

THE LINK

Quendon & Rickling

Parish

and Church

March 2016

You can find THE LINK
and much more at

www.quendonandrickling.co.uk

NEWS

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Visits: If you would like the Vicar to visit you at home or in hospital, or know of anyone who would like him to visit them, please let the Vicar know.

The Rev'd. Neil McLeod, The Vicarage, 5, Meadowford, Newport, Saffron Walden, Essex, CB11 3QL

Telephone: 01799 540339 **E-mail:** mcleod444@btinternet.com

From the Vicarage Study

Rev. Neil McLeod,

Priest-in-Charge of Newport with Widdington, Quendon and Rickling.

My mum died in April 2002, but I still have so many great memories of her and of special times that we shared. I knew that I wanted to say something about her at her funeral, so I wrote a prayer. I'd like to share it with you:

Heavenly Father,

She was Wife, Mum, Sister, Nan, Aunt and Friend.

Thank you Lord for all that she did.

Thank you Lord for the good times we shared that we can look upon and smile.

Thank you for the bad times;

Some of which we can look back upon and see what she taught us,

Some of which we can look back upon and laugh, like when she threw plates around.

Thank you for her strength, for the way she was always there to comfort, support and guide us.

Thank you for her compassion, for the way that she always put others before herself.

We'll always remember the joy she got from helping the Swimming Club and the MS Club.

Thank you Lord that she was a good wife to Dad, for everything that they meant to each other in the 50 years they were together.

Thank you Lord that she was a good Mum to me and my brothers, for the way she always worked to help provide for us and we never went without.

Thank you Lord, that she was a good sister, aunt and Nan.

Thank you Lord, that she was a good friend, where it didn't matter if you'd known her 40 years or 4 years; she would always be there for you.

Thank you for the love she had for each one of us.

Thank you Lord for the final smiles that Mum gave us in the hospital;

Smiles that lit up the entire ward,

Smiles that like Mum will never be forgotten.

Sunday March 6th is Mothering Sunday. Come along to Rickling Church and give thanks for your Mum whether you are fortunate to have her still with you, or whether she simply lives on in your heart.

Neil

Churchwardens' News

Easter

Easter is early this year.

Easter Morning service will be at Rickling Church Sunday 27th March 9.30am

Mothering Sunday is 6th March. Look for details of services in this issue of **THE LINK**.

Also don't miss the details of the **Photographic Competition** entries needed for 24th April



Priest in Charge of Newport with Widdington and Quendon and Rickling.

The Rev'd. Neil McLeod, The Vicarage, 5, Meadowford, Newport, Saffron Walden, Essex, CB11 3QL

Telephone: 01799 540339 E-mail: mcleod444@btinternet.com

Churchwardens -

Quendon: Mrs Maureen Hawkins 01799 543201 and Mrs Christine Osbourn 01799 543367

Rickling: Lisa Huxtable 01799 542995

Treasurer -

Quendon and Rickling: Mrs Sandra Arnold 01799 543075

Church Services in the benefice

Sunday 6th March

9.30am Widdington Family Service
10.00am Rickling Family Service
 11.00am Newport Holy Communion

Sunday 13th March

8.30am Widdington BCP Communion
9.30am Quendon BCP Communion
 11.00am Newport All-Age Service

Sunday 20th March

9.30am Widdington Holy Communion
 11.00am Newport Holy Communion
6.00pm Quendon Celtic Communion

Thursday 24th March (Maundy Thursday)

8.00pm Newport Holy Communion

Friday 25th March (Good Friday)

10.30am Newport Messy Easter
2.00pm Quendon Hour of the Cross

Sunday 27th March

9.30am Rickling Family Communion
 9.30am Widdington Family Communion
 11.00am Newport Family Communion

In addition to these services, prayer meetings are held as follow:

Quendon, Mondays 4 30 pm
 Rickling, Thursdays 9 00am
 Widdington, Tuesday 9 00am
 Newport, Wednesday 4 30 pm.

Contact details for local Police

For emergencies **999**

For other general inquiries **101**

Neighbourhood Officers:

PC Hannah Griffiths Telephone: 101 ext 395102 Mobile: 07989 174801 E-mail: hannah.griffiths@essex.pnn.police.uk

PCSO Chris Barrett Telephone: 101 ext 395103 Mobile: 07989 174801 E-mail: 8439@essex.pnn.police.uk

PCSO Andy Davis Telephone: 101 ext 395103 Mobile: 07989 174801 E-mail: 7830@essex.pnn.police.uk



Quendon & Rickling Village Coffee Mornings

Wednesday 16th March 10.00am

Quendon Village Hall

Cath & Christine are arranging this coffee morning in aid of the school's allotment scheme. Please come and support.

If you would like to have a village coffee morning for a charity or cause of your own choice...

ring Maureen Hawkins 543201 to book the hall.

