

# THE LINK

Quendon & Rickling  
Parish  
and Church

You can find THE LINK  
and much more at  
[www.quendonandrickling.co.uk](http://www.quendonandrickling.co.uk)

## NEWS

**December 2015**

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Visits: If you would like the Vicar to visit you at home or in hospital, or know of anyone who would like him to visit them, please let the Vicar know.

**The Rev'd. Neil McLeod**, The Vicarage, 5, Meadowford, Newport, Saffron Walden, Essex, CB11 3QL

**Telephone:** 01799 540339 **E-mail:** [mcleod444@btinternet.com](mailto:mcleod444@btinternet.com)

## From the Vicarage Study

Rev. Neil McLeod,

Priest-in-Charge of Newport with Widdington, Quendon and Rickling.

Christmas will soon be with us which for me is fantastic because I love Christmas! I love getting together with family and friends, and exchanging parcels. I especially like seeing people unwrap the presents that I brought for them. I enjoy Christmas Day evening sitting down after a lovely meal to watch Strictly Come Dancing and Dr Who – it's a tradition in the McLeod family. I love doing the myriad of Christmas Services in the weeks leading up to Christmas. You'll find those services listed elsewhere in this magazine. Why do I love it? Because I get to celebrate, once more, the birth of Jesus Christ, born in the stable in Bethlehem.

Yet for some people Christmas has nothing to do with Jesus at all. For some people it is just about the gifts, the decorations and spending times with those they love. There is nothing wrong with those things at all but I believe that they are missing out on the best bits! They're missing the nativity story. They're missing Jesus.

Beginning on 11th January I shall be running a weekly daytime Christianity Explored Course between 10.00 - 12.00. The course will run for 7-8 weeks. As the picture states it answers the who, what and why questions about Jesus himself:

- Who is he?
- Why does he matter so much that we celebrate his birth each year?
- What does it mean for each one of us?



The course is open to everyone to attend, and I am hoping to be able to run a crèche alongside the course to enable little ones to be looked after whilst you can attend the course. In each session we'll watch a DVD and then have a discussion about the questions raised within it. There is no pressure, and there are no set answers. It will be a safe place to ask any question that you want about Jesus. We will be exploring his life and what it means for us.

If you already know who Jesus is and think the course may not be relevant to you, think again! I know that there is always something new to learn. You might like to use the opportunity to invite someone to come along with you.

If anyone wants to know more about the course or wishes to sign up to it, then they can contact me on 01799 540339 or via email on [mcleod444@btinternet.com](mailto:mcleod444@btinternet.com). I look forward to seeing you at our Christmas services and I hope to see you join me for Christianity Explored.

Otherwise I do hope to see you at our Christmas services, but if I don't have a chance to say it otherwise I wish you all a very happy and blessed Christmas.

Neil

### **Priest in Charge of Newport with Widdington and Quendon and Rickling.**

The Rev'd. Neil McLeod, The Vicarage, 5, Meadowford, Newport, Saffron Walden, Essex, CB11 3QL

Telephone: 01799 540339 E-mail: [mcleod444@btinternet.com](mailto:mcleod444@btinternet.com)

**Churchwardens -** **Quendon:** Mrs Maureen Hawkins 01799 543201 and Mrs Christine Osbourn 01799 543367  
**Rickling:** Lisa Huxtable 01799 542995

**Treasurer -** **Quendon and Rickling:** Mrs Sandra Arnold 01799 543075

### **Contact details for local Police**

For emergencies **999**

For other general inquiries **101**

Neighbourhood Officers:

PC Hannah Griffiths Telephone: 101 ext 395102 Mobile: 07989 174801 E-mail: [hannah.griffiths@essex.pnn.police.uk](mailto:hannah.griffiths@essex.pnn.police.uk)

PCSO Chris Barrett Telephone: 101 ext 395103 Mobile: 07989 174801 E-mail: [8439@essex.pnn.police.uk](mailto:8439@essex.pnn.police.uk)

PCSO Andy Davis Telephone: 101 ext 395103 Mobile: 07989 174801 E-mail: [7830@essex.pnn.police.uk](mailto:7830@essex.pnn.police.uk)



## Church Services in the Benefice

### Sunday 6th December

9.30am	Widdington	Christingle Service
11.00am	Newport	Family Communion

### Sunday 13th December

8.30am	Widdington	BCP Communion
9.30am	Quendon	Baptism Service
11.00am	Newport	Morning Worship
3.30pm	Newport	Messy Christingle
6.00pm	Quendon	Carol Service

### Sunday 20th December

11.00am	Newport	Holy Communion
3.00pm	Widdington	Carol Service
6.00pm	Newport	Carol Service

### Christmas Eve

3.30pm	Widdington	Crib Service
4.00pm	Rickling	Crib Service
5.00pm	Newport	Crib Service
11.30pm	Newport	Midnight Communion

### Christmas Day

9.30am	Quendon	Family Communion
10.00am	Widdington	Family Communion
11.00am	Newport	Family Communion

### Sunday 27th December

9.30am	Widdington	Benefice Holy Communion
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### Sunday 3rd January

9.30am	Widdington	Family Service
11.00am	Newport	Holy Communion

### Sunday 10th January

8.30am	Widdington	BCP Communion
9.30am	Quendon	BCP Communion
11.00am	Newport	All-Age Service

### Sunday 17th January

9.30am	Widdington	Holy Communion
11.00am	Newport	Holy Communion
6.00pm	Rickling	Evening Prayer

### Sunday 24th January

8.00am	Newport	BCP Communion
9.30am	Rickling	Holy Communion
11.00am	Newport	Morning Worship
3.30pm	Newport	Messy Church

### Sunday 31st January

9.30am	Widdington	Benefice Healing Service
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#### In addition to these services, prayer meetings are held as follow:

Quendon, Mondays 4 30 pm  
 Rickling, Thursdays 9 00am  
 Widdington, Tuesday 9 00am  
 Newport, Wednesday 4 30 pm.

