The Link



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Quendon & Rickling Parish NEWS and Church

September 2025

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Priest in Charge of the parish of Quendon and Rickling, Coordinating Chaplain Stansted Airport (2 days per week)

The Rev'd. Peter Allen, The Vicarage, 5, Meadowford, Newport, Saffron Walden, Essex, CB11 3QL

Telephone: L: 01799 732059; M: 07878176551 **Day off:** Friday

Churchwardens - Quendon: Mrs Christine Osbourn 01799 543367

Rickling: contact church.jo@yahoo.com

Treasurer - Quendon and Rickling: Mrs Sandra Arnold 01799 543075

From the Vicarage Study Rev. Peter Allen, Priest-in-Charge of Newport with Widdington, Quendon and Rickling.

When Help Comes from the Most Unexpected Place

I recently preached on the Good Samaritan.

It's one of those Bible stories we think we know inside out, a man is beaten, robbed, and left on the roadside. A priest comes along, sees him, and walks by. Then a Levite, a religious helper, does the same. Finally, the Samaritan, the man nobody expected to care, stops and goes above and beyond to help.

When I was preparing the sermon, I found myself wondering: What excuses could we have made for the priest and Levite? Maybe the priest had just come from the Temple and didn't want to be "unclean" by touching blood. Maybe the Levite was late for an important family event. Maybe they were both genuinely afraid that the robbers were still nearby.

We could justify their actions. But Jesus' story deliberately leaves no excuse standing — because love doesn't wait for perfect conditions.

The Samaritan, in contrast, had every reason not to help. Jews and Samaritans avoided each other whenever possible. Yet he stops, binds the wounds, pays for the man's care, and promises to come back to check on him.

That's the picture Jesus paints of love. And it's also a picture of Himself. He is the One who comes to us when we're beaten down by life, when we've made our own messes, when others pass by, and He helps us, no matter how bad, weak, or vulnerable we are.

A few weeks ago, that story came to life for me in a much more everyday way.

I was driving through London, and quite rightly, the traffic was bad. Many people were cutting me up, impatient to get wherever they were going. As I got to Dalston, on my way back to Newport, a motorcycle came alongside me, very close to the car. The young man driving the bike lifted up his visor, and my mind immediately said, Here we go.

To my surprise, the young lad smiled, reached over, and gently put my electric charger plug socket back in its hole before closing the flap. He smiled again and rode off.

The reality for me was this, while all these people were cutting me up, eyes fixed on their own busy lives, it was a young lad on a motorcycle, a learner, in fact, maybe 17 or 18 years old, who actually went out of his way to help me. It made me feel a bit of

a hypocrite, if I'm honest. I'm sure maybe a lorry driver or one of the other twenty cars that had cut me up in the last half hour might have helped if they'd seen the problem. Or maybe they all had really good reasons not to. But it wasn't them. It was that young learner motorcyclist who came to my rescue.

That's the thing about the Good Samaritan: they don't always look like the people we expect. They might not share our background, our values, or our Sunday routines. Sometimes, they're just the person who chooses to stop when everyone else walks by.

And in a deeper way, the Good Samaritan story is about recognising Jesus in our own moments of need. He doesn't walk by when we're stranded on life's roadside. He comes to us, whatever the cost, and makes us whole.

So whether it's a roadside in first-century Israel or a busy London street, love often arrives in unexpected clothing and it always changes everything.

Look out for that unexpected helper in your village. You may just be pleasantly surprised by who it is... and what they do.

Until next time God bless, from Rev Gav Curate and Rev Pete, Priest in Charge.

Church Services in the Benefice

Sunday 7th September

9.30am Newport Communion

11.15am Widdington Communion inc Baptism

Sunday 14th September

9.30m Newport All Age Service

11.15am Quendon Communion

18.30 Newport Refresh

Sunday 21st September 09.30am Newport Communion

11.15am Widdington Communion

Saturday 27th September

10am Newport priesting service inc priesting of Rev Gavin Sunshine

Sunday 28th September

09.30am Newport Communion

11.15am Rickling Communion

15.30 Newport Messy Church

Quendon Churchyard

It has been bought to our attention that items placed by relatives have been going missing from graves in our churchyards. Please whoever is doing this stop at once.

