

The Link



QR code for
The Link

Quendon & Rickling Parish NEWS and Church

August 2026

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Priest in Charge of the parish of Quendon and Rickling,

The Rev'd. Peter Allen, The Vicarage, 5, Meadowford, Newport, Saffron Walden, Essex, CB11 3QL

Telephone: L: 01799 732059; M: 07878176551 **Day off:** Friday

Curate: The Revd Gavin Sunshine Mobile: 07879811192

Churchwardens -

Quendon: Mrs Christine Osbourn 01799 543367

Rickling: contact church.jo@yahoo.com

Treasurer -

Quendon and Rickling: Mrs Sandra Arnold 01799 543075

From the Vicarage Study

Rev. Peter Allen,

Priest-in-Charge of Newport with Widdington, Quendon and Rickling.

Before They Walk Through the Door

Sometimes, in ministry, God allows us to discover our calling not in a dramatic moment but by quietly noticing the thread He has been weaving through our lives all along.

Recently, while reflecting on Army Chaplaincy, I found myself saying something that surprised me:

"Someone who might never walk through the doors of a church may well sit down beside a chaplain and, perhaps for the first time, begin to discover hope."

As soon as I said it, I realised I wasn't describing Army Chaplaincy. I was describing my ministry.

Looking back, I can see that this has always been where I have felt most at home.

At Stansted Airport, people don't arrive looking for a priest. They arrive because they are travelling, working, grieving, celebrating, anxious or exhausted. Yet somewhere between a terminal, a staff room and a departure gate, conversations begin that become deeply holy.

At the gym, soldiers didn't ask to speak to a chaplain. They asked about life, about relationships, about loss, about purpose. The gym floor and even the sauna became places where people felt able to ask honest questions without fear of judgement.

In schools, care homes and village cafés, I have discovered exactly the same thing. People often don't begin by asking about Jesus. They begin by asking whether someone will listen.

Perhaps that is what Jesus did so often. He met fishermen before they became disciples. He met Zacchaeus before repentance. He met the Samaritan woman before belief. He met Matthew before ministry. Again and again, Jesus entered people's ordinary lives before inviting them into His Kingdom.

Perhaps chaplaincy is simply continuing that pattern. It is choosing to stand where people already are rather than waiting for them to come to us. It is discovering that a hospital corridor, an airport terminal, a military barracks, a gym, a school playground or a village street can become as holy as any cathedral because Christ is already present there.

This has also challenged me personally. For years I have described myself as a

preacher, a parish priest or a chaplain. Increasingly, I wonder whether those are simply different expressions of one deeper vocation. Perhaps my calling is to be present where Christ is already at work, to notice those whom others overlook, and to help people discover hope before they ever discover the Church.

If that is true, then Army Chaplaincy is not a change of direction. Neither was airport chaplaincy. Neither is parish ministry. They are all invitations to do the same thing. To walk alongside people. To listen without judgement. To encourage with gentleness. To point towards Christ when the moment is right. And sometimes, simply to remain.

One image has stayed with me.

I want to be someone who is willing to sit with another person in the dirty water until they are ready to step back onto dry ground. That is not about rescuing people. Only Christ saves. It is about refusing to leave them alone while they find their way towards Him.

Perhaps that has always been my calling. Not simply to welcome people through the doors of the Church. But to meet them long before they ever feel able to walk through them.

Gavin

Church Services in the Benefice

Sunday 2nd August

9.30am Newport Contemporary Communion

11.15am Widdington Communion

Sunday 9th August

9.30am Newport All Age Service and Sunday club

11.15am Quendon Communion

Sunday 16th August

9.30am Newport Communion and Sunday club

11.15am Widdington Communion

Sunday 23rd August

9.30am Newport Morning Worship

11.15am Rickling Communion

Sunday 30th August

10am Quendon Benefice Service

Quendon & Rickling 100 Club

Congratulations to the latest winners

July 2026

1st Prize	R Hackwell	£26
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2nd Prize	P Hills	£15
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3rd Prize	S Gemmill	£ 5
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Quendon & Rickling 100 Club generates a source of funds for the Village Hall and both our two churches, All Saints, Rickling and St Simon & St Jude, Quendon.

Village Hall

The Village Hall Committee is seeking one or two volunteers to support the ongoing management and promotion of our village hall. The role will focus primarily on bookings and publicity, helping to ensure the hall is well used and remains at the heart of village life.

