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Visits: If you would like the Vicar to visit you at home or in hospital, or know of anyone who would like him to visit them, please let the Vicar know.

The Rev'd. Neil McLeod, The Vicarage, 5, Meadowford, Newport, Saffron Walden, Essex, CB11 3QL **Telephone:** 01799 540339 **E-mail:** mcleod444@btinternet.com

From the Vicarage Study Rev. Neil McLeod, Priest-in-Charge of Newport with Widdington, Quendon and Rickling.

As I write this article on the 14th December Christmas Day is just 14 days away and possibly by the time you are reading this in the magazine it may already be over. For the media Christmas is easily moved on from. I have already discussed with a friend when I will see my first TV advert for a holiday. The Radio Times Christmas special has a holiday pull-out in the centre. As we approach the beginnings of the new year we'll even start to get the TV adverts for Cadbury's Crème Eggs. Christmas is done! Hopefully we all enjoyed it but now it's time to move on.

In many ways it is right to move on because there may be a lot of good things in 2016 to look forward to. I hope that there are good things coming for each one of you in the new year. There may be the long planned for holiday to a special place that you're looking forward to. You may be looking forward to a family event such as a wedding or a Christening. You may be looking forward to the arrival of a new baby in the family. I really do hope that whatever 2016 brings for you it will be fantastic.

Yet as we move on so quickly and leave Christmas behind, then so we might leave Jesus behind as well. It is great to gather to hear the Christmas story afresh each year, but Jesus is not just for Christmas. At Christmas we celebrate the birth of the baby. Yet we also need to be looking at the man who the baby grew up to be. It is Jesus the man who, I believe, will be walking alongside us as we move into 2016.

I would like to repeat my invitation to the new Christianity Explored course that I shall be starting on 11th January. It will be a weekly daytime course that will run between 10.00 - 12.00. The course will run for 7-8 weeks. If you want to know more about the man who the baby grew up to be then the course is perfect for you. The course is open to everyone. I am hoping to run a crèche alongside the course to enable little ones to be looked after whilst you can attend the course. It will be a safe place to ask any question that you want about Jesus.

If anyone wants to know more about the course or wishes to sign up to it, then they can contact me on 01799 540339 or via email on mcleod444@btinternet.com I hope to see you join me for Christianity Explored.

I wish you all a very happy new year, and wish you the best for 2016.

Neil

Churchwarden's News Carol Service The carol service at Quendon Church was an enjoyable occasion on Sunday 13th December. Thanks to all the readers and those who served the mulled wine. In Memoriam - Dick Barber 1930 – 2015 Quendon Church was full on Thursday 10th December for the funeral of Dick Barber, aged 85 who grew up in the Cricketer's Arms, Rickling Green and latterly lived in Saffron Walden. We send our sympathy to Mary, his wife, and all his family.	If you would like to organise a coffee morning, for a charity or cause of your own choice, please contact		
Priest in Charge of Newport with Widdington and Qu	endon and Rickling.		
The Rev'd. Neil McLeod, The Vicarage, 5, Meadowford, Ne	wport, Saffron Walden, Essex, CB11 3QL		
Telephone: 01799 540339 E-mail: mcleod444@btinternet.cc			
Churchwardens - Quendon: Mrs Maureen Hawkins 01799 543201 and Mrs Christine Osbourn 01799 543367			
Rickling: Lisa Huxtable 01799 542995			
reasurer - Quendon and Rickling: Mrs Sandra Arnold 01799 543075			

Church Services in the Benefice

Sunday 3rd January				
9.30am	Widdington	Family Service		
11.00am	Newport	Holy Communion		
Sunday 10th Janua	ary			
8.30am	Widdington	BCP Communion		
9.30am	Quendon	BCP Communion		
11.00am	Newport	All-Age Service		
Sunday 17th Janua	ary			
9.30am	Widdington	Holy Communion		
11.00am	Newport	Holy Communion		
6.00pm	Rickling	Evening Prayer		
Sunday 24nd January				
8.00am	Newport	BCP Communion		
9.30am	Rickling	Holy Communion		
11.00am	Newport	Morning Worship		
3.30pm	Newport	Messy Church		
Sunday 31st January				
9.30am	Widdington	Benefice Healing Service		

In addition to these services, prayer meetings are held as follow: Quendon, Mondays 4 30 pm Rickling, Thursdays 9 00am Widdington, Tuesday 9 00am Newport, Wednesday 4 30 pm.