Quendon & Rickling 100 Club					
Congratulations to the latest winners August 2025			Quendon & Rickling 100 Club generates a source of funds for the Village Hall and		
1st Prize	R Lockwood	£28	both our two churches, All Saints,		
3rd Prize	P Lenthall S Phillips	£18 £8	Rickling and St Simon & St Jude, Quendon.		

For Crimes and suspicious activity NOW phone You can report non-urgent incidents or suspicious activity and crimes that have already happened online at https://www.essex.police.uk/ and click on the appropriate button ("Chat" feature is bottom right of screen). Alternatively phone 101 but online contact is preferred. Action Fraud is the UK's national reporting centre for fraud and cybercrime where you should report fraud if you have been scammed, defrauded or experienced cyber-crime in England, Wales and Northern Ireland. If you have been defrauded i.e. lost money phone or report online at https://www.actionfraud.police.uk/reporting-fraud-and-cyber-crime If someone has tried to defraud you but you have not lost money, phone or report online at https://www.actionfraud.police.uk/report-phishing

or report it online at www.crimestoppers-uk.org

The information you provide is very important to us, so please make sure that we can use it effectively, by

Parish Information

Welcome Packs

The Parish Council provides a Welcome Pack of information for new residents to the Village. If any newcomers to the village have not received a copy of the pack, do please let the Clerk know on the contact details below and a welcome pack will be provided. If an email address is provided the pack can be sent digitally.

CRIMESTOPPERS To give information anonymously phone

reporting it correctly through the proper channels. Thank you.

Allotments (Quendon Hall Estate):

Peter Warwick, No.5 Thistley Crescent, Green

Road, Rickling

Telephone: 01799 543526

Highway Problems

The Essex Highways website is available for anyone noticing a problem to report it: http://www.essexhighways.org/Report-a-problem.aspx

A tracking facility for all reported faults is available.

Contact our Parish Council

Details of Parish Council meetings may be found on the village web-site: https://www.quendonandrickling.co.uk and on village notice boards. All are welcome to attend.

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The Parish Clerk is Keith Williams Email:

quendonandrickling.clerk@hotmail.com

0800 555 111

Telephone: **01279 814473**

Contact our District Councillors

Email: cllremanuel@uttlesford.gov.uk

Telephone: 01799 543487

Mobile Telephone: **07801 039550**

Email: cllrhargreaves@uttlesford.gov.uk

Telephone: 01799 540411

Mobile Telephone: **07854 687748**

See also DCs' regular reports in *The Link*.

Contact our County Councillor

Cllr Raymond Gooding Essex County Council County Hall, Duke Street Chelmsford, CM1 1LX

Email: cllr.ray.gooding@essex.gov.uk

Telephone: 01279 813103

Mobile Telephone: **07778 643759**

Contact our Member of Parliament

Kemi Badenoch, MP House of Commons, London, SW1A 0AA

Email: kemi.badenoch.mp@parliament.uk

Telephone: 02072 191943





Fun Dog Show

Saturday 6th September

Starts 2:00pm (Registration opens 12pm)

Judges: R.A.T.S Categories

- 1. Waggiest Tail
- Cutest Puppy (under 18 months)
 - Golden Oldie (over 7 years)
 - 4. Best Rescue
 - Handsomest Dog
 - Prettiest Bitch
- Best Friends (Dog & Child-under 16)
- 8. Dog the Judges would most like to take home!

