



The Link

# **Quendon & Rickling NEWS** Parish and Church

U3A

# May 2025

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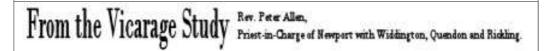
# Priest in Charge of the parish of Quendon and Rickling, Coordinating Chaplain Stansted Airport (2 days per week)

The Rev'd. Peter Allen, The Vicarage, 5, Meadowford, Newport, Saffron Walden, Essex, CB11 3QL **Telephone:** L: 01799 732059; M: 07878176551 **Day off:** Friday

Churchwardens -

Treasurer -

Quendon: Mrs Christine Osbourn 01799 543367 Rickling: contact church.jo@yahoo.com Quendon and Rickling: Mrs Sandra Arnold 01799 543075



#### Dear Friends,

As we journey through this beautiful Easter season and prepare for the celebration of Pentecost, we are invited once more into the heart of Christian hope. The resurrection of Christ is not only the triumph of life over death - it is also the opening of a new chapter for all of us.

The number fifty, in biblical tradition, marks more than just the passing of days. It represents the beginning of something new. Fifty days after Passover, Pentecost brought the giving of the Spirit - the birth of the Church. It is, in every sense, the first day of new life, and the moment when God's ancient promises are fulfilled in full.

In the Book of Wisdom (1:16–2:1; 2:12–22), we read striking words that seem to reach across time:

"Let us test him with insult and torture... for if the righteous man is God's child, he will help him."

These verses anticipate the rejection and suffering of Jesus, who bore the weight of the world's fear and hatred with unfailing love. Yet even this pain gave way to glory. In rising again, Jesus fulfilled these prophecies and opened the way to forgiveness for all.

He also forgave Peter, not once but three times—mirroring his denial with a renewed call: "Feed my sheep". This powerful moment reminds us that forgiveness and restoration are at the heart of God's love.

#### The Church is Here for You

As the summer months approach, I want to warmly remind you that the church is here for you. Whether you're looking for quiet prayer, meaningful conversation, or joyful community, we walk together through every season. We look forward to welcoming you to the many events and gatherings coming up in our parishes.

#### Looking Ahead to September

On a personal note, I am deeply thankful and excited to be approaching my priesting in September. It is a profound privilege to be called into this ministry, and I look forward to serving you with love, faith, and open hands. Please keep me in your prayers as I prepare for this next step and know that I am holding you all in mine.

#### **Upcoming Events in the Parish**

Sunday 27th September – Ordination Celebration Service – A special service marking priesting, with thanksgiving and fellowship.

(For details and more events, see the parish noticeboards or our website.)

https://www.stmarynewport.org.uk

May the Spirit of Pentecost fill your hearts with courage, hope, and peace. Let us live as Easter people - renewed, forgiven, and full of life.

With every blessing,

Gavin Sunshine.

(curate – to be priested September 2025)

## **Church Services in the Benefice**

Sunday 4th May

09.30am Newport Contemporary Communion 11.15am Widdington Holy Communion

#### Sunday 11th May

09.30am Newport All Age 11.15am Quendon Holy Communion

Sunday 18th May

09.30am Newport Holy Communion & Sunday Club 11.15am Widdington Holy Communion

#### Sunday 25th May

09.30am Newport Morning Worship 11.15am Quendon Holy Communion 15.30 Newport Messy Church

**Thursday 29th May** 19.00 Quendon Ascension Day Service

#### Annual Parochial Church Meeting.

Will be held in Quendon Church on wednesday 21st May 2025 at 7.30pm.

To elect Parochial representataives to the PCC . Presentation of the annual report on proceedings of the PCC and activities of the parish to include financial statements of the council for the year ending 31st December 2024 All welcome to attend.

#### Quendon & Rickling 100 Club

Congratulations to the latest winners

April 2023	
1st Prize S Cundy	£30
2nd Prize R Heggie	£19
3rd Prize K Grey	£9

Quendon & Rickling 100 Club generates a source of funds for the Village Hall and both our two churches, All Saints, Rickling and St Simon & St Jude, Quendon.

#### QUENDON & RICKLING VILLAGE HALL

Vacancy for a CLEANER

We are still looking for Cleaner to assist us in the day to day running of the Hall to keep it clean and tidy. All materials are supplied and the task takes, on average, about 2 hours a week which is flexible and is a paid position.