## An Invitation

**A**re you going to be on your own this Christmas Day, or do you know someone who is going to be on their own? On Christmas Day in Church House in Newport we will be putting on a sumptuous Christmas lunch with all the trimmings. We are excited about the prospect of having this special lunch again on Christmas Day and we would simply be delighted to host people from across Quendon & Rickling. Lunch will be served at 12.30pm, with a glass of sherry and some nibbles beforehand and you will be in wonderful company.

If you are unable to get to Church House yourself, we would still love to have your company and can arrange for someone to collect you and take you home again afterwards. It would be wonderful if you are able to be with us on Christmas Day and sincerely look forward to seeing you then.

If you are able to join us, and/or know of someone else who might, than please let us know by contacting John Sterenborg by post at 49 Hyll Close, Great Chesterford, CB10 1QF, or by telephone on 531021 by Friday 18th December.

Neil



## RICKLING PRIMARY SCHOOL

# Christmas Fayre



### Friday 4th December

### 3.15pm - 5.30pm

Christmas Auction

Christmas Raffle

Nail and Hair bar

Stalls and Games

Arts and Crafts

Tombola

## Santa's Grotto



## Church wardens news

Thank you to everyone who completed or contributed to the Samaritan Shoe Box Appeal. Between the church and the Wednesday Club 14 boxes were collected and sent off.



## **Carol Service Sunday 13th December**

### **6.00pm Quendon Church**

Please come and join us for traditional carols, mulled wine and mincepies.

## **Crib Service 24th December**

### **4.00pm Rickling Church**

Very popular service for children and parents.

**The start of Christmas.**

## **Village Coffee Mornings**

**No coffee morning in December.**

**Next will be Wednesday 20th January 2016.**

**From 10.00 Quendon Village Hall in aid of Quendon & Rickling Churches.**

## **Quendon & Rickling Parish Council**

**Councillor Vacancy** Following the resignation of Stephanie Bridgewater, a Casual Vacancy has arisen on the Parish Council. The statutory notice has been displayed in the Parish. The PC will be looking to fill this vacancy and anyone interested in joining should contact either the Clerk, or speak to one of the Councillors.

**Bus Shelter** Essex CC Highways have agreed to the provision of a bus shelter for those travelling northbound and this will be sited alongside the Village Hall Car Park. The PC is currently liaising with UDC for the litter bin to be moved, so as to be adjacent to the new shelter, and is also looking at replacing the one on the other side of the road.

**Community Skip** A skip was placed at Coney Acre over the weekend of 24th/25th October 2015. This service is primarily for those residents who are unable to get to the local recycling centres but, unfortunately, and despite notices, the skip was again over-filled and it was noted that it had been used for commercial waste. Also, some large objects had been left by the side of the skip. The PC is now considering whether it can continue with this service and, if so, how we can encourage people to use it responsibly.

**Green Road** Green Road is the subject of a feasibility study by Essex Highways. A speed survey has been conducted and Essex Highways has confirmed that indications are that the criteria for a reduction in the speed limit to 20 mph would be met. The PC will be following this up.

**Highway Problems** The Essex Highways website is available for anyone noticing a problem to report it: <http://www.essexhighways.org/Report-a-problem.aspx>. A tracking facility for all reported faults is available.

**Welcome Packs** The Parish Council provides a Welcome Pack of information for residents new to the Village but it is difficult for the Parish Clerk to keep track of all movements. If anyone knows of any newcomers recently moved in/moving in near them please advise the

Clerk (details below) and she will provide the information.

**Police/Crime** The Essex Community Messaging Service provides useful information to the public about policing and safety issues. It is free to register and information is given relative to your postcode, thus providing accurate and up-to-date community safety information and crime prevention advice. Users can choose to receive information via e-mail, text or voice-recording and can select what information to receive – based on where they live and work and on issues of interest. For further details and to sign up, visit [www.essex.police.uk/ecm](http://www.essex.police.uk/ecm)

We are still looking for volunteers to coordinate a **Neighbourhood Watch Team** in the Parish. If you are interested, please contact the Clerk (details below).

**Allotments** Anyone interested in taking up an allotment should call Peter Warwick on 01799 543526. We understand that there are still some available and it is also possible that some of the existing ones may be divided up.

**Parish Council Meetings** All are welcome to attend the Parish Council Meetings. The last meeting for 2015 will be held on 16th December 2015 at 7.30 p.m. in the Village Hall.

Children's Activities: **Armadillos** a Bumps, Babies, Toddlers and Parents group meets every Tuesday (term time) from 9am-11am at Rickling School Hall

**Buffy Bus** is no longer visiting the Parish. The Wednesday service has been rescheduled to stop at Cherry Garden Lane, Newport between 9.15 a.m. and 10.30 a.m.

**Contact the Parish Council:** the Clerk, Sue Phillips can be contacted by e-mail [quendon.clerk@tiscali.co.uk](mailto:quendon.clerk@tiscali.co.uk) or by telephone 01799 542351. Should anyone wish to receive e-mail updates/notices, please send her your e-mail address.

