

At a time when the weather was still proving extremely variable the Garden Group continued with its summer programme of visits and enjoyed a private tour of the halfacre NGS garden, "Pear Trees" at Wimbish which has been lovingly developed over the last three decades. Enjoying a conducted tour by the owner, Julie Bayliss, they found inspiration in the ancient Apple and Pear trees which were underplanted with a large variety of flowering bulbs. There were herbaceous borders to enjoy and a beautiful, productive vegetable garden too. However, in the face of wet weather the group were delighted to return to the house for home-made cakes and tea in the kitchen and delightful garden room.

The speaker for the August general meeting will be former USAAF fighter pilot Don Mobley who now lives in Stowupland, Suffolk, and runs the u3a Flight Inspirations Group. Don has also been an airline pilot and a FAA Aviation Safety Technician. His talk at our meeting on 15th August is entitled, ". . . and Over Here": a history of USA wartime aviation in East Anglia.

Finally, do please remember that new members will always be very welcome to try out any class before committing. Do check out the website: u3asites.org.uk/stansted or phone 07874385541 to find out more information about the variety of activities on offer.

John Hudson

Maces Farms August 2024 Update

Our Harvest 24 has officially started with the Oil Seed Rape; OSR is in the ground the longest of all crops. It was planted the 1st week of August 2023 and harvested mid July 2024. It's one of those crops that requires a lot of attention, but the results were

OK given the wet and cold year we have had. We are currently cutting the Winter Barley and yields are disappointing. This indicates to me that the sun in June was too little too late and with the wet and cold autumn it

> struggled to get to its full potential. Like with any plant if its under stress it will push on with growth stages to produce seed and the plant



won't be worried on quality or quantity. Wheats are likely to be well into August before we harvest them, and the Bean are still green as grass.

As soon as the crop is off some fields, we are thinking already about the next one so OSR will be planted soon for Harvest 25. We also have

some land going into a legume fallow which can be planted when conditions allow. This is a Defra based scheme for us to focus on soil health and when the plants die will also provide some nutrition for the following crop. We will get paid on this, but it will only just cover the cost of seed and establishment but will provide a perfect entrant to winter wheat the following year.

We have a new combine for this year (see pictures).

Certainly, a very expensive piece of machinery but we are hoping it will give us the edge on a potential catchy year. Who knows what the rest of August will bring but I'm certainly hoping for some settled weather to keep my stress levels down at least.

Happy Harvesting whether it's on a commercial scale or your courgettes from your back garden.

Mark Gemmill

Mgemmill@pegasi.co.uk







THE HUNDRED PARISHES SOCIETY



www.hundredparishes.org.uk

Amongst the rich heritage which is a distinguishing feature of The Hundred Parishes, there are many ancient houses that were built originally as a "hall house", sometimes referred to as an "open hall house".



Many surviving houses that were built between the mid-13th and early 17th centuries had a standard three-part layout: a central

'open hall' flanked by two crosswings. The crosswings were of two storeys and were the same height as the single-storey hall that linked them. Individual houses sometimes had variations to this basic design.

Daily life for members of the household was a communal affair, focused on the large central hall. It was heated by a fire that burned on a central hearth, its smoke rising to escape through



High Roding



Lindsell

vents in the roof. The use of a chimney to remove smoke generally came only in the 16th or 17th century.

The crosswing at one end of the house contained a parlour with a chamber above called the solar. They were used by the head of the household and their immediate family.

The other crosswing was a service area, accessed from a passage with front and back doors at either end. The passage also gave entry to the hall, from which it was partly screened. Each wing had its own stairs to the upper floor of that wing.

Between about 1550 and 1650 AD, the open hall concept became less popular, with a desire for more privacy. Most open halls were remodelled with the insertion of

a floor to make them two storeys. The open hearth was replaced with a fireplace and chimney.

The Society's website includes more than a hundred downloadable walk routes. Almost half of the routes pass a former hall house and these are identified in the route description.

Ken McDonald, Secretary



Great Waltham



Hunsdon



Linton



Thundridge



Wednesday 21st August 2024 Coffee Morning 10.00-12.00am Please contact: Angie 01799 218061



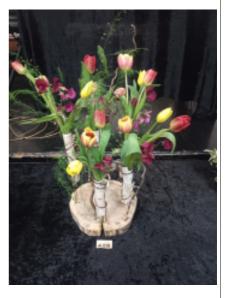
Lavender by Peter Warwick A few people send us photographs of topical items for the magazine. We would like to see more of your pictures. They need to be of a reasonable resolution for us to print.

NEWPORT & DISTRICT FLOWER CLUB

Fun with Flowers

On a beautiful June evening Naomi Wells came District Flower Newport & Club to to demonstrate some beautiful flower arrangements. Naomi's arrangements told the story of how she started her love of flowers and then decided to become a demonstrator for Cambridge Group NAFAS. She had only passed her demonstrators test two weeks ago and our club were the first of her demonstrations. Her story telling was great fun, the members and visitors had a wonderful evening. Naomi has kindly given permission for us to show one of her designs.

