



QR code for The Link

Quendon & Rickling Parish And Church

August 2025

In this issue

- 2 Church Contacts
- 2 Vicar's Letter
- 3 Church Services
- 3 Community Café
- 3 100 Club
- 4 Family Fun Day
- 5 Useful Contacts
- 6 District Council

- 6 Parish Council
- 8 Hundred Parishes
- 9 U3A
- 10 Golf Society
- 10 Social Outreach Service
- 11 S.W. Museum
- 13 Flower Club
- 13 Summer Home Security

- 14 What's On
- 14 APOPO update
- 15 Publication Details
- 15 Emergency Life-saving



Priest in Charge of the parish of Quendon and Rickling, Coordinating Chaplain Stansted Airport (2 days per week)

The Rev'd. Peter Allen, The Vicarage, 5, Meadowford, Newport, Saffron Walden, Essex, CB11 3QL

Telephone: L: 01799 732059; M: 07878176551 **Day off:** Friday

Churchwardens - Quendon: Mrs Christine Osbourn 01799 543367

Rickling: contact church.jo@yahoo.com

Treasurer - Quendon and Rickling: Mrs Sandra Arnold 01799 543075

From the Vicarage Study Priest-in-Charge of Newport with Widdington, Quendon and Rickling.

Dear Friends,

August is often a month of quiet beauty. The fields are golden, the gardens generous, and the days invite us to slow down a little. Many of us find time to rest—perhaps with a holiday, an afternoon in the garden, or simply by enjoying the long light of summer evenings.

Yet even in this peaceful season, we are aware that the world beyond our village feels less settled. In the news, we hear of struggles in the Middle East, wildfires in southern Europe, and economic pressures at home. These stories remind us how interconnected our lives are with people and places we may never visit, but whose well-being matters deeply.



It's easy to feel overwhelmed or helpless when faced with such things, but our faith calls us not to retreat in fear, but to respond in love. The small choices we make—to pray, to give, to speak kindly, to live gently—are part of God's great pattern of hope and healing. As St. Paul wrote, "Do not be overcome by evil, but overcome evil with good." (Romans 12:21)

That great preacher and hymn writer John Wesley, (1703 - 1791), is said to have penned the following words which turned up in his sermons as he toured the country on horseback controversially speaking in the open air to many a village and small community. Whilst times have changed in many of those same communities and villages, just as have our own, the sentiment of his words contain the encouragement and power as ever they did.

Do all the good you can, By all the means you can, In all the ways you can, In all the places you can, At all the times you can, To all the people you can,

As long as ever you can.

So perhaps this August, while we enjoy the fruits of summer, we might also reflect on how we can quietly bless the world around us. Can we support a local food bank, give

to a relief appeal, or simply be a peaceful presence to someone nearby who is struggling? Even a smile or listening ear can go further than we imagine.

The signs of harvest are beginning to appear, and with them comes a gentle reminder: what we plant—through word and deed—will bear fruit. Let's sow kindness, patience, and trust in God's goodness.

With every blessing for a restful and meaningful August,

Rev Pete

Vicar

Church Services in the Benefice

August

Sunday 3rd August

9.30am Newport Morning Worship 11.15am Widdington Morning Worship

Sunday 10th August

9.30am Newport All Age

11.15am Quendon Communion

Sunday 17th August

9.30am Newport Communion inc Baptism

11.15am Widdington Communion

Sunday 24th August

9.30am Newport Morning Worship

11.15am Rickling Morning Worship

Sunday 31st August

9.30am Benefice Newport for breakfast followed by 10am Fresh Start Service

Quendon & Rickling 100 Club

Congratulations to the latest winners

July 2025

1st Prize J Tissot £28 2nd Prize B Chapman £18 3rd Prize P Lenthall £8

Quendon & Rickling 100 Club generates a source of funds for the Village Hall and both our two churches, All Saints, Rickling and St Simon & St Jude, Quendon.

Maces Farm

No update this time as the team are hard at work harvesting so hopefully more news next time.

Well done for all the hard work.