## This month's message from the Chairman of the Parish Council

I'm sorry to have to say that one of our new councillors, Stephanie Bridgewater has decided that the Parish Council is not for her, and has resigned. I'm very sorry to lose her and wish her all the best. This means of course that we have a vacancy. You will find more about that, and how to apply if you are interested, in the Clerk's piece in this paper.

You may remember, it seems a very long time ago, that I called on every address around Rickling Green, asking residents views on the prospect of a 20 mph speed limit in Green Road, particularly in the vicinity of the school. The PC put this forward as a scheme and it seems that Highways agree that it's a good idea. They have investigated and are proposing to go ahead in the near future. I'm not sure how near but at least we now know that it's in hand.

We also broached the subject of the junction of Cambridge Road and Belchamps Lane. This is also being investigated by highways and of course I'll let you know how that progresses.

A matter of vital importance to the District as a whole is the current consultation on the new Local Plan. This plan will shape the amount and location of development in Uttlesford for the next fifteen years. I would strongly urge everybody to look up the District Council website, click on planning, and complete the questionnaire. You don't have to answer all the questions, but please do give your views on any of the questions you wish. Only if enough questionnaires are completed will the District Council have a feel for public opinion. The Parish Council will of course be responding but we may not necessarily reflect your views. If you don't have access to the internet you can call the council offices on 510510 and ask for a paper copy of the consultation.

As CALA continues with the Foxley development we were advised by the District Council that three road names had been suggested by CALA and we were asked to comment. We considered the suggested names to be inappropriate, all being associated with cricket, and made suggestions of our own. I'm happy to say that both CALA and UDC accepted our suggestions and the three roads within the development will be named, 'Barratt' after Dick Barratt, 'Winstanley' and 'Bluebell'.

Apparently winter is about to arrive, so keep warm.

Alan.

*They say one in five people in the world are Chinese. There are five people in my family, so it must be one of them. I don't think it's my mum, or my dad. It's not me. That leaves my older brother Colin, or my younger brother Ho-Cha-Chu. I think it's Colin.*



## Rickling Carers Club

There will be a social morning in Rickling Village Hall on the 1st Wednesday of every month commencing in January 2016 from 10.00 am -12.00 pm.

This event is to encourage people who live in the village and surrounding areas who have any disability and their carers to enjoy a social time.

There will be refreshments ,a raffle and stalls and speakers from time to time on important issues

We are hoping to develop the club as a meeting place for people to have a pleasant time and get out of the house and meet other people

*If you need any more information please call Angela on 01799 218061 or Carol on 01799 543807 alternatively just turn up on the 6th January 2016 and we'll put the kettle on*

## Quendon & Rickling Book Club - Reborn!

**Well it could be if there are enough to support it and help run it.**

**If you like reading and would welcome the excuse to meet and chat about whatever you read (whatever!) please contact the Editor. Meetings can be as formal or informal as you want them to be - it's your choice.**

**The Editor can be contacted by e-mail at [robert@arnold-q.uk](mailto:robert@arnold-q.uk) or by telephone on 01799 543075**



On a calm, moonlit evening the restored 15th century Finchingfield Guildhall was the venue for members of the Hundred Parishes Society who had gathered for a social evening in this lovely timber-framed building. They appreciated an illustrated talk by Ken McDonald whose photographs of the agricultural landscapes, picturesque villages, fine churches and other listed buildings helped to explain the essential features that make this area so special.

The presentation was followed by the Society's Annual General Meeting, conducted by chairman Douglas Kent. He reported an expanding membership, completion of the comprehensive introductions to each parish on our website [www.hundredparishes.org.uk](http://www.hundredparishes.org.uk) and a regularly-updated What's On page of information about local events. The Trustees' report and accounts were approved and all six trustees were re-elected.

After the formal part of the meeting and refreshments, members enjoyed a guided tour of Finchingfield Guildhall whose recent restoration programme had been funded by significant grants from the Heritage Lottery Fund and English Heritage as well as generous support from a number of other organisations.

Our guide, Des Fahy, explained that the restoration had revealed fascinating details of the building's construction, as well as the range of skills of the original carpenters, tilers, plasterers and others who had toiled to create such a long-standing building from what is believed to have been a limited budget. Their modern counterparts have sympathetically rejuvenated it so that today it is fully accessible and all can use and appreciate this Grade I-listed building.

Finchingfield's library is on the ground floor as is a small museum where modern technology enhances the presentation of Finchingfield's history. The lofty and spacious upper floor provides a venue for a popular programme of varied events. For details of future events see [www.finchingfieldguildhall.org.uk](http://www.finchingfieldguildhall.org.uk).

Tricia Moxey  
Trustee

### Re A Bit of History

Last month THE LINK included a note about the late Mr Samuel Clayden, formerly of Rickling, about whom his great great grandson was making enquiries.

One of our Churchwardens (and the Quendon & Rickling Local History Recorder) has now written,

**"Clayden enquiry.** We do not have any burial records here in the village, all record books are with Essex Record Office. The current book started in 1986. We have a photo copy of a list made by Frank Best, of just burials, before he took the books to Chelmsford. This goes from 1813 to 1986. The following are from that list: Mary Ann Clayden, Feb 5th 1921 age 78; Emma Clayden, Waterbutt Row, Oct 3rd 1935 age 94; Bessie Clayden April 14th 1942 age 86; Edith May Clayden, Rickling Corner, July 17th age 69 (this is the very first grave inside the gate of the new grave yard); Susan Clayden Quendon Jan 19th age 31 1870.