We will be holding an Afternoon Cream Tea starting with a demonstration on 14th August at 2pm if you would like to come along please contact Patricia Sanz at the email address below.



We meet on 3rd Wednesday of the month (except January, August, & December) – 7pm at Ugley Village Hall, Cambridge Road, CM22 6HR.

Contact Patricia Sanz - flowersanzp2020@gmail.com

Visitors are always very welcome.



Jocelyn Donoghue

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The possibility to be the Wild, Brave and Free individual you want to be. If you are interested in learning more, schedule a complimentary 20-minute video consultation or to book an appointment feel free to reach out to me on 07841 098079 or jocelyntd1@hotmail.com.

Based in Clavering



Saffron Walden Museum

Visiting the Museum

Our standard opening hours are:

Tuesday - Saturday 10-5pm; Sundays & Bank Holidays 2-5pm

Closed Mondays (apart from bank holidays)

Wednesdays are currently reserved for pre-booked group visits by schools and other parties in term time.

Please note that during the Winter months, November-February, the museum closes earlier at 4.30pm, rather than at 5pm

www.saffronwaldenmuseum.org

Object of the month for July

The Taiaha is a fighting quarterstaff used by the Māori warriors of Aotearoa.

Taiaha is still used in Maori martial arts, also known as Mau Rakau.

This Taiaha is made from an indigenous Aotearoa (New Zealand) showcasing the craftsmanship and artistry of Māori weaponry. Crafted as a quarterstaff, it features a long shaft with a blade-shaped striking end and intricately carved faces, known as Upoko, at the gripping end. These faces traditionally include shell inlays for eyes, giving them a striking and alert appearance. The carvings include an Arero, or tongue, protruding from each face, symbolising fierceness and readiness for battle, reminiscent of the traditional Māori display seen in the Haka, a ceremonial dance.

This particular Taiaha carries a rich history, evident in its physical manifestations. Notably, it bears signs of repair along the Tinana (shaft), with a section of the wood replaced and secured with pins and glue. The reasons behind this repair and its circumstances remain shrouded in mystery, adding an air of intrigue to the Taiaha's story.



Furthermore, the staff shows faint traces of writing on the Tinana,

obscured and unreadable under normal light. The potential for these words to offer insights into the Taiaha's history is compelling, prompting questions about who inscribed them and why.



Additionally, the Tauri, a collar of feathers or hair that traditionally adorns the staff, hanging from the Upoko towards the bladed end, is missing. The lack of this significant feature raises further questions, suggesting possibilities such as damage, decay, or

deliberate removal.

While we may never fully uncover the reasons behind the repair and the missing Tauri, it is a profound reminder of museum artefacts' enigmatic and complex histories. With the aid of technology, we may decode the all the inscriptions, yet the mysteries surrounding their authorship and purpose may remain unravelled. The enigmatic presence of these elements underscores the allure of museum work, as it invites us to delve into the varied lives an artefact has lived, from its origins in the hands of a Māori warrior to its arrival at the Saffron Walden Museum in 1913 and eventually to our contemplation of it today.

History of the holiday

As the Sun sits high in the sky come and explore the history of the British Summer Holiday. From its beginnings to its waterlogged sunsoaked seaside best. How has how we holiday changed? From suits to swimsuits, trains to planes, soggy sandwiches to instant BBQs. The history of the holiday with plenty of fun for everyone (ages 1-100)



From the ICO

We know that reading app privacy policies can seem overwhelming. That's why we've come up with some quick, easy things you can look out for to help you judge if it's the right app for you.

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Clear - Is it clearly written and easy to understand?

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Erase - Will they delete your data when I don't want to use the app anymore?

Sharing - Who are they sharing your information with?

For more information use the qr code.





Summertime Home Security Advice

Even if you are at home working or relaxing still consider your home security. As it gets warmer, we tend to see a rise in the number of "Creeper Burglaries" where burglars take advantage of open windows, and doors, and an open or insecure garden gate will provide the thief with access to the back of your home.

A few tips for keeping your home secure:

1. Keep side or rear gates, sheds and garages shut and securely locked.

2. Before going out or 'turning in for the night' lift the blinds or open the curtains and check windows and patio doors are closed; when it was hot the sun may have been on the TV, and so the curtains were drawn whilst the window was open or someone may have closed it, but did they lock it?

3. Doors – Don't leave any accessible external door open or insecure, as an opportunist thief could pop in and anything lying around may be taken. You may have only popped out, or down the end of the garden or having a quick shower; it only takes a second for a thief to steal. Don't forget that with a PVCu multi-locking door you may have lifted the handle but until you turn the key (or on some doors a thumb-turn on the inside) you have not locked all of the locking bolts in place.

4. Windows - If you have unoccupied rooms that are accessible to others from outside or off flat roofs make sure the windows are closed; if you need ventilation in these rooms whilst at home at least lock the larger window and only have the small window open. If you only have bigger opening windows, consider a lockable window restrictor and a small alarm sensor on the window to detect entry. 5. If you have an intruder alarm activate it when going out and activate the zone for any unoccupied areas whilst in. Inexpensive portable PIR alarm/chime unit can be useful at the entrance gate if hosting a BBQ in your back garden.