For emergencies **999**

For other general inquiries **101**





Neighbourhood Officers:

PC Hannah Griffiths Telephone: 101 ext 395102 Mobile: 07989 174801 E-mail: hannah.griffiths@essex.pnn.police.uk

PCSO Chris Barrett Telephone: 101 ext 395103 Mobile: 07989 174801 E-mail: 8439@essex.pnn.police.uk

PCSO Andy Davis Telephone: 101 ext 395103 Mobile: 07989 174801 E-mail: 7830@essex.pnn.police.uk

Crime Prevention Advice

Presents on sight can advertise your home to thieves

Large piles of gift wrapped presents under the tree that are visible through a door or window are tempting to thieves. Lock doors and windows before you go out.

Leaving Christmas shopping on view in the carc advertise your valuables to thieves, so please:

• Park in a busy, well-lit area or secure car park if possible.

• Close windows, sunroofs, lock doors and activate security alarms when leaving your car.

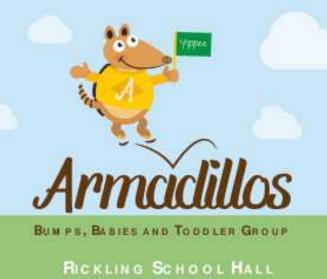
• Do not leave valuables or shopping on display in your car.

• Take valuables with you when you leave your car, eg: cash, credit cards, mobile phones, sat nav systems etc.

• If you have no choice, make sure valuables and shopping are locked in the boot; taking care no-one is watching you.

• On cold days, don't leave your car unattended with the engine running while it warms up.

Essex Police have produced a YouTube message relating to precautions to take over the Christmas period. This is the link to view it: www.youtube.com/watch?v=Np_Um855EWc



TUESDAYS 9AM - 11AM

COMEAND JOIN US!

£2 INCLUDES TEA & SNACKS

ANN AD ILLO SRICK LING OHOTM AIL COM

Quendon & Rickling Parish Council

New Parish Clerk Sue Joannou will be taking over as Parish Clerk with effect from 4th January 2016. Her contact details are given below. Please note there is a new e-mail address.

Councillor Vacancy There were no requests for an election to be held following the resignation of Stephanie Bridgewater so therefore the Parish Council should co-opt to fill the vacancy. If you are interested in joining the PC, please contact either the Clerk, or speak to one of the Councillors.

Bus Shelter You will probably have noticed that the new bus shelter has now been installed alongside the Village Hall Car Park. We hope this will be a useful addition for those travelling northbound by bus. We are now looking to ensure that the shelters on both sides of the road have suitable litter bins nearby.

Local Plan The PC has been working hard to formulate its response to the Local Plan. Details of the Local Plan can be found on the UDC website. In the meantime it is noted that following the call for potential sites, landowners in the Parish have put forward 5 potential sites. Details of these can be found on the UDC website via the following link:

https://cms.esriuk.com/uttlesford/Sites/cfs/

New Street Names – Foxley Site UDC have now informed us that there will be only one street name for the new Foxley Site. It is likely that this will be Bluebell Drive.

Highway Problems The Essex Highways website is available for anyone noticing a problem to report it: <u>http://www.essexhighways.org/Report-a-problem.aspx</u> A tracking facility for all reported faults is available.

Welcome Packs The Parish Councils provides a Welcome Pack of information for residents new to the viillage but it is difficult for the Parish Clerk to keep track of all movements. If anyone knows of any newcomers recently moved in/moving in near them please advise the Clerk (details below) and she will provide the information.

Quendon & Rickling 100 Club

Congratulations	to	this	month's	winners!

1st prize	No 26	Annie Bishop
2nd Prize	No 50	Suzanne Hawkins

Clare.

3rd PrizeNo 38Carol Mandy

May we take this opportunity to wish everyone a wonderful New Year! If you would like to join us in 2016 please give me a call!! 01799 543637.

Police/Crime The Essex Community Messaging Service provides useful information to the public about policing and safety issues. It is free to register and information is given relative to your postcode, thus providing accurate and up-to-date community safety information and crime prevention advice. Users can choose to receive information via e-mail, text or voice-recording and can select what information to receive – based on where they live and work and on issues of interest. For further details and to sign up, visit www.essex.police.uk/ecm

We are still looking for volunteers to coordinate a **Neighbourhood Watch Team** in the Parish. If you are interested, please contact the Clerk (details below).