Thanks to the dedication of long-serving committee members, the hall is a modern, well-maintained, and versatile facility, suitable for a wide range of activities including large celebrations, classes, clubs, and smaller community gatherings. With ample parking and flexible facilities, it is a venue of which the village can be justly proud.

We are now looking to build on this strong foundation by introducing an updated online booking system and increasing awareness of the hall and its uses within the wider community. The new volunteers will help oversee the booking process and support the promotion of events and hire opportunities, working closely with existing committee members.

No prior experience is required, but confidence with social media, good organisational skills and an enthusiastic, collaborative approach would be very welcome. The anticipated time commitment is approximately 1–2 hours per week, with flexibility to accommodate other commitments.

If you are interested in contributing to the future of this valued community asset, please get in touch with Felicity at felicity.preacher@gmail.com or 07980 638692, who can talk things through with you and answer any questions or queries you may have

Our Churchyards

There has been some recent commentary on the state of the churchyards both at Quendon & Rickling on social media. I would like to take the opportunity to correct some misconceptions on how they are cared for.

Quendon Churchyard is managed by a small band of volunteers who take it in turns to mow and strim as required through the year. With the hot weather it has been too hot to mow recently although the grass has slowed its growth, however certain weeds have not.

Rickling has not been mown as yet this year to allow the daffodils to die down and other wild flowers to flourish and seed. This decision has been made by the Parochial Church Council. The mowing at Rickling also has to be paid from church funds.

Care of individual graves is down to the owners and relatives to maintain. The cost of a burial plot does NOT include any maintenance of the whole churchyard.

Contrary to many beliefs, we do not get money from central Church of England to maintain our two churches, pay for our vicar, insurance, or any utilities. This all has to be raised at services, weddings, funerals and any fundraising that we are able to do.

If there is any way that you can help whether that is joining our volunteer rota, contributing in any way, or assisting in fundraising please contact Sandra Arnold – Treasurer 01799 543075 or via email: thelink@arnold-q.uk

For Crimes and suspicious activity NOW phone	999
You can report non-urgent incidents or suspicious activity and crimes that have already happened online at https://www.essex.police.uk/ and click on the appropriate button ("Chat" feature is bottom right of screen). Alternatively phone 101 but online contact is preferred.	
Fraud and other cyber crime Report Fraud replaces the previous Action Fraud service and the National Fraud Intelligence Bureau, offering a more streamlined service where the public can tell the police about cyber crime and fraud as well as providing a Report Fraud Victim Service which offers dedicated, and specialist help to victims. You can report suspicious e-mails, text messages and telephone calls, fake web-sites and even fake advertisements. Report Fraud is at https://www.reportfraud.police.uk/	0300 123 2040
CRIMESTOPPERS To give information anonymously phone or report it online at www.crimestoppers-uk.org	0800 555 111
<i>The information you provide is very important to us, so please make sure that we can use it effectively, by reporting it correctly through the proper channels. Thank you.</i>	

Parish Information

Welcome Packs

The Parish Council provides a Welcome Pack of information for new residents to the Village. If any newcomers to the village have not received a copy of the pack, do please let the Clerk know on the contact details below and a welcome pack will be provided. If an e-mail address is provided the pack can be sent digitally.

Allotments (Quendon Hall Estate):

Peter Warwick, No.5 Thistley Crescent, Green Road, Rickling
Telephone: **01799 543526**

Highway Problems

The Essex Highways website is available for anyone noticing a problem to report it:
<http://www.essexhighways.org/Report-a-problem.aspx>

A tracking facility for all reported faults is available.

Contact our Parish Council

Details of Parish Council meetings may be found on the village web-site:
<https://www.quendonandrickling.co.uk>
and on village notice boards. All are welcome to attend.

The Parish Clerk is Keith Williams
Email:

quendonandrickling.clerk@hotmail.com

Telephone: **01279 814473**

Contact our District Councillors

Email: cllremanuel@uttlesford.gov.uk

Telephone: **01799 543487**

Mobile Telephone: **07801 039550**

Email: cllrhargreaves@uttlesford.gov.uk

Telephone: **01799 540411**

Mobile Telephone: **07854 687748**

See also DCs' regular reports in *The Link*.