6. Don't attract a thief with insecure pedal cycles or cars on display. Make sure your car windows are all closed and your car properly locked and secure. Don't forget to put pedal cycles away and again make sure that they are locked up. The same should said about children's toys sometimes accidentally left outside the house.

NB: In case of fire or other emergency ensure that keys to windows and doors are always readily accessible to occupants but not in view of possible burglars.

For further crime prevention advice see: www.essex.police.uk/cp/crime-prevention/ or www.securedbydesign.com/guidance/crime-prevention-advice/home-security

APOPO

APOPO was honored to welcome Dr. Jane Goodall back to our operational headquarters in Morogoro, Tanzania, for a visit that rekindled the connection she established with us in 2005. The visit, which was part of a broader project to produce

a documentary film about her life, her current endeavors and work in Tanzania, highlighted the continued importance of APOPO's work and the inspiring contributions of our HeroRATs.

Dr. Jane Goodall is a renowned primatologist, ethologist, and anthropologist, best known for her groundbreaking studies on chimpanzee behavior in Gombe Stream National Park, Tanzania.

Beyond her scientific contributions, Jane Goodall has become a global advocate for wildlife conservation, animal welfare, and environmental sustainability.

During her visit, Dr. Goodall witnessed firsthand the innovative and impactful work being done at APOPO. She watched demonstrations of the various training programs, including landmine detection, tuberculosis detection, search and rescue, and wildlife detection. These demonstrations provided a thorough overview of the extensive training that the HeroRATs require to perform their life-saving tasks.

One particularly heartwarming moment occurred when a young HeroRAT pup fell asleep in Dr. Goodall's hands. In a gesture of admiration and affection, the team decided to name the little one Jane.

What's On						
Where no organiser is shown for any event in Q&R Village Hall, contact the Hall Manager,						
	Christine Osbourn on 01799 543367 for details					
Event	Date	Time	Place		Notes	
Saffron Searchers	1st Monday/month	20.00-22.00	Q&R V	Village Hall		
Pilates	Mondays	09.00-10.00	Q&R V	Village Hall	Jan Crawley 07742 182272	
Dance Exercise	Tuesdays	10.30-11.30	Q&R	Village Hall	Christine Alexander	
Community Café	3rd Weds/month	10.00-12.00	Q&R	Village Hall	Angela 01799 218061/Carol 543807	
U3A Choir	Wednesdavs	11.15-13.15	O&R	Village Hall	-	



	What's On (cont.)				
Carpet Bowls	Wednesdays	19.00	Quendon Bowls Club	David Soloman07817248301	
Social Evening	2nd & 4th Fridays	19.00-23.00	Quendon Bowling Club)	
Communion	11 August	11.15	Quendon Church		
Communion	25th August	11.15	Rickling Church		
Family Fun Day	7th September	12-16.00	Rickling Green		
Autumn Daze	5th October	TBA			

Emergency Life-saving

Should someone suffer a cardiac arrest or show symptoms of a heart attack e.g. pains in the chest, then your first action should always be to phone the ambulance service on 999. The service will refer you to our Automated External Defibrillator which is at the front entrance to Quendon & Rickling Village Hall. Another is sited outside Reception at the front of Rickling School. Anyone can save a life by using one of them until an ambulance arrives. In addition you can seek help from any of the volunteers listed below.



5	1 5	
Name	Home Telephone	Locality
Robert Arnold	01799 543075	Northern end - Cambridge Road
Sandra Arnold	01799 543075	Northern end - Cambridge Road
Andrew Thomson	01799 543253	Northern end - Cambridge Road
Karen Thomson	01799 543253	Northern end - Cambridge Road
Chris Phillips	01799 542351	Middle - Cambridge Road
Sue Phillips	01799 542351	Middle - Cambridge Road
Wendy Stannard	01799 541869	Middle - Cambridge Road
Ljiljana Ortolja-Baird	07793600697	Southern end
Paul Carrol	07889 344869	Southern end - Cambridge Road
Joanne Hales	07903 596011	Rickling Green
Janice Hart	01799 541196	Rickling Green/Brick Kiln Lane/Rickling
Ann Merrit	01799 542110	Rickling Green/Brick Kiln Lane
Tom Duncan	01799 541299	Brick Kiln Lane
Sue Joannou	07805 037586	Rickling Green
Jacolin Lampon	07710 281382	Southern End - Cambridge Road

For further information see www.communityheartbeat.org.uk/

Remember: Using the defibrillator can't cause injury. Doing nothing can.

The Link is published on behalf of Quendon & Rickling Parochial Church Council, who do not necessarily share or endorse any opinions expressed by contributors or advertisers. It is created, printed and delivered entirely by volunteers. Advertising supports the maintenance of our church buildings and their grounds.

The Link is delivered free of charge to every household in the villages of Quendon and Rickling and is available online at: https://www.quendonandrickling.co.uk

All correspondence for *The Link* should be addressed to the editor, Sandra Arnold, by e-mail: sandra@arnold-q.uk, or at Talbots, Cambridge Road, Quendon, CB11 3XJ; otherwise telephone 01799 543075

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