Allotments Anyone interested in taking up an allotment should call Peter Warwick on 01799 543526. We understand that there are still some available and it is also possible that some of the existing ones may be divided up.

Parish Council Meetings All are welcome to attend the Parish Council Meetings. The proposed dates for meetings in 2016 are:

27th January, 9th March, 13th April, 18th May, 22nd June, 27th July, 7th September, 12th October, 16th November and 14th December.

All meetings will commence at 7.30 p.m. in the Village Hall and any changes will be advertised.

Children's Activities *Armadillos* a Bumps, Babies, Toddlers and Parents group meets every Tuesday (term time) from 9am-11am at Rickling School Hall.

Buffy Bus is no longer visiting the Parish. The Wednesday service has been rescheduled to stop at Cherry Garden Lane, Newport between 9.15 a.m. and 10.30 a.m.

Contact the Parish Council the Clerk, Sue Joannou can be contacted by e-mail

quendonandrickling.clerk@hotmail.com or by telephone 01799 541984. Should anyone wish to receive e-mail updates/notices, please send her your e-mail address.

Advertising in THE LINK

reaches every household in Quendon and Rickling at attractive rates. It could be promoting YOUR business.

Contact:

Advertising on telephone 01799 543297 or The Editor, preferably by e-mail with attachments as necessary at robert@arnold-q.uk; otherwise telephone 01799 543075.

This month's message from the Chairman of the Parish Council

It's December and at this month's PC meeting we say goodbye to Sue Phillips. Sue has been absolutely fantastic as Clerk to the Parish Council, not least in her ability to keep the councillors 'on the straight and narrow'. Sue took up the role as Clerk at the same time that I was first elected Chairman, so we learned together. I simply could not have wished for a more supportive or efficient Clerk. Thank you Sue, we will all miss you.

Of course there are two sides to every coin. Sue will be replaced by....Sue! That is, Sue Joannou, who anyone with a connection to the school will know. I'd like to welcome Sue to the PC and I'm sure she will be a first rate Clerk.

Those who use the bus service may have noticed that a new stop with a shelter has been installed adjacent to the entrance to the village hall car park, so now those travelling north can wait in the dry just like those travelling south. I'm happy to inform you that this was done at no cost to the PC. Funding was provided by the County Council.

The biggest issue facing the PC in the immediate future remains planning. If you haven't already got involved in UDC's consultation on the future Local Plan I would urge you to keep a finger on the pulse and have your say whenever the opportunity arises. You can follow the progress of the emerging plan on the UDC web site. It's easy to find and whatever happens, it will affect you!

Something else happens in December doesn't it? Oh yes, your Parish Councillors wish you a MERRY CHRISTMAS and a very HAPPY NEW YEAR.

Alan.

What do you call a fish with no eyes?

Fsh.

Quendon and Rickling Golf Society Christmas Quiz

The Golf Society had it's annual Christmas get together this year at the Fleur in Widdington on Wednesday December 9th. This evening brought together as many of our golfers as could make it along with their partners and after a delicious supper and much chat we moved to the restaurant end of the pub which we took over exclusively for our own quiz. There were 33 of us organised into 6 teams and our quizmasters and scorers Ray and Janice Hart gave us 6 rounds of questions on a great range of subjects to get our little grey cells moving! We were invited to use a 'Joker' to double points in any one round and the winning team used that to great effect when they chose to play it in a geography based round. It was not a quiz based around golf so chances were very equal and questions very wide ranging. There were moments of seriousness interspersed with much hilarious reaction to some of the answers the teams produced and with beers and wine to give us inspiration it was a fairly noisy affair. Team names added to the atmosphere and the 'Bad Rats' emerged as the winners - Tony Jones, Anne Lynch, Brandon and Annette Chapman and David and Rita Lockwood. Well done to them. Very big thanks to Ray and Janice and also to Chris and his staff at the Fleur. We've had a good year with five very successful golf days out on local courses and our annual match against Manuden's golfers which we won too. We'll meet again in spring and if you are a golfer and would like to join us please contact janewaite@hotmail.com or watch for news in the Link. We look forward to next year's golf and in the meanwhile wish everyone a very Merry Christmas and Happy New Year.