Contact our County Councillor

Cllr Raymond Gooding

Essex County Council

County Hall, Duke Street

Chelmsford, CM1 1LX

Email: cllr.ray.gooding@essex.gov.uk

Telephone: **01279 813103**

Mobile Telephone: **07778 643759**

Contact our Member of Parliament

Kemi Badenoch, MP

House of Commons,

London, SW1A 0AA

Email: kemi.badenoch.mp@parliament.uk

Telephone: **02072 191943**

From the Parish Council Chair

Phew, since the last edition, the weather has been ‘a bit warm!’ An understatement you will probably agree with. Villagers who enjoy their gardens have been inventive in trying to keep them flowering especially now there is a hosepipe ban. I do understand that the competitors in the annual Pumpkin competition are enjoying the sunshine and their crops are thriving. A personal thanks to Katherine Nuthall for once again organising the competition.

The Parish Council continues to track the planning application on Belcham’s Lane. Our understanding is this won’t now be heard until September at the earliest. We have spoken to our planning consultants and several villagers regarding them presenting at the UDC planning meeting. We will continue these conversations.

Sadly we have had another accident on the B1383, the second in the matter of weeks! We’ve written to ECC Highways and our MP, red flagging the continued issue regarding speeding and antisocial driving.

I know our friends from Quendon Bowling Club will mention it in their Link comments but just to support their Bowls Gala on Sunday 2nd August. If you have time, do pop over to the club, have a reasonably priced beverage and watch some skilful and competitive bowling.

Keep hydrated everyone.

Gari Spearpoint

District Councillors' Report

North Essex Economic Board

The council works locally to support businesses. Through our small Economic Development Team, it helps develop employability and enterprise skills, supports local businesses that create jobs, connects residents with skills and apprenticeship opportunities, and helps create the conditions for sustainable local employment. The team has delivered a wide ranging programme of activity over the past year – a full report is in the Cabinet minutes for June.

We are also a partner in the North Essex Economic Board (NEEB). During 2025/26, working closely with NEEB the team supported 20 Uttlesford young people through the North Essex Young Entrepreneurs Programme; delivered enterprise and employability workshops in three local schools; ran the Young Traders Programme, with four Uttlesford participants progressing to the Essex regional finals; promoted funded skills, employability and apprenticeship opportunities through NEEB; worked with employers to identify local skills shortages and recruitment challenges; and continued supporting local businesses through grants, business advice and growth initiatives that help sustain existing jobs and create new employment opportunities.

For NEEB’s website <https://neeb.org.uk/> they asked some questions to build profiles for each of us on the Board. Here are my answers:

1. What inspired you to become a councillor?

Planning matters and lack of a Local Plan (now have a new one!). Once elected I

realised there are so many other good things our councils do for our local areas.

2. What is your connection to North Essex and the area you represent?

We moved to Newport near Saffron Walden over 30 years ago because the schools were good, and still are.

3. What does economic growth in North Essex mean to you personally?

We have vast housing growth in Uttlesford, percentages at the top of national scales. Some is on demolished commercial sites. I commuted long distances for years which is environmentally damaging, costly and time consuming. More local economic growth, combined with flexible and Work from Home employment would mean fewer people doing what I had to do

4. What do you enjoy most about the area you represent?

Originally from Lancashire so Essex water tastes dreadful, but apart from that I love the combination of the towns and villages and history with the ability to easily get to Cambridge and London. Just made better with the opening of Cambridge South station.

5. What makes North Essex a great place to live, work, and visit?

Same answer as 4, plus the coast.

6. What does a thriving North Essex look like to you?

Some of North Essex is prosperous. There is some very high individual wealth. And some areas are less prosperous. Even in wealthy Uttlesford there are areas of deprivation, rural and urban, masked by statistics covering wide zones. Thriving must be for all.

7. What advice would you give to someone considering building their future in North Essex?

I've lived in Lancashire, London and Kenya. All have their advantages and disadvantages. But I offer that North Essex has the best balance and is one of the best places in the world to live.

The Neighbourhood Plan

This is now at 'Regulation 16' consultation, being run by UDC and lasts till Monday 7th September. The full documentation is on the Plan website <https://nqrplan.org/> and comments can be made on the UDC website. It is now largely out of our hands as the responses and the Plan will go to the examiner for his consideration

Councillor Surgeries

These are in Dorringtons every Friday from 10.30 to 11.30, but we are taking some time out and so the next one will be 14th August. In the meantime one or other of us will be available on:



cllremanuel@uttlesford.gov.uk

01799 543487 or 07801 039550



cllrhargreaves@uttlesford.gov.uk

01799 540411 or 0785 4687748

QUENDON & RICKLING GOLF SOCIETY

ANNUAL MATCH V. MANUDEN GOLF SOCIETY

This was held on Monday 29th June at Saffron Walden Golf Club and is an annual event which has been held over a number of years now.

