

THE LINK

Quendon & Rickling

Parish

and Church

January 2017

You can find THE LINK
and much more at

www.quendonandrickling.co.uk

NEWS

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*From the Spring 2016
Photographic Competition*

*Category: Street Life
2nd prize
Jane Davis - 'Untitled'*

Visits: If you would like the Vicar to visit you at home or in hospital, or know of anyone who would like him to visit them, please let the Vicar know.

The Rev'd. Neil McLeod, The Vicarage, 5, Meadowford, Newport, Saffron Walden, Essex, CB11 3QL

Telephone: 01799 540339 **E-mail:** mcleod444@btinternet.com

From the Vicarage Study

Rev. Neil McLeod,

Priest-in-Charge of Newport with Widdington, Quendon and Rickling.

HAPPY NEW YEAR!!

As I write this I'm not whether it will be delivered before Christmas or after it, but actually I want to concentrate on the new year. We're almost into 2017, and by the time we get I shall be yet another year older. Time marches on!

As you look back on 2016 what do you see? Do you see a year that might have had some key life events in it? Maybe you celebrated a wedding in the family, or amongst your friends. Maybe you moved house, or began work at a new place. Maybe you changed career altogether. Sadly you may look back on 2016 as the year you lost a loved one, and you just had the first Christmas without them which may not have been easy. Maybe someone in the family gave birth and you are now (or again) a parent, grandparent, aunt or uncle, or a sibling. Maybe 2016 went by without any of those major life events happening, but maybe you achieved a lifelong ambition or travelled to a place where you'd always longed to go. You may think that 2016 has gone by without anything remarkable happening. My twin brother always proclaims that his life is boring against mine as he doesn't do anything special – he gets up, goes to work, comes home and goes to bed. I simply say that that is life! Maybe you feel that's how your life has been in 2016.

I think that many of us look at other people's lives and think that 'the grass is greener over there.' You may also find yourself wondering what it is all about, or wondering what we have achieved. Certainly as a human race we can be found wanting as we hear in the news about poverty, hunger, war, conflict, etc.

Yet life is special and precious. I say that because I believe that each one of us are created by God. I would go as far as saying that we are all children of God. Psalm 139 in the Bible, which is my favourite psalm, states **"For you created my inmost being; you knit me together in my mother's womb. I praise you because I am fearfully and wonderfully made."** We are made to be in relationship with God; that's why he created Adam in the first instance in the book of Genesis. We are made to be in relationship with each other; that's why he made Eve so Adam was not on his own. All of us are special, and all of us our place in the world. We just need to find it.

So as we approach 2017, I wish you all a happy, peaceful & blessed new year, and I pray God's blessings upon you throughout the whole of 2017 no matter what it will bring. I invite each one you to join in church for one of our regular services, but don't come because I invite you. Come because it is your Father in heaven who invites you. Amen.

If you have pre-school age children, then you might like to join me and the team at Little Fishes in Widdington Village Hall. We look at bible stories, sing songs and have age-appropriate craft activities. It will be fun! It will also be a place to build relationships with new friends, and with God. If you would like further information please call me on 01799 540339 or email me at mcleod444@btinternet.com

Neil

Priest in Charge of Newport with Widdington and Quendon and Rickling.

The Rev'd. Neil McLeod, The Vicarage, 5, Meadowford, Newport, Saffron Walden, Essex, CB11 3QL

Telephone: 01799 540339 E-mail: mcleod444@btinternet.com

Churchwardens - **Quendon:** Mrs Maureen Hawkins 01799 543201 and Mrs Christine Osbourn 01799 543367

Rickling: Lisa Huxtable 01799 542995

Treasurer - **Quendon and Rickling:** Mrs Sandra Arnold 01799 543075



Contact details for local Police

Essex Police operate through Local Policing Hubs, and it is not possible to contact individual members of that team for day-to-day activities.

The recommended procedure is to contact the police using the 101 service (if 999 is not appropriate, i.e. for non-emergency situations). Calls to the 101 Centre will determine how to respond and, where appropriate, this will be passed to either Response Officers or members of the Local Policing Hub.



Church Services in the Benefice

Sunday 1st January

11.00am Newport New Year's Day Communion

Sunday 8th January

8.30am Widdington BCP Communion

9.30am **Quendon** **BCP Communion**

11.00am Newport Holy Communion

Sunday 15th January

9.30am Widdington Holy Communion

11.00am Newport Holy Communion

3.30pm **Rickling** **Evening Prayer**

*** Please note amended time of evening service, for months of January – March ***

Sunday 22nd January

8.00am Newport BCP Communion

9.30am **Rickling** **Holy Communion Service**

11.00am Newport Morning Worship

3.30pm Newport Messy Church

Sunday 29th January

9.30am Widdington Communion with Prayers for Healing

In addition to these services, prayer meetings are held as follow:

Quendon, Mondays 4 30 pm

Rickling, Thursdays 9 00am

Widdington, Tuesday 9 00am

Newport, Wednesday 4 30 pm.

CAN YOU SPARE TIME TO HELP CARE FOR OUR CHURCHES?

The Churches in Quendon and Rickling need your help and care. These 13th Century buildings still exist because inhabitants of our villages have looked after them for generations.

It is now our turn and we are asking for new volunteers to help dust, sweep or vacuum once or twice a year.

If you would like to help preserve these churches for future generations please contact:

Jane Bienemann 01799 543297 or

Maureen Hawkins 01799 543201

for further information.

Rickling Church Flowers

Help needed to do the flowers at Rickling Church, perhaps twice or 3 times a year. A simple vase is all that is needed. As the church is kept open all year and gets a number of visitors, it is appreciated to see flowers. Please ring Maureen Hawkins 543201 if you are able to help.