Rickling/Quendon Community Club

Quendon & Rickling Village Hall, Quendon CB11 3XQ



Fun Bingo/Raffle

Wednesday 20th August Coffee Morning 10.00-12.00am Please contact: Angie 01799 218061



· Tombola ·

· Fun Dog Show in aid of RATS @ 2pm·



THE CRICKET GREEN, RICKLING GREEN, CB11 3YG

For Crimes and suspicious activity NOW phone	999
You can report non-urgent incidents or suspicious activity and crimes that have already online at https://www.essex.police.uk/ and click on the appropriate button ("Chat" feat right of screen). Alternatively phone 101 but online contact is preferred.	
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CRIMESTOPPERS To give information anonymously phone or report it online at www.crimestoppers-uk.org	0800 555 111

The information you provide is very important to us, so please make sure that we can use it effectively, by reporting it correctly through the proper channels. Thank you.

Parish Information

Welcome Packs

The Parish Council provides a Welcome Pack of information for new residents to the Village. If any newcomers to the village have not received a copy of the pack, do please let the Clerk know on the contact details below and a welcome pack will be provided. If an email address is provided the pack can be sent digitally.

Allotments (Quendon Hall Estate):

Peter Warwick, No.5 Thistley Crescent, Green

Road, Rickling

Telephone: **01799 543526**

Highway Problems

The Essex Highways website is available for anyone noticing a problem to report it: http://www.essexhighways.org/Report-a-problem.aspx

A tracking facility for all reported faults is available.

Contact our Parish Council

Details of Parish Council meetings may be found on the village web-site: https://www.quendonandrickling.co.uk

and on village notice boards. All are welcome to attend.

The Parish Clerk is Keith Williams Email:

quendonandrickling.clerk@hotmail.com

Telephone: **01279 814473**

Contact our District Councillors

Email: cllremanuel@uttlesford.gov.uk

Telephone: **01799 543487**

Mobile Telephone: **07801 039550** Email: cllrhargreaves@uttlesford.gov.uk

Telephone: 01799 540411

Mobile Telephone: 07854 687748

See also DCs' regular reports in The Link.

Contact our County Councillor

Cllr Raymond Gooding Essex County Council County Hall, Duke Street Chelmsford, CM1 1LX

Email: cllr.ray.gooding@essex.gov.uk

Telephone: **01279 813103**

Mobile Telephone: **07778 643759 Contact our Member of Parliament**

Kemi Badenoch, MP House of Commons,

London, SW1A 0AA

Email: kemi.badenoch.mp@parliament.uk

Telephone: **02072 191943**

From the Parish Council Chair

As I write this month's insert, the sun and heat have 'temporarily' subsided and we're now enjoying (?) some traditional summer English weather!! That said, the rain is a very welcome relief for gardeners, farmers and sports field managers. I mentioned in last month's Link that we hoped to have the protective posts around the village green by now. However, due to the prolonged period of dry weather, the ground is rock hard making the placing of posts a challenge. It would also be dangerous for the estate's team to use machines to make the necessary holes. So, unless anyone has a good idea, we may have to wait for the ground to be a bit softer. In the meantime, we have asked for signage to be distributed along the path leading to the pub and school asking for cars not to park on the green but to use the pub car park.

We have, once again reported (B1383) road issues; signage, speed, lack of cats' eyes etc to Highways and to the local MP. The recent issue regarding the damage to the island sign near the fountain has witnessed tyre and wheel damage to some cars. Following photos being sent, the MP has responded saying she has made enquiries and will contact us when she has a response. Men in high Viz jackets were recently spotted looking at potholes around the village. That said, we will still be going ahead with acquiring materials to address local issues. Volunteers to help with this project are still required so please get in touch.

If you have time, please don't forget to register your thoughts on the proposed large development on the football field.

Just leaves me to wish you a great summer and if you are going anywhere, safe travels. Gari Spearpoint

District Councillors' Report

I recently attended a really insightful waste services briefing at the district council offices in Canfield. We heard about upcoming changes to waste legislation, how Uttlesford is performing on recycling, and practical ideas for boosting our local recycling rates.

At the moment, Uttlesford recycles about 45% of household waste. But interestingly, over half of what's currently going into black bins could actually be recycled. If we all made that switch, our local recycling rate could rise to around 82%—a huge step toward reducing the environmental impact of landfill.

