

The Link



QR code for
The Link

Quendon & Rickling
Parish
and Church

NEWS

March 2024

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**Blue Tit By
Ray Hart**

Priest in Charge of the parish of Quendon and Rickling, Coordinating Chaplain Stansted Airport (2 days per week)

The Rev'd. Peter Allen, The Vicarage, 5, Meadowford, Newport, Saffron Walden, Essex, CB11 3QL

Telephone: L: 01799 732059; M: 07878176551 **Day off:** Friday

Churchwardens -

Quendon: Mrs Christine Osbourn 01799 543367

Mrs Maureen Hawkins

Rickling: TBA

Treasurer -

Quendon and Rickling: Mrs Sandra Arnold 01799 543075

From the Vicarage Study

Rev. Peter Allen,

Priest-in-Charge of Newport with Widdington, Quendon and Rickling.

An ex-tutor of mine at theological college, Paula Gooder, has published a number of books one of which is *Women of Holy Week*. In her book Paula tells the story of the events from Palm Sunday to Ascension Day, from the point of view of nine different women. Some of her characters are women who are mentioned in the Bible, though not necessarily by name – others represent women who would have been there, part of the crowds, among the disciples. All the stories are fictionalised, as we are drawn in to try and imagine for ourselves what it would have been like to be there, and what backgrounds and motives might have lain behind the events and characters.



This is an imaginative approach to reading the Bible as Paula seeks to help her readers engage with the Bible using their emotional rather than intellectual understanding. It is possible when reading the Bible, or hearing it being read in church, we think of it as something ‘holy’, separate, special – distant? But when we try to imagine what it would have been like to be there, the physical reality and how people might have felt, we realise that these are stories about real people – people like us – which have meaning for us.

For example, in the book we walk towards Jerusalem on Palm Sunday with Miriam, an ordinary woman from Galilee, joining with thousands of other pilgrims as they approach the city for the Passover festival, singing the traditional pilgrim psalms, psalms about King David of old and his victories, dreaming of a future day when a new king will free them from the Romans. And then this man gets on a donkey and rides in with them ... and for Miriam, just watching him, the psalmist’s words about how ‘the Lord’s steadfast love endures for ever’ begin to have a new meaning.

A couple of days later, we hear Sarah’s story about her husband Jacob, a priest and scribe, who has been listening to Jesus debating with the religious leaders in the Temple, and seeing the anger of their response. Jacob turns out to be the scribe who asks Jesus ‘which commandment is the first of all?’ – which is the greatest? We learn that this was a question often debated in Jesus’s day. We reflect on this man asking a genuine, open question, and really listening to the answer – in contrast to the various ‘experts’ who’ve been asking questions to challenge, undermine or trick Jesus. And we ask ourselves in what spirit we and the world ask questions today.

Jesus’s answer, of course, is to love God and love our neighbour – which leads us next to Anna’s story – a genuine Biblical character, though unnamed, the poor widow who

puts her two last coins into the Temple collecting boxes, in a spirit of love and generosity that contrasts with those showing off their wealth around her. And then receives love and care herself, from Sarah and Jacob, as they try to live out the great commandment.

Other characters in the book include Susannah, who poured costly ointment over Jesus; Joanna, preparing for and taking part in the Last Supper; Salome, standing at the foot of the cross; Mary Magdalene, going to the garden on Easter morning; Mary, wife of Clopas, on the road to Emmaus; and Mary, Jesus's mother, with the disciples on Ascension Day, letting him go.

If you wish to engage with the Bible stories that will be being retold during holy week and beyond Paula's book is one way to help you do that. Or you can read or listen to the stories just where you are, taking time to really immerse yourself in them in your imagination, using the ancient practice of Lectio Divina, see below. Lectio Divina seeks to help us create the time, space, and attitude to imagine our way into the Bible and if it works for you it can refresh your approach to reading or listening to the Bible.