It was lovely summers day, with 8 teams played in a good competitive spirit alongside a very friendly atmosphere, as always. We competed for the newly named cup, The Ackerman Cup, named after one of our founder members, Nigel.

The day was completed with a lovely, very appropriate summer meal in the evening and lots of chat about what was and what could have been.

Oh yes, the result! I'm afraid to say that Q&R lost ..just...by 4.5 games to 3.5. So well done to Manuden who have taken the cup back but .. we will be back next year.

Brandon Chapman



Robin Mosey receives the Akerman Cup from Penny

GOSFIELD LAKE GOLF CLUB

Another hot day on 16th July, in North Essex saw 18 of us at Gosfield Lake Golf Club for our second club meeting of the year. A chat over bacon sandwiches and coffee and review of the football World Cup match loss the previous night preceded our own game late morning. Gosfield course looked very parched and brown but we were good to go and make the best of the day. And we did - we played in threes and our winners came in with an amazing 95 points. The team in second place scored 90. For the format we played, 82 would be the score if everyone played to their handicaps so you can see that there was some exceptional play out there, in fact some from every one of the 6 teams.

Second place went to Brandon Chapman's team with Cathie Southcott and Jaine Fieldhouse joining him. In first place was David Hunt, Steve Prangnell and Julia Izatt. Alan Price and Jaine Fieldhouse won the longest drive prizes and nearest the pin was won by David Hunt. Gosfield rewarded us all with delicious fish and chips and their bar provided a good few beers and lemonades to quench our thirsts. I organised the day and look forward to the next one which is scheduled for Monday 14th September to play at Abridge and which Brandon is coordinating. Don't forget to put it in your diaries and join us all on the day. Jane Waite



THE HUNDRED PARISHES SOCIETY

www.hundredparishes.org.uk

Over the last four years, the Society has been able to make financial contributions towards a number of worthwhile local initiatives. This has been possible because of the gradual increase in the number of Society members and their generosity. The Society is a registered charity and is able to recover Gift Aid in respect of subscriptions and donations received from people who are taxpayers. The Society incurs only modest costs so is left with funds that can be usefully employed, making a difference to local communities.



**Stocking Pelham
Sign**



**Broxted Information
Panel**

It has become our practice once a year to invite applications for grants. The invitation has been sent to all organisations who have been members of the Society for at least three years; most of these are parish councils. The latest round of applications was recently assessed by the Society's trustees and they awarded four grants with a total value of £7,000. In assessing each application, we seek to ensure that it satisfies our charitable objectives, gives public benefit, has been thoroughly considered, is realistic and represents value for money.



**Linton Heritage Trail
Panel**

Often, our grant enables a worthwhile project that would otherwise simply not happen. On other occasions, our grant triggers some matching funding. Sometimes, the project is not straightforward and we don't see the outcome for some time; the

Society retains sufficient funds to ensure the grants can be paid when appropriate. Where possible, we ask the beneficiary to acknowledge the Society's financial assistance.

Projects that have already been completed with our financial help include new and refurbished village signs and information panels, churchyard improvements, community gardens with seating, refurbishment of a war memorial, an instructive video on pargetting, and digitization of a photo archive. We look forward to adding to this list as other approved projects are completed.

Ken McDonald, Secretary



**Ickelton Churchyard
Gate**

Stansted Mountfitchet U3A**Quietly getting on with things**

We are surrounded by a quiet army of people dedicated to making our community work as well as possible. The postman who sings merrily on his round greeting everyone he meets, or the parish councillor tirelessly keeping tabs on concerns in the locality. What they have in common is altruism - giving their time and attention to others to help lives be better. If you take part in a class or attend a talk in the u3a you know it is on the back of others giving their time and energy to organise it all. Chair, Dame Pauline Green is one such person who, after a highly successful, fixed 3-year term as Chair of Stansted Mountfitchet u3a, stepped down at the monthly meeting. Pauline will continue in many roles at the u3a but the chair's role is now passing to another individual willing to give of herself: Linda Huggett.

All monthly meetings include an absorbing talk, most recently a wonderful catalogue of photography of the wildlife of Britain and Europe by Mary and Graham Brace. Carefully curated by quiet experts the variety of talks are a real draw to many members.

Giving time to others can also be seen in the arranging of a lovely visit to Blunt's Hall, a restored 3-acre, Victorian garden in Witham, Essex. Owners Alan and Lesley Gamblin showed the group around their estate explaining its transition from working farm to the house and garden of today. The years of work to save the garden from neglect were carefully explained along with numerous examples of patient nurturing of the land to create beauty. The high standard of the tour was topped off with a magnificent tea described enthusiastically as, 'Easily on a par with Fortnum and Mason'!