It got me thinking about my own household. We've recently started separating out soft plastics like crisp packets and taking them to the supermarket recycling point. It's such a simple change, but it's already made a noticeable difference to how full our black bin gets each week.

Even small shifts in habit can make a big impact. So next time you're about to throw something away, it's worth taking a quick look—could it be recycled instead?

What's in Our Black Bins?



Around four fifths of the food waste in general rubbish could have been avoided – and over a third was still packaged

Over half of the general rubbish bin could be recycled at home now

Around 64% of the general rubbish bin could be recycled at home, at recycling centres or bring banks

When Plastic Film is collected, 70% of the general rubbish bin could be recycled Proportions of the bin are based on weight rather than volume

Our contact details are:

cllremanuel@uttlesford.gov.uk

01799 543487 or **07801 039550**



cllrhargreaves@uttlesford.gov.uk **01799 540411** or **07854 687748**

Other News from Uttlesford District Council

You can get email newsletters and alerts on a whole range of topics via Keep me posted – sign up and find out more at www.uttlesford.gov.uk/keepmeposted.

THE HUNDRED PARISHES SOCIETY

www.hundredparishes.org.uk

Before the "dissolution of the monasteries", instigated in 1536 by

King Henry VIII, the Hundred Parishes area had its fair share of religious houses - monasteries, convents, abbeys and

priories. The remains of some can still be seen today.

Tilty Abbey is one. It was founded for Cistercian monks in 1153 and prospered mainly due to the wool trade before In 1220 a being dissolved.



Tilty Church

chapel was built outside the abbey gates for use by visitors. The chapel survives and today functions as

Tilty's parish church. Little

remains of the other abbey buildings but the site can be visited; interpretation boards inform the visitor and give an artist's impression of what the site would have looked like.

Little Dunmow Priory was founded in 1104 and was home to Augustinian monks until the Dissolution. Most of the priory church was demolished but the southern aisle survived. It is now used as the parish church.



Little Dunmow Church

Several of our larger hospitality venues were developed on sites of former religious houses: Hanbury Manor in Thundridge was

once Poles Convent, Down Hall in Hatfield Heath evolved from a 14th-century



Tilty Abbey





Hanbury Manor

Down Hall

Leez Priory

monastery, while Leez Priory in Felsted became the home of Richard Rich through his leading role in dissolving the monasteries.

In Saffron Walden, Audley End House was built on the site of Walden Abbey, founded in the 12th century and whose lands were granted in 1538 to Sir Thomas Audley, Henry VIII's Lord Chancellor. The present house was built some 60 years later by his



Audley End

grandson Thomas Howard.

While we tend to think of religious houses as a bygone era, Pleshey has one that is relatively new and active: its House of Retreat was founded as a convent in the early 1900s and became the first Diocesan Retreat House in England in 1927.



Pleshey Retreat House

Ken McDonald, Secretary

07874-385541



www.u3asites.org.uk/stansted

Stansted Mountfitchet U3A

We're delighted to announce a new group activity following an approach from Stansted Bowling Club: lawn bowls. The group will meet twice a month, on the first and third Monday afternoons, throughout the summer. Sessions will take place at the Club's facilities, with some of the members from the Bowling Club kindly offering guidance and support.

Our Annual General Meeting took place at the start of June's monthly meeting. The current committee remains unchanged, though it was noted that several members will be retiring at next year's AGM. We will therefore be seeking nominations for a number of roles. As a member-led organisation, the u3a relies on everyone playing their part to help sustain and shape our future.

In August, we look forward to a talk by Paul Chambers from Touchpoint. Paul, a Stansted resident for over 20 years, is a passionate advocate for community spirit. He sees Touchpoint as a valuable way to enhance the support we offer one another and will update us on its latest developments and initiatives. The meeting will take place on Thursday 21st August in St Theresa's Parish Centre, High Lane, at 1.30 for 2.00pm. Visitors and prospective members are always welcome.

The Garden Group will visit Thundridge Hill House, Ware, on Monday 11th August. The 2.5-acre garden features a wide variety of plants, shrubs, and roses, including a distinctive "yellow only" bed.