We have no way of knowing if these are related to the original enquiry. We read out the name of Harold Clayden every year from the WW1 memorial and a George Clayden is mentioned in the Link of 1914\*, see THE LINK of March, May and June 2014.

I have made a map of the graves in the new grave yard but not the old grave yard, so many graves are unreadable and not every one could afford a headstone."

\*You may remember that during 2014, the centenary year of the start of the First World War, each issue of THE LINK carried an extract from archive copies of the parish magazine published during the Great War.

### LinkBay

*To advertise on LinkBay,  
either something you offer or  
something you seek,  
contact the Editor, Robert Arnold,  
e-mail: [robert@arnold-q.uk](mailto:robert@arnold-q.uk),  
Talbots, Cambridge Road, Quendon,  
CB11 3XJ*

**Advertising in  
THE LINK  
reaches every household in  
Quendon and Rickling at  
attractive rates**

**This space could be promoting  
YOUR business**

**Contact:**

**Advertising on telephone 01799  
543297 or**

**The Editor preferably by e-mail  
at [robert@arnold-q.uk](mailto:robert@arnold-q.uk), or  
telephone 01799 543075**

**Advertising in  
THE LINK**

**reaches every household in Quendon and Rickling  
at attractive rates.**

**It could be promoting YOUR business.**

Contact:

Advertising on telephone 01799 543297 or  
The Editor, **preferably by e-mail with attachments as  
necesssary** at [robert@arnold-q.uk](mailto:robert@arnold-q.uk);  
otherwise telephone 01799 543075.

**Quendon & Rickling 100 Club**

This months winners are,

1st prize..... No 55.....Malcolm Bonfield

2nd prize..... No 10.....Michael Atlee

3rd prize.....No 56.....Lorraine Chandler

Many congratulations to our lucky winners. If you would  
like to be in with a chance of winning a prize, join us!

Ring Clare for more details. 01799543637.

*Thank you.*

**Don't miss the Christmas Fayre!**

**See Page 3**



**Crime Prevention Advice (received from Essex Community Messaging)**

**1. Pension Scam Alert**

The National Fraud Intelligence Bureau (NFIB) has been alerted to a pension scam whereby cold callers target members of the public aged 50 to 60 years old to release and transfer their pension early. Suspected firms who advertise and arrange pensions are offering investments in alternative commodities such as hotel developments or property in Cape Verde, and operate as unregulated collective investment schemes.

Often, the cold calling 'pension companies' involved are neither regulated nor qualified to give financial advice and classify themselves as a 'trustee', 'consultant' or an 'independent advisor' and offer exceptionally high return rates for investors.

Some victims have signed documents that authorises a limited company to be set up using their personal details, including utilising a Small Self-Administered Scheme (SSAS). Whilst SSAS accounts and limited companies are essential for legitimate schemes, the fact that victims are unaware that this will happen suggests that the scheme may not have been fully explained to them, increasing the likelihood that there may be an element of fraud involved.

Protect yourself:

- Further advice can be found at:

<http://www.fca.org.uk/your-fca/documents/protect-your-pension-pot>

<http://www.fca.org.uk/consumers/financial-services-products/pensions/protect>

<http://www.thepensionsregulator.gov.uk/individuals/dangers-of-pension-scams.aspx>

- Ensure that you request that the risks and growth rates are explained and that you fully understand them before transferring your pension
- Check whether the pension arrangement company is registered with the FCA. Registered companies can be checked using the FCA register online at: <https://register.fca.org.uk/>
- Remember that if the offer seems too good to be true, then it generally is!



## 2. Parcel Mule Alert

People are being targeted to become “Parcel Mules” as part of a reshipping scam, which results in them handling stolen goods and losing out financially.

Victims are predominantly recruited through job advertisements and dating websites. They are persuaded to have items delivered to their addresses, and to then send the items elsewhere. They are also asked to pay for postage. Victims are contacted through Freelancer websites and invited to become a “Freight Forwarder” as an employment opportunity. The work is advertised as processing packages and forwarding them to clients.

The items being delivered have been purchased through fraudulent means, including the use of stolen/fraudulently obtained cards. The items being delivered are often high value goods or electrical equipment such as trainers, perfume and the latest phones.

If you act as “mules” you are not only handling stolen goods, but you also lose out financially. You will not get paid the promised salary, and you pay for the postage and delivery of the packages personally. You will also have provided enough of your personal details to allow identity theft to occur.

How to Protect Yourself:

- Do not agree to receive packages at your address for someone that you do not know and trust.
- Be cautious of unsolicited job offers or opportunities to make easy money.
- When accepting a job offer, verify the company details provided to you and check whether they have been registered in the UK.
- Be wary of someone that you have met only online who asks you to send money or to receive items. Protect your privacy and do not give your personal details to someone that you do not know and trust.

**If you believe that you have been a victim of fraud you can report it online:**  
[http://www.actionfraud.police.uk/report\\_fraud](http://www.actionfraud.police.uk/report_fraud) or by telephone: 0300 123 2040.



## Be Deer aware during the rutting season

When travelling around the County you may drive through rural locations and as such the The Deer initiative alongside the Highways Agency are giving the following advice.