I liken Lectio Divina to the difference between chomping a hard sweet or sucking on a hard sweet. Both ways mean the sweet is eaten, but sucking the sweet and allowing it to dissolve slowly means every bit of flavour of the sweet is enjoyed and savoured. This is what reading or listening to the Bible slowly and imaginatively can do too, help us get more out of it as we slowly allow all its flavour to be released to us. It might be the same could be said with chocolate which may be a better image to use at Easter?



Wishing you and yours a very happy Easter, Peter

Women of Holy Week: An Easter Journey in Nine Stories Paula Gooder, Ally Barrett

Lectio Divina: A Beginner's Guide <https://bustedhalo.com/ministry-resources/lectio-divina-beginners-guide>

Church Services in the Benefice

March 2024

Sunday 3rd

9.30am Newport Contemporary Communion

11.15am Widdington Communion

Sunday 10th

9.30am Newport All Age Mothering Sunday Service

11.15am Quendon Mothering Sunday Service

11.15am Widdington Mothering Sunday

Service

Sunday 17th

9.30am Newport Communion

11.15am Widdington Communion

Sunday 24th

9.30am Newport Palm Sunday Morning

Worship

11.15am Rickling Palm Sunday Communion

Friday 29th Good Friday

10.30am Newport Good Friday Messy Church

2pm Widdington Good Friday An hour by The Cross

Sunday 31st Easter Sunday

9.30am Newport Easter Sunday Service

11.15am Quendon Easter Sunday Communion

11.15am Widdington Easter Sunday

Communion

For Crimes and suspicious activity NOW phone	999
You can report non-urgent incidents or suspicious activity and crimes that have already happened online at https://www.essex.police.uk/ and click on the appropriate button ("Chat" feature is bottom right of screen). Alternatively phone 101 but online contact is preferred.	
Action Fraud is the UK's national reporting centre for fraud and cybercrime where you should report fraud if you have been scammed, defrauded or experienced cyber-crime in England, Wales and Northern Ireland. If you have been defrauded i.e. lost money phone or report online at https://www.actionfraud.police.uk/reporting-fraud-and-cyber-crime If someone has tried to defraud you but you have <u>not</u> lost money, phone or report online at https://www.actionfraud.police.uk/report-phishing	0300 123 2040
CRIMESTOPPERS To give information anonymously phone or report it online at www.crimestoppers-uk.org	0800 555 111
<i>The information you provide is very important to us, so please make sure that we can use it effectively, by reporting it correctly through the proper channels. Thank you.</i>	

Parish Information

Welcome Packs

The Parish Council provides a Welcome Pack of information for new residents to the Village. If any newcomers to the village have not received a copy of the pack, do please let the Clerk know on the contact details below and a welcome pack will be provided. If an e-mail address is provided the pack can be sent digitally.

Allotments (Quendon Hall Estate):

Peter Warwick, No.5 Thistley Crescent, Green Road, Rickling
Telephone: **01799 543526**

Highway Problems

The Essex Highways website is available for anyone noticing a problem to report it:

<http://www.essexhighways.org/Report-a-problem.aspx>

A tracking facility for all reported faults is available.

Contact our Parish Council

Details of Parish Council meetings may be found on the village web-site:

<https://www.quendonandrickling.co.uk>

and on village notice boards. All are welcome to attend.

The Parish Clerk is Keith Williams

Email:

quendonandrickling.clerk@hotmail.com

Telephone: **01279 814473**

Contact our District Councillors

Email: cllremanuel@uttlesford.gov.uk

Telephone: **01799 543487**

Mobile Telephone: **07801 039550**

Email: cllrhargreaves@uttlesford.gov.uk

Telephone: **01799 540411**

Mobile Telephone: **07854 687748**

See also DCs' regular reports in *The Link*.