The Annual General Meeting of Quendon & Rickling Village Hall Committee will be held on Wednesday 20th April 2016 at 8 p.m. in the Village Hall.

Please come and give your support. All residents are entitled to attend and vote. Coffee and biscuits will be provided.

QUENDON & RICKLING 100 CLUB

The Quendon & Rickling 100 Club is run by Quendon & Rickling Village Hall Committee and Quendon & Rickling church. This is your chance to win a monthly cash prize and help support the up keep of the Village Hall and our two churches. Clare Willoughby has forms that allow you to join. 01799 543637

This is how the Club works. You are invited to purchase a number or numbers to be entered in the cash prize draw each month. The cost per number is £2 a month or £24 a year. This can be paid by cheque each year or ideally by direct debit from your bank. We offer three cash prizes each month.

Half the Club's income will be allocated to the cash prizes and the other half, less expenses, to the Village Hall and the local churches.

Winners will be notified individually and their names published in **THE LINK**.

Please come & join us & help us raise much needed funds for our churches & hall.

Thank you.

Clare. 01799 543637 cgtwilloughby@hotmail.com

100 Club

Congratulations, again, to our wonderful winners of the 100 club this month.

1st prize	No 33	Claire Clark	£40
2nd prize	No 51	Caroline Mackrill	£30
3rd prize	No 93	Christine Holt	£20

Give me a shout if you would like to join us. Thank you, Clare.

01799 543637

This space could be promoting YOUR business!

For more information contact:

Advertising on telephone

01799 543297 or

The Editor

preferably by e-mail at

robert@arnold-q.uk,

otherwise telephone 01799 543075

Quendon & Rickling Photographic Competition and Exhibition

24th April 2016

Have you had your camera out?

Have you been taking pictures?

Have you been MAKING pictures?

Classes: Travel

Winter

Patterns

Architecture

Street scenes

Entry form available from the village website www.quendonandrickling.co.uk

or call 01799 543075

Pictures to be submitted by 15th April

Quendon & Rickling Parish Council

Parish Council Meetings

It would be great to have more public participation at our Parish Council Meetings. The next meeting is on the 9th March at 7.30pm at the Village Hall, so if you can spare the time please do come along.

An agenda will be published on the village website www.quendonandrickling.co.uk and on all notice boards on the Thursday prior to the meeting.

Here are the proposed dates for rest of the meetings this year:

13th April, 18th May, 22nd June, 27th July, 7th

September, 12th October, 16th November, 14th December

Any changes will be advertised.

New Councillor

We would like to welcome Paul Wilsher as a new Parish Councillor, and I'm sure he will be a valued member of the council.

Launch of the Village Action Plan

Here's a date for your diaries - 5th March, 10.30am for a Coffee & Cake Morning at the Village Hall to celebrate

the launch of the Village Action Plan. Please come along and support your community, and find out about what's available in the village and surrounding areas for you and your family. Local Councillors will also be available to talk about local matters that might be of interest to you.

Garden Waste Collections

If you are interested in signing up to the garden waste collection service, do so before 11th March and you can get a new bin free of charge.

Garden waste will be collected fortnightly from your home, and it just costs £40 per year.

Call the Customer Service Centre on 01799 510510 to sign up.

Dog Fouling

Uttlesford District Council has a clear message on Dog fouling:

Please clean up after your dog – Bag it and Bin it.

Failure to clean up after your dog could result in a £1000 fine!

To report incidents of dog fouling call the council's

Customer Service Centre on 01799 510510.
Alternatively, fill in an online form at
www.uttlesford.gov.uk/animalfoulingreport

Welcome Packs

The Parish Council provides a Welcome Pack of information for new residents to the Village. It is quite difficult to keep track of, so if anyone knows of any newcomers to the village do please let me know on the contact details below and I will drop off a welcome pack to them.

Allotments

Anyone interested in taking up an allotment should call Peter Warwick on 01799 543526.

We understand that there are still some plots available and it may be possible that some existing ones may be divided up.

Neighbourhood Watch

We are still looking for volunteers to coordinate a Neighbourhood Watch team in the Parish. If anyone is interested in getting involved please contact me on the details below.

Local Plan

Details of the Local Plan can be found on the UDC website. In the meantime it is noted that following the call for potential sites, landowners in the Parish have put forward 5 potential sites. Details of these can be found on the UDC website via the following link:
<https://cms.esriuk.com/uttlesford/Sites/cfs/>

Highway Problems

The Essex Highways website is available for anyone

noticing a problem to report it:

<http://www.essexhighways.org/Report-a-problem.aspx>

A tracking facility for all reported faults is available.