Rickling Carers Club

There will be a social morning in Rickling Village Hall on the 6th January from 10am to 12.00pm

This event is to encourage people who live in the village and surrounding areas who have any disability and their carers to enjoy a social time.

There will be refreshments ,a raffle and stalls and speakers from time to time on important issues

We are hoping to develop the club as a meeting place for people to have a pleasant time and get out of the house and meet other people

If you need any more information please call Angela on 01799 218061 or Carol on 01799 543807 alternatively just turn up on the 6th January 2016 and we'll put the kettle on

If you will need transport please let us know and volunteers always welcome

This space could be promoting YOUR business!

For more information contact:

Advertising on telephone

01799 543297 or

The Editor

preferably by e-mail at

robert@arnold-q.uk,

otherwise telephone 01799 543075

Parish Safety Volunteer Scheme

1. What is the purpose of the Parish Safety Volunteer Scheme?

The purpose of this initiative is to make local communities safer, more resilient and better protected from fire and crime. It will do this by:

- Reducing accidental dwelling fires in the parishes in which Parish Safety Volunteers operate.
- Reducing burglaries in the parishes in which Parish Safety Volunteers operate.
- Making people feel safer in the parishes in which Parish Safety Volunteers operate.

2. Why are Essex Police and Essex County Fire and Rescue Service working together on this?

Essex County Fire and Rescue Service alongside Essex Police have a joint desire to increase community resilience and support the building of stronger communities in Essex.

3. What will Parish Safety Volunteers deliver in their Parishes?

Parish Safety Volunteers will be required to...

- Conduct Parish Safety Visits and deliver Essex Police and Essex County Fire and Rescue Service approved advice and support.
- Have a comprehensive understanding of what support is already offered in the Parish and be able to signpost accordingly.
- Be able to fit smoke detectors in the homes of local residents.
- Participate in activities in order to generate Parish Safety Visits and promote awareness of the scheme in their Parish.

4. What else will Parish Safety Volunteers be expected to do whilst volunteering?

Parish Safety Volunteers will be expected to...

- Liaise with Essex County Fire and Rescue Service in order to arrange visits and confirm volunteering availability.
- Keep and maintain the Parish Safety Volunteer equipment provided by Essex Police and Essex County Fire and Rescue Service.
- Attend Parish Safety Volunteer group information, training, review and update sessions
- Complete the paperwork required of Parish Safety Volunteers and return it within the agreed timeframe.
- Adhere to the policies, expectations and procedures required by Essex County Fire and Rescue Service and Essex Police at all times.

5. How will Parish Safety Volunteers find individuals requiring a visit?

Referrals will be generated by Essex County Fire and Rescue Service and Essex Police, through the processes already used by the organisations to arrange home safety visits.

Referrals will also be generated by Parish Safety Volunteers themselves, as they will be promoting the service and already have some local knowledge of areas and individuals that would benefit from a PSV visit.

6. How will Parish Safety Volunteers interact with the Parish Council?

Parish Safety Volunteers will not require co-ordination or management from Parish Councils as Essex County Fire and Rescue Service will provide all support needed.

However, we will set up a direct line of communication between Parish Safety Volunteers and Parish Councils. This could mean that volunteers attend Parish Council Meetings to update on progress and activity. It could also mean a telephone or email update from volunteers. This will be a local arrangement tailored to the needs of the Parish Council in question and established when the scheme is introduced to the Parish.

7. How will Essex County Fire and Rescue Service and Essex Police keep Parish Councils updated on the PSV Scheme?

ECFRS will send a bi-monthly progress update to all Parish Councils for whom the Parish Safety Co-ordinator holds contact details. This will be sent on approximately the final day of the month.

8. How will we know what impact the Parish Safety Volunteers have on their Parish?

The Parish Safety Volunteer Co-ordinator will carry out a robust evaluation of the PSV scheme. This will be completed in by October 2016.

9. **Key Contact** Parish Safety Volunteer Co-ordinator: Essex County Fire and Rescue Service – Kieron Moir.

No: 01376576237 Email: PSV@essex-fire.gov.uk





WINTER SALT

With winter upon us it is appropriate that we are reminded that salt is available for use in our village whenever snowy or icy conditions exist.

The salt is located in three bins at Coney Acre, Thistley Crescent and The Cricketers Arms.

Please bear in mind the following –

• Consider the salt a scarce resource and only take sufficient for your immediate needs.