Entry fee is £2 per category entered (cash only) and all proceeds in aid of R.A.T.S Animal Rescue



Rosettes to 3rd place





BEST IN SHOW PRIZE courtesy of ... Ruff Diamond



From the Parish Council Chair

It is with great personal sadness that I wish to share the sad news that Tom Duncan, my predecessor as Chairman of Quendon & Rickling Parish Council has passed away following a brave fight with cancer. During his tenure as a Parish Councillor, Tom did so much for the village which often went unnoticed. Even following his retirement from the PC, he was always willing to help in so many ways for the benefit of the village. He will be missed. Our love and thoughts go out to Sue, Trinny and Isobel at this very sad time.

We don't have a meeting in August so our next date will be 11th September. Everyone is invited to attend. In the meantime, if there are any questions you may have for the PC, please contact the Parish Council clerk whose details are in the Link.

Gari Spearpoint

District Councillors' Report

Local Plan is making good progress

Following the hearings ('Evidence in Public') held by the inspectors in July, the council has received from them a follow up letter. It requires a few modifications, which is as expected from all such reviews, none of which are fundamental to the soundness of the Plan. There are questions over the required five-year housing supply, but the inspectors took a pragmatic view that this should be reviewed after implementation, and progress to adoption should not be delayed. Uttlesford should

therefore have a new Local Plan in the first half of 2026.

Under Local Government Reorganisation the Plan will continue to apply to the historic Uttlesford area, until such time as a new one is done. Epping Forest's Plan was adopted March 2023, and Harlow December 2020, with both running to 2033.

Quendon is not allocated any housing in the Plan, so there will be a strong presumption against any significant scale of development. However Core Policy 3 (CP3) which sets the general rules on where building is supported or not, is worded more flexibly than the previous plan policy S7. That had development limits defined by lines on maps. The limits for Quendon are the area in grey, and the green is the Conservation Area

But under the new CP3 development limits are abolished. Instead it supports infill within 'built area'. Built area is however not



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defined. The practicality is that even under the current plan the development limits have not been given great weight, with the Plan being out of date and mostly no five-year land supply, triggering a general presumption to permit.

A Conservation Area is not a general policy against development but guides what might be done, and not done.

The change is that even with a new Plan and a five-year supply, the presumption to permit within 'built area' will be in place.

In the light of CP3, the Newport Quendon & Rickling draft Neighbourhood Plan is being modified to define what 'built area' means. A Neighbourhood Plan must be in line with the Local Plan, but where a policy is ill defined in relation to a neighbourhood area it is valid to clarify that. For example, does a loose layout of buildings constitute 'built area'? Or on one side of a road only, or clusters of houses distant from a settlement such as at Rickling?

Therefore, the Neighbourhood Plan intends to define the core built area as the existing one. But as other parts of Quendon might also be considered to be built area, this cannot be ignored and so a policy setting out what might be permissible has been drafted:

NQR3 Development in Quendon and Rickling Green

Proposals for limited infill development in Quendon and Rickling Green will be supported, provided they:

- Reflect the essentially open and low-density character of the settlement; and
- Preserve the setting and significance of listed buildings and preserve or enhance the character or appearance of the Conservation Area
- Meet local housing needs as defined by the Housing Needs Assessment.

Decisions have been made on the allocation of 300 homes in Newport to fulfil the Local Plan requirement. The wording of the site allocation policy is in progress. When this is complete the whole plan will be published for the 'Regulation 14' consultation.

Councillor Surgeries

These are in Dorringtons every Friday from 10.30 to 11.30. If we have to cancel these, we will post on the village facebooks.

Our contact details are:



cllremanuel@uttlesford.gov.uk **01799 543487** or **07801 039550**

cllrhargreaves@uttlesford.gov.uk 01799 540411 or 07854 687748



Other News from Uttlesford District Council

You can get email newsletters and alerts on a whole range of topics via Keep me posted – sign up and find out more at www.uttlesford.gov.uk/keepmeposted.