Carol Concert



Thank you to all who took part in the Carol Concert, mince pies, mulled wine, (hand-) bell ringing - shown here - and plenty of good voices.

A good start to the Christmas Season.

Village Hall Parking

Users of the Village Hall will have seen that the car park has recently been renovated. The renovation has been overdue but could not proceed until we managed to raise the necessary funds. The upkeep of the Hall and car park takes a certain amount of expenditure which we try to cover from receipts from community activities and occasional small donations. The Village Hall and car park are community facilities to be used by Village Hall users whose activities contribute towards the cost of maintaining the Hall. We are willing to help occasionally with short term parking problems, but would ask that this is done by prior arrangement as we need to know who is using the car park.

Christmas Market

Thank you to everyone who cooked cakes, made items to sell and helped on the day, a successful event.

Samaritan Boxes

Thank you to all who filled these welcome boxes. A total of 17 were sent from the village clubs and the church.

Christine

Quendon & Rickling Parish Council News

Parish Council Meetings

I attended my second Parish Council meeting yesterday in my capacity as Parish Clerk and I am both amazed and impressed at the amount of work that is undertaken on behalf of us residents. I have lived in the village for just three and a half years and must confess I have taken everyday events in our village for granted.

The Parish Council are all volunteers that give up their time to ensure the rest of us can relax and enjoy our village. Each member takes responsibility for various tasks, I won't name them all but they include ensuring our footpaths are maintained and free of obstruction, that planning applications are given due consideration and that public areas are maintained to a good standard to name just a few.

It isn't just a case of meeting once a month, some will also be involved in other projects and work with other volunteers from the village to enhance our facilities. Were you aware for example, that a team are looking at the possibility of a children's playground once the building work is complete, and of course subject to funding. There are groups looking at other projects that will be of great benefit to our community, more details soon.

A great deal of work is also going on with getting Neighbourhood Watch off the ground in the village; I know volunteers are sought, this may be something for you to consider.

These are just a few of the projects discussed, each with great commitment and enthusiasm. I thought you may be interested in hearing just some of what goes on at the Parish Council meetings which anyone is welcome to attend, the next being **January 11th 2017**.

If there is anything you would like more information on my details are below.

Village Handyperson

The Parish Council are looking at the most efficient and cost effective way of getting odd jobs done around the village; in the meantime, should anyone have any minor repairs around the house and you are over 65 or disabled or at risk of falling due to illness or other factors, the Papworth Trust Handyperson service is available.

Tel 0300 333 6543 www.papworthtrust.org.uk/homes-and-repairs/handyperson-service.

Welcome Packs

The Parish Council provides a Welcome Pack of information for new residents to the Village. If anyone knows of any newcomers to the village do please let me know on the contact details below and I will drop off a welcome pack to them.

Walking the Dog

Abandoned plastic bags of dog mess are appearing in

quantity throughout the footpaths and woods. They make a very unattractive sight. Please dispose of them in the correct manner.

Uttlesford District Council has a clear message on Dog fouling:

Please clean up after your dog – Bag it and Bin it.

Failure to clean up after your dog could result in a £1,000 fine!

To report incidents of dog fouling call the council's Customer Service Centre on **01799 510510**.

Alternatively, fill in an online form at www.uttlesford.gov.uk/animalfoulingreport.

Allotments

Anyone interested in taking up an allotment should call Peter Warwick on **01799 543526**.

We understand that there are still some plots available and it may be possible that some existing ones may be divided up.

Highway Problems

The Essex Highways website is available for anyone noticing a problem to report it:

<http://www.essexhighways.org/Report-a-problem.aspx>.

A tracking facility for all reported faults is available.

Police/Crime

The Essex Community Messaging Service provides useful information to the public about policing and safety issues. It is free to register and information is given relative to your postcode, thus providing accurate and up-to-date community safety information and crime prevention advice. Users can choose to receive information via e-mail, text or voice-recording and can select what information to receive – based on where they live and work and on issues of interest. For further details and to sign up, visit www.essex.police.uk/ecm.

Children's Activities

Armadillos, A Bumps, Babies, Toddlers and Parents group meets every **Tuesday** (term time) from **9am-11am** at **Rickling School Hall**.

Buffy Bus is no longer visiting the Parish. The Wednesday service has been rescheduled to stop at Cherry Garden Lane, Newport between 9.15am and 10.30am.

Contact the Parish Council

The Clerk, Anne Webb can be contacted by e-mail quendonandrickling.clerk@hotmail.com or by telephone 01799 543988.

Should anyone wish to receive e-mail updates/notices, please send me your e-mail address and I will add you to the village circulation list.

This month's message from the Chairman of the Parish Council

It feels a bit odd to me every year when I come to write my 'bit' for the January edition of *THE LINK*, because, given the timings required for publication, I have to write it before Christmas, let alone New Year. So it's now 17th. December, yet it's time for me to say, I hope you all had a great Christmas, and I wish you all the very best and a happy New Year.

I've mentioned this a number of times recently, but the fact remains that we still need another Parish Councillor to bring us up to our full number. Come on! There must be one person in the village who would be willing and able to give a couple of hours each month to help keep everything running smoothly.

On the subject of volunteer work, we also need someone with the relevant skills to help redesign and maintain our web page. If you could help with that, or put us in touch with someone who could, please give Anne a call. We might even be able to pay a little for your time.

Broadband is still an issue for us. In a nutshell, it seems possible that both Gigaclear and Openreach will be upgrading us, but frustratingly, neither will actually confirm their intentions. We'll have to wait and see but the situation looks more hopeful than it did a few weeks ago. If you are one of those who signed up to Gigaclear it would be a good idea to call them and ask them directly what they intend.