It is a little difficult to provide the detail here in this note but if anyone is interested do please make contact with Sonia on 07847 222582 or email at sle207michaelides@gmail.com who will be happy to talk things through, without any commitment

For Crimes and suspicious activity NOW phone

## THE ANNUAL GENERAL MEETING

Of

#### The Quendon & Rickling Village Hall Committee

Will be held on Wednesday 11th June 2025 at 7:00 p.m.

In

The Village Hall Please come and give your support All residents are entitled to attend and vote Coffee and biscuits will be provided

Q& R Village Hall Trustees

999

You can report non-urgent incidents or suspicious activity and crimes that have already happened online at <u>https://www.essex.police.uk/</u> and click on the appropriate button ("Chat" feature is bottom right of screen). Alternatively phone 101 but online contact is preferred.

Action Fraud is the UK's national reporting centre for fraud and cybercrime where you	0300 123 2040
should report fraud if you have been scammed, defrauded or experienced cyber-crime in	0000 123 2010
England, Wales and Northern Ireland.	
If you have been defrauded i.e. lost money phone or report online at	
https://www.actionfraud.police.uk/reporting-fraud-and-cyber-crime	
If someone has tried to defraud you but you have not lost money, phone or report online at	
https://www.actionfraud.police.uk/report-phishing	
CRIMESTOPPERS To give information anonymously phone	0800 555 111
or report it online at www.crimestoppers-uk.org	
The information you provide is very important to us, so please make sure that we can use i	t effectively, by

reporting it correctly through the proper channels. Thank you.



Saturday 10th May 2025 Clavering Village Hall 10.30am - 2.00pm

Entrance fee will be 50p

PLANTS • BRIG-A-BRAG • TOYS • NEARLY NEW CLOTHES AND BAGS • PAPERBACK BOOKS • CDS • CAKES • LINENS • JEWELLERY • RAFFLE & MORE...

For more information or to donate items please contact one of the following:

Jean:	01799 550758
Andrea:	01799 550425
Carolyn:	01799 521965

Donations cannot be accepted after 26th April

stclarehospice.org.uk Regiment Charty No. 1053131

f stclarehospice

X @hospicestclare

#### **Parish Information**

Welcome Packs	The Parish Clerk is Keith Williams	
The Parish Council provides a Welcome Pack	Email:	
of information for new residents to the	quendonandrickling.clerk@hotmail.com	
Village. If any newcomers to the village have	Telephone: 01279 814473	
not received a copy of the pack, do please let	Contact our District Councillors	
the Clerk know on the contact details below	Email: cllremanuel@uttlesford.gov.uk	
and a welcome pack will be provided. If an e-	Telephone: 01799 543487	
mail address is provided the pack can be sent	Mobile Telephone: 07801 039550	
digitally.	Email: cllrhargreaves@uttlesford.gov.uk	
Allotments (Quendon Hall Estate):	Telephone: 01799 540411	
Peter Warwick, No.5 Thistley Crescent, Green	Mobile Telephone: 07854 687748	
Road, Rickling	See also DCs' regular reports in <i>The Link</i> .	
Telephone: 01799 543526	-	
<b>F</b>	Contact our County Councillor	
Highway Problems	Contact our County Councillor Cllr Raymond Gooding	
-	Cllr Raymond Gooding	
Highway Problems	Cllr Raymond Gooding Essex County Council	
Highway Problems The Essex Highways website is available for	Cllr Raymond Gooding Essex County Council County Hall, Duke Street	
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## From the Parish Council Chair

Wow, what a fantastic few weeks of weather! The warm sunshine has kicked off the growing season and really brought on spring bulbs and tree blossoms. Only a matter of days before the Bluebells are in full bloom. Hopefully those of you who suffer from Hay Fever have not been too badly affected.

As the weather warms up, we can look forward to getting out and about around the village. The sound of leather on willow won't be far off and the folk from the Cricket Club are working on the green to get it ready for the new season. On this point, the PC donated funds to the club to purchase wicket covers, which would ensure minimal loss of play during the season. Sadly there have been times recently, where the new covers have been used as a climbing frame. This is not only dangerous but costly if repairs are required. If you do happen to notice this happening, please advise the Cricket Club or the PC. The PC has a plan to place wooden posts around the green to protect it from unsightly vehicle damage. Hopefully this will take place in the next few weeks.

The recent village litter pick saw several very full bags of rubbish. Thanks to Tom D' for organising and those volunteers who turned up to help. It was great to see some

new villagers out to make contact. We will schedule another very soon.