Stansted Mountfitchet U3A

From 20th to 28th September this year is designated "u3a Week", an annual event which celebrates the activity, learning and fun taking place across the movement every day. It is a celebration of positive ageing, highlighting our members' lived experience. Whether you want to sing, dance, exercise, or learn something new, there's no better place to do it than in the company of friends and likeminded people. Joining the u3a gives you all this and more!

If you would like to know more about being a member of Stansted Mountfitchet u3a come along to our monthly meeting at St Theresa's Centre, High Lane, at 1.30 for 2.00pm on Thursday, 18th September where you will not only be assured of a very warm welcome along with tea and biscuits but will also hear from Steve Lester and learn all about the Titanic from Launch to Loss. Steve, an experienced Fine Art valuer and auctioneer, has not only run several provincial salerooms across Essex over the past 20 years but is also a member of a renowned Titanic Historical Society and has been consulted by several TV production companies as the "go-to" expert. He will share his love of the Titanic in an interactive talk.

Stansted u3a Singers have been very pleased to welcome some new members to the choir, bringing a new depth and vibrancy to their sound. Singing in a group is an invigorating experience and breathing/singing together benefits our health and sense of well-being. So, whether you're already an experienced choir member or a novice, come along and join us! Rehearsals are well under way for our annual concert in St John's Church, at 3pm on Saturday 4th October, save the date! Posters will be displayed around the village in September giving details of where to buy tickets.

Susan Sedgebeer

Quendon Bowling Club News

Bowling

Well, the season has nearly finished. We are at the bottom of the three league divisions we play in notwithstanding the excellent efforts of our limited pool of bowlers. At the start of the season, we lost eight experienced bowlers and although we have had some new "novice bowlers" join us this year it has been a struggle to fulfil our playing commitments. With some out of season coaching and hopefully some more people joining us we will put up a better show next year.

We recently held our annual Gala Day at the club with 24 teams from all over playing for the Walter Smith Cup and a cash prize. This year it was won by a team from Epping, a great improvement on their last year's performance when they won the wooden spoon. All the teams had a great day enjoying bacon rolls, teas and cake and a two course lunch and bumper raffle. This year's event was sponsored by Premier Travel who had a stand at the event and apart from awarding a £250.00 voucher to the

person who correctly guessed the "weight of the suitcase" we have a bundle of flyers that will give anyone booking a holiday before the end of November, at either the Saffron Walden or Bishops Stortford branches, £100 off of your booking. These can be collected from the Bowls Club contact Ray on 07973 632923

As the outdoor season ends, we will be starting, from October, indoor bowling on a Thursday at the Turpins indoor rinks as part of a league competition. And on a Wednesday afternoon 2-4pm from 15th October, in the clubhouse, short mat carpet bowls, a fun game played on a mat apx. $10m \times 2m$ with a wooden obstacle in the middle to negotiate before you get to the jack. £2 per person including tea and biscuits. If you are interested in joining us for this contact John 07724 071959

We will be holding our Club Finals day on Sunday 7th September, why not come and watch the matches, enjoy a bacon roll from the grill, picnic on our clubhouse lawn and have a drink or two from the bar.

We are a very friendly welcoming and social club with members of varying abilities, come and meet us and see what we offer.

Social Members / Evenings

Now the bowing has ended our social evenings will be continuing on the second and fourth Fridays of the month with games, music, banter and of course drinks at club prices. Events we have planned for are Music Bingo on Friday 17th October, Race Night on Saturday 22nd November and a Xmas Quiz with seasonal fancy dress on Saturday 20th December. Further details of these will be posted on the Parish Notice boards and on our website. Why not follow us on Facebook? You can visit our social club 3 times as guests before having to sign as a social member, the cost of which is a very reasonable £30 a year as the bar prices are generally at least 40% cheaper than local alternatives.

Remember you don't need to bowl to be a social member and join us.

Looking for a venue

The Clubhouse is also available for hire by the hour, half day and full day. If you need a venue for your club, meeting, party celebration please contact us either by Facebook or calling 01799 541196 and leave a message.