That's about all I have for you this month, but I'll be back.

Alan.



I went to Tesco and got some HP sauce the other day. It's costing 6p per month over two years.

Quendon & Rickling 100 Club

Congratulations to our December *THE LINK* winners!

1st Prize..... No 11..... Howard Osbourne.

2nd prize..... No 78..... Roger Hackwell.

3rd Prize..... No 49..... Rita Lockwood.

Wishing you all a very happy Christmas & a wonderful new year.

Thanking you all for your support.

Much love, Clare & all in the 100 club. xxxxxxxx

A Bowls Club

Jumble Sale

Sat 11th February 2.00pm

In Quendon Village Hall

Quendon and Rickling Golf Society

Sixteen members of the Quendon and Rickling Golf Society arrived at Bishop's Stortford Golf Club on a bright November Friday morning full of anticipation of a great day's golf with old, and perhaps some new, friends. The weather forecast was for showers but perhaps the gods would be smiling and, showers being by nature intermittent, the golfers hoped that they would dodge them. The weather had been so mild and kind for the past few weeks, fingers were crossed.

After a breakfast of bacon sarnies and coffee the 16 headed out to do battle for the prestigious Bandit Trophy. The promised showers duly arrived and weren't so much showers but persistent cold rain which fell for most of the morning. But rather than dampen proceedings it only added to the rather Dunkirk spirit and a few warming libations were in order in the bar after play.

After a fine lunch of Ham Egg and Chips the winners were announced. Nearest the Pin on the 8th was won by Susie Hartley and Nearest the Pin in two shots on the 14th went to Mial Walker, a welcome guest of Stewart Hart. In third place on count back for the all important Trophy was Tony Jones and in second place was Stewart Hart, both finishing with an excellent 36 points. But the winner with an impressive 38 points was the evergreen Ian Richie. Ian was a resident of Ricking Green for many years and now lives in Stansted.

Advertising in *THE LINK*

reaches every household in Quendon and Rickling at attractive rates.

It could be promoting YOUR business.

Contact:

Advertising on telephone 01799 543297 or

The Editor, preferably by e-mail with attachments as necessary at robert@arnold-q.uk;

otherwise telephone 01799 543075.

Rickling/Quendon Coffee Morning Club

"Support your local events to make us successful"

Please put the following dates in your diary for 2017

18th January	10.00 am – 12.00 pm
15th February	10.00 am – 12.00 pm
15th March	10.00 am – 12.00 pm
19th April	10.00 am – 12.00 pm
17th May	10.00 am – 12.00 pm
21st June	10.00 am – 12.00 pm
19th July	10.00 am – 12.00 pm



Do you have a charity you would like us to support ?
Please contact : Phone Angela 01799 218061 or Carole 01799 543807

Quendon & Rickling Village Hall, Quendon CB11 3XQ



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or telephone 01799 543075

THE HUNDRED PARISHES SOCIETY

www.hundredparishes.org.uk



This is a great time of year to walk off the Christmas excesses and enjoy our unique part of the country. With crisp, bright days, we can all enjoy the countryside in its winter clothes.

One essential I would recommend is an Ordnance Survey map, ideally the orange Explorer map which has a scale of 1 to 25,000 and shows many detailed features including footpaths and field boundaries. They can be purchased from good stationers or online from www.ordnancesurvey.co.uk/leisure.

Investment in a good pair of walking boots, probably for less than £100, will be paid back over many years and hundreds of miles, especially if you look after them.

Our area has an extensive network of generally well-maintained public rights of way – footpaths for walkers and bridleways that may also be used by horse riders and cyclists. Do try out new routes, planning before you set off. Bear in mind that a path that runs beside a field edge is less likely to get muddy than one that crosses a field.

Plan your route so that the sun follows you. This is good practice at any time of the year, but especially so in winter with the low sun. For a lengthy, circular walk, try to start near the southeast corner and head clockwise. The sun will follow you, keeping the glare from your eyes and giving you the best views. Most of the walks on the Hundred Parishes website follow this principle.

Do check that your intended lunch stop will be open – phone numbers appear in the parish introductions on www.hundredparishes.org.uk.

Finally, be sure to wrap up warm with double-thickness woolly hat and gloves, a scarf and layers of clothing . . . and enjoy !

Ken McDonald, Secretary

District Council News

Report from District Councillors Neil Hargreaves and Jo Parry

Bridge strikes

We are a little closer to having the new signage installed which should stop the frequent blocking of the B1383 in Newport, and the delays to rail passengers while the bridge is inspected.



The two photos look like the same event but one is November this year and the other December 21st 2015. Essex Highways, despite having a fully agreed budget (£67,500) and a design for the many signs on the main road and the diversion routes, had pushed the project back to next financial year. The delay was said to be in getting permission from Network Rail to work on the bridge – I asked twice

when they made the request and got no answer, so the assumption has to be that this was inefficiency from Essex Highways.

The good news is that after pressure from Newport parish councillor Judy Emanuel, from County Councillor Ray Gooding and from me, they have put it back into this year's budget. The Highways officer in charge of our area, Rissa Long, says that they now have agreement in principle from Network Rail and "It is the intention to commence in the new year. I will advise further on this once the road space has been booked."

Let us see how long it takes Essex to book occupancy of its own road!

Planning refusal for 94 homes in Newport

On 16th November the planning committee refused an application for 94 houses and a commercial unit on London Rd beneath the primary school. The reasons considered included road safety as the access would have been right next to the Station Rd / Frambury Lane cross roads, with its car businesses and traffic to the station, school and existing houses. The B1383 through our villages carries about 90,000 vehicles a week.