Finally, understanding modern technology can be daunting, so the u3a Trust has launched a national AI Team. This group aims to help all 430,000 members better understand Artificial Intelligence—its meaning, uses, benefits, and potential risks. An online library, updated daily, offers articles on AI's real-world applications. A rolling programme of talks, both online and in person, is also available to members across the UK.

Susan Sedgebeer

QUENDON & RICKLING GOLF SOCIETY

WE REGAIN THE TROPHY!!

On a blistering hot day on 30th June, 28 of us played the annual match against Manuden at Saffron Walden Golf Club. This match has been a regular feature for quite a few years now and is much anticipated by everyone, not only for the (slightly competitive) golf but also to catch up with colleagues and friends.

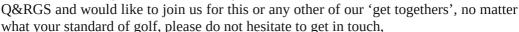
With Q&R losing the match last year we were keen to make amends and although a close run thing it is pleasing to report that we had a narrow victory. The day ended with a lovely meal and plenty of chat.

The pictures show:-

1.Robin Moser of Manuden presenting the trophy to Tony Jones of Q&R

2.The winning team!

Our next event is on the 19th September at Thetford Golf Club so if you are not already a member of



As always, 'Keep Golfin'

Brandon 07909 686627



Uttlesford Social Outreach Service

The Social Outreach Service is a multi-agency initiative that can help residents with mental health, cost of living, housing and addiction issues.

The organisations involved include Mind in West Essex, Peabody, Employ-Ability, Uttlesford Foodbank, St Clare Hospice, and Uttlesford District Council's Welfare Officers for benefits and Council Tax advice.

The drop-in service runs on the last Thursday of each month (10am to 2pm) in Saffron Walden, and on the second Wednesday of each month (9am to 1pm) in Takeley.

The benefits section of Uttlesford's website has been revamped to make it easier for people to use. It has areas for Universal Credit, Housing Benefit and other Uttlesford-specific funds for residents who need some extra support.





Saffron Walden Museum

Visiting the Museum

Our standard opening hours are: Tuesday-Saturday 10-5pm; Sundays & Bank Holidays 2-5pm Closed Mondays (apart from bank holidays)

www.saffronwaldenmuseum.org

2025 Summer of Wonder

A range of family friendly activities throughout the summer holidays.

31st July - Fossil Painting

13th August - Paper Eggs

14 August - Samurai Helmet

20th August - Model Ammonite

21st August - Masks

27th August - Plant Stamps

Prebook online via the art tickets page for a guaranteed slot.

Object of the month



The object of the month is a 1943 British military machete, which was issued to the Long Range Penetration Groups overseen by Brigadier Wingate. These groups became known as the Chindits after the Chinthe, a guardian of temples in Burmese mythology. The Chindits were a multicultural force comprising men from Myanmar, Nepal, and even the King's Liverpool regiment, which largely consisted of older men. These men

would penetrate the deep jungle and strike from behind enemy lines, disrupting communications and supply routes.

This year marks 80 years of relative peace in Europe. However, we now face a deepening crisis, not only in Europe but across the globe. May saw us celebrate VE Day, while June 6th marked 81 years since D-Day, and on August 25th, an often overlooked theatre of war—the East Asian campaigns—commemorates 80 years since the cessation of hostilities.

In 1943, the British military was engaged in a guerrillastyle war in the dense jungles of Myanmar, endeavouring to prevent the Japanese from entering India. Following the fall of Singapore, this theatre represented Britain's sole hope of holding the Japanese at bay while a larger force could be assembled from the imperial troops in India.

The success of the Chindits was limited in disrupting Japanese infrastructure, but in terms of propaganda, the Chindit forces became famous and a symbol of hope in a darkening world. The men endured great hardships, suffering from disease and dysentery, and, if captured, the threat of internment in a Japanese POW camp or death.

After the first Chindit campaign in 1943, numerous changes were made to the training, equipment, and

structure of the group. With the arrival of reinforcements and the American disruption





of the Japanese army, the Chindits achieved success by striking from behind enemy lines, disrupting communications, and denying the Japanese the security needed to advance towards India. This machete was among the first to be standard issue for a British army unit. It found its place in a multicultural team working together to defend themselves and us. The fighting in Asia continued beyond the end of World War II. The British never fought alone during the war years, with servicemen coming from all over, and upon their return,

these same servicemen sought to enact significant social changes. In the United Kingdom, the Labour party gained power in the 1945 election, leading to the establishment of the NHS. Meanwhile, in India and other colonies in Asia, various independence movements made progress, culminating in India and Pakistan's independence in 1947, followed by Myanmar and Sri Lanka in 1948, Malaysia in 1957, and Singapore in 1959.

