

## **LOCAL INFORMATION FOR RESIDENTS OF QUENDON & RICKLING DURING COVID-19 OUTBREAK**

A help sheet is being produced and will be delivered with The Link magazine within the next 2 weeks. It will contain contact numbers of volunteers who will assist, where able, isolated individuals if required.

In the meantime, please contact the Parish Clerk if you are self-isolating in order that the parish Council can direct resources to you.

Keith Williams: [quendonandricklingclerk@hotmail.com](mailto:quendonandricklingclerk@hotmail.com)

### **Shopping**

As a precautionary measure **Newport Village Stores** is offering a free delivery service to any person in self isolation for food and other essentials, or any elderly person concerned about the virus who does not wish to leave their home during this time. For any vulnerable people the quietest times in the shop are between 7 and 10 p.m. Monday to Saturday and Sunday 1 – 4p.m. This is just a precautionary measure should the need arise and will work in a 5-mile radius, from 4 p.m. daily. This service is offered to the elderly all year round should they need home deliveries.

**Phone No. 01799 541991**

### **The Cricketers Arms**

The pub is now offering a take-away food service and in some instances, a food delivery service when possible. Adult main meal £12 Child Meal £6.50

See menu options for above on their website and Facebook.

Now available is an Off-Licence service. Discounts will apply

For more information call David **01799 619260**

[www.thecricketersarmspub.co.uk](http://www.thecricketersarmspub.co.uk)

### **Medical Facilities**

Details of **local surgeries** are

**Newport Surgery & Pharmacy**  
Frambury Lane, Newport , Essex

tel. no. 01799 540570

**Stansted Surgery**

tel. no. 01279 813200

1<sup>st</sup> Floor, Castle Maltings, Cower Street, Stansted Mountfitchet,  
Essex CM24 8XG

**Elsenham Surgery**

tel. no. 01279 814730

Station Road, Elsenham, Essex

**Gold Street Surgery Saffron Walden**

tel no. 01799 525325

Gold Street, Saffron Walden, Essex

**Hospitals (A&E)**

Addenbrookes Cambridge

tel. no. 01223 245151

Princess Alexandra NHS Trust Harlow

tel. no. 01279 444455

**Chemists**

Stansted Boots Pharmacy, Cambridge Road, Stansted, Essex **tel 01279 812278**

Stansted Pharmacy 1<sup>st</sup> Floor Castle Maltings, Stansted Mountfitchet  
**tel. no. 01279 816323**

Newport Newport Pharmacy, High Street, Newport, Essex  
**tel. no. 01799 540968**

**Churches**

St. Simon & St. Jude Quendon

All Saints Rickling

Rev. Neil McLeod **01799 540339**