The land owner's first design left land for the primary school to expand needed as Newport has 300 houses in the pipeline or under construction, plus houses in surrounding villages. However this was altered in the application, with houses to be built close to the school boundary which Essex Education said would prevent any significant expansion as they needed 0.8 ha. The school has no safe drop off point and the offer in initial presentations to provide this had also been removed from the application.

Jo and I spoke at the Planning Committee as did parish councillors and residents. Newport currently has 1000 houses, and in addition to the 300 in progress (which include 84 affordable homes) there will be a 50 bed care home and 41 units of sheltered accommodation. The vote was 8 to 2 to refuse.

As well as traffic, this has relevance to Quendon & Rickling in relation to the Neighbourhood Plan which is joint with Newport. These are required to be positive towards development and the village rejecting a major development on a site in the draft Local Plan doesn't sit easily with this presumption. However there were so many things wrong with the application that it was considered that total opposition was the best course.

This is a variance from previous approaches to poor applications where we objected but added things like 'but if this is permitted please put conditions to do x' or 'please include a s106 agreement to fund y'. We cut all this out, went for complete refusal and carefully coordinated our speakers. The latest news is that the applicant has claimed the decision is perverse and is intending to appeal

The Local Plan process

At the time of writing of writing it is two months since the release to the media of Local Plan 'decisions' on whole new settlements, together with interviews with the responsible Cabinet member, which were put on hold the following day and all relevant council meetings cancelled.

In the absence of any public forum (and the previous removal of the public consultation on sites) Residents for Uttlesford called an Extraordinary Council Meeting (ECM) in November to ensure the issues were aired in public and remedial action confirmed.

There was a very large turn out from towns and villages across the district, with several hundred following on social

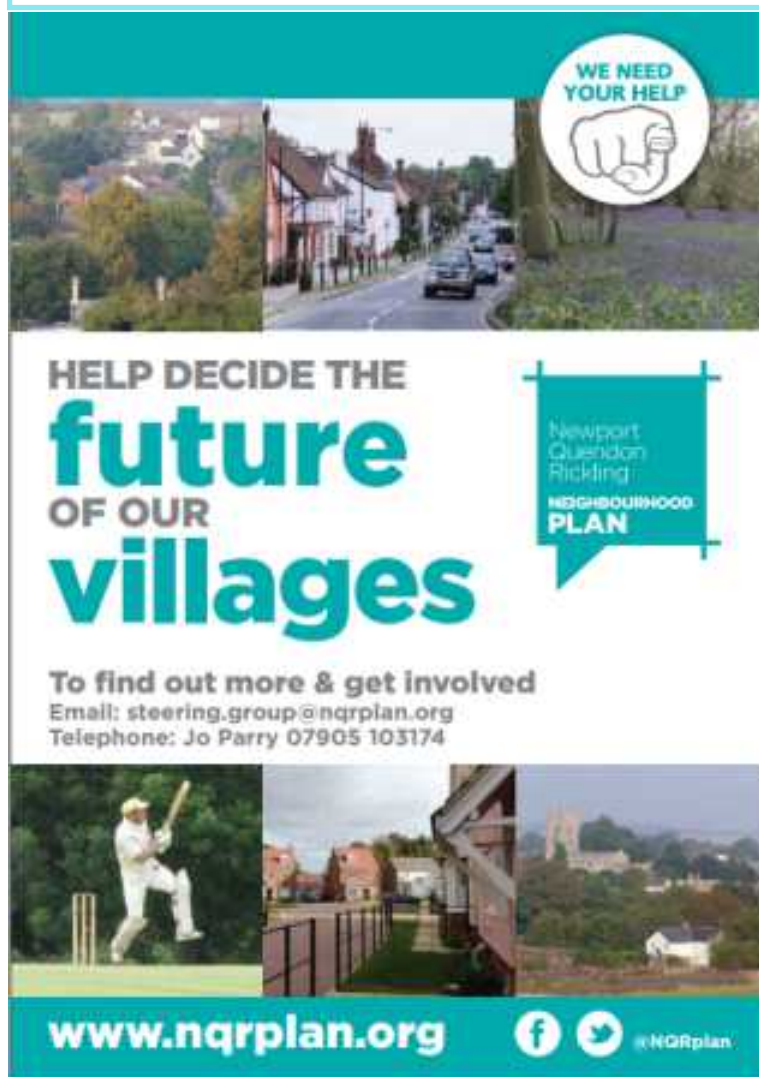
media. The ECM gave residents the opportunity to be heard and express their concerns about the failure of the local plan, and transparency of the process and their confidence in it. There were speakers from Saffron Walden, Ashdon, Thaxted, Little Easton, Dunmow, Stansted, Stebbing, Takeley, Newport, Great Chesterford, and Ickleton. UDC Cabinet members and officers were asked questions by R4U and Libdem district councillors from Saffron Walden, Stansted, Newport and Thaxted. However no Conservative councillor asked a question on behalf of their constituents, even those representing Dunmow and the large areas along the A120 being targeted for even more development, and the Conservatives used their large majority to vote unanimously to block a motion to improve transparency and restore confidence in the Local Plan process.

At the time of writing there is no information on revised dates. The chief executive is now issuing councillors with weekly updates on the plan progress, but there is still no project plan for the Plan and we are into the third year from the rejection of the previous draft plan. Absence of a Local Plan leaves us more open to speculative applications by land owners and developers.

New Homes Bonus

Much of our allocation of this across the ward for the financial year has been done, including to Rickling School, and for repair of the broken finger post sign on the Green. But there is some left so please get in touch if you have a good local cause needing some support.

Neil Hargreaves.