Police/Crime

The Essex Community Messaging Service provides useful information to the public about policing and safety issues. It is free to register and information is given relative to your postcode, thus providing accurate and up-to-date community safety information and crime prevention advice. Users can choose to receive information via e-mail, text or voice-recording and can select what information to receive – based on where they live and work and on issues of interest. For further details and to sign up, visit www.essex.police.uk/ecm

Children's Activities

Armadillos A Bumps, Babies, Toddlers and Parents group meets every Tuesday (term time) from 9am-11am at Rickling School Hall

Buffy Bus is no longer visiting the Parish, the Wednesday service has been rescheduled to stop at Cherry Garden Lane, Newport between 9.15am and 10.30am

Contact the Parish Council

The Clerk, Sue Joannou can be contacted by e-mail quendonandrickling.clerk@hotmail.com or by telephone 01799 541984.

Should anyone wish to receive e-mail updates/notices, please send me your e-mail address and I will add you to the village circulation list.

Sue Joannou, Parish Clerk

The Quendon & Rickling Village Plan

We are now at the final stage of this project. As mentioned in the last issue of The Link, The Village Action Plan is available to view on the Quendon & Rickling Website.* The Plan prioritises the ideas and improvements that you, the residents of Quendon and Rickling, feel would enhance life in the villages. It also identifies the agencies that may be involved in achieving these goals.

To arrive at this stage of the project, a small group of residents have compiled a questionnaire; collated and analysed the data and then investigated the results. They then summarised all this information in the Quendon & Rickling Village Plan, which was delivered to each household last summer. An even smaller group then compiled The Village Action Plan, but the time has now come for more volunteers to help carry this project forward. Some improvements are already underway, but there is still more to be done and...

We need **your help** to fulfill **your ideas** for the future of **your community**.

If you are interested in helping, then do get in touch with one of the people listed below. Or better still; come along to the...

Coffee and Cake Morning at the Village Hall on Saturday 5th March (see page 8).

Members of the Village Plan Action Group will be on hand to explain how you could help with this valuable community project.

*www.quendonandrickling.co.uk. If you would like a paper copy of The Village Action Plan or have any queries regarding this event, then please contact one of the following people:

Annette or Brandon Chapman - 543518, Chris Phillips - 542351, Gordon Lodge - 543580



We are Hiring!!

Parklands, a beautiful 17th century wedding venue is expanding its dynamic housekeeping team. If you take pride in your work, enjoy meeting new people and have an excellent eye for detail, we would love to meet you.

HOUSEKEEPING SUPERVISOR 25 hours a week

HOUSEKEEPER variable hours

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Please send your CV to bev@quendonpark.co.uk

We look forward to hearing from you...

PARKLANDS QUENDON HALL QUENDON ESSEX CB11 3XN
01799 543800 enquiries@quendonpark.co.uk www.quendonpark.co.uk



Rickling Carers Club

This club is open for all people in the surrounding villages and not only for Rickling Residents. If you care for someone, are cared for, or just want a morning out, come along and we look forward to seeing you.

Future meetings are:

**On Wednesday March 2nd 2016 10.00am-12.00pm at
Rickling/Quendon Village Hall**

Tina Hughes the West Essex Stroke Co ordinator will give a talk on supporting people with strokes

**On Wednesday April 6th 2016 10.00-12.00pm at Rickling/Quendon
Village Hall**

Georgina Salmon /Jill will be coming from the Alzheimers Society to discuss how she can help service users and carers

**On Wednesday May 4th 2016 10.00am- 12.00pm at
Rickling/QuendonVillage Hall**

Debbie Jacks will be discussing the help and support available from the Saffron Club who provide a break for both carer and cared for

Thank you very much to all the people who are supporting our social coffee morning of the Rickling Carers Club, and to all the helpers and cake makers .

There will be refreshments, a raffle, bric a brac and magnetic bracelets available on the day.


If you need any more information please call Angela on 01799 218061 or Carol on 01799 543807 alternatively just turn up on the 2nd March and we'll put the kettle on.



Fish and Chip supper provided by
Churchill's of Stansted

QUIZ NIGHT

and Raffle



Rickling Primary School
18th March – 7:30pm

To book a table or order food contact:
Stephanie Bridgewater
Tel: 01799540867
Email: stephanie1205b@aol.com

£10 per person
Teams of 8-10
Over 18s only
Bar Available (no BYO)

Q♥



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EXCITING CURIOSITY SHOP.
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OF THE PAST.**



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29 HIGH STREET
SAFFRON WALDEN
ESSEX CB10 1AT

♥Q

Car key burglaries

In some cases burglars are breaking into houses while you sleep with the intention of finding your car keys and stealing your car and any other small items they find on the way; ***what can I do?***

Firstly before you turn in for the night check that all doors, ground floor windows and easily accessible windows are closed and locked.