• Take great care when removing the salt from the bin. When the bin is open ensure the cover does not fall down on you. The salt may be heavier than you think, so take small amounts at a time.

IT MUST BE A CONDITION OF USE OF THE SALT THAT INDIVIDUALS ARE RESPONSIBLE FOR THEIR OWN ACTIONS.

• In bad weather people will often help each other. Call your neighbour and ask for help if you need your path cleared of snow or ice and/or would like to have the surface gritted.

• In more extreme conditions we made need a working party to clear our paths around the village.

A final word of comfort - if we act in a responsible manner when clearing snow and ice and of the spreading of the salt, there can be no comeback on individuals.

Should anyone need assistance or have any cause for concern please contact Brandon Chapman on 543518

Quendon & Rickling Parish Council

LinkBay

To advertise on LinkBay, either something you offer or something you seek, contact the Editor, Robert Arnold, e-mail: robert@arnold-q.uk, Talbots, Cambridge Road, Quendon, CB11 3XJ



The Hundred Parishes Society

The Society's articles and charitable status do not allow us to promote tourism. We are happy to leave that to other people. Saffron Walden, our most populous parish, has an excellent Tourist Information Centre in the town square. They recently produced a short video extolling the virtues of the town. We thought you might enjoy this whistle-stop tour that focuses on the parish's many heritage gems. It is available online on YouTube at:

www.youtube.com/watch?v=APvOU0WMVkQ. By way of contrast, a 1981 film by Alec Clifton-Taylor is also available on YouTube at: www.youtube.com/watch?v=B1vD2S6yxhs. These links have recently been added to our own website introduction to Saffron Walden. Some other parish intros also have links to archive films.

We regularly change the image at the top right of each page of our website, www.hundredparishes.org.uk, to show somewhere within the Hundred Parishes. A few weeks ago the image was of more recent heritage – Prisoner of War camp buildings that have survived since WWII. We include a better picture and a short reference to the camp within our introduction to the parish of Hatfield Heath.

The Society's objectives include the promotion of conservation, protection and improvement of the physical and natural environment of our area. Whilst we aim not to be a campaigning organisation, we feel it is appropriate to contribute where we can to policies that affect how the special characteristics of the Hundred Parishes are understood and protected. More than half of our hundred parishes lie in the district of Uttlesford, whose council is preparing a new Local Plan. The Society submitted a short response to a number of questions in the recent consultation.

Ken McDonald Secretary

Quendon and Rickling Golf Society

On Wednesday December 9th sixteen of us met at 9.30a.m. at Canons Brook Golf Club near Harlow for our last golf game of the year. The traffic was pretty horrendous but the sun was shining so it wasn't all bad and the usual bacon sarnies and coffee were there to fortify us all before we tee'd off. We were organised into four teams of four and played a format which brought progressively more of our scores into the mix as the game progressed. The pinnacle score would be 108 points for the round and our winners came in with a very respectable 95. The other teams scores were not far behind and everyone had a good game with brilliance and disappointment making their usual appearances! Teeing off at 10.30 a.m. just about gives enough time to finish the round in good daylight and when our last team got back to the clubhouse the light was definitely fading and the temperature had dropped from lovely sunshine to twilight chill. We didn't hang around as we were scheduled to meet up again in the evening so we braved the traffic again, but it had been a good day with great golf and good company making it a nice end to the season for us. Our winning team was led by Jaine Fieldhouse with Nigel Ackerman, Chris Howarth and Anthony Gold. The nearest the pin was won by Mervyn Waite and the ladies longest drive by Penny Ackerman. Alan Price hit the mens longest drive.

We tried to include our AGM at the start of the morning but it was clear that we had overcommitted ourselves time wise and so is being rescheduled to early next season.

Quendon & Rickling Photographic Challenge and Exhibition See Page 10

MICROCHIPPING OF DOGS REGULATIONS

It will be compulsory for all dogs over the age of eight weeks in England, Scotland and Wales to be fitted with microchips from Spring 2016. In England the date is 6th April but dates for Wales and Scotland are tbc. Issue 40: December 2015 www.essexruralpartnership.org.uk

The only exemption is where a vet certifies in writing that a dog is unfit to be microchipped. Many vets offer free microchipping as do other welfare organisations. Owners of dogs without microchips face being served with a notice to comply, and may face criminal prosecution and a £500 fine if they do not comply with the law. Dog breeders will be responsible for microchipping puppies before they are sold. Breeders will also be required to register their own details and these will be recorded against the microchip for the lifespan of the dog. All imported dogs will need to have a microchip.