HELP DECIDE THE future OF OUR villages

Newport Quendon Rickling NEIGHBOURHOOD PLAN

To find out more & get involved
Email: steering.group@nqrplan.org
Telephone: Jo Parry 07905 103174

www.nqrplan.org

HENHAM CHRISTMAS MARKET

2016

Raising money for Great Ormond Street Children's Hospital



We would like to say a **HUGE** thank you to everyone who came to support our charity event.

Thanks to everyone who donated cakes, donated raffle prizes, helped on the day, drank the tea and bought raffle tickets. The fantastic range of Stallholders.

Also E.Corr, Opto Electronics and Aquaid for their generous donations. You all made it a huge success.

We are very pleased to say that we raised an enormous

£3,515.48

Many thanks from Jo, Lara, Lesley & Anna

Advertising in THE LINK really gets your message out!

One of the reasons firms stop advertising here is that they don't need to do so any more.

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Contact: Advertising on telephone 01799 543297

or The Editor **preferably by e-mail at**

robert@arnold-q.uk,

otherwise telephone 01799 543075

NhW INFORMATION

A coordinator received an email which claimed to be from the Inland Revenue suggesting that a re-payment was due. He was suspicious of this and contacted Action Fraud to report the matter. Not surprisingly, he was informed that this was a hoax with confirmation that the IR (and all other financial organisations) will NEVER contact you in this way and ask for personal information. I mention this to underline the need to be a cautious, and report any concerns you have either to Action Fraud or Essex Police on 101.

Quendon and Rickling Golf Society

On Wednesday December 7th a good group of 14 plucky golfers arrived for a morning's golf at Newmarket Links. This game is our season finale and the weather gods were with us. It was comparatively warm for December and dry too which was quite a contrast to our game at Stortford in November. We played a team format with a bit of Christmas luck thrown in with each team having three 'Jokers' to introduce where they wanted and double the team's score on that hole. The bacon sandwiches and coffee fortified us for the game ahead and our four teams set out for the challenge. It's a lovely course with the gallops running close by in several places, flat terrain of course, but still very interesting. Playing a team game gives us a chance to bring a bit of strategy into the mix to help each other get the best result but mainly makes it great fun. We certainly all enjoyed it and spirits were high on return to the clubhouse for a well earned beer or cup of tea and a few tales of putts holed and errant shots out on the course. No change there then!

Thirty of us met later at the Fleur in Widdington for a celebration of our year end and enjoyed a meal together with Society members and non golfing partners. Chris and his staff made us very welcome and were excellent as ever and dedicated the main bar to us exclusively which worked a treat. After the usual delicious Fleur supper we were entertained to a quiz by Ray and Janice Hart - different teams, different skills and lots of laughter! The winners of the golf were Mervyn Waite and his team of Andy Holmes, Anthony Gold and Ossie Osbourn and Os also took away the nearest the pin prize. The quiz winners had to be decided on a tie busting extra question but eventually featured Os again along with his team of the Lockwoods, the Hutchins and Tony Knight. They just pipped the Rackhams and the McKeatings ably assisted by Brandon Chapman. Well done everyone and thanks to Ray and Janice too.

We've had a busy year and it's been as much fun as ever. We have plans for next year already and our new season will start in May. There are new people in and around the village so please get in touch with us if you are a golfer of any standard and join us next year. Merry Christmas and Happy New Year from us all. janewaite@hotmail.com

CRIME PREVENTION ADVICE (Supplied by Essex Police)

Theft from Work Vehicles

Essex Police are investigating a rise in the number of thefts of tools from work vans overnight. Vans have been entered and tools have been removed, so if you own or know a neighbour, friend or workmate who owns a van make them aware.

Think about security. If you have tools on board remove them overnight if possible. Also make a point of property marking your equipment both overtly and covertly. Please also take on board the following advice:

- DON'T tempt thieves by leaving any items on display.
- DO CLEAN THE SAT NAV RING off the windscreen.
- DO TURN BLUETOOTH OFF anything left in the car – it can be detected when on.
- DO lock your vehicle at all times, close windows, and set the alarm, even when parked on your driveway or when carrying out any work.
- DO PARK REAR DOORS ON VANS up against garage doors or other to prevent access where possible.
- DO NOT just press the button on your fob to lock it – look at your car to see the lights flash to confirm locking; someone may be nearby with a "remote blocker" and stop your car from locking.
- DO try to park in a secure, well lit area where possible, if parking at a hotel try and park within view of reception, CCTV cameras or your room.
- Do mark tools and property visibly with your post code and house number, and consider products such as CRE Mark, Selecta DNA and Smart Water.
- Do register serial numbers of your property on www.immobilise.com this is completely free service. Please visit the website for more information.
- Do consider having additional security door locks fitted, they make it harder for the thief and are a great visual deterrent.

Neighbourhood Watch

Over recent months you will have read the criticism of our local policing arrangements. Much of this has been about local issues, such as the closure of police stations and police visibility. Whilst these may be real concerns, I am more interested in the performance of Essex Police in response to reporting and dealing with crimes. So, if you have any experiences (good and bad) which you want me to follow up, please let me know and I will raise these with the District Commander.