PVCu doors – don't forget that the door is not fully locked until you have lifted the inside handle and turned the key or thumb-turn. When replacing a Europrofile lock cylinder ensure that you get a TS1007 three star anti-snap, anti-bump lock cylinder.

If you have an intruder alarm and can do so activate the downstairs zone when you go to bed.

To stop the burglar getting to the vulnerable windows and doors to the rear ensure that side gates are closed and locked.

Please also ensure that you put your car keys somewhere safe and out of sight, when you return home. Put your car keys in a drawer (preferably one that is noisy to open) or some other secure place, but don't take them up to the bedroom with you.

If you have cars of different values, please park the higher value car in your garage. If you can't do this, please park the lower value car in front of the higher value car, as the thieves are more likely to target high value cars and will be deterred if they can't easily drive such a car away from the scene.

With high value cars consider the fitting of a tracking system, word of caution you get what you pay for, look for a system that uses RF frequency, 3 or 4G phone networks SIM as well as satellite connection GPS. There are even systems where you can "Geo-fence" the vehicle location so that if it moves beyond this the tracking system is activated.

For further crime prevention advice contact your local Crime Prevention Officer using the police non emergency number 101.

Stephen Armson-Smith 9/2/16



Spring is on its way!

Lengthening days indicates the approach of spring with increasing numbers of birds singing, twigs bursting into leaf and flowers opening.

With the recent unseasonably warm weather many flowers are already blooming: some are stragglers from last autumn, others are spring flowers opening early. Members of the Botanical Society of the British Isles recorded 612 different species in flower at the start of 2016 compared to 368 at the same time in 2015.

Many spring flowers have yellow petals which are highly visible to passing insects but also help to lift our spirits on dull grey days! They include colt's foot, cowslips, daffodils, dandelions, lesser celandines, primroses and winter aconites.

Another with yellow petals is the rare oxlip which is only found in a few localities within west Essex, south Cambridgeshire and Suffolk. This is a perennial plant with a rosette of leaves from which arise short stalks, each topped with a cluster of 10 to 30 pale yellow primrose-like flowers, all facing in the same direction. Sadly, this rather rare woodland plant is a threatened species as deer find its flowers very tasty.

However, colonies of this beautiful plant can be seen in two of the nature reserves managed by Essex Wildlife Trust - Shadwell Wood near Saffron Walden and West Wood near Thaxted. Coppice management provides ideal conditions for oxlips as well as many other springtime species, so these woods are well worth a visit in the coming weeks.

Further details of these and other reserves can be found on the Essex Wildlife Trust website: www.essexwt.org.uk. The What's On page at www.hundredparishes.org.uk lists occasional opportunities to help in conservation work there and at other local nature reserves.

Tricia Moxey
Trustee.

Community Event
Saturday 5th March at 10.30am
Come along to the
Village Hall
to a
Coffee and Cake Morning
As we celebrate the launch of
The Village Action Plan 2016

Members of local clubs and interest groups will be there to explain what is available in the village and local area for you and your family
Parish Councillors will be on hand to talk about local matters that may be of interest to you
So come along and support your community

AROUND THE VILLAGE

Although still a little chilly at times, the first signs of Spring are starting to appear and we can get out and about and enjoy our lovely surroundings. It is, therefore, an appropriate time to let you know what is happening around the village and to pass on a few gentle reminders.

Hedges & trees on your boundary

As vegetation starts to grow, it can very quickly impede or block the pavement or public footpath just outside your boundary. This can make it difficult to pass and in some cases, is dangerous, as pedestrians are forced to walk into the road.

May we therefore ask that if you have such a boundary please make sure that any branches, shrubs or bushes are cut back so as to make a clear passage for pedestrians. Many thanks.

Pavement along the Cambridge Road

This is one such pavement that is in a very bad state both to the north and south of the village outskirts. We have made several requests to the appropriate authorities to repair and maintain this path but it is now in such a bad condition that even the Highway Rangers have effectively said "It is beyond repair". As you will all know this matter has been highlighted in the Village Plan and is an ongoing action and we are, once again, attempting to talk to Highways to demand that this pavement is re-instated. The matter is also being referred to our neighbouring parishes and in the longer term we would like to see a cycle path all the way from Stansted to Newport. We can but hope and try!

Broken Signpost

You will have noticed that the small signpost on the southern side of the Green has been broken. We do not know who was responsible and are looking at ways to repair it so that we can maintain its authenticity, for we believe it dates back to the 1930's. Undoubtedly there will be a cost, which seems a little unfair to the village but we will try and keep this to a minimum. As with all these things it takes time and effort to sort out but we are working on it.

And finally...

As the days draw out and we enjoy the outdoors around our village or indeed our gardens, please be aware of your neighbour. If that garden rubbish has to be burned, do it in a way that does not affect your friend over the fence. If that party goes on late into the night, turn the music and chat down or better still invite the neighbours! With any problems or nuisances such as these it's always best for the two parties to talk to each other but if for whatever reason that is not possible, then do speak to a Parish Councillor.