Contact our County Councillor

Cllr Raymond Gooding

Essex County Council

County Hall, Duke Street

Chelmsford, CM1 1LX

Email: cllr.ray.gooding@essex.gov.uk

Telephone: **01279 813103**

Mobile Telephone: **07778 643759**

Contact our Member of Parliament

Kemi Badenoch, MP

House of Commons,

London, SW1A 0AA

Email: kemi.badenoch.mp@parliament.uk

Telephone: **02072 191943**

From the Parish Council Chair

Hello Villagers,

Spring is (almost) sprung! The grass is riz, that's for sure anyway, and the birdies are in evidence too! Skylarks have been singing away on Hanging Hill since mid-January, always a lovely song to hear.

In the village we saw another remarkable sight in mid-February: clearance of the overgrown path along Cambridge Road! It's been at least ten years since Highways sent a team to clear the overgrowth so well done Gari for finally getting a result after literally years of pressure on ECC! Of course the footway itself needs significant attention as well, and that will be the focus of our efforts this year, with the aim of having a safe and clear footway all along Cambridge Road.

Regarding maintenance of the look of the village it's disheartening to see how badly ripped up edges of the Green have been over winter. This is partly down to cars carelessly parked on the edge of the track down to the pub, as well as very large vehicles delivering to Maces Farm, and casual parking on the grass at the south end of the Green. We are looking to replace the posts along the track and around the Green, to afford a measure of protection. Please do take care to avoid messing up the Green, it can deteriorate into a muddy shambles very quickly! Also we are in contact with Maces Farm to remind them of their responsibilities to repair damage to the Green where vehicles have strayed off the road.

You will see elsewhere in this edition of The Link that Pegasi are presenting their plans to the village in March. This is Pegasi's exhibition of their plans for development where the existing football field is, off Belchams Lane. It's worth going along to find out what is proposed, but if you have any views about the proposal then feel free to express yourself - comments will be welcomed by Pegasi.

Note that concurrently with Pegasi the Neighbourhood Plan (NhP) consultation will be happening, although the NhP does not support the Pegasi development. The NhP consultation is presenting the refreshed plan to the residents, including proposed development locations in Newport - the NhP does not propose any development in Quendon & Rickling. As well as development matters, the refreshed Plan has enhanced and better focussed policies of interest regarding local assets such as green spaces. Please take the time to examine the plan and offer any suggestions.

A date for your diary. We are looking to hold a Quickling summer fete on the Green on the first weekend of July. If you would like to lend a hand or have suggestions for the event then please drop a line to me or Sue Joannou, or any councillor.

Look out also over summer for details of a Village Hall event. A lot of effort has been put into the Village Hall recently, and there are plans for more activities and events to be held there; a kick-off event in the summer is just the start and will serve to remind us all what's there and to promote the Hall for regular bookings.

We are holding a Pumpkin competition again this year. Katherine Nuthall will supply the seeds and judging of the biggest pumpkin grown from competition seeds will

happen at the Autumn Daze event in October. If you would like to try your hand then please drop a message to Katherine at knqrpc@gmail.com

Finally a call out to community-minded individuals out there (again!). We really need more heads on the Parish Council. It's not a huge amount of commitment or effort but is genuinely rewarding and interesting. Training is provided and a warm welcome guaranteed. Without a Parish Council there would be much less control over development here, and no holding to account those bodies who make decisions affecting our daily lives - whether that's Pegasi, Essex County Council or Uttlesford. Come along to a meeting (second Wednesday of every month except August, in the Village Hall), or drop a note to the clerk quendonandrickling.clerk@hotmail.com to find out more. It can't hurt to see what it's like!

That's all for now: best wishes for a pleasant Easter, spring and general re-awakening of the year!

Tom Duncan

tddqrpc@gmail.com

QUENDON & RICKLING GOLF SOCIETY

With the hope of warmer, calmer weather, we at the Village Golf Society are looking forward to a summer of good golf (we always hope!) and a chance to meet up with friends for some great days out. We have quite a few dates planned for this year, the first couple being at **Essendon** (near Hertford) on **Tuesday 16th April** and **Great Hadham** on **Thursday 13th June**. If you are not already a member of the society but would like to play in one or both of these golf days or indeed any others later in the year, you would be most welcome. Please give me a ring, or email, and I will happily provide you with all the details.