For more information: https://www.dogstrust.org.uk/help-advice/microchipping/microchipping-changes-in-the-law

VILLAGE FOOTPATH SURVEY

Many thanks to those of you who volunteered to help with the recent survey of our footpaths around the village. It was good to see people from within our community willing to assist and has enabled us to undertake a comprehensive look at the state of our paths within and around the village together with access to our rural surroundings.

Our paths are generally well defined but as always, and this depends on the time of year, they do need trees and shrubs to be cut back in places. This should be a regular activity from householders with respect to their own boundaries which are adjacent to footpaths and also landowners who own public rights of way across fields and through woods. We hope to set up a group who would 'keep an eye' on this on behalf of us all.

On a more controversial matter, the barring of people walking through Quendon Wood is, quite rightly, a most emotive issue. I am sure you are aware that the parish council is in discussion with the relevant agents and authorities with an aim to open up at least part of this wonderful wood to the public. Another area of concern is the footpath alongside the B1383 between Newport and Stansted, the condition of which is atrocious and indeed dangerous in places. We have approached the Highways Authority (whose responsibility it is) to undertake the clearing and maintenance of this path.

Once again our thanks to all who have been involved. We will be compiling a fairly detailed report which will be made available to you all through the various media we have in the village. Anyone with anything to report or comment upon with regard to our footpaths can contact Sally Kitcat on 542022 or Brandon Chapman on 543518, who would be delighted to hear from you.

Enjoy your walking this Winter, go careful and of course, always follow The Countryside Code.

Brandon Chapman Q & R PC

January 2016 at... SAFFR

- Fri 1 3.00pm Speedy (U)
- Fri 1 8.00pm Speedy (U)
- Sat 2 2.00pm Maya the Bee (U)
- Sat 2 5.00pm The Lady in the Van (12A)
- Sat 2 8.00pm Spectre (12A)
- Sun 3 2.00pm Maya the Bee (U)
- Sun 3 5.00pm The Lady in the Van (12A)
- Sun 3 8.00pm Spectre (12A)
- Mon 4 8.00pm Taxi Tehran (12A)
- Fri 8 8.00pm Brooklyn (12A)
- Sat 9 3.00pm The Hunger Games: Mockingjay Pt 2 (12A)
- Sat 9 8.00pm Brooklyn (12A)
- Sun 10 1.30pm The Hunger Games: Mockingjay Pt 2 (12A)
- Sun 10 5.00pm Brooklyn (12A)
- Sun 10 8.00pm Brooklyn (12A)
- Mon 11 8.00pm He Named Me Malala (PG)
- Fri 15 8.00pm Steve Jobs (15)
- Sat 16 2.00pm The Good Dinosaur (PG)
- Sat 16 5.00pm The Lady in the Van (12A)
- Sat 16 8.00pm Steve Jobs (15)
- Sun 17 2.00pm The Good Dinosaur (PG)
- Sun 17 5.00pm The Dressmaker (12A)

- Sun 17 8.00pm The Dressmaker (12A) Mon 18 8.00pm My Nazi Legacy (PG Fri 22 8.00pm Carol (15) Sat 23 2.00pm The Good Dinosaur (PG) Sat 23 5.00pm Carol (15) www.saffronscreen.com Sat 23 8.00pm Carol (15)
- Sun 24 3.00pm The Taming of the Shrew-Bolshoi
- Sun 24 8.00pm Carol (15)
- Mon 25 8.00pm Wings of Desire (12A)
- Tue 26 7.15pm Rhapsody / Two Pigeons ROH
- Thu 28 6.50pm Les Liaisons Dangereuses Donmar
- Fri 29 8.00pm Bridge of Spies (12A)
- Sat 30 2.00pm Snoopy & Charlie Brown: The Peanuts Movie (U)
- Sat 30 5.00pm Victor Frankenstein (12A)
- Sat 30 8.00pm Bridge of Spies (12A)
- Sat 30 8.00pm Slumdog Millionaire (15)
- Sun 31 2.00pm Snoopy & Charlie Brown: The Peanuts Movie (U)
- Sun 31 5.00pm Victor Frankenstein (12A)
- Sun 31 8.00pm Bridge of Spies (12A)b

Tickets: Evening: Full price £7.50, 65 & over £6.70, other adult conc: £5.70, 18 & under: £5.40

(£4.00 Mon nights)

Day: Full price £6.50, 65 & over £5.60, other adult conc: £5.00, 18 & under: £4.20

For Special Event Tickets, please see website

Available from the Saffron Walden Tourist Information Centre, online at

www.saffronscreen.com,

or at the cinema Box Office (opens 30 mins before screening) at

County High School, Audley End Road, Saffron Walden, CB11 4UH.