Q & R PC

A Message From CALM

<https://www.thecalmzone.net/>



In 2014 there were 6,109 suicides in the UK, of which 76%, or 4,623, were male, and suicide currently stands as the biggest single killer of men aged under 45 in this country. The ratio of male to female suicide has shown a sustained rise over the last 30 years. In 1981 men accounted for 62% of suicides in this country, which rose to 70% in 1988, 75% in 1995 and hit 78% in 2013. (Source: ONS)

We want to make people aware that suicide is a gender issue; we want to challenge those social constraints preventing men from seeking help when they need it and we want to support those affected by suicide and depression, as well as develop the support available for the bereaved through the Suicide Bereavement Support Partnership

<http://supportaftersuicide.org.uk/>. Even though we are focused on men, we take calls to our helpline and web chat from anyone. It's our belief that all of us at one time or another, regardless of gender, will hit a crisis and we could all do with specialist help when things go wrong.

Why are the stats for men so high?

We believe that there are social and cultural barriers that prevent men from speaking out. From feedback we've received, and research conducted, men often say that they don't feel comfortable expressing how they feel if they're having a bad time, as they're expected to be strong at all times, and not being so equates to weakness or failure as a man.

How long has CALM been around?

CALM was first launched as a pilot by the Department of Health in Manchester in 1997, in response to a spike in young male suicides and was then extended to Merseyside in 2000. Factory Records boss Tony Wilson supported the pilot, which was run by Jane Powell, who created a powerful and effective campaign which directly reached out to young men on their terms through music. In 2004/5 the pilot was due to end and Tony Wilson supported the move to make

CALM a charity, and became a Founding Trustee when the charity was launched in 2006.

What services do you offer?

We currently take over 5,000 calls to our helpline <https://www.thecalmzone.net/help/helpline/> each month, around 80% from men, and 20% from women. We launched webchat <https://www.thecalmzone.net/help/get-help/> in August 2014, which is going from strength to strength. This has replaced our texting service, which has now closed.

Our website <https://www.thecalmzone.net/> is filled with articles, stories and experiences there to both entertain and inform, and written by men and for men. Our website also contains a database of local agencies for guys to find more specific supports on particular issues.

Our free quarterly men's magazine, CALMzine, is available at Topman stores across the country, and is stocked in other independent retailers, record stores, comedy clubs, gyms in London.

When is your helpline & webchat open?

Our helpline and webchat services are open from 5pm to midnight every day of the year. National: 0800 58 58 58; London: 0808 802 58 58. Calls are confidential and anonymous. Calls to the London number are free from landlines, payphones and all mobiles. Calls to the national number are free from landlines, payphones and from all mobiles. Calls won't show up on phone bills.

What happens when someone calls the helpline?

We offer a friendly ear who will listen and talk through any issue a caller wants to talk about. Our trained helpline workers will then work towards creating a positive action plan for the caller, which will include signposting to local and/or national services. All calls are confidential and anonymous. We will never ask for names or addresses.

Do CALM support people bereaved by suicide?

CALM is a founding member of the Suicide Bereavement Support Partnership, which is working toward ensuring that anyone bereaved or affected by suicide has access to timely and appropriate support.

If you have been bereaved or affected by suicide and feel you need or would benefit from support, or you want more information, please visit our partner website: www.suicidebereavementsupport.com

How can I help my friend or family member?

It's always very difficult if you're worried that someone close to you is at risk of suicide. Our helpline is there for everyone, not only those in crisis, so you can call to find out more info on how to help them. You can also find support information on our Worried About Someone page <https://www.thecalmzone.net/help/worried-about-someone/>, also visit at our Get Help page <https://www.thecalmzone.net/help/get-help/> to find more information on particular issues.

Is CALM a big organisation?

We're a small charity. There are currently only 5 full-time paid members of staff. We rely heavily on the generous time, energy and skills of our volunteers, supporters, and fundraisers to keep the campaign running.

Do you have any volunteering opportunities? How can I get involved?

We currently take on volunteers in the London office for a range of different tasks, and we also have city Street Teams filled with people like us ready to head out to gigs, comedy events, festivals, fundraisers and more. If you're interested in volunteering with CALM, sign up to the campaign at <http://www.thecalmzone.net/join-the-campaign/>, or check our volunteering page <https://www.thecalmzone.net/get-involved/volunteer/>

Do you take volunteers on your helpline?

Unfortunately not. Our helpline is operated by a Community Interest Company set up to support the work of CALM by providing dedicated helpline services. As such, there are only trained and paid persons working on the helpline.

Where do you get funding from?