Keep Golfin' Brandon Chapman

01799 543518 pebbles4@btopenworld.com

District Councillors' Report

Bin collections

By the time this is published everything should be back to normal, and that includes green waste collections. A few residents have been asking for tax refunds. UDC council tax is about £3.30 a week out of which the bin collections are around 50p. It would cost a lot more than that to do any refunds. The council is about to spend £885,000 on three new bin lorries and a further £137,000 a year in adding another bin round. All this to make the service more reliable. I think rather than getting a very small rebate, people just want their bins collected on time, and it is better the council spends it funds on doing that.

Council Budget

All local councils are facing diminishing sources of income from central government at the same time as increasing demand for and cost of service delivery alongside high

inflation. Uttlesford is not immune to these pressures and needs to find £6.9m in net savings by 2026/27.

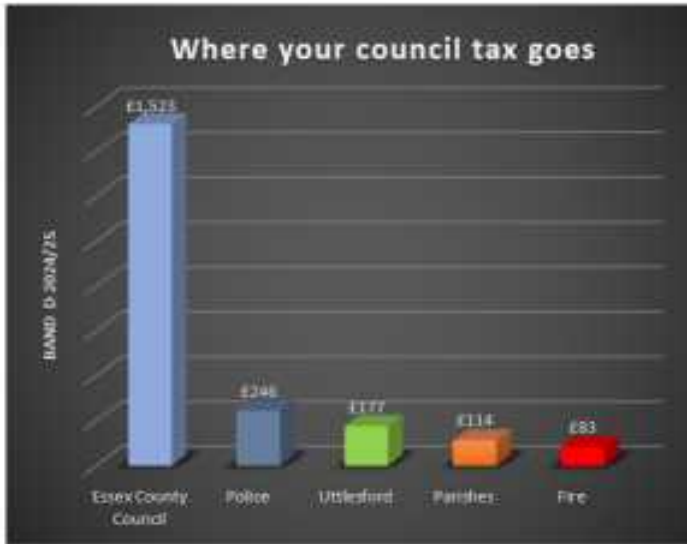
These saving requirements are a result having to assume the government will carry out a reset of business rates and a reset of council 'needs'. Lower tier councils are supposed to receive 40% of business rates, but much of that is taken from UDC by the government and we only receive a small percentage. However, the business rates data is 11 years old, and the good news is on growth since then we keep a much higher percentage. But the government is forever saying it may reset the baseline, which would be very costly to UDC. The government never say what they will do beyond the end of the year. Councils, including UDC, therefore have to pay taxpayers cash to consultants to predict government intentions because we must plan on a five year cycle and budgets need supporting advice. The overall funding needs data used by the government is 10 years old. The district has changed a great deal in that time. Again the government said years ago it would do a 'fair funding' review, but has done nothing. The budget must be set on a cautious basis and we cannot ignore the potential revenue losses, which combined are estimated at £6.7m. This is about the same as all our council tax revenue.

The council is two years into a five-year change programme (Blueprint) which will radically alter the way it operates over the coming years, and is looking at ways to maximise sustainable income streams and find service-level efficiencies. This programme is already contributing £2.1m of incomes and savings towards the target. Included in a future year, but not required in the 24/25 budget, is the sale of part of the commercial assets portfolio. This is under a government requirement, if viable to do so. Although we lose the rental income, realising the capital gain and using it to reduce the borrowings is net beneficial to the General Fund income, and so for once government mandate and financial benefit are in alignment.