The continuing issue of the 'disappearing B1383 footpath' has been flagged once again (with photos) to the local MP who said she has contacted ECC asking for an update. The reply from her was received on 12th March. We haven't seen our County Councillor (Ray Gooding) at a meeting for a number of months but will continue to chase him for details of the promised path clearing project, potholes, the North End illuminated speed sign and the damaged signage on the traffic island near the junction of Rickling Green Road.

As mentioned previously, owing to Councillor's commitments, we do still have a vacancy for another Parish Councillor. If you would like to find out a bit more of what's involved and how much time is needed to commit, do contact the Parish Clerk or one of the existing councillors for an insight.

Hope you have a happy Easter.

Gari Spearpoint

# **District Councillors' Report**

#### **Reports to Council**

For full Council meetings members of the Cabinet do written reports, about which any councillor in the meeting can ask questions. There are also questions to the Leader and portfolio holders from members which can be submitted beforehand and are answered in writing

Here are some extracts from the extensive reports for the April meeting – just a few topics picked out.

For maintenance of UDCs 3000 council houses UDC had a joint venture with Norse Ltd, a property services company owned by Norfolk County Council. That arrangement has been ended and replaced by a new contract, after a full tendering process, with Axis Europe Ltd:

#### **Councillor Arthur Coote, Portfolio Holder for Housing**

#### **UNSL Joint Venture Demobilisation - Complete**

We have successfully completed the demobilisation of the UNSL contract, which formally concluded on 31st March 2025.

Key Outcomes:

1. All demobilisation activities completed on schedule

2. Data transfer and validation process finalised

3. Legacy works list documented and handed over to Axis Europe

#### Axis Europe Contract Mobilisation - Complete

The mobilisation process for our new maintenance provider has been successfully completed, with the contract going live on 1st April 2025.

The rebranding has been completed at the council



house maintenance depot in Newport.

**Councillor Neil Reeve, Portfolio Holder for Environment and Climate Change** UDC Grant Success – Public Sector Decarbonisation Fund

• In March Officers received confirmation that they were successful in a bid for funding to the Department for Energy Security and Net Zero (DESNZ) Public Sector Decarbonisation Scheme.

• UDC were awarded a grant of £626,299 which will be used to deliver a low carbon heating project at the London Road Office.

• The project includes installation of building fabric and energy efficiency measures such as: insulation-draught proofing; roof insulation; secondary glazing; installation of Air Source Heat Pumps, and a small number of solar PV panels.

Environmental Services Update:

#### Vehicles

All three of our new vehicles have arrived from the manufacturer replacing some of our ageing cover lorries that are regularly used when our frontline lorries are off the road.

#### Food Waste project in Flats

We are working with Essex Council Council (Love Essex) to trial food waste recycling at four flat complexes over the next few months. This is part of wider project across Essex to help identify ways to improve recycling at these historically difficult sites.

#### Residual bin – one bag a week challenge

In a separate project, we are working with Love Essex to help 25% of residents reduce the amount of residual waste they put out each fortnight. Again, this is part of a wider project involving a few other districts to help understand what interventions have greatest impact. This project started in March.

#### Small waste electrical items

Finally, we will be launching a new kerbside collection service for small electrical items across the district in the spring, subject to small adaptations being made to our vehicles. This will enable us to collect items and take them to be recycled, reducing useful materials going to landfill.

#### **Councillor John Evans, Portfolio Holder for Planning**

In terms of Planning Enforcement, we have two cases currently with the courts for prosecution. These relate to individuals' failure to comply with enforcement notices. In the last month, officers have also served a Temporary Stop Notice on an unauthorised traveller site, and a Listed Building Enforcement Notice required to correct unauthorised works to an important listed building.

#### **Building Control**

Our fully qualified and registered Building Control Team maintained our market share of building control work in the district throughout the last municipal year. Our small team accounted for 78% of all building regulations applications in the district with just 22% going to the 32 private companies that are in competition with the council.

In March, the team had to serve a notice on a homeowner in Great Dunmow to correct

a fire safety issue in a recently constructed loft conversion, and officers remain on call 24 hours a day for structural emergencies.

#### Councillor Neil Hargreaves, Portfolio Holder for Finance and the Economy UK Shared Prosperity Fund and Rural England Prosperity Fund

The government is carrying on these two funds, previously on a three-year basis, for a further year and for 25/26 we have been awarded a total of £571k. The requirement is that the allocations follow the previous criteria, for which funds were awarded via a bidding process.