CALM receives funding from charitable trusts and foundations, health commissioners, corporate partnerships and public donations to support our services. At the end of our Financial Year (March 2015), CALM's income was £647,454. Further information can be found in our Annual Accounts, which are publicly available from the Charity Commission.

Where does the money go?

Our helpline and webchat accounts for over half of our annual outgoings, since we take on the cost of calls in order to ensure calls to our helpline are free for everyone. Since CALM is a small organisation, we have minimal red tape, so all the money raised really does go directly back in to the organisation and our services.

CALM is supported by the good people at Planet Rock and their listeners



Essex Community Messaging

Fraudsters are sending out virus infected emails that claim a package has been seized by HM Revenue & Customs upon arrival into the United Kingdom. The official looking scam emails claiming to be from Royal Mail contain a link to a document which will install malicious software on your computer designed to steal credentials like account names, email addresses and passwords. An example email reads:



Title: Your parcel has been seized Royal Mail is sorry to inform you that a package addressed to you was seized by HM Revenue & Customs upon arrival into the United Kingdom. A close inspection deemed your items as counterfeit and the manufacturers have been notified. If your items are declared genuine then they will be returned back to you with the appropriate custom charges. You may have been a victim of counterfeit merchandise and the RM Group UK will notify you on how to get your money back. Please review the attached PDF document for more information. Document (RM7002137GB).Zip Please accept our apologies for any inconvenience this may have caused.

To help the spread of the virus, the email also says: “you will need to have access to a computer to download and open the Zip file”. If you receive one of these emails, do not click on any links or download any attachments and report it to us. Advice from Royal Mail on scam emails and how they contact you:

- Royal Mail will never send an email asking for credit card numbers or other personal or confidential information.
- Royal Mail will never ask customers to enter information on a page that isn't part of the Royal Mail website.
- Royal Mail will never include attachments unless the email was solicited by customer e.g. customer has contacted Royal Mail with an enquiry or has signed up for updates from Royal Mail.
- Royal Mail have also stressed that they do not receive a person's email address as part of any home shopping experience.

[It is worth noting also that there is no need to compress (Zip) any PDF document; the format is already compressed. Enclosure of a file in a .zip container is a convenient way to disguise a file that will do something nasty to your computer. Ed.]

**PLEASE
CLEAN
UP AFTER
YOUR DOG
BAG IT AND BIN IT -
REMEMBER ANY LITTER BIN WILL DO!**

**Failure to clean up after your
dog could result in a £1000 fine**

To report incidents of dog fouling call the council's
Customer Service Centre on 01799 510510

Alternatively, fill in an online form at
www.uttlesford.gov.uk/animalfoulingreport

*This does not include recycling bins
It is preferable to take it home and use your black lidded bin

A circular logo for Uttlesford District Council, featuring a stylized landscape with a tree and a building, surrounded by the text 'UTTLESFORD DISTRICT COUNCIL'.

**Spring into
action with
garden waste
collections**

**Sign up to the garden waste
collection Service before 11 March
and get a new bin FREE of charge**

**Join the scheme and take advantage
of fortnightly collections of your
garden waste from your home
for just £40 per year**

**To subscribe, contact our
Customer Service Centre
on 01799 510510.**

A circular logo for Uttlesford District Council, featuring a stylized landscape with a tree and a building, surrounded by the text 'UTTLESFORD DISTRICT COUNCIL'.

This month's message from the Chairman of the Parish Council

DO YOU WANT TO SEE 50 OR 100 NEW HOUSES BUILT IN QUENDON AND RICKLING WITH ONLY LIP SERVICE PAID TO CONSULTATION?

Whatever your view on development in Q&R your answer, in view of the second part of that question, is probably no. You may not be aware that if the planning authority refuses an application, the applicant may appeal to the Planning Inspector. But where the planning authority, in our case Uttlesford District Council, allows an application, there is no right of appeal for town or parish councils. We can only require a judicial review into the process of the application. This is a hugely expensive process which most parish councils couldn't possibly afford.

There is currently a petition available on the internet, which seeks to start the process towards a change in planning legislation which would allow town and parish councils to appeal decisions by local planning authorities. It can be found on Face Book or directly at the government web site at:

<https://petition.parliament.uk/petitions/110489>

10,000 signatures will force a response from the government, while 100,000 will force a debate on the subject in parliament. Of course this is only a start, and will not in itself force a change in legislation, but it will send a powerful message to those in government that while people accept a need for more housing, the method being used and the utter disregard for local knowledge and needs are unacceptable.

I would strongly urge you all to take two minutes to look up this petition and sign it.

On the same subject, I have mentioned before that UDC are in the process of formulating the new Local Plan. This will be the most important document to influence decisions on planning, second only to the National Planning Policy Framework. I will inform you, through **THE LINK** when the next stage of consultation begins, and I can't stress enough how important it is that you take the opportunity to make your views known.