The balanced budget proposed for the next year financial year is a 2.99% increase in council tax – the equivalent of an extra 10p per week for residents in a Band D property, bringing the amount charged to local residents by the District Council up to about £3.50 per week for the full range of services. This modest increase will allow vital services provided by the district council to continue whilst also helping to support vulnerable residents. The plans include provision for more than double the amount spent this year in the cost-of-living council tax discount scheme to households who may be under the most pressure. This is in addition to the most generous local council tax support scheme in Essex for vulnerable residents and those on a low income.

Proposals are to increase the rents for the authority's 2,800 council house tenants by the 7.7% allowed by the Government, bringing average rents up to £125.74 per week, which remains substantially lower than private sector equivalent rents. The proposals include welcome provision of £3.4m on increasing the number of council homes, including £1.08m for a scheme in Takeley on the site of the former Day Centre and neighbouring garages and a further £2.35m for other such new schemes (before projecting to ramp up substantially the following year to £8.1m).

UDC collects the tax for all preceptors, but less than 10% of it is for UDC. These are proposed 24/25 figures:



Other councils are struggling and there have been bankruptcies on a scale which has never happened before. However, UDC from its commercial income, as well as spending on climate change, post covid business support and major sport provision, also was able to hold good reserves. Overall the picture is good for this coming year, with some judicious use of reserves. We are on track, and indeed slightly ahead, on the Blueprint initiatives. We are also Ok for the next five years subject to keeping going on Blueprint and of course eternal vigilance.

Councillor Surgeries

These are in Dorringtons every Friday from 10.30 to 11.30. If we must cancel these, we will post on the village facebook.

Our contact details are:



cllremanuel@uttlesford.gov.uk
01799 543487 or 07801 039550

cllrhargreaves@uttlesford.gov.uk
01799 540411 or 0785 467748



Other News from Uttlesford District Council

You can get email newsletters and alerts on a whole range of topics via Keep me posted – sign up and find out more at www.uttlesford.gov.uk/keepmeposted.

Stansted Mountfitchet U3A

Getting the year off to a great start our French and Poetry groups have enjoyed interesting sessions, the Walkers have been wandering away to distant villages, while the Knitting and Crochet group have livened up our village shop windows.

The Poetry for Pleasure group have studied poets including black activist Maya Angelou, (who read her wonderful poem "On the Pulse of a Morning" at President Clinton's inauguration); John Keats, who succumbed to tuberculosis at only 26 but produced many poems about sadness and death; and Sir John Betjeman who, by contrast, enjoyed a long, fulfilling career. The Group meets on the first Thursday of the month and always welcomes new members.

One of the French groups is currently studying "Le Petit Nicolas", the adventures of a young boy. They've watched videos and online lessons with French teachers to improve listening and speaking skills as well as enjoyed quizzes and games, in French of course! If you fancy learning or improving your French in a relaxed and fun atmosphere you will be very welcome to join in.

In recent months the Walkers have targeted Albury, Manuden and a historical walk around Saffron Walden with coffee at The Cross Keys. A New Year lunch was enjoyed at The Yew Tree in Manuden with a brief walk around the village. Walks continue this year on the first Thursday of each month, usually ending up at Touchpoint, in a tea shop, or pub.

In December the u3a Knitting and Crochet Group were invited to decorate the window of the Salon on Chapel Hill brightening things up with their wonderful creations.

At the General Meeting on Thursday 21st March at 2.00pm in St John's Church Hall, Bobbie Darbyshire explains in a lighthearted way how the complex world of character, location, plot and subplot arrives in a writer's mind.

John Hudson

Motorbike Security

Thousands of motorcycles, scooters and mopeds are stolen across the UK each year. Some motorcycles are stolen in order to be exported by highly organised criminals, others to be broken up for parts for re-sale or used in cloning motorcycles. These potentially dangerous machines are then sold on as genuine motorcycles without the new owner knowing the true history of the motorcycle.

It takes seconds for a thief to steal a motorcycle or scooter if it is unprotected, so to help prevent the theft of your motorcycle we suggest you give your motorcycle a little 'TLC

Security measures

Always use security products that are approved by:
Secured by Design, The LPCB, Sold Secure or Thatcham.