### How to avoid a collision - basic tips.

- **Do take note of deer warning signs.** Such signs are positioned only where animal crossings are very likely - they could happen anywhere
- **Drive with caution.** During danger periods or on roads where hitting a deer is a possibility, drive with caution at or below the posted speed limit.
- **Beware during peak danger periods.** Peaks in deer related traffic collisions occur October to December, but also in May. Highest-risk times are from sunset to midnight, and the hours shortly before and after sunrise.
- **Seen one? Look for another.** Be aware that further deer may well cross after the one you have noticed, particularly during the mating season, but also where deer are in herds.
- **Use your lights.** After dark, do use full-beams when there is no opposing traffic. The headlight beam will illuminate the eyes of deer on or near a roadway and provide greater driver reaction time. BUT, when a deer or other animal is noted on the road, dim your headlights as animals startled by the beam may ‘freeze’ rather than leaving the road.
- **Don't over-swerve to avoid hitting a deer.** If a collision with the animal seems inevitable, then hit it while maintaining full control of your car. The alternative of swerving into oncoming traffic or a ditch could be even worse. An exception here may be motorcyclists, who are at particular risk when in direct collisions with animals.
- **Cars behind you.** Only brake sharply and stop if there is no danger of being hit by following traffic. Try to come to a stop as far in front of the animals as possible to enable it to leave the roadside without panic.
- **Report Collisions.** Report any deer-vehicle collisions to the police (who should be able to contact the local person best placed to assist with an injured deer at the roadside)
- **Finally, remember to ... Stay alert - Deer on Roads**







## WORRIED ABOUT THE FUEL BILL?

If you are worried about money, it's tempting not to turn the heating up – but a little bit of planning should ensure you save money and stay warm this winter.

- If you are having a problem paying your bill, contact your energy supplier as soon as possible. They may be able to help by changing your payment options, moving you to a cheaper deal or by installing a pay-as-you go meter.
- Get the right energy deal. With an estimated £200 annual saving in switching please visit [www.goenergyswitching.co.uk](http://www.goenergyswitching.co.uk) and have a look! If you need help with this please call Uttlesford Citizens Advice.
- Alternatively, why not join a bulk energy buying scheme like Essex Energy Switch. For information go to [www.uttlesford.gov.uk/essexenergyswitch](http://www.uttlesford.gov.uk/essexenergyswitch) or call 01376 552 525 and ask for the Energy Advice Team.
- Bulk buying oil – The Rural Community Council of Essex run an Oil Club and can be contacted over the phone on 01376 574340. Alternatively speak to your Parish Council to see if a club is operating locally or perhaps look at [www.oil-club.co.uk](http://www.oil-club.co.uk) or [www.boilerjuice.co.uk](http://www.boilerjuice.co.uk).

*“ I knew I could save money switching energy companies, but I didn't know that I could get my heating oil any cheaper. The CAB adviser told me that lots of villages have group oil buying schemes and gave me a telephone number. I've now joined mine and as well as getting my oil cheaper, I get an email every time they do an order which is a good reminder to check what I have left.”*

- Get help if money is tight. You may be eligible for a WINTER FUEL PAYMENT OR A COLD WEATHER PAYMENT. Participating electricity suppliers offer a discount of £140 off your electricity bill if you are eligible. You will automatically qualify for the discount if on 12 July 2015 all of the following apply:
  - your electricity supplier was part of the scheme
  - your name (or your partner's) was on the bill
  - you were getting the guarantee credit element of pension credit (even if you get savings credit as well). You may also qualify if you are on a low income or receive certain other benefits. You don't have to apply and should receive a letter by 24th Dec. If you think you qualify but have not received a letter call your supplier **before 29th January 2016**.
- It's estimated that £20 billion pounds of benefits aren't claimed every year. If you're worried about heating your home, give Uttlesford Citizens Advice a call on 01799 618840 – we have trained volunteers who can check your benefit entitlements and help with money worries if you have them.

**Did You Know....** You cannot be disconnected in the six months between October and March if you are of pensionable age and live alone, or if you live with people who are of pensionable age or under 18.

This advice is an excerpt from 'Keeping Warm in Uttlesford 2016', which will be available across the district from January. If you don't receive a copy and would like one, please call Uttlesford CAB.

***Uttlesford Citizens Advice offers a free, impartial and independent service, with a wide range of support available from general advice to specialist help dealing with serious debt problems, employment disputes, housing and family issues. You can call or email to make an appointment to speak to an experienced and friendly adviser in Saffron Walden, Great Dunmow, Thaxted, Stansted Mountfitchet, Wimbish (soldiers and families only) or by video link from Takeley.***

Barnards Yard, C11 4EB

T: 01799 618840

W: [uttlesfordcab.org.uk](http://uttlesfordcab.org.uk)

E: [bureau@uttlesfordcab.cabnet.org.uk](mailto:bureau@uttlesfordcab.cabnet.org.uk)

Saffron Walden 9.30 to 3.30 M.T.Th.F. (appointments available Weds)

Great Dunmow 9.30 to 3.30 T. W. Th.

Thaxted 9.30 to 12.30 Monday (fortnightly – appointments only)

Stansted Mountfitchet 9.30 to 12.30 Thursday (weekly – appointments only) and 9.30 to 12.30 Monday (fortnightly – appointments only)

Takeley by video link Thursday and Friday by appointment only

## Quendon and Rickling Golf Society

The Golf Society made it's annual November return to Bishop's Stortford Golf Club on November 6th, hosted by Richard and Susie Hartley. This venue's popularity was reflected in the numbers - 21 golfers - a record! The weather could have been kinder but we were well set up by coffee, bacon sandwiches and much chat. Waterproofs were the order of the morning but as the day continued it really did brighten up and dry out so everyone's mood lifted with the clouds and all 21 returned to the clubhouse in good spirits. Susie and Richard had organised a late lunch of ham, egg and chips which went down very well and we were all refreshed and happy.