Please reply to this address nhw@acjohnson4.plus.com

Neighbourhood Watch

A Neighbourhood Watch Co-ordinator works closely with Essex Police to ensure members are told about crimes in their area and how to avoid becoming a victim. They also share information to assist the police. There is no restriction on who can apply and typically a co-ordinator will look after between 20-40 neighbours. For more information or to get involved email EssexNeighbourhoodWatch@essex.pnn.police.uk or visit www.essexnhw.org.uk

Farm Watch

Essex farming communities benefit from having dedicated people to join Farm Watch. Volunteers work together with the police or other parties to build links with partner agencies. Local meetings are organised and run by members who also receive regular updates and alerts which can also be inter-linked with other watch schemes. For more information or to get involved contact Colin Freeman, Essex Watch Liaison Officer on 01279 621 862 or email colin.freeman@essex.pnn.police.uk

Parish Safety Volunteers

Could you help local people to live safer in their homes? Volunteering with both Essex Police and Essex County Fire & Rescue Service as a Parish Safety Volunteer could be the ideal role. Volunteers work mainly in their own local communities and are trained by both services to give fire and crime prevention advice. For more information or to apply email pvs@essex-fire.gov.uk

PCC
POLICE AND CRIME
COMMISSIONER FOR ESSEX

Safe and Secure Communities

Keeping people safe and secure means having well policed communities, where crime is prevented from happening in the first place and there is a police service which is so close to the community that people feel confident that the police know what is going on.

We all want to live in a place where we do not need to fear crime, where we make sure criminals have no scope to thrive and where we watch out for the vulnerable and there are lots of ways you can help the police to improve the quality of life in your own community.

Some schemes require more time and commitment than others and can range from volunteering for a minimum of 16 hours a month through to going online to report a crime or anti-social behaviour or even by simply talking to a police officer who is out on patrol. Whatever you decide to do you will be helping to make a difference to your community.

If you have a different idea for how you could get involved in your community to help the police you can contact the PCC at:

The Office of the Police and Crime Commissioner
3 Hoffmans Way, Chelmsford, Essex CM1 1GU
www.essex.pcc.police.uk
Telephone: 01245 291600
Email: pcc@essex.pnn.police.uk
Facebook: Police and Crime Commissioner for Essex
Twitter: @essexPCC

Active Citizens

Our Active Citizens have a key role in making the area that they live, work or visit safer and less vulnerable to crime or anti-social behaviour. They carry out their day-to-day activities in areas which are experiencing a rise in crime, help neighbours to mark their property or distribute crime reduction advice amongst other things. Does this sound like something you could do? For more information and details on how to apply please contact the Local Policing Support Unit active.citizen@essex.pnn.police.uk

Specials

Special Constables are just that - special. They're people who give up their free time to work with the police to improve the communities in which they live and work.

As a Special Constable you would have full police powers, uniform and equipment, take on the same responsibilities and perform the same duties. It's an exciting opportunity to help keep your community safe. Crime prevention should be based in the community and the PCC's ambition is to have a Special Constable in every one - improving the links between the police and Essex residents.

If you are able to give a minimum of 16 hours per month then we want to hear from you. Visit www.essexpolice.co.uk/specials for more information and details on how to apply to be part of a special team.

Community Speed Watch

If you would like to volunteer for Community Speed Watch you could be involved in monitoring vehicle speeds within your community, identifying offending vehicles and notifying Essex Police who will look to communicate with the registered keeper. Community Speed Watch plays a major role in changing road user behaviour and supports the promotion of an appropriate road safety message. For more information or to get involved email community.speedwatch@essex-fire.gov.uk

Essex Community Messaging

Are you interested in finding out what's happening in your local area and how you can help keep crime down? Signing up to Essex Community Messaging means you'll get crime prevention advice and notifications from Essex Police officers and other key partners via email, text or voice message which are specifically for the area in which you live. You can select what information you get and how you would like to receive it. Sign up today at www.essex.pnn.police.uk/ecm

Volunteer Police Cadets

Do you know a teenager who has an interest in policing and would benefit from getting involved in a variety of activities and opportunities? Our cadets are a uniformed voluntary youth organisation which is supported by the police. Cadets help with the prevention and reduction of crime in Essex. The scheme is open to all young people aged between 13 and 18, irrespective of their background or financial circumstances. For more information email volunteer.police.cadets@essex.pnn.police.uk

PCC
POLICE AND CRIME
COMMISSIONER FOR ESSEX

Helping Your Communities To Be Safe and Secure

Rickling Church of England Primary School

What have they been up to recently?

Class Highlights in December 2016

Acorn and Oak Class have had such a busy couple of weeks and we are all so proud of them for their wonderful production of "Nativity" and "Aliens coming for Christmas". Their enthusiasm and hard work certainly paid off and we are sure you all enjoyed their performance as much as the staff. They also had a very exciting trip to Weald Park for their 'Stick Man' topic last Thursday. Well done again Acorn and Oak Class you have made us all very proud!



**Beech Class's
purple teeth!**



Beech and Maple Class have also shown us their wonderful singing skills and produced a wonderful Carol Concert for us (as well as some other joining in Acorn's Nativity). We have some beautiful singers in our midst!

Years 3 and 4 have enjoyed a trip to the Roald Dahl Museum this week and they all had a wonderful time and also were a credit to our school on their visit. Well done.

Just before Christmas we had our annual Carol Service at Church. This was a wonderful service, the children read and sang beautifully. A truly fitting end to the term. We hoped that the children would enjoy Cinderella the following day.



Learning about digestion

Autumn/Winter Sports Roundup

This term at Rickling has been fantastic for sporting achievements. In September, our Year 5/6 girls took part in a football festival and then used the skills they had learnt to take part in a football tournament. The girls played brilliantly as a team and we won the small schools group. After playing both the medium and large schools, our final position was 2nd! Well done girls – silver medalists! The boys also took part in the same tournament and came 2nd in their group – fab work boys!

Beech Class took part in a multiskills festival in October. Along with other schools in Uttlesford, they played a variety of sportshall athletics games and tried new skills.