THE HUNDRED PARISHES SOCIETY

www.hundredparishes.org.uk

Since the launch of the Society in 2014, its website has continued to evolve and expand as a resource for the local area. It is hoped that this article may help people make the most of www.hundredparishes.org.uk. You are encouraged to step through the menu to get a feel for what is available. If you want to look something up, you might try either Parishes, What's On, Articles or Walks.

Parishes holds the key to lots of things. From either the map or the alphabetical listing, select an individual parish to find out a little about its history, the nearest walks

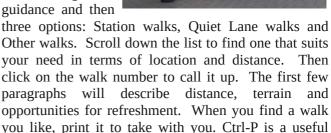
or details for a pub or tea room. Introductions include ideas for further reading and links to useful websites.

What's On lists future events in chronological order. Many entries have a link to further information. We are pleased to give publicity to any event that promotes local knowledge or culture, exploration or conservation.

Articles offers local insight into a wide range of topics.



Walks has general guidance and then



shortcut to start printing.

Feedback is a way of telling us of changes or something we have missed – perhaps a pub closure, bus route change, additional activity for What's On, or website links or phone numbers that no longer work.

I hope these notes have been useful and may make your visits to the website more rewarding.

Ken McDonald, Secretary



Newport and District Flower Club

At the time of writing this article, the club members, their friends and family are looking forward to a Cream Tea afternoon with a mini floral demonstration by the talented Lorraine Gagen. This is aways a very popular event in the club's calendar and thanks must go to all those who help, bake and support us.

September will see us welcome a new demonstrator to the club, Violeta Veikniene. Violeta qualified as a NAFAS demonstrator in 2024 and will be travelling all the way from Norwich to delight us with her stunning displays.



Lorraine Gagen

Please join us for this exciting evening but note that our venue will be: Quendon Village Hall, Cambridge Road, Quendon, Essex, CB11 3XQ

7pm for 7.30pm start – Visitors always welcome £10

Future club venue to be confirmed but will continue to be the 3rd Wednesday of every month

Sandra Honour Email: sandra@thewesleys.net

Maces Farms Harvest Update

Harvest began earlier than usual this year, starting on July 9th with our winter barley.



Given the dry conditions throughout the season, this early start was no surprise. Fortunately, the barley yield was very promising coming in at nearly 10 tonnes per hectare, which is 15% above our five-year average. The crop benefited from early moisture during its development and plenty of sunshine through May, June, and July, which helped it reach its potential.

Next came the oilseed rape, which also yielded well.

However, we

encountered a new challenge: the seed was too dry. To address this, we began combining very early in the mornings to take advantage of the morning dew. Harvesting at 5 a.m. was a first for me, but necessary—if the seed is too dry at sale, it becomes harder to extract oil, which reduces or eliminates oil bonuses and results in significant

financial losses.



moved on We

cereals towards the end of July. Unfortunately, yields were quite average, a result of the prolonged dry weather. While there had been some late season hope for better results, the lack of rain ultimately took its toll. That said, grain quality was good, thanks to the consistent sunshine. However, this trend was seen across the UK, so quality premiums are low, and with commodity prices still depressed, margins remain Without above-average yields, the farm's tight. profitability is under pressure.

As harvest wraps up, we're already looking ahead to the next season. Our oilseed rape was drilled at the end of July

—earlier than ever before—timed just after some welcome rain. Unfortunately, August has turned dry again, and the young plants are struggling and in desperate need of moisture.

Our cultivations are progressing well and will continue into early autumn. We're also

applying organic manure to several fields. A small block of acidic land is being treated with chalk to correct the pH level. Maintaining proper pH is critical, as it ensures nutrients are more readily available to crops, supporting healthier and more productive growth.

We haven't had the perfect season for some time now but the beauty of ending a season and starting the next there is always hope that next season just maybe the perfect season.