The funds will be allocated on four categories: support for rural communities, support for rural businesses, cultural heritage development and a digital inclusion programme. There will be a focus on community spaces e.g. the use of village halls and pubs, and support for tourist attractions as a key part of the economy of Uttlesford. It is intended to involve town and parish councils which have not typically been engaged in the tourist economy, and which following Local Government Reorganisation are likely to be playing a greater role generally.

#### **Blueprint** – London Road

A year ago the London Road office had 5 tenants bringing in rent of £75k pa. A Blueprint target was set to increase this by £200k. With current signed leases and those at Heads of Terms stage, the spare space will all be rented out to 18 tenants at a total of £328k pa. This is an additional £253k compared with the 200k target.

And on the rest of the meeting agenda, as UDC is the Port Authority at the airport there is an item to 'Approve the additional fee of £18 for the official reduced checks that are required for low-risk Products Of Animal Origin (POAO) at the Border Control Post (BCP) Stansted Airport.... The BCP is approved for ambient products which are for human consumption along with chilled, frozen and ambient products not for human consumption. Officers and official veterinarians acting on behalf of UDC process over 2000 shipments of POAO within a 12 month period.'

I will leave readers to work out what the frozen products not for human consumption include.

**Councillor Surgeries** 

These are in Dorringtons every Friday from 10.30 to 11.30. If we have to cancel these, we will post on the village facebooks.

Our contact details are:



cllremanuel@uttlesford.gov.uk 01799 543487 or 07801 039550

cllrhargreaves@uttlesford.gov.uk 01799 540411 or 07854 687748



#### **Other News from Uttlesford District Council**

You can get email newsletters and alerts on a whole range of topics via Keep me posted – sign up and find out more at www.uttlesford.gov.uk/keepmeposted.

#### **NEWPORT & DISTRICT FLOWER CLUB**

Our year got off to a flying start on the 19th February with a demonstration from NAFAS floral demonstrator, Rachael Borenkova who designed six wonderful arrangements on 'Let's go to the Flower Shop' followed on 19th March by Gill McGregor her title 'March Floral Marvel' and her arrangements truly were outstanding. Our AGM on 16th April was a fun social evening with a quiz.

Our next Flower Club meeting is on 21st May with a demonstration by Elizabeth Robertson with 'Life's Rich Colours'. Please come along and bring a friend. We meet on 3rd Wednesday of the month (except January, August, & December) – 7.30pm at Ugley Village Hall, Cambridge Road, CM22 6HR. Visitors are always very welcome.



## u3a

07874-385541

www.u3asites.org.uk/stansted

#### **Stansted Mountfitchet U3A**

Stupid Boy! Remember Captain Mainwaring's withering put down of Private Pike? Charles Garland's highly entertaining talk at the u3a General Meeting brought this and all of Dad's Army's rich characters to mind. Garland worked alongside the writers in the making of the much loved BBC programme. At the well attended meeting and using his own excellent impersonations, he brought the sounds of Captain Mainwaring, Private Pike, Private Frazer et al into the room. Clips from episodes of this long-running favourite complemented the fascinating inside story Charles Garland provided. Arthur Lowe's brilliance as an actor, for instance, was demonstrated with a piece of 'separation overlay', (green screening), which allowed Lowe to play both Captain Mainwaring and also his ne'er-do-well brother at the same time. For the audience of the time this cleverly provided insight into the main character's backstory, and for the u3a audience, it was evidence of the inventive production techniques of 1975. To conclude this illuminating and delightful talk everyone fittingly joined in a rendition of the familiar signature tune, "Who do you think you are kidding Mr. Hitler if you think old England's done......"

Another engaging talk is promised at the next General Meeting on 15th May when Graham and Mary Brace will be bringing their photographs of wildlife taken on their travels around India.

Stansted u3a seeks to provide opportunities to come together to learn for fun. Amongst the wide range of classes on offer are those concentrating on physical activity. There are two separate walking groups who meet to explore and enjoy the locality, then there are classes in Pilates, Yoga and Chair Yoga as well as the very popular Line Dancing group. Do visit the website to find out more about the variety of activities available in Stansted u3a or call 07874 385541. You are very welcome to try out any class. Julia Cook



## **FHE HUNDRED PARISHES SOCIETY**

www.hundredparishes.org.uk

quite varied new uses.