Maple Class took part in a Dodgeball competition at the end of October. It was a noisy and chaotic afternoon, although everyone enjoyed themselves! The final results saw one of the groups go forward to the finals at Carver Barracks,



where in November they battled valiently and came 6th out of 11 schools.

In November, 47 children from across the year groups attended a cross country competition. The whole school were impressed with the childrens' ability! They should all be very proud of how well they ran. The year 4 and 6 boys qualified for the next round and after some fantastic training sessions run by Mr McWhirter, ran their very best. Well done boys! Your stamina and ability amazed us all.

Our year 5 and 6 boys Squad Football Team have gone from strength to strength. After losing the first match, the boys rallied round and have won every game convincingly since then! Roll on February next year when the matches start again.

The after school hockey club has now finished a season of training and matches will start after Christmas. The club finished with a tournament against other schools we came a fantastic 1st! Well done to everyone who played! Thank you to Mrs Bushnell, Mrs Borgeson and Evie Borgeson for all you have done to ensure we continue this club.

In December we were awarded a Gold Award in 'Small Schools participation within sports'. This is a wonderful acknowledgement of our continued presence in the many different sports competitions available. Our small school is often used as a 'poster school' for participation and we are very keen to continue this.



We would like to take this opportunity to say a massive thank you to ALL of the parents who have run training sessions, transported children, supported their children and cheered loudly from the sidelines! We couldn't take part in all of these wonderful activities without you! **Miss Bassett - PE Subject Leader**

Thank you to the PTA.

A MASSIVE thank you to the PTA this term. They have supported and helped the school in so many ways. The events they have held have been great, from the Quiz night, Disco to the Christmas Fair and providing tea and cake for the class assemblies and school productions. The funds raised during those events from the generosity of the parents, friends and families of our pupils, has contributed toward the refurbishment of the learning centre, new furniture for the classrooms and a brand new reading scheme for the whole school (oh and Christmas Crackers).

Over the next few years we would like to continue working together to raise funds to improve our school facilities and contribute to class projects. It is our aim to install a MUGA, a Multi-Use Games Area in the school grounds and improve IT facilities further, such a fantastic opportunity for the school.

Thank you again to the PTA of Rickling, without your support there are just so many things that would not be possible for our children to enjoy.

It has been a fantastic term and I am so proud of the children. **Mr A. Gardiner - Executive Headteacher**

Elderberries Lunch Club (For Older Community Members)



Elderberries lunch club will recommence on Wednesday 11th January and every first Wednesday of the month thereafter (excluding holidays!). Guests are served a hot lunch with dessert and coffee or tea by Year 6 students in the surroundings of our busy lunch hall.

There are only six places available for each meal time, so please telephone (01799 543274) or come into the School Office to book a place. The cost is £5 and guests should arrive shortly before 12 noon.

Keeping warm this winter

Living in a cold home is bad for anyone's health, but older people, very young children and those with long term health problems are particularly vulnerable. Cold, damp and draughty homes can make certain health conditions, such as respiratory problems, much worse. Keeping warm over the winter can help prevent colds, flu or more serious health conditions such as heart attacks, strokes, pneumonia and depression.

If you are struggling to pay fuel bills or manage household repairs, there is a new way to access practical support to help you keep warm during the winter. Visit www.uttlesfordfrontline.org.uk and search 'cold' or call Uttlesford Citizens Advice on 01799 618858 to access help and advice regarding:

- **Benefits**, including cold weather payments and disability benefits

- Money or **debt**, including debts to utility providers
- **Switching**, to get lower fuel bills,
- **The priority services register.**
- **Home improvement grants and handyman services**
- **Energy efficient behaviours and home improvements**
- **Home safety**
- **Personal alarms**
- **Flu jabs**
- **Fall prevention** services
- **Community services**, including transport, food delivery and home library services



Uttlesford Citizens Advice. Barnards Yard, CB11 4EB

T: 01799 618840

W: uttlesfordcab.org.uk

E: bureau@uttlesfordcab.cabnet.org.uk

Saffron Walden 9.30 to 3.30 M.T.Th.F. (appointments available Weds)

Great Dunmow 9.30 to 3.30 T. W. Th.

Thaxted 2.00-5.00 Tuesday (fortnightly – appointments only)

Stansted Mountfitchet 9.30 to 12.30 Tuesday (fortnightly) and 9.30 to 12.30 Thursday (weekly) – appointments only

Takeley (by video link) Thursday and Friday (appointments only)

January 2017 at...



Fantastic Beasts and Where to Find Them (12A)	Sun 1st & Mon 2nd 3pm, Sat 7th 8pm
The Light Between Oceans (12A)	Sun 1st & Mon 2nd 8pm
Trolls (U)	Tues 3rd & Weds 4th 3pm
Arrival (12A)	Tues 3rd & Weds 4th 8pm
A United Kingdom (12A)	Fri 6th 8pm, Sat 7th 5pm, Sun 8th 5pm & 8pm, Sat 21st 5pm
Moana (PG)	Sat 7th, Sun 8th, Sat 14th & Sun 15th 2pm
After Love (12A)	Mon 9th 8pm
The Tempest – <i>Royal Shakespeare Company</i>	Weds 11th 6.50pm
Allied (15)	Fri 13th & Sat 14th 8pm, Sat 28th 5pm
The Edge of Seventeen (15)	Sat 14th & Sun 15th 5pm
Indignation (15)	Sun 15th 8pm
The Innocents (15)	Mon 16th 8pm
Sully (12A)	Fri 20th & Sat 21st 8pm, Sun 22nd 5pm
Ballerina (U)	Sat 21st & Sun 22nd 2pm
Florence Foster Jenkins (PG) <i>Pop-up Ickleton</i>	Sat 21st 8pm
The Birth of a Nation (15)	Sun 22nd 8pm
Paterson (15)	Mon 23rd 8pm
Snowden (15)	Fri 27th & Sat 28th 8pm
Rogue One: A Star Wars Story (12A)	Sat 28th 1.30pm & Sun 29th 3pm
Life, Animated (PG)	Sun 29th 11am (<i>autism-friendly screening</i>) & 8pm
The Unknown Girl (15)	Mon 30th 8pm
Il Trovatore – <i>Royal Opera House</i>	Tues 31st 7.15pm

www.saffronscreen.com

Tickets: Eve: Full price £7.90, 65 & over £7.10; Other adult conc: £6.10, 18 & under: £5.70 (£4.30 on Mon)