Security marks should be applied to as many parts of the bike and accessories as possible.

- Covert (hidden) marks will aid recovery of a stolen bike.
- Visible marks will deter theft.

At home leave your bike in a secure building and always use approved locks, chains and ground anchors.

- Always keep your keys secure.

Put your off-road bike on the DVLA off-road register. This will help recovery if it is stolen.

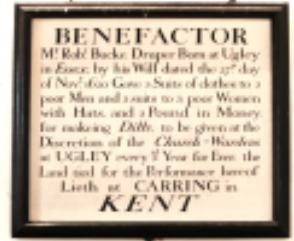


THE HUNDRED PARISHES SOCIETY

www.hundredparishes.org.uk

We are fortunate today that we have a benefit system to help vulnerable people. In the past, the less fortunate relied on parish relief or the generosity of the better-off. Some wealthy benefactors left money for the provision of almshouses. You can see an article on almshouses on the Hundred Parishes website at www.hundredparishes.org.uk.

Other philanthropists helped the poor by giving money in a variety of ways. Some churches record the benevolence of these donors on large “benefactor” boards. For example, in St. Peter’s, Ugley we are told on one board that Robert Bucke, a draper, in his will of 1620 gave 3 suits of clothes to 3 poor men and 3 suits to 3 poor women with hats, to be given every third year “for ever”.



Just a few miles away in Manuden’s parish church, a board describes three benefactors, one of whom is the same Robert Bucke. Here he gives the same number of suits to the poor of Manuden, here with additional hats, shoes and stockings.



In Little Hadham the church of St. Cecilia has a board recording that



Miss Ann Scott, in her 1865 will, left dividends to the rector and church wardens to distribute bread on Shrove Sunday each year “at their discretion” to the poor of the Parish.

Hatfield Broad Oak’s Church of St. Mary the Virgin has a brass plaque describing the generosity of John Gobert. He left £600 in his will of 1623 for the purchase of land, the proceeds from which were to be distributed in a variety of ways including £4 per annum to the town of Hatfield Broad Oak. His heir Sir John Barrington subsequently bought the manor of Keeres in Aythorpe Roothing to comply with the will. Please look out for more proclamations of generosity.
Ken McDonald, Secretary



Rickling/Quendon Community Café

Quendon & Rickling Village Hall,
Quendon CB11 3XQ



Fun Bingo/Raffle

Wednesday 20th March
Coffee Morning
10.00-12.00am
Please contact:
Angie 01799 218061

Quendon & Rickling 100 Club

Congratulations to the latest winners
February 2024

1st Prize	No. 6	M Tissot	£32
2nd Prize	No 26	A Bishop	£21
3rd Prize	No 42	A Bishop	£10

Quendon & Rickling 100 Club generates a source of funds for the Village Hall and both our two churches, All Saints, Rickling and St Simon & St Jude, Quendon.

LIVE MUSIC
At St Nicholas Church, Berden
Saturday April 27th 2024 @7pm
Featuring
**Wild Roses, Afinado,
The Desmarais Trio,
The Swing Sisters,
& The Q3 Trio**
Free Entry - donations welcome
Licensed Bar
Doors open 7pm for 7.30pm start
ALL proceeds donated to St Nicholas Church, Berden
Although there is no charge for this event, please reserve your seat to help us manage numbers
Tickets on the night, subject to availability
Natalie Trapmore 07876 478717 natalie.trapmore@outlook.com

Quendon Estates Update

PEGASI

Local Public Consultation - an invitation to attend.

Pegasi will be holding a public consultation exhibition in relation to future development proposals at Maces Farm and land at Belcham's Lane.

The exhibitions will provide all local residents the opportunity to view and comment on the proposal boards.