If you go to the website (www.stansted.u3asite.uk) you will find many more examples of people organising fun and learning for Stansted retired or semi-retired. Take a look, join in and enjoy!

Julia Cook

Quendon Bowling Club News**Bowling**

Well, after a short spell with some rain we are now continuing with weather that is, on some days, even hotter than some mediterranean locations. Even with the care and the watering we are able to put into the green it is, like most of your lawns, suffering. Although it is not all green it is still playing well and we only hope that the roots are being sustained so that regrowth will be with us later in the year. If you see bowlers in our yellow and blue team shirts prancing about the village don't be alarmed, it's only a rain dance.

The season continues with increasing success and with our new and novice bowlers improving at a great rate making a sizeable contribution to our progress, the in-house coaching and match experience is working. If you fancy a trial, please contact me (contact details below) and we can facilitate a taster session. The very hot weather, and the progress of our football team in the world, has meant that some of our matches, both league and friendly fixtures, have had to be rearranged for later in the season.

In the Herts and Essex seniors league we are having mixed results and have slipped to fourth position, above mid table, but with a game in hand.

The N W Essex league is still proving more difficult and we remain in the lower third of the league.

We are continuing our strong start in the Steeple Bumpseed League and are, as of writing, second in the league with this Friday's (17/7) match against Castle Camps who are top of the league. A win here will put us up to the top spot

We are a very friendly welcoming and social club with members of varying abilities, come and meet us and see what we offer. We have a "roll up" on Tuesday evenings from 6.00 to 7.00 where you can have a go and see if it suits you, you only need a pair of flat shoes and either our club members or our qualified coach will show you the ropes.

We will be hosting a "Bowls Gala Day" at our club on Sunday 2nd August where 72 bowlers from 3 counties and Greater London will be playing all day in a knockout competition for a cash prize. There will be several county bowlers on the green and it, as always, promises to be a great day of excellent bowling. Feel free to pop into the club, have a cheap drink at the bar, grab a cake or, if you visit in the morning, a bacon roll and sit and watch the bowling.

Social Members / Evenings

We have a strong social side with various events throughout the year, as we have home games some Fridays you can watch the match as well as enjoying a drink in our grounds. We are usually open on the 2nd and 4th Fridays of the month, and our "specials" are advertised on the Parish notice boards and various WhatsApp pages or call Ray Hart (number below). We had a very successful Caribbean evening with BBQ food, Reggae music and some very dubious limbo dancing. Coming up we will be having another Quiz night and our "Family fortunes" take off evening. Look out for the posters.

Why not follow us on Facebook? You can visit our social club 3 times as guests before having to sign as a social member, the cost of which is very reasonable £30.00 a year

Remember you don't need to bowl to be a social member and our reasonable bar prices will get you 2 large wines, and 2 gin and tonics and a diet coke for less the £15, come and join in the fun.

Looking for a venue

Our Clubhouse is also available for hire by the hour, half day and full day at very

reasonable rates and has recently been used several times by local people, and we have 2 bookings going forward. If you need a venue for your club, meeting, party celebration please contact Ray Hart on 07973 632923 by either text or WhatsApp for further details.



Newport and District Flower Club

Goodness, our flowers and gardens have certainly been suffering in the recent heatwave, not to speak of us!! Fortunately, our June meeting came before the very high temperatures and we welcomed Naomi Wells with her title 'Miss Cullimore'. I will leave you guessing as to who is, was or might be 'Miss Cullimore' but Naomi's demonstration entertained us with many stories and audience participation. Her



arrangements varied from traditional to contemporary and spanned the colour palette. We did, however, brave the heatwave with a gazebo at the Henham Fete promoting our Flower Club. We showed how the colour of various flowers could be altered by standing them in a food colouring mixture, a test your garden plant knowledge with our flower quiz and create your own posy or jam jar arrangement with cut garden flowers and foliage. This was particularly popular with children!



Thanks must go to Sue Ellis-Callow for her beautiful arrangements and to Jill Hunt and Shirley Wilcock for their contributions on the day.

Thank you to all those lovely people who visited us and showed such interest in our club and its activities. We certainly hope to welcome some of you in the future. Our next meeting will be on 12th August, 2pm in the afternoon where we will be enjoying our annual Cream Tea and mini demonstration. We would love you to join us.