Next week UDC will discuss the feasibility of addressing the housing demands placed on them by government by way of a single new settlement. A garden town. The idea will be discussed further by the cabinet. This doesn't mean that they've decided that's the route to take but this is an important aspect of the proposed new Local Plan. Watch this space.

Other issues concerning the PC are dealt with elsewhere in this issue.

That's it from me.

Alan.

I went to the dentist and he said, "'Say ahh".

I said "Why?"

He said, "My dog died".

Spring into action with garden waste collections

Garden-loving Uttlesford residents wishing to have their garden waste collected are being urged to sign up early to claim a free 'wheelie' bin.

New customers to the Uttlesford District Council-run service will normally have to pay £20 for a new garden waste bin – but anyone who joins the scheme for April and makes a payment before Friday, 11 March will receive their new bin free of charge.

Households subscribing to the service can take advantage of fortnightly collections of their garden waste from their homes between April 2016 and March 2017 for a fee of £40 – the equivalent of just under £2 per collection.

Information leaflets, which show what can and cannot be put in the bin, will be delivered with the new bins. A letter will also be issued giving details of the collection week and day, along with a collection calendar.

For the majority of residents the collection day for the garden waste bins will be different from the current collection day for the other bins – so people do need to read their information pack carefully.

There are over 5,200 existing customers signed up to the service, and the Council will be contacting them soon with a reminder to renew their subscription.

To subscribe, contact the Council's Customer Service Centre on 01799 510510.

Spring into action with garden waste collections (continued)

NOTES

There are over 5,200 customers signed up to Uttlesford District Council's garden waste subscription service – and last year over 2,300 tonnes of garden waste was recycled.

The garden waste is taken to a waste transfer station and then on to a composter. It is screened to remove anything that shouldn't be there, and then shredded and placed in long rows (called windrows) to compost.

The material is turned every few days to ensure the pile is oxygenated and to redistribute warmer and cooler parts. Moisture is sometimes added to a very dry mix to speed up the composting process.

It takes about six to nine months to compost down and then it is screened again (to remove any smaller bits that were missed first time) before being bagged and sold as a soil improver at Essex recycling centres.

For further details on this media release contact the Communications Team on 01799 510442 or at media@uttlesford.gov.uk

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March 2016 at...

Hangmen – **Wyndham's Theatre**

The Hateful Eight (18)

Capture the Flag (PG)

45 Years (15)

Bridge of Spies (12A)

The Assassin (12A)

Jonas Kaufmann: An Evening with Puccini

Creed (12A)

Goosebumps (PG)

Room (15)

Babe (U) *Cinema for Tinies*

Spartacus – **Bolshoi**

Rams (15)

The Revenant (15)

Inside Out (U) *Pop-up Saffron Screen - Hadstock*

Suffragette (12A) *Pop-up Saffron Screen - Hadstock*

Brooklyn (12A)

Boris Godunov – **Royal Opera House**

The Big Short (15)

Alvin and the Chipmunks: The Road Chip (U)

Youth (15)

The Railway Children – **York Theatre Royal**

Janis: Little Girl Blue (15)

Oddball and the Penguins (U)

Dad's Army (PG)

Thurs 3rd 6.50pm

Fri 4th & Sat 5th 8pm

Sat 5th 3pm & Sun 6th 2pm

Sun 6th 5pm

Sun 6th 8pm

Mon 7th 8pm

Weds 9th 7.30pm

Fri 11th 8pm

Sat 12th 2pm, Sat 19th 3pm & Sun 20th 2pm

Sat 12th 5pm & 8pm, Sun 13th 8pm

Sun 13th 11am

Sun 13th 3pm

Mon 14th 8pm

Fri 18th, Sat 19th & Sun 20th 8pm

Sat 19th 4pm

Sat 19th 8pm

Sun 20th 5pm

Mon 21st 7.15pm

Fri 25th & Sat 26th 8pm

Sat 26th & Sun 27th 3pm, Weds 30th 4pm

Sun 27th & Tues 29th 8pm

Mon 28th 3pm

Mon 28th 8pm

Tues 29th & Thurs 31st 4pm

Weds 30th & Thurs 31st 8pm



www.saffronscreen.com

Tickets: Evening: Full price £7.70, 65 & over £6.90, other adult conc: £5.90, 18 & under: £5.50 (£4.10 Mon nights)

Day: Full price £6.70, 65 & over £5.80, other adult conc: £5.10, 18 & under: £4.30

For Special Event Tickets, please see website

Available from the Saffron Walden Tourist Information Centre, online at www.saffronscreen.com, or at the cinema Box Office (opens 30 mins before screening) at County High School, Audley End Road, Saffron Walden, CB11 4UH.