This machete was created during a moment of change, forged in war, formed at the height of British imperial power and within a conflict that would lead to widespread social change worldwide, shifting power dynamics and the rise of newly independent states. While British power waned, the incoming Queen Elizabeth II and her government sought to establish a supportive network based on cooperation and shared interests: the Commonwealth, a collection of 56 countries, many linked by a shared history, continues to this day. The British Empire has a stormy history as both hero and villain, peacemaker and warmonger, we must not forget that in the decline of the imperial dream, a hopeful, peaceful amalgamation based on cooperation and equality was born. Whilst we celebrate the end of war, perhaps we should remember to celebrate a foundation based on humanity: Commonwealth Day is every May the 24th.

NEWPORT AND DISTRICT FLOWER CLUB



We hope you have been enjoying the lovely weather, a bit too warm for some, including the plants and flowers in our gardens!

We have, however, continued to enjoy our club evenings and in July two of our members demonstrated and helped us create beautiful arrangements in special holders suitable for attaching to a bottle and a box that could be given as gifts. I would certainly be thrilled to receive one!

As a reminder, 13th August sees our afternoon Cream Tea and mini floral demonstration so if you haven't secured your place, be quick! Tickets are £15.

Visitors always welcome. We would love to see you at any of our meetings

7pm for 7.30pm start every 3rd Wednesday of the month

Ugley Village Hall CM22 6HR

Sandra Honour Email: sandra@thewesleys.net

Summertime Home Security Advice

Even if you are at home working or relaxing still consider your home security. As it gets warmer, we tend to see a rise in the number of "Creeper Burglaries" where burglars take advantage of open windows,

and doors, and an open or insecure garden gate will provide the thief with access to the back of your home.

A few tips for keeping your home secure:

- 1. Keep side or rear gates, sheds and garages shut and securely locked.
- 2. Before going out or 'turning in for the night' lift the blinds or open the curtains and check windows and patio doors are closed; when it was hot the sun may have been on the TV, and so the curtains were drawn whilst the window was open. Someone may have closed it, but did they lock it?
- 3. Doors Don't leave any accessible external door open or insecure, as an opportunist thief could pop in and anything lying around may be taken. You may have only popped out, or down the end of the garden or having a quick shower; it only takes a second for a thief to steal. Don't forget that with a PVCu multi-locking door you may have lifted the handle but until you turn the key (or on some doors a thumb-turn on the inside) you have not locked all of the locking bolts in place.
- 4. Windows If you have unoccupied rooms that are accessible to others from outside or off flat roofs make sure the windows are closed. If you need ventilation in these rooms whilst at home at least lock the larger window and only have the small window open. If you only have bigger opening windows, consider a lockable window restrictor and a small alarm sensor on the window to detect entry.

- 5. If you have an intruder alarm activate it when going out and activate the zone for any unoccupied areas whilst in. In expensive portable PIR alarm/chime unit can be useful at the entrance gate if hosting a BBQ in your back garden.
- 6. Don't attract a thief with insecure pedal cycles or cars on display. Make sure your car windows are all closed and your car properly locked and secure. Don't forget to put pedal cycles away and again make sure that they are locked up. The same should said about children's toys sometimes accidentally left outside the house.

NB: In case of fire or other emergency ensure that keys to windows and doors are always readily accessible to occupants but not in view of possible burglars.

For further crime prevention advice see: www.essex.police.uk/cp/crime-prevention/ or www.securedbydesign.com/guidance/crime-prevention-advice/home-security

APOPO Update

RESCUERATS ARRIVE SAFELY IN TURKEY

APOPO's Search and Rescue project took a major step forward with the successful relocation of six trained RescueRATs from Tanzania to their new base in Antalya, Turkey, one of the most earthquake-prone countries in the world.

This move is the result of over three years of research, training, and coordination between APOPO teams in Morogoro and Antalya, along with our trusted partner, GEA Search and Rescue Association. All six rats arrived safe, healthy, and ready to begin the next phase of their mission.