Tickets are £10 members, £12.50 visitors and must be booked in advance via our email. Alternatively, our September meeting will be in the evening of 16th with Lorraine Gagen and 'Into the Wardrobe'.

7pm for 7.30pm start – third Wednesday of the month

Ugley Village Hall, Cambridge Road, CM22 6HR

Sandra Honour – Programme Secretary

Email: ugleybunchflowerclub@gmail.com Facebook : Ugley Bunch Flower Club

Maces Farms Update

Harvest has caught everyone out this year. Pretty much the whole farm was ready to combine by the 10th of July – something that, according to my father, hasn't happened since 1976.

Unfortunately, that's not good news for our crops. Yields are well down, and although the crops looked promising, they certainly didn't perform as well as they appeared. As they say, you never really know until it's in the shed, and that's been the case this year.

We're still in the middle of harvest, so we can't give the full picture just yet, but at least the hot, dry weather has made things easier on both the staff and the machinery. We're even on track for what could be the farm's first-ever July finish.

The lack of rain, however, will continue to cause problems. We won't be planting any oilseed rape until we've had a proper soaking, and now the ground is simply too hard to cultivate.

Final Harvest update next month. Plenty of nice photos this month.

Mark Gemmill

Mgemmill@pegasi.co.uk



From the Editor: Thanks Mark for sparing the time out of harvesting to send these superb pictures.





What's On

Where no organiser is shown for any event in Q&R Village Hall, contact the Hall Manager, Christine Osbourn on 01799 543367 for details

Event	Date	Time	Place	Notes
Saffron Searchers	1st Monday/month	20.00-22.00	Q&R Village Hall	
Dance Exercise	Tuesdays	10.30-11.30	Q&R Village Hall	Christine Alexander
U3A Choir	2nd/4th Wednesdays	11.15-13.15	Q&R Village Hall	
Pilates	Tuesdays	18.30 -19.30	Q&R Village Hall	Vikki 07810 826465
Pilates	Thursdays	09.00-10.00	Q&R Village Hall	Vikki 07810 826465

What's On (cont.)

Pilates	Thursdays	18.30-19.30	Q&R Village Hall	Vikki 07810 826465
Social Evening	2nd & 4th Fridays	19.00-23.00	Quendon Bowling Club	
Bowls Gala Day	2nd August		Quendon Bowling Club	
Communion	9th August	11.15	Quendon Church	
Communion	23rd August	11.15	Rickling Church	
Benefice Service	30th August	10.00	Quendon Church	

Emergency Life-saving

Should someone suffer a cardiac arrest or show symptoms of a heart attack e.g. pains in the chest, then your first action should always be to phone the ambulance service on 999. The service will refer you to our Automated External Defibrillator which is at the front entrance to Quendon & Rickling Village Hall. Another is sited outside Reception at the front of Rickling School. Anyone can save a life by using one of them until an ambulance arrives. In addition you can seek help from any of the volunteers listed below.



Name	Home Telephone	Locality
Robert Arnold	01799 543075	Northern end - Cambridge Road
Sandra Arnold	01799 543075	Northern end - Cambridge Road
Chris Phillips	01799 542351	Middle - Cambridge Road
Sue Phillips	01799 542351	Middle - Cambridge Road
Wendy Stannard	01799 541869	Middle - Cambridge Road
Paul Carrol	07889 344869	Southern end - Cambridge Road
Joanne Hales	07903 596011	Rickling Green
Janice Hart	01799 541196	Rickling Green/Brick Kiln Lane/Rickling
Ann Merrit	01799 542110	Rickling Green/Brick Kiln Lane
Sue Joannou	07805 037586	Rickling Green
Jacolin Lampon	07710 281382	Southern End - Cambridge Road

For further information see www.communityheartbeat.org.uk/

Remember: Using the defibrillator can't cause injury. Doing nothing can.

The Link is published on behalf of Quendon & Rickling Parochial Church Council, who do not necessarily share or endorse any opinions expressed by contributors or advertisers. It is created, printed and delivered entirely by volunteers. Advertising supports the maintenance of our church buildings and their grounds, but largely covers the costs of production.

The Link is delivered free of charge to every household in the villages of Quendon and Rickling and is available online at: <https://www.quendonandrickling.co.uk>

All correspondence for *The Link* should be addressed to the editor, Sandra Arnold, by e-mail: thelink@arnold-q.uk, or at Talbots, Cambridge Road, Quendon, CB11 3XJ; otherwise telephone 01799 543075

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