Day: Full price £6.90, 65 & over £6.00; Other adult conc: £5.30, 18 & under: £4.50, Family ticket £20.00

For Special Event Tickets, please see website

Available from the Saffron Walden Tourist Information Centre, online at www.saffronscreen.com,

**or at the cinema Box Office (opens 30 mins before screening) at
County High School, Audley End Road, Saffron Walden, CB11 4UH.**

What's On

Where no organiser is shown for any event in Q&R Village Hall, contact the Hall Manager, Christine Osbourn on 01799 543367 for details

Event	Date	Time	Place	Notes
EXTEND Exercises	<i>Mondays</i>	10.30	Q&R Village Hall	Pat Turner 01799 543314
Saffron Searchers	<i>1st Monday in month -</i>		Q&R Village Hall	-
Dog Training	<i>Mondays</i>	-	Q&R Village Hall	Pauline Everton
Rainbows	<i>Mondays</i>	16.00-17.00	Q&R Village Hall	(Pre-Brownies)
Prayer Meeting	<i>Mondays</i>	16.30	Quendon Church	
Pilates	<i>Tuesdays</i>	09.00-10.00	Q&R Village Hall	Jan Crawley 077421 82272
Dance Exercise	<i>Tuesdays</i>	Morning	Q&R Village Hall	Christine Alexander
Dance Exercise	<i>Tuesdays</i>	Afternoon	Q&R Village Hall	Christine Alexander
Armadillos	<i>Tuesdays (term-time)</i>	09.00	Rickling School	Stevie Green 01799 542734
Carpet Bowls	<i>Wednesdays</i>	19.00	Quendon Bowls Club	David Edwards 01799 540167
Coffee Group	<i>3rd Weds in month</i>	10.00-12.00	Q&R Village Hall	Angela 01799 218061/Carol 543807
U3A Choir	<i>Wednesdays</i>	10.30	Q&R Village Hall	
Wednesday Club	<i>Wednesdays</i>	-	Q&R Village Hall	Christine Osbourn 01799 543367
Prayer Meeting	<i>Thursdays</i>	09.00	Rickling Church	
Line Dancing	<i>Thursdays</i>	-	Q&R Village Hall	Dawn Bond 01787 460274
Rickling Runners	<i>Thursdays</i>	19.30	The Green	Stevie Green 01799 542734
DiddiDance (2-4yrs)	<i>Fridays</i>	10.00	Q&R Village Hall	
Karate (4 to adult)	<i>Fridays</i>	16.00-17.00	Q&R Village Hall	Sensei Claire Kemp 0781 648 8834
BCP Communion	8th January	09.30	Quendon Church	
Elderberries	11th January	12.00	Rickling Primary School	
Parish Council	11th January	19.30	Q&R Village Hall	
Evening Prayer	15th January	15.30	Rickling Church	
Coffee Morning	18th January	10.00	Q&R Village Hall	
Holy Communion	22nd January	09.30	Rickling Church	
Jumble Sale	11th February	14.00	Q&R Village Hall	
Coffee Morning	15th February	10.00	Q&R Village Hall	

Note new regular carpet bowls at Quendon Bowling Club on Wednesdays at 19.00

Emergency Life-saving

Should someone suffer a cardiac arrest or show symptoms of a heart attack e.g. pains in the chest, then your first action should always be to phone the ambulance service on 999. The service will refer you to our Automated External Defibrillator which is at the front entrance to Quendon & Rickling Village Hall. Anyone can save a life by using it until an ambulance arrives. In addition you can seek help from any of the volunteers listed below.

Name	Home Telephone	Locality
Alan Price	01799 542527	Northern end - Cambridge Road
Jane Price	01799 542527	Northern end - Cambridge Road
Robert Arnold	01799 543075	Northern end - Cambridge Road
Chris Phillips	01799 542351	Middle - Cambridge Road
Sue Phillips	01799 542351	Middle - Cambridge Road
Nigel Ackerman	01799 540678	Middle - Cambridge Road
Anne Howes	01799 543545	Southern end - Cambridge Road
Sandy Turner	01799 540557	Rickling Green
Pat Turner	01799 543314	Rickling Green
Janice Hart	01799 541196	Rickling Green/Brick Kiln Lane/Rickling
Clare Willoughby	01799 543637	Rickling Green/Brick Kiln Lane/Rickling



For further information see www.communityheartbeat.org.uk/

Remember: Using the defibrillator can't cause injury. Doing nothing can.

THE LINK is produced on behalf of Quendon & Rickling PCC, who do not necessarily share or endorse any opinions expressed by contributors or advertisers.

THE LINK is delivered free of charge by volunteers to every household in the villages of Quendon and Rickling. It is also available by post and online at: <http://www.quendonandrickling.co.uk>

All correspondence for THE LINK should be addressed to the editor,

Robert Arnold: **preferably by e-mail with attachments if necessary:** robert@arnold-q.uk, or at Talbots, Cambridge Road, Quendon, CB11 3XJ; otherwise telephone 01799 543075

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