A barn is essential for a working farm, to store produce, tools and machinery and to The Hundred Parishes has many fine examples of ancient barns house livestock. which are still in use today, albeit sometimes for a purpose not



Thorley



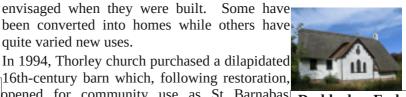
Ashdon



Timbers

Easton Manor.

16th-century barn which, following restoration, opened for community use as St Barnabas Duddenhoe End



At Duddenhoe End, the thatched Centre. Hamlet Church started life as a barn.

Ashdon and Westmill village halls both began life as barns in the 17th century.

Great Bardfield and Great Saling each have an ancient barn that has been converted into a retail outlet with café, respectively The Blue Egg and Timbers.



Westmill

Chrishall, the Red Cow pub offers In accommodation in the adjacent 500-year-old thatched barn.

In Little Easton, the Countess of Warwick converted one of her barns into the Barn Theatre. It was used by many famous performers of the early 1900s and still occasionally serves that purpose, on other



Little Easton

In Great Bardfield, a Grade-I listed, 16th-century brick barn at Great Lodge now serves as the Anne of Cleves Barn wedding venue.

days being part of a tea room and events venue called Little

In Widdington, Grade I-listed Priors Hall Barn is a fine example of a medieval barn,



**Priors Hall Barn** 

dating from the 14th century and now owned by English Heritage. It is said that 400 oak trees were used in its construction. The large doors on either side could be opened for threshing, with the draught blowing the husks away from the grain. Priors Hall Barn is free to visit, open at

weekends from April to September.



**Priors Hall Barn** 

Ken McDonald, Secretary

#### **Quendon Bowling Club News**

#### Bowling

Well, all the hard work on the green is completed and our season is about to start with a very full programme. We play in three different leagues, a senior's league for those over 60 which is an afternoon league, the North West Essex league that plays generally on Wednesday evenings and the Steeple Bumpsted league that is generally Fridays or Monday evenings. We also play friendly matches at weekends to give the less experienced bowlers some match experience. During May we have 16 matches scheduled, of which 7 are at home. Feel free to come and watch and of course the bar will be open on these days. 6th May at 2.30 Stansted, 16th May at 6.15 Clare, 25th May at 2.00 Castle Camps, 30th May at 6.30 Steeple Bumpsted and 31st May at 2.30 Havers Park.

Generally, on Tuesday evenings we have a coaching session for the new bowlers, practice for more experienced bowlers, and anyone who wants to give it a try. On that note the weekend of 24th /25th May, in association with bowls England, we have an open weekend at the club for anyone to give it a try. The club will be open from 10.00 -12.00 and 2.00 - 4.00 both days, in addition slots can be booked via Play-Bowls.com We are a very friendly welcoming and social club with members of varying abilities, come and meet us and see what we offer.

#### **Indoor Bowling**

Our indoor winter season at the Turpin's indoor bowls centre in Saffron Walden is now completed, we failed to get into our groove until too late in the season, coming on stronger in the later games including two with maximum points. Better luck next year. With the start of the new outdoor season our Wednesday afternoon carpet bowls has now finished until September.

#### **Social Members / Evenings**

Our social evenings are continuing with games, music, banter and of course drinks at club prices. The dates of these Friday socials and our special events will be posted, keep a lookout on the Parish notice boards and on our website for details. Why not follow us on Facebook? We will also publish the dates of our home games as the bar

and grounds will be open on these occasions, you can visit 3 times as guests before having to sign as a social member, the cost of which is a very reasonable £30 a year as the bar prices are generally at least 40% cheaper than local alternatives.

Remember you don't need to bowl to be a social member and join us.

#### Looking for a venue

The Clubhouse is also available for hire by the hour, half day and full day. If you need a venue for your club, meeting, party celebration please contact us either by Facebook or calling 01799 541196 and leave a message.

#### Maces Farms May update 2025

After having only 3mm of rain in March the farm soon dried out and although there was plenty of moisture beneath the soil as the temperature rises into April so does the



rate of evapotranspiration of the crops meaning that by Mid-April the land was in desperate need of a drink. At the point of starting to see some negative effects of the crops we have had a welldeserved rain to wash some fertiliser in and to bring the lighter land back into



play again. It does seem to be the theme lately either too dry or

too wet.