Maces farm office at Bury Farm Yard, Rickling Green, CB11 3YG

Thursday 14th March 3pm – 8pm

Saturday 16th March 10am – 2pm

Open to all residents.

Quickling Village Pumpkin Competition

After last year's winning pumpkin, grown by Os Osbourn weighing in at a hefty 22kg, the Parish Council would like to invite villagers to come and take part in the Quendon & Rickling Village Pumpkin Competition and try their hand at winning the village silver cup.

- All ages & abilities welcome
- £2.50 entry fee
- Competition seeds will be provided (3 seeds per entry) for the 'Grand Finale weigh in' of the entrants heaviest pumpkin to be held in October at Autumn Daze.
- Silver cup to be awarded for the heaviest pumpkin

Please contact either our Parish Clerk, Keith Williams (quendonandrickling.clerk@hotmail.com) or Katherine Nuthall (knqrpc@gmail.com) to register your interest. Please include your name and address.

Maces Farms

The wet weather theme continues into the year with very little opportunities for any fieldwork. We managed on a rare dry day to apply some early Fertiliser to our Oil Seed Rape and Winter Barley crops. These are especially important crops to feed early as with Barley, all tillers are produced early in the season and the yield potential is then set, so doing this gives the best chance of achieving our desired yields. Due to the mild temperatures the Oil Seed Rape crop has already started to bud up ahead of its yellow flowering period, again we need to manage the nutrition and health of plant to maximise yield potential. As a hay fever sufferer myself I still hope to enjoy the yellow wonder when the crop is on full flower despite the blocked nose and watery eyes. I haven't used insecticide on a OSR crop for over 4 years, this is partly down to promoting all the beneficials to the field to allow natural predators to do my job for me, a way of doing this is to plant a companion crop which aids biodiversity to both above and below the ground.





Winter maintenance of cleaning out ditches was completed by Beau who has done a great job, and they have already been put to good use with all the rain we have had since. This is a life's long work; I've been here over 10 years now and still not got round all the ditches on the farm yet. When the field is at water holding capacity and if it hasn't got anywhere to go it will either flood the field or exit the field by surface run off. This has a detrimental effect to the field taking with it soil and nutrients. Well maintained drainage is one of first things you look at for improving soil health and preventing soil erosion.

Fingers crossed that we get some spring sunshine, so we can get on with our field work. The current forecast doesn't fill me with much

confidence being unsettled for the next few weeks.

Mark Gemmill



Saffron Walden Museum

Visiting the Museum

Our standard opening hours are:

Wednesday-Saturday 10-4.30pm; Sundays & Bank Holidays 2-4.30pm

Closed Mondays (apart from bank holidays)

Wednesdays are currently reserved for pre-booked group visits by schools and other parties in term time.

www.saffronwaldenmuseum.org

Calling All Knitters...

Do you have any surplus wool from finished projects that are taking up precious storage space and you don't know what to do with them?

The museum is acting as a drop off point for unwanted wool, from which blankets will be knitted and sent to the Ukraine on a monthly basis.

It doesn't matter how small the length of yarn, but double-knit or Aran weight only please, and it must be washable (acrylic, machine-washable wool or a mixture). All donations will be put to very good use

JACKS

GROUNDWORKS

DIGGER AND OPERATOR FOR HIRE

- Excavations • Driveways
- Foundations • Footings
- Drainage • Soakaways
- Septic Tanks

07940 231964

01279 755545

Into the Stars

Songs of Peace Will Todd
Five Mystical Songs Ralph Vaughan Williams
Seek Him that Maketh the Seven Stars
Jonathan Dove
Da Vinci Requiem Cecilia McDowall

Saffron Walden Choral Society
Quintin Beer conductor
Richard Carr piano/organ
Susanna MacRae soprano
Felix Kemp baritone

Saturday 16 March 2024, 7.30pm

Ticket Price £11, £16 (21 under 25), £6 (10-20), £11
Tickets available from Saffron Hall www.saffronhall.co.uk