Of course the golf is what brings us all together and is all important. We played a team game in threes which spread the pressure. Susie announced the winners in reverse order: Susie herself with Mervyn Waite and Anthony Gold in third place, Oz Osbourn, Jaine Fieldhouse and Sue Knight in second and Paul Fieldhouse, Jan Rackham and Jane Waite in first place. The nearest the pin prize went to Jan Rackham and the men's longest drive to Brandon Chapman. Jaine Fieldhouse swept up the ladies longest drive prize, hitting an absolute cracker with her new driver which in fact finished ahead of the men's best drive - true girl power! We had a raffle as ever which raises money for our churches and Jane won a return round at Bishop's Stortford. Our donation to the churches will be made at the end of the year. Our



grateful thanks to Susie and Richard for organising such a lovely day. We'll be back!

We shall round off our golfing year with a day out at Canons Brook Golf Club on Wednesday December 9th and a social event including a quiz for all our members and guests that same evening at the Fleur in Widdington. If you would like to join our group then do contact any golfer you know or email [janewaite@hotmail.com](mailto:janewaite@hotmail.com).

### Calling Youths Between 14yrs and 18yrs

**Do you want to contribute to the way your village can be in the future?**

**Do you want to represent the children of your village?**

**Do you want to have a say in what services are needed for the children in your village?**

**Perhaps you'd like more social activities?**

**We are looking for Youth Forum Representatives in your area now, to form a committee and work with all residents to express how they would like to improve facilities in their village in the future.**

**Is this for you ?**

**Then ring Angela 01799 218061 / Carol 01799 543807**



## Personal Safety

The most important thing to remember in personal safety is to be aware of your surroundings, “keep your wits about you” and plan your journey, have a plan in mind should things go wrong. You are very unlikely to become a victim of crime and these tips are intended to help safe guard you.

1. **Mobile phones and personal music players.** Before you answer a text or a call check it is safe to do so, they can take your attention away from your surroundings and reduce one of your important senses – your hearing. Remember your illuminated screen lights up your face, reduces your vision around you at night and shows someone your desirable mobile phone. Then there are also a number of road accidents that occur due to the same distractions.
2. **Trust your instincts.** Our instincts have developed over years, if something does not feel right or feel safe go with the feelings, avoid the location. Try to use well lit, busy streets and use the route you know best. Walk facing the traffic so you can see cars that approach you and the people within. If you feel threatened raise the alarm, head for a crowded place, make a noise, knock on a door. When it's safe to do so dial 999 it's an emergency after all.
3. **Plan.** Have a plan in your mind, if.....happens I will do what? It's also a good practice at home, for instance – if I am awoken in the night by the smoke detector going off what's the plan. Plan your journey give yourself time so that you don't need to take the short cut you would not normally use, let someone know where you are going and what time you are likely to be back, know the times of buses and trains, take the number of a reliable taxi company with you. Make sure your mobile phone is fully charged and you have sufficient cash for your journey (don't carry too much though and don't exhibit it). Clothing - hoodies reduce your peripheral vision; wear something you can move easily in.
4. **Personal safety alarm.** Consider carrying a personal safety alarm, or with the modern “smart phones” there are also app's such [www.panicguard.com](http://www.panicguard.com) (a Secured by Design accredited company), if you have it don't hesitate to use it if you feel the need.
5. **In a car.** Always use good well lit car parks such as a “Parkmark” approved car park [www.parkmark.co.uk](http://www.parkmark.co.uk). Again look around, feel unsafe lock yourself in; sound the horn. And use your mobile phone, drive to a crowded place.

Further advice can be found on these web sites:

[http://www.essex.police.uk/be\\_safe/personal\\_safety1.aspx](http://www.essex.police.uk/be_safe/personal_safety1.aspx)

<http://www.suzyplamplugh.org/personal-safety-tips/free-personal-safety-tips/safety-on-the-street/>



### 2016 Village Photographic Competition – April 24th

**If you have a camera -  
even on your mobile telephone -  
you can take part!**

**Start taking those pictures again.**

**Classes:**

**Travel**

**Winter**

**Patterns**

**Architecture**

**Street scenes**

## Public Safety Notice

An 18 year old young lady was driving along the road between Thaxted and Elsenham (B1051) Thursday night between 6 and 7pm.

After 5 minutes she felt that she was being followed by a white Citroen and so turned the car round but the white car followed her. She pulled in to a stranger's driveway in a bid to shake the car off but it waited. When she went to pull away the white car remained in the middle of the road and then put its full-beam on but after a pause pulled away.

Needless to say that she was very shaken and upset as a result of this experience. After talking to friends she found that a local girl had recently posted a similar experience on Facebook where a white car had followed her with two men inside and had attempted to open her car door when she stopped.

**If you or you know someone who has had a similar experience please call 101 and report it to the police.**

*Oh dear, short of a final page to make up the 16! What can I use? More crime/safety advice? No there's enough of the already.*

## **Ah! Look to archive issues of THE FORUM.**

THE FORUM was a village newsletter published by the Parish Council of the time, starting in 1991. I have digital copies of some of them, but not all, so I don't know for how long it ran. It often reveals that the problems we face now in our villages are not new!