Despite this, all crops are looking well and have received their 1st dose of Crop



nutrition and protection. Spring oats are up and getting taller by the day and the Sugar Beet has just started to emerge and you can just about see the rows.

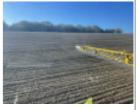
We have also been able to mow some of environmental areas and overseeded with some more



wildflowers and now have received some rain we should see these areas improve. These will be left alone now for the wildlife to enjoy.



May I remind everyone to please stick to the public rights of way and if in doubt on your walk then do refer to an OS map or do not hesitate to contact myself either. Quendon Wood has been hit the hardest as there are new trails being created all



the time with people not sticking to the footpath. This wood is a protected triple site of scientific interest and any damage caused by not sticking to the paths is only destroying natural habitat especially the bluebell this time of year. The bluebells will not grow back once trampled on. The estate has a responsibility to protect these areas so please bear this in mind on your next walk. We are spoilt with lots of PROW in the local area, you really don't have to come off them. The footpath hugs most of the wood and the only path that goes within the wood is from the bowls club to the small footpath bridge. Please see picture.

Mark Gemmill Maces Farms Mgemmill@pegasi.co.uk



#### What's On

Where no organiser is shown for any event in Q&R Village Hall, contact the Hall Manager, Christine Osbourn on 01799 543367 for details

Event	Date	Time	Place	Notes
Saffron Searchers	1st Monday/month	20.00-22.00	Q&R Village Hall	
Pilates	Mondays	09.00-10.00	Q&R Village Hall	Jan Crawley 07742 182272
Dance Exercise	Tuesdays	10.30-11.30	Q&R Village Hall	Christine Alexander
Community Café	3rd Weds/month	10.00-12.00	Q&R Village Hall	Angela 01799 218061
U3A Choir	Wednesdays	11.15-13.15	Q&R Village Hall	

#### What's On (cont.)

Pilates	Tuesdays	19.00	Q&R Village Hall Vicki 07810826465
Pilates	Thursdays	09.30am	Q&R Village Hall Vicki 07810826465
Pilates	Thursdays	18.30	Q&R Village Hall Vicki 07810826465
Social Evening	2nd & 4th Fridays	19.00-23.00	Quendon Bowling Club
Holy Communior	n Sunday 11th May	11.15-12.15	Quendon Church
Holy Communior	n Sunday 25th May	11.15 - 12.15	5 Quendon Church
APCM	Wednesday 21st M	ay 19.30	Quendon Church
Ascension Day	Thursday 29th May	/ 19.00	Quendon Church
Village Hall AGM	I Wednesday 11th Ju	ne 19.00	Q&R Village Hall

#### **Emergency Life-saving**

Should someone suffer a cardiac arrest or show symptoms of a heart attack e.g. pains in the chest, then your first action should always be to phone the ambulance service on 999. The service will refer you to our Automated External Defibrillator which is at the front entrance to Quendon & Rickling Village Hall. Another is sited outside Reception at the front of Rickling School. Anyone can save a life by using one of them until an ambulance arrives. In addition you can seek help from any of the volunteers listed below.



in addition you can been neip nom any of the volunteers instea below.			
Name	Home Telephone	Locality	
Robert Arnold	01799 543075	Northern end - Cambridge Road	
Sandra Arnold	01799 543075	Northern end - Cambridge Road	
Chris Phillips	01799 542351	Middle - Cambridge Road	
Sue Phillips	01799 542351	Middle - Cambridge Road	
Wendy Stannard	01799 541869	Middle - Cambridge Road	
Paul Carrol	07889 344869	Southern end - Cambridge Road	
Joanne Hales	07903 596011	Rickling Green	
Janice Hart	01799 541196	Rickling Green/Brick Kiln Lane/Rickling	
Ann Merrit	01799 542110	Rickling Green/Brick Kiln Lane	
Tom Duncan	01799 541299	Brick Kiln Lane	
Sue Joannou	07805 037586	Rickling Green	
Jacolin Lampon	07710 281382	Southern End - Cambridge Road	
For further information see www.communityheartbeat.org.uk/			
Demember Using the defibrillator cap't cause injury. Doing pothing cap			

Remember: Using the defibrillator can't cause injury. Doing nothing can.

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All correspondence for *The Link* should be addressed to the editor, Sandra Arnold, by e-mail: sandra@arnold-q.uk, or at Talbots, Cambridge Road, Quendon, CB11 3XJ; otherwise telephone 01799 543075

Please supply copy by the 19th of the preceding month.





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