What's On

Event	Date	Time	Place	Contact
EXTEND Exercises	<i>Mondays</i>	10.30	Q&R Village Hall	Pat Turner 01799 543314
Saffron Searchers	<i>1st Monday in month -</i>		Q&R Village Hall	-
Dog Training	<i>Mondays</i>	-	Q&R Village Hall	Pauline Everton
Prayer Meeting	<i>Mondays</i>	16.30	Quendon Church	
Pilates	<i>Tuesdays</i>	09.00-10.00	Q&R Village Hall	Jan Crawley 077421 82272
Dance Exercise	<i>Tuesdays</i>	Morning	Q&R Village Hall	Christine Alexander
Dance Exercise	<i>Tuesdays</i>	Afternoon	Q&R Village Hall	Christine Alexander
Bowls Club Night	<i>Tuesdays</i>	18.00	Quendon Bowls Club	David Edwards 01799 540167
Armadillos	<i>Tuesdays (term-time)</i>	09.00	Rickling School	Stevie Green 01799 542734
Rickling Carers	<i>1st Weds in month</i>	10.00-12.00	Q&R Village Hall	Angela 01799 218061/Carol 543807
U3A Choir	<i>Wednesdays</i>	10.30	Q&R Village Hall	
Wednesday Club	<i>Wednesdays</i>	-	Q&R Village Hall	Christine Osbourn 01799 543367
Prayer Meeting	<i>Thursdays</i>	09.00	Rickling Church	
Line Dancing	<i>Thursdays</i>	-	Q&R Village Hall	Dawn Bond 01787 460274
Upholstery Class	<i>Thursdays</i>	9.30-12.30	Q&R Village Hall	Adult Education Harlow 03330 132158
Upholstery Class	<i>Thursdays</i>	13.00-16.00	Q&R Village Hall	Adult Education Harlow 03330 132158
Rickling Runners	<i>Thursdays</i>	19.30	The Green	Stevie Green 01799 542734
DiddiDance (2-4yrs)	<i>Fridays</i>	10.00	Q&R Village Hall	
Rickling Carers	2nd March	10.00	Q&R Village Hall	see p6
Village Action Plan	5th March	10.30	Q&R Village Hall	see p5 & p8
Mothering Sunday	6th March	10.00	Rickling Church	
PC Meeting	9th March	19.30	Q&R Village Hall	
Church Service	13th March	0930	Quendon Church	
Coffee Morning	16th March	10.00	Q&R Village Hall	
Quiz Night	18th March	19.30	Rickling Primary School	
Celtic Communion	20th March	18.00	Quendon Church	
Hour of the Cross	25th March	14.00	Quendon church	
Easter Service	27th March	09.30	Rickling Church	
Rickling Carers	6th April	10.00	Q&R Village Hall	see p6
PC Meeting	13th April	19.30	Q&R Village Hall	
Village Hall AGM	20th April	20.00	Q&R Village Hall	see p3
Photo. Competition	24th April		Q&R Village Hall	see ad p4

Emergency Life-saving

Should someone suffer a cardiac arrest or show symptoms of a heart attack e.g. pains in the chest, then your first action should always be to phone the ambulance service on 999. The service will refer you to our Automated External Defibrillator which is at the front entrance to Quendon & Rickling Village Hall. Anyone can save a life by using it until an ambulance arrives. In addition you can seek help from any of the volunteers listed below.

Name	Home Telephone	Locality
Alan Price	01799 542527	Northern end - Cambridge Road
Jane Price	01799 542527	Northern end - Cambridge Road
Robert Arnold	01799 543075	Northern end - Cambridge Road
Chris Phillips	01799 542351	Middle - Cambridge Road
Sue Phillips	01799 542351	Middle - Cambridge Road
Nigel Ackerman	01799 540678	Middle - Cambridge Road
Anne Howes	01799 543545	Southern end - Cambridge Road
Sandy Turner	01799 540557	Rickling Green
Pat Turner	01799 543314	Rickling Green
Janice Hart	01799 541196	Rickling Green/Brick Kiln Lane/Rickling
Clare Willoughby	01799 543637	Rickling Green/Brick Kiln Lane/Rickling



For further information see www.communityheartbeat.org.uk/

Remember: Using the defibrillator can't cause injury. Doing nothing can.

THE LINK is produced on behalf of Quendon & Rickling PCC, who do not necessarily share or endorse any opinions expressed by contributors or advertisers.

THE LINK is delivered free of charge by volunteers to every household in the villages of Quendon and Rickling. It is also available by post and online at: <http://www.quendonandrickling.co.uk>

All correspondence for THE LINK should be addressed to the editor,

Robert Arnold: **preferably by e-mail with attachments if necessary:** robert@arnold-q.uk, or at Talbots, Cambridge Road, Quendon, CB11 3XJ; otherwise telephone 01799 543075

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