### ***In Parish Council News for Spring 1992:***

**News Letter:** *There had been little response to the News Letter. The Clerk had written a letter to the School asking for contributions from staff and/or pupils. Mr Wright will research the history of the fountain. Mr Tearne requested that there be a note in the News Letter asking local people to get in touch with their local Councillors should they wish to comment on any aspect of village life or contribute to Village Forum. Mrs Osbourn will give an update of the news on the Village Hall.*

Even so, there seemed to be a little more willingness then to share the history of relevance to Quendon and Rickling, as shown by this item in the same issue, written by Stephen Dykes Bower, (18 April 1903 – 11 November 1994), a church architect and gothic revival enthusiast, then of Quendon Court:

**Quendon Court:** *The chapel of King's College is such a prominent feature of the centre of Cambridge that few visitors will fail to notice it. It is of interest to recall that our village has a special link with it. In the year 1443 - five and a half centuries ago by all but one year - oaks from 30 acres of woodland in Quendon were supplied for the timber roof on which is laid the outer lead covering of the chapel. That roof became invisible inside when the stone fan-vaulting below it was finished. But it is still there, fulfilling its function of a massive construction that so large a building required.*

*Completion of this chapel as the crowning glory of the college which he had founded became increasingly the ardent wish of King Henry VI whose reign, though long, was beset by so many troubles. That it was by his order that Quendon contributed oaks means that he must have known where trees of the right maturity were available. The explanation may itself remind us of what is easily forgotten - that much of Essex was Royal Forest land.*

*After two outbreaks of elm disease within the last sixty years, as well as wholesale destruction of hedges, hedgerow trees and woodlands, the landscape of our country has lost much of its former green luxuriance.*

*It is difficult to look further back and picture it as largely forest in which some villages occupied clearings. Further south Hatfield Forest, Epping and Hainault forests still bear witness scenically to what once was far more extensive: Quendon wood, which is of great antiquity, still does so for us more directly.*

*What the house that in medieval times stood on the site of Quendon Court and was known as Batailles (sometimes spelt Battels), may have looked like cannot be known. But it would probably have been largely of timber as the material most readily plentiful, and possibly Monks Barn, the old house towards the middle of the right-hand side going north through Newport, may be suggestive of what Batailles may have resembled. At the western approach to Coggeshall, Paycockes - now owned by The National Trust - is another Essex example of similar type, the spaces between the oak framing filled with brick laid in various ways.*

*The house which superseded Batailles in the time of Queen Elizabeth I, towards the end of the 16th century, became known as The White House - a change of name that could be accounted for if it was faced externally entirely in plaster - whitened and perhaps displaying the local fondness for Pargeting. The Old Sun Inn, at the corner of Market Hill and Church Street in Saffron Walden, is a good example of how decorative this enrichment of plaster surfaces could be, and prompts us to be on the lookout for other buildings that, if less lavishly, show something of the same sort and are not uncommon.*

*Because both have disappeared, the external aspect of these two houses, Batailles and The White House, can of course now only be a matter of surmise. The house which succeeded them in the mid-18th century is still a part of the village we know.*

*Stephen Dykes-Bower*

Enquiries for instance via the "Contact us" on the village web-site ([www.quendonandrickling.co.uk](http://www.quendonandrickling.co.uk)) show clearly that there is a significant interest in the history of Quendon and Rickling. If you know or have come across anything about the history of Quendon and Rickling or as the piece above shows, only of relevance to our villages, don't keep it to yourself, please share it.

Robert Arnold, Editor, THE LINK [robert@arnold-q.uk](mailto:robert@arnold-q.uk) 01799 5439075



## What's On

Event	Date	Time	Place	Contact
EXTEND Exercises	<i>Mondays</i>	10.30	Q&R Village Hall	Pat Turner 01799 543314
Saffron Searchers	<i>1st Monday in month</i>	-	Q&R Village Hall	-
Dog Training	<i>Mondays</i>	-	Q&R Village Hall	Pauline Everton
Prayer Meeting	<i>Mondays</i>	16.30	Quendon Church	
Pilates	<i>Tuesdays</i>	09.00-10.00	Q&R Village Hall	Jan Crawley 077421 82272
Dance Exercise	<i>Tuesdays</i>	Morning	Q&R Village Hall	Christine Alexander
Dance Exercise	<i>Tuesdays</i>	Afternoon	Q&R Village Hall	Christine Alexander
Bowls Club Night	<i>Tuesdays</i>	18.00	Quendon Bowls Club	David Edwards 01799 540167
Armadillos	<i>Tuesdays (term-time)</i>	09.00	Rickling School	Stevie Green 01799 542734
Rickling Carers	<i>1st Wednesday in month</i>	10.00-12.00	Q&R Village Hall	
U3A Choir	<i>Wednesdays</i>	10.30	Q&R Village Hall	
Wednesday Club	<i>Wednesdays</i>	-	Q&R Village Hall	Christine Osbourn 01799 543367
Prayer Meeting	<i>Thursdays</i>	09.00	Rickling Church	
Line Dancing	<i>Thursdays</i>	-	Q&R Village Hall	Dawn Bond 01787 460274
Upholstery Class	<i>Thursdays</i>	9.30-12.30	Q&R Village Hall	Adult Education Harlow 03330 132158
Upholstery Class	<i>Thursdays</i>	13.00-16.00	Q&R Village Hall	Adult Education Harlow 03330 132158
Rickling Runners	<i>Thursdays</i>	19.30	The Green	Stevie Green 01799 542734
DiddiDance (2-4yrs)	<i>Fridays</i>	10.00	Q&R Village Hall	
Christmas Fayre	4th December	15.15	Rickling School	
Golf Society	9th December	09.30	Canons Brook Golf Club	Jane Waite 01799 542611
Golf Soc. Quiz	9th December	7.30p.m.	Fleur de Lys, Widdington	Jane Waite 01799 542611
Carol Service	13th December	18.00	Quendon Church	
Crib Service	24th December	16.00	Rickling Church	
Holy Communion	25th December	09.30	Quendon Church	
Christmas Lunch	25th December	12.30	Church House, Newport	See ad. P3
Holy Communion	10th January	09.30	Quendon Church	
Evening Prayer	17th January	18.00	Rickling Church	
Coffee Morning	20th January	10.00	Q&R Village Hall	
Holy Communion	24th January	09.30	Rickling Church	
Healing Service	31st January	09.30	Widdington Church	