Mark Gemmill

Maces Farms

Mgemmill@pegasi.co.uk





Men's Sheds

Have you heard of Men's sheds?

Men's Sheds encourage people to come together to make, repair and repurpose, supporting projects in their local communities. Their intention is to improve wellbeing, reduce loneliness and combat social isolation.

There are 2 local groups:

Saffron Walden Community Shed

Audley End, Saffron Walden CB11 4JG, UK

Our shed is situated in The Old Granary barn at Home Farm, Audley End. We meet on Monday, Wednesdays and Fridays from 9am - 1pm. We do mainly woodworking, working on our own projects and making and mending things for our local community.

For more information visit our website www.swshed.org.uk or email Peter at lead@swshed.org.uk

The Veg Shed - Stansted Men's Shed

Stansted Essex CM24 8NH

The Veg Shed is a new community-based activity group for men which is part of Let's Talk, Stansted! The Stansted Mental Health Initiative, and a member of the Essex Shed Network and the UK's Men's Shed Association.

Our aim is to provide a fun, active and safe space for men of all ages to meet, work together and support each other.

Everyone is welcome to join and membership is free. You can come alone or with friends or family. You don't need any experience of growing produce, or any special tools. Just an interest in getting outdoors, learning new skills and helping us support our community.

The Veg Shed is about good mental health. It's an opportunity for friendship, social engagement and skill sharing in a safe and enjoyable environment.

Contact: Richard - richard@ashtonhousemedia.com / T: 07794 268208





Saffron Walden Museum

Visiting the Museum

Our standard opening hours are:

Tuesday, Thursday-Saturday 10-5pm; Sundays & Bank Holidays 2-5pm Closed Mondays (apart from bank holidays)

Wednesdays are currently reserved for pre-booked group visits by schools and other parties in term time.

Please note that during the Winter months, November-February, the museum closes earlier at 4.30pm, rather than at 5pm

www.saffronwaldenmuseum.org

Heritage Open Days Festival

Free Admission to the Museum on the weekend of the 13th-14th September Including Saturday 13th September - Ukrainian Traditional Arts and Culture

Saffron Walden Museum is delighted to host a Family event celebrating Ukrainian Traditional Arts, Culture, and Heritage in its schoolroom on Saturday, 13th September. A local Ukrainian family will provide opportunities to craft traditional items, sing, dance, view traditional costumes, and enjoy food and drink, alongside a presentation about Ukraine's history. The event is free of charge as part of the nationwide Heritage Open Days Festival and includes complimentary access to the main Museum. For

more information visit www.heritageopendays.org.uk

Murder in the Museum

The app-based immersive murder mystery game from Cardboard Clues..."Murder in the Museum" runs until the start of November. Just £25 for a team of up to 6 people. There are 3 criminal cases to solve, ranging from the case of a moustache

vandalism to someone being squashed beneath an Egyptian sarcophagus! It's family-friendly, challenging and engaging for all ages. All the mysteries are light-hearted and fun, with no graphic content. Recommended for ages 8+. It runs during the museum's standard opening hours. For booking and more details go to https://cardboardclues.com/booking-saffron-walden-museum

Object of the Month



August's Object of the Month is a "Pipe of Peace" Maxim Inhaler sold c. 1910 by Gillings Chemist in Saffron Walden. It was designed by Hiram Stevens Maxim (1840-1916) an American inventor, who was best known for inventing the first portable, fully automatic machine gun in 1884.

Maxim was a lifelong sufferer of Bronchitis and wanted to invent something that would help "ease the respiratory illnesses of the masses." The Maxim Inhaler



promised to treat throat and chest problems such as bronchitis, "winter cough," throat infections, "lung troubles" and colds.

Soothing vapours from water warmed with a few drops of oil, named "Dirigo" based on Maxim's own recipe using menthol and wintergreen, were delivered via a long swan-necked glass tube to the back of the user's throat.