Saffron
Hall

What's On

Where no organiser is shown for any event in Q&R Village Hall, contact the Hall Manager,
Christine Osbourn on 01799 543367 for details

Event	Date	Time	Place	Notes
Saffron Searchers	1st Monday/month	20.00-22.00	Q&R Village Hall	
Pilates	Mondays	09.00-10.00	Q&R Village Hall	Jan Crawley 07742 182272
Dance Exercise	Tuesdays	10.30-11.30	Q&R Village Hall	Christine Alexander
Community Café	3rd Weds/month	10.00-12.00	Q&R Village Hall	Angela 01799 218061/Carol 543807
U3A Choir	Wednesdays	11.15-13.15	Q&R Village Hall	
Carpet Bowls	Wednesdays	19.00	Quendon Bowls Club	David Soloman 07817248301
Social Evening	2nd & 4th Fridays	19.00-23.00	Quendon Bowling Club	
Mothering Sunday Service	10th March	11.15am	Quendon Church	
Pegasi Consultation Event	14th March	15.00 - 20.00	Maces Farm Office	
Pegasi Consultation Event	16th March	10.00 - 14.00	Maces Farm Office	
Into the Stars	16th March	19.30	Saffron Hall	
Palm Sunday Communion	24th March	11.15am	Rickling Church	
Easter Sunday Communion	31st March	11.15am	Quendon Church	
Golf Society event	16th April		Essendon	Brandon Chapman 01799 543518
Live Music	27th April	19.00	Berden Church	Natalie Trapmore 07876 478717

Garden Security Tip

Property marking: It may deter a thief if your property or flower pots are visibly security marked with your house number and post code or labelled if a forensic (hidden) property marking system is used such as www.smartwater.com, www.selectadna.co.uk or www.datatag.co.uk. You can also record the serial numbers of any tools at www.immobilise.com/. If your property does get stolen with property marking and/or recording, there is a greater chance of you getting it back.

Emergency Life-saving

Should someone suffer a cardiac arrest or show symptoms of a heart attack e.g. pains in the chest, then your first action should always be to phone the ambulance service on 999. The service will refer you to our Automated External Defibrillator which is at the front entrance to Quendon & Rickling Village Hall. Another is sited outside Reception at the front of Rickling School. Anyone can save a life by using one of them until an ambulance arrives. In addition you can seek help from any of the volunteers listed below.



Name	Home Telephone	Locality
Robert Arnold	01799 543075	Northern end - Cambridge Road
Sandra Arnold	01799 543075	Northern end - Cambridge Road
Andrew Thomson	01799 543253	Northern end - Cambridge Road
Karen Thomson	01799 543253	Northern end - Cambridge Road
Chris Phillips	01799 542351	Middle - Cambridge Road
Sue Phillips	01799 542351	Middle - Cambridge Road
Wendy Stannard	01799 541869	Middle - Cambridge Road
Ljiljana Ortolja-Baird	07793600697	Southern end
Paul Carrol	07889 344869	Southern end - Cambridge Road
Joanne Hales	07903 596011	Rickling Green
Janice Hart	01799 541196	Rickling Green/Brick Kiln Lane/Rickling
Ann Merrit	01799 542110	Rickling Green/Brick Kiln Lane
Tom Duncan	01799 541299	Brick Kiln Lane
Sue Joannou	07805 037586	Rickling Green
Jacolin Lampon	07710 281382	Southern End - Cambridge Road

For further information see www.communityheartbeat.org.uk/

Remember: Using the defibrillator can't cause injury. Doing nothing can.

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The Link is delivered free of charge to every household in the villages of Quendon and Rickling and is available online at: <https://www.quendonandrickling.co.uk>

All correspondence for *The Link* should be addressed to the editor, Sandra Arnold, by e-mail: sandra@arnold-q.uk, or at Talbots, Cambridge Road, Quendon, CB11 3XJ; otherwise telephone 01799 543075

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