## Emergency Life-saving

Should someone suffer a cardiac arrest or show symptoms of a heart attack e.g. pains in the chest, then your first action should always be to phone the ambulance service on 999. The service will refer you to our Automated External Defibrillator which is at the front entrance to Quendon & Rickling Village Hall. Anyone can save a life by using it until an ambulance arrives. In addition you can seek help from any of the volunteers listed below.

Name	Home Telephone	Locality
Alan Price	01799 542527	Northern end - Cambridge Road
Jane Price	01799 542527	Northern end - Cambridge Road
Robert Arnold	01799 543075	Northern end - Cambridge Road
Chris Phillips	01799 542351	Middle - Cambridge Road
Sue Phillips	01799 542351	Middle - Cambridge Road
Nigel Ackerman	01799 540678	Middle - Cambridge Road
Anne Howes	01799 543545	Southern end - Cambridge Road
Cleo Martino	01799 542257	Southern end - Cambridge Road
Sandy Turner	01799 540557	Rickling Green
Pat Turner	01799 543314	Rickling Green
Janice Hart	01799 541196	Rickling Green/Brick Kiln Lane/Rickling
Clare Willoughby	01799 543637	Rickling Green/Brick Kiln Lane/Rickling



For further information see [www.communityheartbeat.org.uk/](http://www.communityheartbeat.org.uk/)

**Remember: Using the defibrillator can't cause injury. Doing nothing can.**

# 2015 at...



[www.saffronscreen.com](http://www.saffronscreen.com)

Goya: Visions of Flesh and Blood (12A) -

*National Gallery*

The Mikado – *English National Opera*

Sicario (15)

Hotel Transylvania 2 (U)

Pan (PG)

The Polar Express (U) *Autism Friendly*

The Lady of the Camellias – *Bolshoi*

Under Milk Wood (15)

Red Army (15)

Cavalleria Rusticana/ Pagliacci –

*Royal Opera House*

The Program (15)

Suffragette (12A)

Jane Eyre – *National Theatre*

The Lobster (15)

The Nutcracker – *Royal Opera House*

Spectre (12A)

Spectre (12A)

A Christmas Star (U)

The Music Box/ Blockheads (U)

The Lady in the Van (12A)

The Lady in the Van (12A)

The Winter's Tale – *Garrick Theatre*

Speedy (U) (*With live piano accompaniment*)

Maya the Bee (U)

Taxi Tehran (15)

Tues 1st 7.30pm

Thurs 3rd 7.20pm

Fri 4th & Sat 5th 8pm

Sat 5th 2pm

Sat 5th 5pm, Tues 22nd & Weds 23rd 3pm

Sun 6th 10am

Sun 6th 3pm

Sun 6th 8pm

Mon 7th 8pm

Thurs 10th 7.15pm

Fri 11th & Sat 12th 8pm

Sat 12th 5pm, Tues 22nd & Weds 23rd 8pm

Sun 13th 3pm

Sun 13th & Mon 14th 8pm

Weds 16th 7.15pm & Sun 27th 2pm

Fri 18th, Sat 19th & Sun 20th 8pm. Mon 21st 3pm. Mon 28th,

Tues 29th, Weds 30th & Thurs 31st 3pm Sat 2nd & Sun 3rd Jan 8pm

Sat 19th & Sun 20th 3pm

Mon 21st 8pm

Sun 27th, Mon 28th & Tues 29th 8pm.

Sat 2nd & Sun 3rd Jan 5pm

Weds 30th 7.30pm

Fri 1st Jan 3pm & 8pm

Sat 2nd & Sun 3rd Jan 2pm

Mon 4th Jan 8pm

**Tickets: Evening:** Full price £7.50, 65 & over £6.70, other adult conc: £5.70, 18 & under: £5.40 (£4.00 Mon nights)

**Day:** Full price £6.50, 65 & over £5.60, other adult conc: £5.00, 18 & under: £4.20

**For Special Event Tickets, please see website**

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[www.saffronscreen.com](http://www.saffronscreen.com),

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**On behalf of the Publisher I take this end-of-year opportunity to say**

**"Thank you" to our Advertisers and to you our readers for your continued support.**

**I would also like to say a very big thank you to our Contributors, our Printer and our band of Distributors, for all giving their help and services voluntarily.**

***A very happy Christmas  
and successful New Year to you all.***

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THE LINK is delivered free of charge by volunteers to every household in the villages of Quendon and Rickling. It is also available by post and online at: <http://www.quendonandrickling.co.uk>

All correspondence for THE LINK should be addressed to the editor,

Robert Arnold: **preferably by e-mail with attachments if necessary:** [robert@arnold-q.uk](mailto:robert@arnold-q.uk), or at Talbots, Cambridge Road, Quendon, CB11 3XJ; otherwise telephone 01799 543075

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