This product was initially perceived as quackery - a fake medical practice - but

eventually its effectiveness spread, and hundreds of thousands of these inhalers were sold in the early 20th century.



Keeping our drains flowing



From wiping bottoms, to removing make up, to keeping things clean – wipes are handy to have around. They may look the same as toilet paper, but wipes don't break down and can take thousands of years to disappear. So no matter what the packets says, they belong in the bin and not down the loo.

Around half a million wipes – that's a whopping 9,500 packets - are flushed into

our region's sewers every day. If we all just bin it, together we can avoid blocked pipes and keep the sewers flowing.

Nearly 2 billion period products are flushed down the toilet every year, which can also cause blockages in the network and in your pipes at home. By simply swapping to reusable products such as menstrual cups and period pants, you could save money and help prevent blockages in your pipes.

Whether you choose to use disposable period products or re-usable ones, all sanitary items like wet wipes, cotton pads, cotton buds and nappies need to go in the bin and not flushed down the loo.

The average household puts over a litre of kitchen fat, oil and grease down the sink every year – that's the same as 8 cups of tea sitting in your sewer pipes, which could cause a blockage.

Reuse and recycle

To protect your pipes and avoid costly blockages in your home, why not reuse and recycle your leftover kitchen fat, oil and grease by:

- Simply leave your leftover cooking oil to cool down, pour into a container and reuse.
- Oil can also be frozen so why not grab a spare ice cube tray and store the left-over oil in your freezer.
- Save and use to help add flavour to crispy roast potatoes, soups or gravy.
- You can also take it to your local oil recycling point to be transformed into energy.
- Or you can simply wait for it to cool and scrape it into your bin at home.

Love your leftovers

Leftover food can also contribute to a potential blockage in your pipes, so remember to always scrape your plates into the bin before loading them into your dishwasher or handwashing them. A sink strainer can also help stop any food waste accidently going down your sink.

Home composting is a great way to breathe a second life into your food waste and it's great for your garden soil.

Just bin it to help to keep the sewer pipes clear by:



Only flush the 3Ps: Pee, Poo, Paper



Bin wet wipes and sanitary products



Once cooled, bin any cooking fat, oil or grease



ENTERTAINMENT FOR 2025 Bishop's Stortford Town Band, Andy Bowie Jazz and Wild Roses.

Plus all your favourite Traditional Stalls

Including:

Tombola, Auction, Bottles, Cakes, Vintage Pre-loved, Books, Toys, Greasy Pole and much more!

Why not treat yourself to a BEER with your Berden Burger? Or relax with a Berden Cream Tea?

> Please follow car park signs to CM23 1AY Contact: berdenfete@outlook.com

Follow us on Facebook @berdenfete



APOPO Update

NEW TB RATS ARRIVE IN ETHIOPIA



This July, five newly trained HeroRATs — Bieber, Kenenisa, Gea, Tirunesh, and Mayele — arrived in Addis Ababa, Ethiopia, where they're now preparing to begin their lifesaving work detecting tuberculosis. These rats were trained at APOPO's Training and Innovation Center in Tanzania and are now settling in with their new handlers under the guidance of the Ethiopian National TB Program and our local partners.

The timing couldn't be more critical. Six of our older detection rats in Ethiopia just retired, leaving a significant gap in screening capacity. With these new arrivals, APOPO now has nine working rats in Ethiopia, ready to screen thousands of sputum samples for TB — quickly, accurately, and cost-effectively. The HeroRATs work as a second-line screening method, meaning they double-check samples that have already tested negative in local clinics. They often catch TB cases that would otherwise be missed.

Their work will help detect TB early, reduce transmission, and get patients the treatment they need as soon as possible. APOPO's TB detection program is helping health systems do more with less, especially in high-burden countries like Ethiopia.