What's On					
Event	Date	Time	Place	Contact	
EXTEND Exercises	Mondays	10.30	Q&R Village Hall	Pat Turner 01799 543	3314
Saffron Searchers	1st Monday in month	-	Q&R Village Hall	-	
Dog Training	Mondays	-	Q&R Village Hall	Pauline Everton	
Prayer Meeting	Mondays	16.30	Quendon Church		
Pilates	Tuesdays	09.00-10.00	Q&R Village Hall	Jan Crawley 07	7421 82272
Dance Exercise	Tuesdays	Morning	Q&R Village Hall	Christine Alexander	
Dance Exercise	Tuesdays	Afternoon	Q&R Village Hall	Christine Alexander	
Bowls Club Night	Tuesdays	18.00	Quendon Bowls Club	David Edwards 0179	9 540167
Armadillos	Tuesdays (term-time)	09.00	Rickling School	Stevie Green 01799 S	542734
Rickling Carers	1st Weds in month	10.00-12.00	Q&R Village Hall	Angela 01799 21806	1/Carol 543807
U3A Choir	Wednesdays	10.30	Q&R Village Hall		
Wednesday Club	Wednesdays	-	Q&R Village Hall	Christine Osbourn 01	1799 543367
Prayer Meeting	Thursdays	09.00	Rickling Church		
Line Dancing	Thursdays	-	Q&R Village Hall	Dawn Bond 01787 4	60274
Upholstery Class	Thursdays	9.30-12.30	Q&R Village Hall	Adult Education Har	low 03330 132158
Upholstery Class	Thursdays	13.00-16.00	Q&R Village Hall	Adult Education Har	low 03330 132158
Rickling Runners	Thursdays	19.30	The Green	Stevie Green 01799 5	542734
DiddiDance (2-4yrs)	Fridays	10.00	Q&R Village Hall		
Carers Club	6th January	10.00-12.00	Q&R Village Hall		
Holy Communion	10th January	09.30	Quendon Church		
Christianity Exp'd	11th January	10.00-12.00)	The Vicar 01799 540	339
Evening Prayer	17th January	18.00	Rickling Church		
Coffee Morning	20th January	10.00	Q&R Village Hall		
Holy Communion	24th January	09.30	Rickling Church		
Parish Council	27th January	19.30	Q&R Village Hall		
Healing Service	31st January	09.30	Widdington Church		

Are you ready for the Q&R Photographic Challenge?

See page 7 for categories.

See next month's issue for more!

Emergency Life-saving

Should someone suffer a cardiac arrest or show symptoms of a heart attack e.g. pains in the chest, then your first action should always be to phone the ambulance service on 999. The service will refer you to our Automated External Defibrillator which is at the front entrance to Quendon & Rickling Village Hall. Anyone can save a life by using it until an ambulance arrives. In addition you can seek help from any of the volunteers listed below.

Name **Home Telephone** Alan Price 01799 542527 Jane Price 01799 542527 Robert Arnold 01799 543075 **Chris Phillips** 01799 542351 Sue Phillips 01799 542351 Nigel Ackerman 01799 540678 Anne Howes 01799 543545 Cleo Martino 01799 542257 Sandy Turner 01799 540557 Pat Turner 01799 543314 Janice Hart 01799 541196 Clare Willoughby 01799 543637

Locality

Northern end - Cambridge Road Northern end - Cambridge Road Northern end - Cambridge Road Middle - Cambridge Road Middle - Cambridge Road Southern end – Cambridge Road Southern end - Cambridge Road Rickling Green Rickling Green Rickling Green/Brick Kiln Lane/Rickling Rickling Green/Brick Kiln Lane/Rickling





For further information see www.communityheartbeat.org.uk/

Remember: Using the defibrillator can't cause injury. Doing nothing can.

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