RescueRATs are trained to locate survivors trapped under debris using miniature backpacks equipped with cameras, microphones, and trackers. Their small size and agility allow them to access areas too dangerous or tight for humans and dogs, making them a powerful tool for urban disaster response.

With its high seismic risk, Turkey offers an ideal environment to test and refine this innovative technology. Dr. Danielle Giangrasso, the project's lead, and Junior Research Fellow Venance Kiria have relocated to Antalya to support the integration of the rats. Field exercises will begin soon. Stay tuned for updates as the RescueRATs prepare to save lives in real-world emergencies.

What's On

Where no organiser is shown for any event in Q&R Village Hall, contact the Hall Manager, Christine Osbourn on 01799 543367 for details

	Event	Date	Time	Place	Notes
	Saffron Searchers	1st Monday/month	20.00-22.00	Q&R Village Hall	
	Pilates	Mondays	09.00-10.00	Q&R Village Hall	Jan Crawley 07742 182272
	Dance Exercise	Tuesdays	10.30-11.30	Q&R Village Hall	Christine Alexander
	Community Club	3rd Weds/month	10.00-12.00	Q&R Village Hall	Angela 01799 218061
	U3A Choir	Wednesdays	11.15-13.15	Q&R Village Hall	
	Pilates	Tuesday	19.00	Q&R Village Hall	Vicki 07810826465
	Pilates	Thursday	09.30	Q&R Village Hall	Vicki 07810826465
ı					

What's On (cont.)

Pilates	Thursday	18.30	Q&R Village Hall Vicki 07810826465
Social Evening	2nd & 4th Fridays	19.00-23.00	Quendon Bowling Club
Communion	10th August	11.15	Quendon Church
Morning Worship	24th August	11.15	Rickling Church
Family Fun day	6th September	12-16.00	The Cricket Green, Rickling Green

Emergency Life-saving

Should someone suffer a cardiac arrest or show symptoms of a heart attack e.g. pains in the chest, then your first action should always be to phone the ambulance service on 999. The service will refer you to our Automated External Defibrillator which is at the front entrance to Quendon & Rickling Village Hall. Another is sited outside Reception at the front of Rickling School. Anyone can save a life by using one of them until an ambulance arrives. In addition you can seek help from any of the volunteers listed below.



Name	Home Telephone	Locality
Robert Arnold	01799 543075	Northern end - Cambridge Road
Sandra Arnold	01799 543075	Northern end - Cambridge Road
Chris Phillips	01799 542351	Middle - Cambridge Road
Sue Phillips	01799 542351	Middle - Cambridge Road
Wendy Stannard	01799 541869	Middle - Cambridge Road
Paul Carrol	07889 344869	Southern end - Cambridge Road
Joanne Hales	07903 596011	Rickling Green
Janice Hart	01799 541196	Rickling Green/Brick Kiln Lane/Rickling
Ann Merrit	01799 542110	Rickling Green/Brick Kiln Lane
Tom Duncan	01799 541299	Brick Kiln Lane
Sue Joannou	07805 037586	Rickling Green
Jacolin Lampon	07710 281382	Southern End - Cambridge Road

For further information see www.communityheartbeat.org.uk/

Remember: Using the defibrillator can't cause injury. Doing nothing can.

The Link is published on behalf of Quendon & Rickling Parochial Church Council, who do not necessarily share or endorse any opinions expressed by contributors or advertisers. It is created, printed and delivered entirely by volunteers. Advertising supports the maintenance of our church buildings and their grounds, but largely covers the costs of production.

The Link is delivered free of charge to every household in the villages of Quendon and Rickling and is available online at: https://www.quendonandrickling.co.uk

All correspondence for *The Link* should be addressed to the editor, Sandra Arnold, by e-mail: sandra@arnold-q.uk, or at Talbots, Cambridge Road, Quendon, CB11 3XJ; otherwise telephone 01799 543075

Please supply copy by the 19th of the preceding month.



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Electrical Safety Register

Quendon

Jacolin Sheaf (Lampon) D.O. 4a Red Cottages, Cambridge Road, Quendon, Saffron Walden, Essex CB11 3XH

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