TESTING THE LATEST HERORAT BACKPACK



The latest iteration of our HeroRAT backpack prototype is being tested — a lightweight, high-tech kit designed to support search-and-rescue operations in disaster zones. One of our skilled wildlife detection rats, Jane, stepped in to assist with this important trial. This includes a lighter, more compact design, allowing first responders to see and hear what the rat experiences as it navigates through tight spaces and

collapsed structures. Jane's trial helped us assess the pack's weight distribution, comfort, and stability on a rat in motion. Full-scale testing in mock debris environments will follow in Turkey, where our trained RescueRATs will put the backpack through realistic simulations.

What's On

Where no organiser is shown for any event in Q&R Village Hall, contact the Hall Manager, Christine Osbourn on 01799 543367 for details

EventDateTimePlaceNotesSaffron Searchers1st Monday/month20.00-22.00Q&R Village Hall-Taste Buds Cookery School Mondays10.00-11.15Q&R Village Hall07833 290083Dance ExerciseTuesdays10.30-11.30Q&R Village HallChristine AlexanderCommunity Café3rd Weds/month10.00-12.00Q&R Village HallAngela 01799 218061

What's On (cont.)

U3A Choir 2nd/4th Wednesdays 11.15-13.15 Q&R Village Hall

 Pilates
 Tuesdays
 19.00 -20.00 Q&R Village Hall
 Vikki 07810 826465

 Pilates
 Thursdays
 09.30-10.30 Q&R Village Hall
 Vikki 07810 826465

 Pilates
 Thursdays
 18.30-19.30 Q&R Village Hall
 Vikki 07810 826465

Carpet Bowls Wednesdays 14.00-16.00 Quendon Bowls Club John Pampling 07724071959

Social Evening 2nd & 4th Fridays 19.00-23.00 Quendon Bowling Club

Family Fun day 6th Sptember 12.00-16.00 The Cricket Green, Rickling Green

Communion14th September11.15amQuendon ChurchPriesting Service27th September10.00Newport ChurchCommunion28th September11.15Rickling Church

Emergency Life-saving

Should someone suffer a cardiac arrest or show symptoms of a heart attack e.g. pains in the chest, then your first action should always be to phone the ambulance service on 999. The service will refer you to our Automated External Defibrillator which is at the front entrance to Quendon & Rickling Village Hall. Another is sited outside Reception at the front of Rickling School. Anyone can save a life by using one of them until an ambulance arrives. In addition you can seek help from any of the volunteers listed below.



Name	Home Telephone	Locality
Robert Arnold	01799 543075	Northern end - Cambridge Road
Sandra Arnold	01799 543075	Northern end - Cambridge Road
Chris Phillips	01799 542351	Middle - Cambridge Road
Sue Phillips	01799 542351	Middle - Cambridge Road
Wendy Stannard	01799 541869	Middle - Cambridge Road
Paul Carrol	07889 344869	Southern end - Cambridge Road
Joanne Hales	07903 596011	Rickling Green
Janice Hart	01799 541196	Rickling Green/Brick Kiln Lane/Rickling
Ann Merrit	01799 542110	Rickling Green/Brick Kiln Lane
Sue Joannou	07805 037586	Rickling Green
Jacolin Lampon	07710 281382	Southern End - Cambridge Road

For further information see www.communityheartbeat.org.uk/

Remember: Using the defibrillator can't cause injury. Doing nothing can.

The Link is published on behalf of Quendon & Rickling Parochial Church Council, who do not necessarily share or endorse any opinions expressed by contributors or advertisers. It is created, printed and delivered entirely by volunteers. Advertising supports the maintenance of our church buildings and their grounds, but largely covers the costs of production.

The Link is delivered free of charge to every household in the villages of Quendon and Rickling and is available online at: https://www.quendonandrickling.co.uk

All correspondence for *The Link* should be addressed to the editor, Sandra Arnold, by e-mail: thelink@arnold-q.uk, or at Talbots, Cambridge Road, Quendon, CB11 3XJ; otherwise telephone 01799 543075

Please supply copy by the 19th of the preceding month.



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